



## CWM TAF PUBLIC SERVICES BOARD - JOINT OVERVIEW & SCRUTINY COMMITTEE

Report Author           Angela Jones – Lead Healthy People  
Committee Date         24.01.2019

### Overview of Cwm Taf Well-being Objectives Delivery Plans

#### 1.0 SUMMARY OF THE REPORT

1.1 To provide the Joint Overview and Scrutiny Committee (Committee) with oversight of the progress made against the Cwm Taf Well-being Plan Objective 'Healthy People'.

The report of the Strategic Partnership Board (SPB) attached at **Appendix 1** sets out progress made in respect of Health People 1<sup>st</sup> year delivery plan. This report was presented to the SPB at its most recent meeting on the 08<sup>th</sup> of January 2019.

Angela Jones, Consultant in Public Health for Cwm Taf Public Health Team, is the Lead for Healthy People and will present the report to Committee.

#### 2.0 RECOMMENDATIONS

2.1 The Committee is requested to review the SPB Report at **Appendix 1** and :-

- i. Consider :-
  - a) the extent of progress to date,
  - b) the extent to which it is evident that differences are being made to communities and citizens within Cwm Taf in improving the Social, Economic, Environmental and Cultural Well-being of the area.
- ii. Identify any further information it would like to consider in support of the delivery of the Well-being Plan and how this could be most effectively presented to Committee at future meetings.

### 3.0 INTRODUCTION AND BACKGROUND

3.1 As Members are aware, the Cwm Taf Well-being Plan 2018-2023 was published on the 4<sup>th</sup> of May 2018 and contained four Objectives:-

- Thriving Communities
- Healthy People
- Strong Economy
- Loneliness & Isolation (cross cutting Objective)

The Delivery Plans for each objective within the Well-being Plan were approved by the Public Service Board (PSB) in July 2018. These delivery plans were aimed at addressing the immediate steps within the Well-being Plan.

An overview of each Delivery Plan was subsequently presented to Committee in September 2018. At that meeting, Committee determined that each Objective would be scrutinised in more detail at a future meeting.

Healthy People is the second Objective to receive this further scrutiny.

### 4.0 CURRENT POSITON

4.1 Detailed scrutiny of the progress made against delivery plans for each objective takes place at the SPB. An overarching report, of all four Objectives, is then submitted to the PSB by the Chair of SPB.

The current progress report to SPB, with regards to delivery against the Healthy People Objective, is included at **Appendix 1**.

Both SPB and PSB have considered whether the monitoring reports provide enough assurance to Members as to the progress in respect of each the Well-being Objectives.

It is recognised that the delivery of the plan is in its infancy and it is equally important to monitor and measure how we are doing things differently as a partnership. It is also widely accepted that the impact of the work undertaken on the Objectives may be difficult to measure short term and the Welsh Government and Data Cymru are providing support to assist PSB's with addressing this. Specifically in respect of Cwm Taf PSB, Data Cymru are assisting with developing an outcomes based evaluation framework to measure the differences made via delivery of the Well-being plan.

To assist with monitoring performance and progress, in addition to a RAG rated delivery plan and information / data relevant to each objective, the SPB receive a Highlight / Exception report. This Highlight / Exception reports aim to capture key achievements, other activities (outside the delivery plans) that contribute to the Well-being Plan, what is working well and what is not working well, in addition to risks and issues that require escalation to the PSB.

**N.B. The Highlight/Exception Report for Health People contains progress updates on the removal of added sugar drinks from PSB partner organisations and the One Small Change Campaign, to promote one healthy behaviour change for the public sector workforce. These areas of work are over and above what is reported and measured in the Delivery Plan.**

## **5.0 FUTURE REQUIREMENTS**

5.1 At the most recent SPB in January 2019 the performance management / evaluation framework was considered at a workshop facilitated by Data Cymru. It was agreed that Data Cymru would make outcome measure proposals based on a workshop discussion at the meeting. These will be considered as part of the development of the new Delivery Plans going forward and shared to inform the Outcome Framework discussion with the Early Years Co-Construction Programme.

Consideration also continues to be given to the change of boundaries for Bridgend PSB and any impact that this may have on the delivery of Cwm Taf PSB Objectives. Initially, a meeting has been arranged in January with the Bridgend Lead for the Early Years Objective of their Well-Being Plan to explore opportunities for joint working.

Further updates will be provided to Committee as this work progresses.

## **6.0 NEXT STEPS**

6.1 The priorities for the Healthy People Objective over the next quarter include:-

- Appointing a Lead to develop and deliver vulnerability profiling and data sharing agreements.
- Sharing the evidence base for interventions for pre-pregnancy and early years
- Commissioning a review of the effectiveness of sexual health prevention services to support vulnerable women.
- Preparing for the launch of sugar free drinks across partner organisations
- Supporting partner organisations in rolling out the One Small Change campaign for the benefit of staff.
- Identifying resources to lead and progress a prevention work stream for objective 2.1b, helping people to stay healthier for longer.

