

PEOPLE - Promoting independence and positive lives for everyone

Priority 1: Health & Social Care Services will be personalised and integrated, with more people supported to live longer in their own homes

We know that older people prefer to stay in their own homes and communities until it is impossible for them to do so, rather than move into residential care. Living independently comes with many benefits such as the ability to retain independence, freedom to have family and friends visit whenever they like, and the comforts of remaining in their most familiar place. As the number of older people in Rhondda Cynon Taf continues to grow, bringing with it the associated increase in age-related chronic illnesses our **long term** aim is to deliver new accommodation models to improve outcomes for those individuals who need support to live independently. For example, building on the success of our extra care facility in Talbot Green, we will work **collaboratively** with development partners to build a new extra housing scheme on the former Maesyffynnon Care home site.

Older people who's discharge from hospital is delayed, are likely to suffer adverse consequences ranging from anxiety and discomfort to more serious and longer-lasting physical and psychological harm. Delays may even lead to their capacity for independent living being significantly reduced. This can be challenging for both the patient and their family. To **prevent** these problems, we will further develop the 'Stay well @ Home' service with our partners to support people to live independently at home following hospital discharge.

Research has shown that people want to be **involved** in decisions about their care. We will work closely with clients to ensure that care packages meet their personal needs and preferences through our Information, Advice and Assistance services.

Many factors contribute to health and well-being, including quality of health and social care and lifestyle issues such as diet, exercise and smoking. To support the delivery of health protection and improvement initiatives, we will work **collaboratively** with partners to ensure the coordinated delivery of the Cwm Taf Ageing Well in Wales Action Plan. Actions identified through the Social Services & Well-being Regional Implementation Plan for Social Care will continue to promote independence of older people and other vulnerable groups to improve health and well-being.

Taking regular exercise is an important aspect of staying healthy and active and can help protect against a number of serious health conditions including heart disease and diabetes. We will encourage people of all ages to take regular exercise through refurbishing leisure facilities including Tonyrefail leisure centre and a number of play areas. This work **integrates** with our Place priority by providing enhanced community facilities and also our Economy priority through linking with the 21st Century schools programme.

Our work in this priority, both now and in the future, will contribute to the seven national Well-being Goals, in particular a Healthier Wales, a more Equal Wales and a Wales of Cohesive Communities.

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To which of the Council's challenges and opportunities, as outlined in the Council's draft Corporate Plan, will this action respond?	Priority 1 - Health & Social Care Services will be personalised and integrated, with more people supported to live longer in their own homes
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Actions that will deliver Priority 1		Ref	Milestones/Sub Actions that will help to achieve overarching Action	Delivery Date	Responsible Officer
ADUP1	Deliver the Stay Well @ Home Service with partner agencies to reduce the total number of citizens who experience a delayed transfer of care from hospital (SSE Priority 1)	ADUP1A01M01	Develop and implement new policies, procedures, processes and pathways to support implementation the new service	Apr-17	Luisa Bridgman
		ADUP1A01M02	Evaluate effectiveness of new service and revise as needed	Mar-18	Luisa Bridgman
ADUP1	Deliver new accommodation models to improve outcomes for those individuals who need support to live independently (SSE Priority 2)	ADUP1A04M01	Work with preferred development partner to build new extra housing scheme on former Maesyffynnon Care home site:		Jill Bow
		ADUP1A04M01i	Agree scheme specification	Jul-17	Jill Bow
		ADUP1A04M01ii	Commence build	Sep-17	Jill Bow
		ADUP1A04M02	Work with preferred development partner to develop business case and work programme to take forward the Council's extra care housing strategy	Oct-17	Jill Bow
		ADUP1A04M04	Complete review of supported living model and prepare options analysis for redesign of model to ensure that provision is high quality and cost effective	Oct-17	Jill Bow
	Deliver new models of day service that promotes independence, choice and wellbeing (SSE Priority 3)	ADUP1A05M01	Complete review of day services provision and prepare options analysis for redesign of current provision to ensure that new models of support are high quality and cost effective	Jul-17	Gail Holloman

