



NOFIO AM DDIM YN YSTOD GWYLIAU'R HOLIDAY FREE SWIMMING 22/07/2023 – 03/09/2023



	CANOLFAN HAMDDEN LLANTRISANT LEISURE CENTRE	CANOLFAN CHWARAEON CWM RHONDDA SPORTS CENTRE	CANOLFAN HAMDDEN SOBELL LEISURE CENTRE	CANOLFAN CHWARAEON ABERCYNON SPORTS CENTRE	PWLL NOFIO BRONWYDD SWIMMING POOL	CANOLFAN HAMDDEN TONYREFAIL LEISURE CENTRE	PWLL NOFIO Y DDRAENEN HAWTHORN SWIMMING POOL	PWLL NOFIO GLYNRHEDYNOG FERNDAL SWIMMING POOL
Llun Mon	11:15-12:15	12:30-13:30	11:00-12:00	11:00-12:00	10:00-11:00	14:00-15:00	13:30-14:30	12:00-13:00
Mawr Tue	11:15-12:15	12:30-13:30	11:00-12:00	11:00-12:00	10:00-11:00	14:00-15:00	13:30-14:30	12:00-13:00
Merch Wed	14:35-15:45	12:30-13:30	11:00-12:00	11:00-12:00	10:00-11:00	18:00-19:00	13:30-14:30	12:00-13:00
Iau Thur	14:35-15:45	12:30-13:30	11:00-12:00	11:00-12:00	10:00-11:00	14:00-15:00	13:30-14:30	12:00-13:00
Gwen Fri	15:00-16:00	12:30-13:30	11:00-12:00	11:00-12:00	10:00-11:00	14:00-15:00	13:30-14:30	18:00-19:00
Sad Sat		12:00-13:00	11:30-12:30					11:00-12:00
Sul Sun	10:00-11:00			12:00-12:45	11:00-12:00	12:30-13:30	11:00-12:00	

Bydd gwersi nofio cwrs carlam hefyd ar gael drwy gydol gwyliau'r. Cysylltwch â'r ganolfan hamdden yn uniongyrchol am ragor o

Crash course swimming lessons will also be available throughout the school holidays, please contact the Leisure Centre directly for more information.

CANOLFANNAU HAMDDEN RHONDDA CYNON TAF
RHONDDA CYNON TAF LEISURE SERVICES

LAWRLWYTHWCH YR AP
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