**Angela Jones**

Lead for Healthy People Objective  
Cwm Taf Public Service Board

This page is intentionally left blank

## Cwm Taf PSB – Strategic Partnership Board

### Highlight / Exception Reporting from Objective Leads

<b>Agenda No</b>	<b>SPBJan19_13.1</b>				
<b>Well-being Objective /Group Name</b>	<b>Healthy People – First 1000 Days</b>				
<b>Lead Officer</b>	<b>Angela Jones, Cwm Taf Public Health</b>				
<b>Key Achievements and any quick wins</b>	<b>Date</b>	<b>Red</b>	<b>Amber</b>	<b>Green</b>	<b>White</b>
	<b>8/01/2019</b>	0	0	0	18
	<b>6/11/2018</b>	0	0	0	18
	<b>18/09/2018</b>	0	0	6	12
	<p><i>See Appendix 1 (Delivery Plan) and 2 (Data Measures) for details of progress against delivery plans and measures.</i></p> <ul style="list-style-type: none"> <li>Completed the mapping of the pathways from conception to age 7 including health, education, play and parenting provisions. Finalising completed version which will be shared within Early Years Co-Construction project</li> <li>Funding approved from WG to provide a 1 year post to drive the vulnerability profiling work, in relation to data sharing agreements and setting up the profile</li> </ul>				
<b>Other Activities that contribute to the delivery of the Well-being plan.</b>	<ul style="list-style-type: none"> <li>Removal of added sugar drinks – partners have been invited to attend a task and finish group to undertake the work required by July 2019.</li> <li>One Small Change Campaign – report to SPB/PSB January 2019. As a result of consultation feedback, a voluntary roll out to partner organisations, who wish to participate, will be implemented in January. The toolkit will be published on Our Cwm Taf for partners' use.</li> </ul>				
<b>What is working well and how is this being done differently (5 WOWs)?</b>	<ul style="list-style-type: none"> <li>WG funded post to drive the development and setting up of vulnerability profile.</li> <li>Removal of Added Sugar Drinks – agreement by partners to implement by July 2019</li> </ul>				
<b>What is not working well and what are the challenges / risks?</b>	<p>The delivery of Objective 2.1.b to keep people healthier for longer is a challenge given the complexity of this objective and the capacity to lead and deliver. This could be discharged through the RPB to lead, given their Cwm Taf Ageing Well Plan and being a priority group within the Area Plan. This will be</p>				

	explored along with the support of an Acting Consultant in Public Health from January 2019
<b>Priorities for Next Quarter</b>	<ul style="list-style-type: none"> <li>• Appoint a Lead to develop and deliver vulnerability profiling and data sharing agreements.</li> <li>• Share evidence base for interventions for maternal and early years</li> <li>• Commission a review of the effectiveness of sexual health prevention services to support vulnerable women.</li> </ul>
<b>What needs to be escalated to PSB?</b>	Nothing at this stage.
<b>What else can SPB members do to progress this Objective? Inc. information / comms and Engagement.</b>	<ul style="list-style-type: none"> <li>• Further discussion of the proposal to deliver Objective 2.1b through the RPB, with advice and challenge role from PSB lead.</li> </ul>