Actions that will deliver Priority 1		Ref	Milestones/Sub Actions that will help to achieve overarching Action	Delivery Date	Responsible Officer
LPBP02	Encourage more people to be more physically active through increased Leisure memberships in line with the targets set out in the Leisure Strategy	LPBP03A02M01	Develop a service delivery plan that enables more people to be more active more often.	Ongoing to Mar-21	Dave Batten
		LPBP03A01M03	Review Community Sports and Health Development to ensure the staff resource is structured to most effectively deliver corporate priorities	Mar-18	Sarah Kochalski
		LPBP03A03M01 LPBP03A02M02	Deliver targeted marketing campaigns to businesses and health boards	Jan-18	Keith Nicholls Hywel George
		LPBP02A02M03	Launch the pilot Leisure app	Sep-17	Keith Nicholls Hywel George John Hancock
LBP01	Prioritise investment in Council leisure centres and playgrounds to increase participation in exercise and contribute to residents health and well-being	TBC	Complete refurbishment of Tonyrefail Leisure Centre as part of 21st Century Schools Programme Fitness Suite	Jun-17	Keith Nicholls Dave Batten Hywel George Jon Miles
		TBC	3G Pitch	Sep-17	
		TBC	Replace fitness equipment at Llantrisant Leisure Centre as per the 5yr replacement plan identified in the original Business Plan for the Centre	Jan-18	Keith Nicholls Dave Batten
		TBC	Continue with the RCT Invest Programme to improve playgrounds across RCT including Edmond Street Park in Tylorstown and Brynteg Park in Beddau.	Mar-18	Lisa Austin
		TBC	Continue to progress work on the Taf Vale Fitness Suite Development designs and Business Case	Mar-18	Keith Nicholls Dave Batten
ETCP03	To support the delivery of health protection and improvement initiatives that support residents and communities to be healthier, safer and more resilient.	ETCP03A03M01	Continue to deliver actions identified through the SSWB Cwm Taf Regional Implementation Plan for Social Care that promote independence of older people and other vulnerable groups and which improve health and well being	Mar-18	Amy Lewis
		ETCP03A03M02	Continue to work with partners to ensure the coordinated delivery of the Cwm Taf Ageing Well in Wales Action Plan	Mar-18	Amy Lewis
		ETCP03A03M03	Evaluate implementation of evidence based interventions that will reduce the number of older people falling in the community following roll out of a Resource Toolkit and Handbook	Mar-18	Amy Lewis

Measures to support Priority 1 - Health & Social Care Services will be personalised and integrated, with more people supported to live longer in their own homes

PI Ref	PI Description	2014/15		2015/16			2016/17		2017/18			
		Target	RCT Actual	Target	RCT Actual	All Wales Average	Target	RCT Actual	Proposed Target	How does the proposed 2017/18 Target compare to 2015/16 Welsh Average	How does the proposed 2017/18 Target compare to 2016/17 Data	How does the proposed 2017/18 Target compare to 2016/17 Target
LSCA014	% of clients choosing their own service providers through Direct Payments	13	13.02	13.5	12.91	N/A	13.3	14.34	14.63	Better	Better	Better
LSCA101	Proportion of people assessed by adult social care in receipt of care and support plan.	N/A	N/A	N/A	N/A	N/A	NEW-BASELINE YEAR	67.04	67.04	N/A	Same	N/A
Measure 20a SSOF20a	% of adults who completed a period of reablement & have a reduced package of care & support 6 months later	N/A	N/A	N/A	N/A	N/A	NEW-BASELINE YEAR	42.11	Baseline Year*	N/A	N/A	N/A
Measure 20b SSOF20b	% of adults who completed a period of reablement & have no package of care & support 6 months later	N/A	N/A	N/A	N/A	N/A	NEW-BASELINE YEAR	77.23	77.23	N/A	Same	N/A
LSCA102	No. of people admitted to residential or nursing care	N/A	583	N/A	539	N/A	499	456	422	N/A	Better	Better
SCA001 Measure 19 Framework PI	The rate of delayed transfers of care for social care reasons per 1,000 population aged 75 or over (All people 75+)	N/A	N/A	N/A	N/A	N/A	3.21	4.95	4.50	N/A	Better	Worse

Footnote

* The criteria for calculating this PI was changed by Welsh Government during 2016/17, therefore we are unable to use the 2016/17 data as our baseline.

