



Chatterbox

Chatterbox is an informal friendly group for individuals who care for a family member, friend or neighbour. It's a place to relax, take part in crafts and get information on support available.

Chatterbox is run by RCT Carers Project staff who are available to answer any queries, offer signposting or are simply there for a cuppa and a chat.

No booking needed.
Just turn up on the day.

Join us on...

First Tuesday
of the month

10^{am} - 11:30^{am}

St Catherine's Church
Gelliwastad Road,
Pontypridd CF37 2UF



Get in touch...

Contact Claire on:
☎ 01443 281463

✉ CarersSupportProject
@rctcbc.gov.uk



RHONDDA CYNON TAF



Chatterbox

Grŵp cyfeillgar ac anffurfiol yw Chatterbox ar gyfer unigolion sy'n gofalu am aelod o'r teulu, ffrind neu gymydog. Dyma rywle i ymlacio, ymarfer eich sgiliau celf a chreffft a chael rhagor o wybodaeth am y cymorth sydd ar gael.

Caiff Chatterbox ei gynnal gan staff Cynllun y Cynhalwyr RhCT. Maen nhw ar gael i ateb unrhyw gwestiynau sydd gennych chi, cyfeirio chi at y gwasanaethau cywir neu i sgwrsio gyda chi dros banded.

Does dim angen cadw lle.
Galwch heibio ar y diwrnod.

Ymunwch â ni o...

ddydd Mawrth
cyntaf bob mis

10^{am} - 11:30^{am}

Eglwys St Catherine
Heol Gelliwastad,
Pontypridd CF37 2UF



Cysylltwch â ni...

Claire ar:

☎ 01443 281463

✉ cynnalycynhalwyr
@rctcbc.gov.uk



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