

RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL

HEALTH & WELLBEING SCRUTINY COMMITTEE

MINUTES of the meeting of the Health & Wellbeing Scrutiny Committee held at the County Borough Council Offices, The Pavilions, Cambrian Park, Clydach Vale, on Wednesday, 18th January 2017 at 5 pm.

Present:

County Borough Councillor R W Smith – in the Chair

County Borough Councillors:

(Mrs) A Calvert	J Davies	G Stacey
W J David	(Mrs) M E Davies	L G Walker
Mr C Davies	(Mrs) S Rees	D H Williams

In attendance:

Councillor L M Adams – Chair, Overview and Scrutiny Committee
Councillor C J Willis - Scrutiny Performance Management Coordinator

Officers:

Mr G Isingrini – Group Director, Community & Children’s Services
Mr N Elliott – Service Director, Adult Services
Mr C B Jones - Service Director, Legal & Democratic Services
Mr K Nicholls – Leisure Operations Manager
Ms S Kochalski – Leisure Strategy Manager
Ms K May – Head of Democratic Services
Mr M Jones – Democratic Services Officer

31. APOLOGIES

Apologies for absence were received from County Borough Councillors, I Pearce and (Mrs) M Tegg.

32. DECLARATIONS OF INTEREST

RESOLVED - In accordance with the Members Code of Conduct, there were no personal declarations of interests made, pertaining to the agenda.

33. MINUTES

RESOLVED – to approve as an accurate record the minutes of the meeting of the Health & Wellbeing Scrutiny Committee held on the 14th December, 2016.

34. PRESENTATION - RCT LEISURE SERVICES 2016 – 2021

With the aid of PowerPoint slides, the Leisure Operations Manager and the Leisure Strategy Manager provided Members with a presentation in respect of the Leisure Services Strategy 2016-2021, and they gave their observations under the following headings:

- A Physically Active Rhondda Cynon Taf.
- Leisure Centre & Swimming Pools.
- Modern Welcoming Facilities.
- Outstanding Fitness and Staff.
- The Leisure Strategy.
- The Challenge and Key Actions.
- Immediate Challenges/Future Risks.
- New Service Developments.

The Leisure Operations Manager informed the Committee that a number of improvements had been made to the Leisure facilities in Rhondda Cynon Taf including the provision of modern welcoming facilities, outstanding fitness facilities and to improve up skilling of staff which overall, had been very positive. He reported that following improvements the service had seen an increase in the number of participants using the service, 9,000 of which had agreed to sign up to a monthly direct debit.

The Leisure Operations Manager reported that taster sessions had taken place in the Leisure Centres offering service users free access to fitness facilities. He added that a Committed Membership Scheme had been introduced which enabled participants to receive a discount although this would tie them into the scheme for a longer period of time. Also, a new Scheme had been introduced for fostering families and Syrian families offering them a Membership package at a reduction price.

A Member queried whether there was a geographical breakdown of service users who attend their local Leisure Centre. In response, the Leisure Operations Manager reported there is a geographical breakdown available and that he would provide Members with a copy of the information.

A discussion took place on the funding streams that were available to various groups, when a Member queried the links between Community First and Flying Start and he therefore felt that there should be closer links to the schools. In response, the Operations Manager reported on a recent pilot project which the Department had been commissioned to undertake on behalf of one of the Community First areas following short term funding that they had received.

Whilst it is difficult to measure the impact of the services provided for those suffering with mental health issues one of the schemes that is currently being delivered following funding from Welsh Government is the GP Exercise Referral Scheme Processes are in place where staff within Leisure Services follow up a sample of those people who have participated in this scheme to

see the long term impact of the scheme e.g. are they still active and still using the facilities this data is gathered to assess their well-being, however it is an emerging discipline.

Following the observations made by Mr K Nicholls and Ms S Kochalski, the Committee thanked them for their attendance and for responding to their questions, and they left the Meeting.