PI Ref	PI Description	2014/15		2015/16			2016/17		2017/18			
		Target	RCT Actual	Target	RCT Actual	All Wales Average	Target	RCT Actual	Proposed Target	How does the proposed 2017/18 target compare to 2015/16 Welsh Average	How does the proposed 2017/18 target compare to 2016/17 Data	How does the proposed 2017/18 target compare to 2016/17 Target
Measure 21 SSOF21	The average length of time older people (aged 65 or over) are supported in residential care homes	N/A	895	N/A	922	N/A	NEW - BASELINE YEAR	903.43	903.43	N/A	Same	N/A
PSR002	Average No. of calendar days taken to deliver a DFG	270	205	250	186	241	220	219	280	Worse	Worse	Worse
LCS002b	No. of visits to local authority sports and leisure centres per 1,000 population where the visitor will be participating in Physical Activity (National PI)	8,155	8,155	8,155	7,425	8,409	8,250	7,581	7,710	Worse	Better	Worse
LLCS014	No. of visits to local authority sports and leisure facilities per 1,000 population where the visitor will be participating in physical activity (New Local PI)	N/A	N/A	N/A	N/A	N/A	NEW - BASELINE YEAR	11,614	11,824	N/A	Better	N/A

PEOPLE - Promoting independence and positive lives for everyone

Priority 2: Redesigned local services - integrated and efficient

The Council understands that to get the most out of its services they need to be fully **integrated**, efficient and resilient, which is why many local services have been redesigned to encompass early intervention and prevention to better serve communities in the **long term**.

A wide range of problems which impact on our communities are interrelated, including substance misuse, low educational attainment and poor health. Identifying families where issues are present, assessing their needs and providing timely support can **prevent** problems from escalating and requiring specialist services in the future. We will continue our work to support families as effectively as possible through supporting the implementation of the Team around the Family review recommendation to improve capacity and skills within some areas.

Substance Misuse is linked to a range of other problems including crime and disorder, antisocial behaviour, domestic violence, mental health issues and unemployment. We will work **collaboratively** with our partners to ensure that wherever an individual lives in Cwm Taf they are entitled to the same access and receive the same support, treatment and quality of service to ensure everyone receives the help and support they need and avoid problems escalating.

The Council recognises that sport and physical activity is a major factor to the well-being of residents in the County Borough. Physical activity can prevent a range of health issues through improve both mental well-being and physical health and lower the risk of cancer, heart disease, diabetes and early death.

Our work in this priority, both now and in the future, will contribute to the seven national Well-being Goals, in particular a Wales of Cohesive Communities, a More Equal Wales and a Healthier Wales.

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To which of the Council's challenges and opportunities, as outlined in the Council's draft Corporate Plan, will this action respond?	Priority 2 - Redesigned local services - integrated and efficient
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Actions that will deliver Priority 2		Ref	Milestones/Sub Actions that will help to achieve overarching Action	Delivery Date	Responsible Officer
CPSP01	To implement the Cwm Taf Substance Misuse Area Planning Board's recommendations following a review of secondary care substance misuse services to ensure that wherever an individual lives in Cwm Taf they are entitled to access the receive the same support, treatment and quality of service	CPSP1A02M01	Agree the new delivery model.	Jun-17	Derek James/Ceri Ford
		CPSP1A02M02	Develop clear service specifications aligned with the RCT single outcomes framework.	Jun-17	Ceri Ford
		CPSP1A02M03	Transitional arrangements implemented.	Oct-17	Ceri Ford
	To support the implementation of the Team around the Family review recommendations. in order to improve the long term prospects of the family and prevent problems from escalating	CPSP1A03M01	Agree the new delivery model.	May-17	Derek James/ Mandy Perry
		CPSP1A03M02	Support the implementation of the new delivery model.	Nov-17	Derek James/ Mandy Perry
	To implement the recommendations following a review into all Families First Commissioned services, with a focus on prevention, integration, collaboration and involvement	CPSP1A01M01	Agree the new delivery model.	Jun-17	Derek James/ Mandy Perry
		CPSP1A01M02	Develop clear service specifications aligned with the RCT single outcomes framework.	Jun-17	Mandy Perry
		CPSP1A01M03	Commission and implement new service delivery model.	Nov-17	Mandy Perry