Actions	Milestones				
Action that will Deliver Objective ("What we need to do")	Ref	Milestones / Sub Actions ("How will we do it")	Delivery Date "Timescales"	Lead "who is responsible inc Governance Arrangements"	Progress - RAG (as at 31/12/18)
<b>System-wide approach</b>	1	Sharing the system mapping with the Cwm Taf and Bridgend PSB, Regional Partnership Board, professionals, community hubs, service users to: a. promote better understanding of the complexity of pathways and determine the governance of planning and service delivery b. initiate innovative ways to simplify the system c. promote easier access to service d. Ensure effective governance	June - Nov 2018	Angela Jones/Zoe Lancelot. ICE sub group	Finalise the system mapping completed at event and share through the Early Years Co-Construction Project.
	2	Explore the benefits of a Single Point of Contact for access to services	Mar-19	Public Health Team/PHW?	To consider duplication with Thriving Communities 1.1.1c RCT and 1.1.2c Gurnos. To look at SPOC in terms of IAA and referrals.
	3	Explore the benefits of a 'trusted person' to help vulnerable people navigate the system, including routine enquiry, motivational interviewing, goal setting	Jun-19		Currently working on data for vulnerability profiling, in relation to evidence on importance of early years, current and potential interventions, return on investment on interventions.
	4	Review acceptability and effectiveness of parenting programmes with service users (to include the importance of attachment) with a view to optimising programmes.	Jun-19	Local Authorities (completed by MT)	Review to be completed by March 19. Will be dependant on Vulnerability Profiling outcomes.
	5	Training: ACE aware professionals and communities	Jan-19	PHW	Cwm Taf specific event for staff and partners of Community Zones to be held on the 04/02/19. A further school training event scheduled for 09/01/19.
<b>Vulnerability profiling</b> - Agree a data sharing protocol and implement to A) identify risk factors for vulnerability, B) target actions for prevention / early intervention and C) identify appropriate outcome measures	1	Define information and data sources of interest	Nov-18	Angela Jones with PSB Leads for services	Funding secured from WG to appoint a lead for Vulnerability Profile and data sharing agreements. Role to commence March 2019.
	2	Agree Information sharing protocol	Mar 19-20		Principle agreed, new role to work through the detail of information needed and data sharing protocol.
	3	Risk profiling based upon all data sources	Jun-19		Not due.
	4	Identifying priority risk groups for interventions	Sep-19		Not due.
	5	Explore funding flexibilities to support and target early interventions (midwifery and Health Visitor led)	Mar 19-Mar 20		Not due.
<b>Preventing unplanned pregnancies</b> - to target more effectively vulnerable women to prevent unplanned pregnancies through promotion and easy access to long acting reversible	1	Using data and risk profile of parents of CLA 0-1 years, identify priority groups to target contraceptive outreach	Mar-19	Sexual Health Advisory Board with LA Children's Services	Agreement and funding in place to scope the work and commission investigation into high risk groups; meeting with vulnerable service users to gain their views on most appropriate forms of contraception, through co-produced methods.

Action that will Deliver Objective ("What we need to do")	Ref	Milestones / Sub Actions ("How will we do it")	Delivery Date "Timescales"	Lead "who is responsible inc Governance Arrangements"	Progress - RAG (as at 31/12/18)
Easy access to long acting reversible contraception (LARC)	2	Identify and implement appropriate contraceptive outreach, working with "trusted key workers" in targeted services, having regard to current good practice by engaging partners working with priority groups.	Mar 19-20	All PSB Partners. ICE subgroup	To be included in 2019-2020 plan.
<b>Increasing School Readiness</b>	1	Promote attachment of infant:parents	Mar-20	Health Visitors	To be included in 2019-2020 plan, informed by Wellcom Assessment.
	2	Optimise support/referral to interventions to support healthy growth, play and development through the Healthy Child Wales Programme	Mar-20	Health Visitors	To be included in 2019-2020 plan.
	3	Early identification of speech and language: timing of health visitor assessment	Jun-19	Speech and Language Therapists	To be included in 2019-2020 plan.
	4	Engagement and knowledge of parents with 'school readiness'	Mar-20	Health Visitors, schools, early years settings and ICE Sub Group	To be included in 2019-2020 plan.
	5	Review transition in to schools	Mar-20	Health Visitors, schools, early years settings and ICE Sub Group	To be included in 2019-2020 plan.
<b>Improving Education:</b> Reviewing sex and relationships education (SRE) and personal social education (PSE) in secondary school. To focus on the importance healthy relationships, health and well-being prior to conception for males and females.	1	Undertake review to include content, delivery, timing of delivery and uptake by vulnerable groups and having regard to the recommendations in <i>The Future of the Sex and Relationships Education Curriculum in Wales</i>	Jun-19	Sexual Health Advisory Board, School Nurses and schools	To be included in 2019-2020 plan.
	2	Recommendations to be implemented	Sep-19	Sexual Health Advisory Board, School Nurses and schools	To be included in 2019-2020 plan.



Objective	PI ref	Local/ National	PI description	2017/18 Actual				2018/19				Direction of travel	Comment	Frequency	Responsible partner
				Cwm Taf	Wales	Merthyr	RCT	Cwm Taf	Wales	Merthyr	RCT				
Healthy Peop	HP1	Local and National	Percentage of vulnerable clients with active LARC (data development need)									Increase			Various
Healthy Peop	HP2	Local	Risk factors in pregnancy									Decrease			Midwives (MITS)
Healthy Peop	HP3	Local and National	Low birth weight rates			6.50%	7.40%	7.20%	5.60%			Decrease			Midwives (MITS)
Healthy Peop	HP4	Local and National	Initiation of breast feeding									Increase			Midwives (MITS)
Healthy Peop	HP5	Local and National	Breastfeeding at 6 months									Increase			Health visitors
Healthy Peop	HP6	Local and National	Children Looked After at , year 1 and year 2									Decrease			Children's services
Healthy Peop	HP7	Local and National	Children meeting their development goals e.g. weight, language development, physical development									Increase			Health visitors

This page is intentionally left blank