



**RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL
MUNICIPAL YEAR 2019/20**

**HEALTH & WELLBEING SCRUTINY
COMMITTEE**

24TH SEPTEMBER 2019

**REPORT OF THE GROUP DIRECTOR,
COMMUNITY & CHILDREN'S SERVICES**

Agenda Item No:

**RESPONSE FROM CABINET TO THE
RECOMMENDATIONS OF THE
SCRUTINY WORKING GROUP ON EMI
NURSING BED PROVISION.**

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1. PURPOSE OF THE REPORT

- 1.1 To provide the Health and Wellbeing Scrutiny Committee with Cabinet's response to the recommendations of the Scrutiny Working Group on EMI Nursing Bed Provision that was reported to the Cabinet in March 2019.

2. RECOMMENDATIONS

It is recommended that the Health and Wellbeing Scrutiny Committee:

- 2.1 Consider Cabinet's response to the recommendations of the Scrutiny Working Group on EMI Nursing Bed Provision and that the progress being made to address these recommendations be monitored by the Health and Wellbeing Scrutiny Committee.

3. REASONS FOR RECOMMENDATIONS

- 3.1 The need for Health and Wellbeing Scrutiny Committee to consider Cabinet's response to the recommendations of the Scrutiny Working Group on EMI Nursing

Bed Provision and consider the progress being made to address the Working Group findings and recommendations.

4. BACKGROUND

4.1 A Health and Wellbeing Scrutiny Committee Working Group conducted a review of EMI Nursing Bed Provision within Rhondda Cynon Taf. This followed a presentation to the Health and Wellbeing Committee in November 2017 that identified a number of challenges faced by Adult Mental Health Services, including the lack of EMI nursing care home beds.

4.2 The Scrutiny Working Group reported the findings of the review to the Health and Wellbeing Scrutiny Committee at its meeting in February 2019 and the following two recommendations were made:

Recommendation 1: That Scrutiny continue to monitor delayed transfers of care performance, and in particular issues relating to the availability of EMI nursing care home provision

Recommendation 2: That Cabinet ensure the recommendations in the Cwm Taf Market Position Statement are being delivered in particular those aimed at the more specialised provision and need for more provision linked to complex care i.e. dementia and nursing dementia.

4.3 The Scrutiny Working Group findings and recommendations were reported to Cabinet in March 2019.

5. CABINET RESPONSE

5.1 The Cabinet is pleased to confirm their agreement to the Scrutiny Working Group recommendations and thank the Health and Wellbeing Scrutiny Committee for undertaking this important work.

5.2 A detailed response is provided below for each recommendation:

Recommendation 1: That Scrutiny continue to monitor delayed transfers of care performance, and in particular issues relating to the availability of EMI nursing care home provision.

5.3 Cabinet recognises the importance of both avoiding unnecessary hospital admissions and ensuring timely discharge from hospital. Reducing delays in people being discharged from hospital remains one of the top priorities for Adult Services.

5.4 Despite considerable effort, delays in transfer of care for social care reasons increased during the 2018/19 as shown in the table below:

Performance Measure	2016/17 Performance	2017/18 Performance	2018/19 Performance
Rate of delayed transfers of care for social care reasons for people aged 75+ per 1,000 population aged 75+	4.9	3.0	5.1
Rate of delayed transfers of care for social care reasons for people aged 18+ per 1,000 population aged 75+	4.9	1.9	3.4

- 5.5 In 2018/19, there were 99 delayed cases for people aged 18 and over, of which 67 were for people aged 75 and over. This performance is higher than the corresponding number of cases in 2017/18 of 63 and 36 respectively.
- 5.6 Analysis of the increase in delayed transfers of care revealed a significant reduction in the number of delays due to care home choice/availability. However, as more people are supported to live at home, pressure on supply and capacity of services has increased and consequently this has had an adverse impact on delays awaiting commencement of care packages resulting in the number of delays for this reason increasing during the year.
- 5.7 Adult Services are continuing to work closely with all partners, in particular home care providers to reduce delays. Adult Services' StayWell@Home Service, the Support@Home service and the Brokerage Team are all helping to minimise delays in arranging community care packages of support. Adult Services have looked to extend the Broker Service to cover residential care placements and pilot arrangements within selected teams to review effectiveness. As a result, Adult Services will implement a new bed booking system in 2019/20.
- 5.8 No-one wants to remain in hospital any longer than they need to. However, discharge planning for people often older people with complex support needs will take longer and involves a multi-disciplinary response from both health and social care working alongside the citizen to achieve the ultimate goal for that person - going home.
- 5.9 Significant work is being undertaken across the health and social care both strategically, structurally and operationally to improve performance.
- 5.10 For example, proposals to transform the delivery of social care in Rhondda Cynon Taf will see an additional £7.2m investment aimed at providing more choice and independence for individuals, while also reducing the pressure on GP surgeries and hospitals. Through this funding, £2.9m-a-year will be invested into Council Services, alongside additional Cwm Taf Morgannwg funding for Rhondda Cynon Taf and Merthyr Tydfil, worth £4.3m-a-year.