Actions that will deliver Priority 2		Ref	Milestones/Sub Actions that will help to achieve overarching Action	Delivery Date	Responsible Officer
CPSP01	To review and implement a revised Communities First programme in line with Welsh Government priorities for 2017/18	CPSP1A05M01	To respond to changes made by Welsh Government to the Communities First programme.	Jun-17	Derek James/Nicola Lewis
		CPSP1A05M02	Draft new approach in line with Welsh Government's revised priorities and budget.	Sep-17	Derek James/Nicola Lewis
		CPSP1A05M03	Agree and implement new model.	Dec-17	Derek James/Nicola Lewis
Carry over from 2016/17	Where children may be at risk, maintain a multi-agency response that brings together different professionals to share information quickly and effectively, respond appropriately thereby reducing the need for re-referrals	TBC	We will take appropriate steps to protect and safeguard children and young people who need care and support and carers who need support from abuse and neglect or any other kind of harm - Develop plan to address local transition issues, consult and implement.	Dec-17	Gail Holomon
LPBP03	We will work with partners to form a strategic board to support sport and physical activity in RCT contributing to a healthier and more regularly active population, increasing residents healthy lifespans and reducing the incidence of chronic disease.	LPBP03A04M01	Map existing strategic and operational partnership boards, groups and lines of governance	Apr-17	Sarah Kochalski
		LPBP03A04M01	Awaiting Ministerial decision regarding the strategic direction of the sport and physical activity sector to inform the scope and terms of reference of a strategic board.	Dec-17	Sarah Kochalski
		LPBP03A04M02	Draft and consult on Terms of Reference for a strategic board	Mar-18	Sarah Kochalski
		LPBP03A04M03	Convene the first meeting	Mar-18	Sarah Kochalski

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Measures to support Priority 2 - Redesigned local services - integrated and efficient

PI Ref	PI Description	2014/15		2015/16			2016/17		2017/18			
		Target	RCT Actual	Target	RCT Actual	All Wales Average	Target	RCT Actual	Proposed Target	How does the proposed 2017/18 Target compare to 2015/16 Welsh Average	How does the proposed 2017/18 Target compare to 2016/17 Data	How does the proposed 2017/18 Target compare to 2016/17 Target
LCAP002	Number of adults gaining a qualification – Communities First	N/A	N/A	N/A	N/A	N/A	N/A	1,018	764	N/A	Worse	N/A
LCAP003	No. of people supported that have entered employment – Communities First	N/A	N/A	N/A	N/A	N/A	TBC	317	238	N/A	Worse	N/A

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Priority 3: Rhondda Cynon Taf's children and young people will receive a great start in life

Collaborating with our partners means that we can better focus our joint resources so that we can help more children and young people to have a great start to life and keep them safe. This will include continuing our multi-agency response through the Multi Agency Safeguarding Hub. Having a good start helps children and young people to have high aspirations and to develop to their full potential, not only academically but also socially and emotionally. This positive start will contribute to the **longer term** prevention of a wide range of social problems including unemployment and ill health.

We will use vulnerability and resilience profiling to support the **prevention** agenda as part of our work to address requirements of the Social Services & Well-being Act. The development of an Integrated Family Support Service will ensure that families have access to the right support, earlier, so that fewer children and young people require statutory Children's Services support.

Where children and young people are unable to live to live with their own parents, we put in place the care arrangements, including specialist accommodation, which will keep them safe and well. We will ensure that we hear the voices of these children and young people by **involving** them in monitoring the action plan to address a child's journey through care from admission to exit. This will be achieved by the Children Looked After Action Group.

This work is closely **integrated** with our Economy priority, as supporting our young people early on in life will improve their skills and educational attainment and support the longer term economic development of the area.

Our work in this priority, both now and in the future, will contribute to the seven national Well-being Goals, in particular a More Equal Wales, a Prosperous Wales and a Wales of Cohesive Communities.