Following consideration of the presentation it was **RESOLVED –**

1. To acknowledge the Power Point presentation and information received in respect of the Leisure Services Strategy 2016-2021.
2. That Members of the Committee receive information of the geographical breakdown of the black spot areas where service users were finding it difficult in attending nearby Leisure facilities.
3. That a detailed assessment be included as the Annual Scrutiny Report 2016/17.

35. PRESENTATION - SUPPORTING PEOPLE

With the aid of PowerPoint slides, the Service Director, Adult Services provided Members with a presentation in relation to the work undertaken by the Committee since November, 2015 in respect of Supporting People to Live Independently at Home, and they gave their observations under the following headings:

- Terms of Reference.
- Scope.
- Methodology.
- Short Term Intervention Services.
- Social Work and Long Term Services.
- Delayed Transfers of Care.
- Community Coordinators.
- Other Areas of work Considered.
- Matters for Consideration by Scrutiny.

The Service Director, Adult Services outlined the Terms of Reference and Scope which was set out by the Committee in November 2015 for their intended work in relation to Supporting People to live independently at Home and touched on some of the key areas which had been discussed by the Committee over the last 14 months.

The Service Director, Adult Services reported that improvements had been made to the Adult Services Short Term Intervention Service, and there had been an increase in the number of adults being supported to live more independently. The Service Director explained that as part of the improvements made the service now refers cases to Community Coordinators who provide support to people to access community based interventions and

live independently at home, which has helped to reduce the need for more traditional statutory adult social care interventions, such as day care services. The Service Director also reported that Adult Services was currently undergoing a restructure following a review of its operating model and new arrangements should be in place by May 2017. Overall, the level of performance had been maintained throughout the change of the model.

Members were informed that there would be no annual report from the CSSIW as it was a transitional year, however, the Chairs and Vice-Chairs of both this Committee and the Children & Young People Scrutiny Committee would be given the opportunity to meet with CSSIW for them to present a letter which would include an update on their work in the Council during 2016/17. In response to a query raised by a Member, the Group Director, Community and Children's Services indicated that he would ask CSSIW if they would meet with all members of this Committee in order for them to receive comments on the said letter, and if not agreed the letter would be presented in due course to the Committee.

In response to a question raised in relation to how the impact of the Social Services & Wellbeing (Wales) Act was being measured, the Service Director, Adult Services provided details of the indicators being used and the customer feedback data. However, whilst the feedback was generally it was still too early to predict how much difference the Act has made.

Members discussed the issues in relation to Primary Health Care and queried whether the change in boundaries across Rhondda Cynon Taf County Borough Council could have an impact on the current arrangements. Also, Members felt that more scrutiny was required with Primary Health Care colleagues.

In response, the Group Director, Community & Children's Services reported that there are potential issues in terms of developing enhanced community support and that this is subject to ongoing review and suggested case studies may be a way of providing the Committee with evidence of the interface at the community level with Primary Health Care.

Members requested that ongoing scrutiny take place in relation to delayed transfers of care and commissioned domiciliary home care provision at future meetings of the Health & Wellbeing Scrutiny Committee. Whilst Members wished to undertake further scrutiny in respect of delayed transfers of care, they also acknowledged the fact that Welsh Government had congratulated the authority on the work that had been undertaken in this area resulting in a vast improvement in October to November, 2016.

Following a discussion it was **RESOLVED:**

1. To acknowledge the work undertaken by the Committee in relation to Supporting People to Live Independently at Home since November 2015.

2. That the Committee continue to undergo scrutiny in relation to delayed transfers of care and commissioned domiciliary home care provision.
3. That the Committee receive the letter in respect of CSSIW at the end of the Municipal Year 2016/17.
4. That the Committee meet with OPAG (Older Person's Advisory Group) and the appropriate Cabinet Members in relation to Supporting People to Live Independently at Home
5. That the Committee be provided with case studies in relation to Primary Health Care at a future Meeting of the Committee, which will also inform the Scrutiny Annual Report 2016/17.

R W Smith
Chairman

The meeting closed at 6.55 pm.