

RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL

CHILDREN AND YOUNG PEOPLE SCRUTINY COMMITTEE

Minutes of the meeting of the Children and Young People Scrutiny Committee held at the County Borough Council Offices, The Pavilions, Cambrian Park, Clydach Vale. on Wednesday 7th February 2018 at 5 p.m.

PRESENT

County Borough Councillor S. Rees- Owen – in the Chair

County Borough Councillors

J. Brencher J. Harries S. Rees
S. Evans R. Smith W. Lewis
H. Fychan S. Powell

Co-opted Members

Mr S. Jones – Voting Elected Parent/ Governor Representative

Officers in Attendance

Ms A. Batley – Service Director Children’s Services
Mr P Nicholls – Head of Legal – Litigation, Planning & Environment, Community and Children’s Services
Mr A. Lawrie – Director of Primary, Community Care and Mental Health
Mr C Wilson – Assistant Director of Primary Care, Community and paediatrics
Ms T Gardiner – Clinical Director CAMHS

57. APOLOGIES FOR ABSENCE

Apologies for absence were received from: County Borough M. Powell

58. DECLARATIONS OF INTEREST

RESOLVED - In accordance with the Code of Conduct, there were no personal declarations of interests made, pertaining to the agenda.

59. MINUTES

RESOLVED – to approve as an accurate record the minutes of the meeting of the Children and Young People Scrutiny Committee held on the 20th December 2017 subject to it being noted that County Borough Councillor S. Rees was in attendance.

60. PRESENTATION IN RESPECT OF CHILDREN AND ADOLESCENT MENTAL HEALTH TEAM

The Chair welcomed the Director of Primary, Community Care and Mental Health, Assistant Director of Primary Care, Community and Paediatrics and the Clinical Director CAHMS, to the meeting of the Children and Young People Scrutiny Committee.

The Clinical Director CAHMS introduced his colleagues to Members and explained that they would provide Members with a presentation to assist with their understanding of the Child and Adolescent Mental Health Service (CAMHS).

With the aid of PowerPoint presentation slides Members were given an insight on the complex service. Members were presented with an update on investments made to the service, the new model of care (CAPA), other supporting Services and updated on performance for 2017/18.

It was explained to Members the service has come from a very low starting point and the investment that has been received from WAG has contributed to further development of certain areas of the service.

Members were informed of the investment made so far within Cwm Taf under the following headings.

- **Crisis / Section 136/ T4CYP** – Service for young people presenting in Mental Health crisis
- **Primary Mental Health Service** – Enhanced capacity of current service in order to deliver Part1 of the Mental Health (Wales) Measure.
- **Early Intervention in Psychosis** – Training for Tier 1 professionals regarding the signs and symptoms of psychosis that will help facilitate early indication, treatment and management that will support improved recovery rates
- **Neurodevelopment Disorders** – Enhanced capacity of current service in order to achieve improved access to services, implement a more prudent approach, reduce waiting times for assessment and diagnosis, enhanced family support and training and increased joint working.

Within the wider CAHMS Network Members were informed of the following investment that has been made:

- **CAPA** – Enhancement of current and further development of Psychological Therapies and introduction of Choice and Partnership Approach (CAPA)
- **Social Worker Tier 4** – Recruitment of a social work post in the tier 4 unit to facilitate closer working relationship with partners in social services particularly for children needing accommodating.
- **Waiting List Initiative** - Allocation made available from Welsh Government in order to reduce the waiting lists associated with 28 day target.

Officers explained the new model of service delivery Choice and Partnership approach under the following points:

- Direction given by Welsh Government
- Parity with other CAMH services across Wales
- WG investment for Psychological therapies to develop and enhance the skill mix for a more holistic and psychologically based service moving away from a more purely medical model.
- Develop greater compliance with NICE Guidelines and introduce ROMs to demonstrate outcomes.

Members were informed of the benefits of CAPA and it was explained that it improves services to clients by focusing on engagement, therapeutic alliance, choice, goals and care planning, it also improves access by ensuring timely appointments and ensures that the service user is seen by clinician with the right skills.

It was outlined to Members that the following steps have been taken respect of achieving the transition:

- Waiting list initiative continues to be a success
- Demand and Capacity modelling – it is calculated that there will be sufficient clinics to meet present demands
- Cwm Taf CAPA Steering Group
- Network wide CAPA leads groups, and
- Successful CAPA Team Away Days.

The Clinical Director CAMHS also explained that additional funding from Welsh Government has allowed the service to improve the range of psychological therapies such as CBT, DBT, Family Therapy, Psychodynamic and attachment approaches.

Members were informed of the supporting services and where the services are at

- Development of a comprehensive Neurodevelopmental Disorder service considered as part of the demand and capacity model.
- Full implementation of all age Integrated Autism Service (IAS) will prove significant to ensuring early intervention to emerging needs and difficulties.
- Continued development of Primary Mental Health service and improved links to primary services for adults (16 – 25 years)
- Effective links with locally commissioned children's services
- Need for a shared vision and responsibility for early intervention and prevention and commissioning decisions of partnership grants.

Members were provided with graphs showing the performance and waiting times within Cwm Taf.

The Clinical Director CAMHS concluded the report by explaining that CAMHS is a complex service now flourishing from a previously low base. Welsh Government investment has allowed transformation and a significant improved service outcome. It was also explained that the CAPA model has improved both the delivery and the outcomes of treatments offered to children and young people and finally partnership working is essential to ensure the continued reduction in waiting times with performance of the service looking healthy.

The Chair thanked Officers for their presentation and welcomed Members Questions.

Members questioned in respect of the waiting times and asked what criteria are being used for prioritising the needs of the children accessing the service. Officers explained that all children are a priority and that they will be assessed by each child's individual needs.

In respect of referrals Members asked whether families could self refer Officer explained that at present direct referrals from families are not accepted however if a single point of access service is developed, this might be something we could offer.

With regards to the improved discharge rate a Member asked what criteria is being followed to ensure the child or young person is looked after. It was explained that with the new CAPA service the child is given the best possible service and that the problem they face have been properly addressed before any discharge would take place.

With regards to Education Psychology Service it was reported that this input is currently provided by the Education Service.

Further questions were put forward in respect the ratio of boys and girls that use the service, along with the question of the provision of Welsh Language for service users. Officers explained that there is provision for children and young people who

access the service to in Welsh. In respect of the boy girl ratio officers explained that they will come back with the detail.

One Member felt that there should be more information provided to parents and guardians to break down the stigma and make the service a more accessible and acceptable Service.

After further discussion and in depth questioning Members **RESOLVED** –

- To receive a report in 6 months time
- To provide Members with data of gender balance and age categorisation
- Acknowledge the work done by the Service

61. VERBAL UPDATE IN RESPECT OF MISSING CHILDREN

The Service Director Children's Services provided Members with an update in respect the data which was requested at the Meeting of the Children and Young People Scrutiny Committee on the 10th January 2018 .

Members **RESOLVED** to acknowledge the information provided

Cllr S Rees- Owen

(Chair)