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To which of the Council's challenges and opportunities, as outlined in the Council's draft Corporate Plan, will this action respond?	Priority 3 - Rhondda Cynon Taf's children and young people will receive a great start in life
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Actions that will deliver Priority 3		Ref	Milestones/Sub Actions that will help to achieve overarching Action	Delivery Date	Responsible Officer
CHSP01	We will ensure that families have access to the right support and information earlier, so that fewer children and young people require statutory Children's Services support.	CHSP01A01M01	Develop a draft service delivery model of providing Integrated Family Support Services within RCT that uses the Vulnerability and Resilience Profiling and includes all elements of early intervention within children services.	Jun-17	Ann Batley/Zoe Lancelot
		CHSP01A01M02	Consult on the draft service delivery model both internally within Children Services and with partner agencies.	Sep-17	Ann Batley/Zoe Lancelot
		CHSP01A01M03	Obtain agreement from GMT and SLT for new Service Delivery Model	Oct-17	Ann Batley/Zoe Lancelot
		CHSP01A01M04 EDUP3A06M01	New service model to be fully implemented across all areas of early intervention and prevention services within Children Services.	Mar-18	Ann Batley/Zoe Lancelot
		CHSP01A02M01	Better targeting the provision of universal Early Years services in relation to:- -Babies born in RCT during the year; -Children migrating into RCT during the year; -Health registrations completed during the year and associated outcomes i.e. support / no support needs identified.	Oct-17	Nia Thomas Clair Ruddock
CHSP03	Ensure that children that cannot live with their own parents live in suitable accommodation in RCT	CHSP03A01M01	Develop a draft plan to address the identified specific actions that will focus on admissions to care, a child's journey in care and a child's exit from care.	Apr-17	Julie Clark
		CHSP03A01M03	Implement the plan within the set timescales	May-17	Julie Clark
		CHSP03A01M04	Monitor the implementation of the plan through the Children Looked After Action Group.	Ongoing	Julie Clark
		CHSP03A01M05	Evaluate the effectiveness of the actions taken to reduce children looked after (CLA)	Mar-18	Julie Clark
		CHSP03A02M01	Review the current fostering recruitment, support service capacity and working practices	Dec-17	Liz Pearce
		CHSP03A03M01	Implement the standards for Kinship Carers Assessments that are being developed through the National Fostering Framework	Aug-17	Liz Pearce

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Measures to support Priority 3 - Rhondda Cynon Taf's children and young people will receive a great start in life

PI Ref	PI Description	2014/15		2015/16			2016/17		2017/18			
		Target	RCT Actual	Target	RCT Actual	All Wales	Target	RCT Actual	Proposed Target	How does the proposed 2017/18 Target compare to 2015/16 Welsh Average	How does the proposed 2017/18 Target compare to 2016/17 Data	How does the proposed 2017/18 Target compare to 2016/17 Target
LSCC101	No. of children & young people requiring intervention from statutory services	N/A	N/A	N/A	37.57	N/A	35.00	20.00	18.00	N/A	Better	Better
LSCC102	No. of looked after children	N/A	621	N/A	623	N/A	592	690	655	N/A	Better	Worse
Measure 27 SSOF27	% of re-registrations of children on Local Authority CPR	N/A	5.73	N/A	8.22	N/A	8.00	9.40	8.00	N/A	Better	Same
LSCC103a	% of Looked After Children returned home in less than 12 weeks	N/A	22.09	N/A	20.52	N/A	20.52	24.50	20.52	N/A	Worse	Same
LSCC103b	% of Looked After Children returned home between 12-24 weeks	N/A	7.36	N/A	9.61	N/A	9.61	17.50	9.61	N/A	Worse	Same
LSCC103c	% of Looked After Children returned home after 24 weeks	N/A	70.55	N/A	69.87	N/A	69.87	58.00	69.87	N/A	Worse	Same
Measure 34a SSOF34a	% of all care leavers who are in education, training or employment at 12 months after leaving care	N/A	N/A	N/A	N/A	N/A	NEW - BASELINE YEAR	50	50	N/A	N/A	Same
Measure 34b SSOF34b	% of all care leavers who are in education, training or employment at 24 months after leaving care	N/A	N/A	N/A	N/A	N/A	NEW - BASELINE YEAR	53.3	53.0	N/A	Worse	N/A

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Priority 4: Rhondda Cynon Taf will be amongst the safest places in Wales, with high levels of community cohesion, and residents feeling safe

We work with many partners across Rhondda Cynon Taf to keep residents safe, including South Wales Police and GP practices. We will continue and develop these and other **collaborations**, including with Women's Aid RCT to provide a range of support to those people at risk of Domestic Abuse. We will further develop the service to those people affected by **involving** them in our work to ensure their needs are met.