5.11 The Council is progressing several local projects aimed at transforming the way health and social care is delivered – after Cwm Taf Morgannwg Regional Partnership Board received the funding support from Welsh Government earlier this year. The funding will help improve access to social care on weekends, expand the use of technology to support people living in their own homes, and bring health and social care closer together to co-ordinate the care for people with complex needs. The following projects will be launched in spring 2020:

- Stay Well @Home Rapid Response – the next phase of this service will enable community-based health, well-being, pre-hospital and social care professionals to access a same-day service of practical support to help people to live at home. It will be accessible from 8.30am to 8pm daily, providing practical support for people with ill health – for instance help with washing and dressing. The service will help people who do not need to go to hospital but need extra support to manage at home.
- RCT Assistive Technology Lifeline – this service will be enhanced to provide a 24-hour mobile rapid response service, for 365 days a year, to people using an RCT lifeline pendant. The service will respond to people who have fallen or are unwell when they press their pendant. It will ensure individuals have the right equipment to support them to remain living as independently as possible in their own homes. It will also provide reassurance to residents that there is always help on hand.

5.12 The continued monitoring and scrutiny of delayed transfers of care performance by Health and Wellbeing Scrutiny Committee is an important task.

Recommendation 2: That Cabinet ensure the recommendations in the Cwm Taf Market Position Statement are being delivered in particular those aimed at the more specialised provision and need for more provision linked to complex care i.e. dementia and nursing dementia.

5.13 Overall, good progress has been made implementing the Cwm Taf Market Position Statement approved by Cabinet in November 2017.

5.14 In line with the strategic intentions set out in the Market Position Statement for Care Home Services, the Council has undertaken a review of the Council's residential care homes (and day services) provision for older people.

5.15 As Scrutiny Committee Members will be aware, Cabinet agreed on 11th September 2019 to further consult on specific proposals for the future residential care services across Rhondda Cynon Taf, having considered feedback from an extensive consultation following an independent review of current provision.

- 5.16 Recent analysis has confirmed a trend towards increasing demand for people with more complex and nursing needs, and a decreasing demand for people with less complex and residential needs as people are able to access more support in their own homes. The sourcing and securing of nursing care bed provision have been identified as a priority due to capacity and supply pressure in the market.
- 5.17 Currently, there is limited capacity for nursing care and, in particular EMI nursing care. Capacity does fluctuate and this may be seasonal issue related to increased respite requirements over the summer holiday period and continues to be monitored by Adult Services and the Cwm Taf Morgannwg University Health Board.
- 5.18 Rhondda Cynon Taf Council, Merthyr Tydfil Council and Cwm Taf Morgannwg University Health Board are working together to improve services and support for the people and since April 2018 we have a pooled budget for care homes provision. The overall intention is to work together to commission services which will lead to better outcomes for service users, more effective decision making, and more effective use of pooled resources. Arrangements are in place to bring Bridgend Council into the pooled fund from April 2020 as part of the recent Regional Partnership changes.
- 5.19 Rhondda Cynon Taf Adult Services act as the host for the pooled fund and an Operational Pooled Fund Board has been established to oversee the pooled fund resources and reports to the Cwm Taf Morgannwg Partnership Board.
- 5.20 As part of the Operational Pooled Fund Board, Rhondda Cynon Taf Council, along with Regional Commissioning Partner Organisations have agreed to explore options to develop the market to shift the profile of care home provision linked to anticipated dementia and nursing care needs as one part of a revised Cwm Taf Morgannwg Market Position Statement to address this need. This work will be in partnerships with care homes providers in order to develop suitable new specialist provision together to meet current and future demand.
- 5.21 In January 2019, Rhondda Cynon Taf Council, Merthyr Tydfil Council and Cwm Taf Morgannwg University Health Board agreed a regional care home contract, specification and contract monitoring arrangements to improve the quality of care home accommodation in the Region.

6. EQUALITY AND DIVERSITY IMPLICATIONS

- 6.1 There are no equality and diversity implications associated with this report.

7. CONSULTATION

- 7.1 There is no consultation required for this report.

8. FINANCIAL IMPLICATION(S)

8.1 There are no financial implications aligned to this report.

9. LEGAL IMPLICATIONS OR LEGISLATION CONSIDERED

9.1 The provision adult social care services need to be considered in accordance with the Social Services and Wellbeing (Wales) Act 2014. This applies when considering decisions in respect of an individual but also when considering broader strategic issues that do not relate to an individual. In doing so, the overall purpose is to produce a sustainable and diverse range of care and support services to deliver better, innovative and cost-effective services and support and promote the wellbeing of every person, and carer, with the need of care and support. The Scrutiny Working Group report findings and recommendations aim to deliver the highest standards of care and support and are consistent with the requirements of the Act.

10. LINKS TO THE CORPORATE AND NATIONAL PRIORITIES AND THE WELL-BEING OF FUTURE GENERATIONS ACT

10.1 The Scrutiny Working Group report findings and recommendations link to the Council's Corporate Plan priority People – 'Promoting independence and positive lives for everyone' and the content of the Working Groups report has embraced the Well-being of Future Generations (Wales) Act 2015 - taking account of the long-term, helping to prevent problems occurring or getting worse, taking an integrated and collaborative approach, and considering and involving a diverse range of people.