The effects of domestic violence can have a severe impact on victims, and more widely on our health service and economy. Statistics show that two women are killed every week in England and Wales. In **collaboration** with Merthyr Tydfil Council, we will build upon the our work with 'Project Drive' to **prevent** domestic violence through tackling the root causes of domestic abuse by holding perpetrators to account and helping them to change their behaviour.

As well supporting the **long term** health and social needs of people living in their own homes for longer, we want to give them and all our residents the confidence to do so. Last year we implemented a bogus caller interception project 'True call' and this year will evaluate its success. We will also continue to **collaborate** with South Wales Police to extend our work to **prevent** repeat victims of unsolicited (cold) callers and doorstep crime.

Community **involvement** in these programmes and improvement initiatives helps to support community confidence and resilience. Finding different ways and places to talk to our residents of all ages, will help to provide the information we need to develop the Council's services in a way that meets their current and future needs and also to be better able to **integrate** our services with those of our partners.

Our work in this priority, both now and in the future, will contribute to the seven national Well-being Goals, in particular a Wales of Cohesive Communities.

PEOPLE - Promoting independence and positive lives for everyone

To which of the Council's challenges and opportunities, as outlined in the Council's draft Corporate Plan, will this action respond?	Priority 4 - Rhondda Cynon Taf will be amongst the safest places in Wales, with high levels of community cohesion, and residents feeling safe
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Actions that will deliver Priority 4		Ref	Milestones/Sub Actions that will help to achieve overarching Action	Delivery Date	Responsible Officer
HOUSP07	Improve the safety of victims of domestic abuse and sexual violence and reduce the impact this has on their lives of the victims and perpetrators and wider families	HOUN07A01M01	Develop a joint strategy to fulfil the requirements of the Act - <i>carry over</i>	Mar-18	Deborah Evans / Cheryl Emery
		HOUN07A01M02	Implement and monitor VAWDASV Delivery Plan	Jun-17 Sep-17 Dec-17 Mar-18	Deborah Evans / Cheryl Emery
HOUSP07	Ensure that Domestic Abuse Services in Cwm Taf meet the needs of our service users	HOUN07A02M01	Complete review of Supporting People funding for Women's Aid RCT to provide a range of emotional support services to those at standard to medium risk.	Jun-17	Cheryl Emery
		HOUN07A02M02	Develop a sustainable service user involvement process in relation to all domestic abuse services.	Jun-17	Cheryl Emery
ETCP03	To support the delivery of health protection and improvement initiatives that support residents and communities to be healthier, safer and more resilient.	ETCP03A06M01	Deliver a programme of interventions to prevent repeat victims of unsolicited (cold) callers and door step crime to include home visits, use of the 'True Call' system and enforcement responses	Mar-18	Judith Parry
		ETCP03A06M02	Evaluation of implementation of the 'True Call' bogus caller interception project for vulnerable clients, which was introduced in 2016-17	Mar-18	Judith Parry

Measures to support Priority 4 - Rhondda Cynon Taf will be amongst the safest places in Wales, with high levels of community cohesion, and residents feeling safe

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		Target	RCT Actual	Target	RCT Actual	All Wales Average	Target	RCT Actual	Proposed Target	How does the proposed 2017/18 Target compare to 2015/16 Welsh Average	How does the proposed 2017/18 Target compare to 2016/17 Data	How does the proposed 2017/18 Target compare to 2016/17 Target
LPPN156	% of clients reporting no abuse experienced in the past month/since intake	N/A	N/A	N/A	N/A	57	NEW-BASELINE YEAR	74	70	Better	N/A	N/A
LPPN135b	% of clients reporting feeling safer as a result of IDVA intervention	85	78	85	82	84	85	85	85	Better	Same	Same
LPPN137	% of clients reporting that their quality of life had improved as a result of IDVA intervention	85	74	80	81	82	77	82	84	Better	Better	Better
LPPN157	% of clients stating that they were confident in accessing support in future	N/A	N/A	N/A	N/A	89	86	93	90	Better	Worse	Better