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TRAINING SCHEDULE FOR ADULT DIRECT CARE PROVIDERS

October 2023 -March 2024

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Welcome to this edition of the Cwm Taf Social Care Workforce Development Service schedule of training events for October 2023 – March 2022.

The key features of this programme are:

- The programme has been produced in this format to enable managers to plan staff release for the courses that may benefit their staff.
- Courses are listed alphabetically.
- There is also a chronological calendar at the end of the schedule to show when all training sessions are taking place in relation to each other.
- You will be able to nominate staff **four months** in advance. However, please note you will only have confirmation of places, 7 weeks in advance..
- The later dates are published at this time for your information only to assist in planning rotas etc.
- This training is available to staff working across the Rhondda Cynon Taf and Merthyr County Borough boundaries unless otherwise specified in the course details
- If there are particular training topics that you would like to see in any subsequent programme, please get in touch with the relevant training officer:
 - Sarah Williams training for direct care work in residential, nursing, domiciliary and day settings <u>Sarah.J.Williams@rctcbc.gov.uk</u>
 - For moving and handling enquiries and first aid advice please contact Catherine Brown by emailing <u>Catherine.D.Brown@rctcbc.gov.uk</u>. Please note that Catherine is up to her capacity at the minute with H&S courses and will be unable to assist in training delivery.
 - For Vocational Qualifications, induction or safeguarding enquiries please contact Jillian Davies by emailing <u>Jillian.Davies@rctcbc.gov.uk</u>
- Please note that there is a limit to the amount of Health and Safety training that is allowable under grant conditions, as these topics are an employer's statutory responsibility.
- All the training in the schedule continues to be free of charge.

Most training on offer has now transferred to a digital format.

Booking process

If you wish to attend any of the courses identified in this programme, please complete the electronic booking form sent with the schedule. clearly stating which course you wish to attend and on what date. If you would like an email version of the form, or if you have any queries then please contact <u>Deana.Newport@rctcbc.gov.uk</u>

Please check the "**Target Audience**" carefully before making any nomination, so that the right people go on the right courses. Some courses are only available to those working in RCT and other courses are only available to those working in Merthyr so it is important to check on the course details prior to nominating individuals.

Many of our courses are extremely popular and tend to get booked up very quickly. Please do not send members of staff who have already attended the same course again, unless it is an ongoing development opportunity.

If you have a new member of staff, please check to see if they have attended courses run by the training and development team with their previous employers.

The booking form must be completed with the details of a **named** member of staff. We can not hold places for unspecified staff. This is because we can not enter the data on to our computer system and reserve the place without this information.

Once completed, please return to socialcaretraining@rhondda-cynon-taff.gov.uk

We will need the email address of the participant for them to join the training.

We are working on a new system to ensure that managers are notified of allocated places. If you need to check if staff have been allocated a place, please get in touch with the training team <u>socialcaretraining@rhondda-cynon-taff.gov.uk</u>

If a particular course is oversubscribed, the person will be placed on a reserve list.

Five weeks prior to the training confirmation will be sent out to the organisation that has booked the course. It is for managers to pass on this information to their staff prior to the course taking place. The course programme is the final confirmation that places have been secured on the training. If courses are under subscribed at this time period maybe subject to change.

If you have to substitute staff through sickness or absence, please let a member of the admin team know at your earliest convenience.

Please can you ensure that all staff sent on training have been through this booking procedure. Unregistered staff will not be able to attend.

If you have any queries about booking a place, please contact the appropriate training officer.

Cancellations will only be accepted 7 days prior to the training date. Cancellations received after this time are counted as non- attendance. This is because the training department need enough time to re-advertise the training place to ensure that resources are used to best effect and to make sure that the training place is not wasted.



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<u>Cwm Taf Social Care Workforce Development Programme Eligibility Criteria for</u> <u>accessing courses 2023-24</u>

(Excluding safeguarding training courses)

For the majority of courses on offer, priority will be given to contracted and in house social care providers working within RCT and Merthyr County boroughs. The service must be contracted via either RCT or MT Social Services Department. These courses can be accessed on an equal basis regardless of whether the service is provided by the local authority, independent or 3rd sector. To access, the staff member's work location must be chiefly within the Cwm Taf geographical boundary. The training team takes instruction to add new providers to our distribution list from colleagues in RCT or MT purchasing and commissioning teams or from colleagues in 4Cs (in respect of regulated children's settings).

The exception to this rule is any training that is covered by health and safety legislation (see appendix for what this covers). Ensuring a robust health and safety culture is an employer's responsibility that <u>cannot be delegated</u>. Hence there are specific exclusions within SCW's circular guidance that accompanies the grant that prohibits use of the funding in this way.

The main responsibility to train staff stays with an employer and the SCWDP fund is intended as a significant supplement to their own funds.

It is a WG condition that local authorities have to find resources to match fund the SCWWDP grant. This ratio is 70% grant to 30% employer's own funds. It is expected that all organisations make similar contributions to their own training budgets. Neither the grant nor the match funding can be used for Health and Safety training.

When demand from social services has been met, the training team can consider applications from other related services including health; education; probation; police; early years settings. Distribution will be as equitable as possible for all services.

Finally, any spare capacity will be given to any other service requesting access - examples of which could be leisure, housing association, communities first, wider community groups, etc

NB - if there is a question of where a service/agency fits in terms of priority then a decision will be reached by the relevant training officer and/or workforce development manager prior to confirming.

Five important factors are considered by training officers when making allocations to partner agencies in respect of scarce resources.

- 1. Does the organisation have staff whose employment is based within the RCT / MT geographical area?
- 2. Is there a contract in place to deliver services on behalf of RCT / MT Social Services? Have we had an instruction from them to add the organisation to our distribution list?
- 3. Does the nominated member of staff have a job role requiring these skills?
- Is the training relating to statutory Health and Safety obligations? (It is an employer's responsibility to ensure their staff have the requisite skills to undertake their jobs – Only 10% of SCWDP grant can be used for this sort of training)
- 5. If the organisation is based out of county: Has the manager approached the local SCWDP in respect of this training?

Safeguarding Training – These restrictions do not apply to safeguarding training. Please contact your local safeguarding training officer to see if there is capacity to assist.

Appendix: Terms and conditions of the SCWWDP grant

The remit letter from Social Care Wales (2023-24) states:

- 1. The primary responsibility for effective training, development and qualification provision for the social care workforce remains with employers. The SCWWDP grant is intended to provide a significant supplement to the resources provided by employers. (point A.4 page 1)
- 2. "Local Authorities are, as a minimum, required to 30% match fund the grant, an indication of allocations are indicated in Annex 2. Regions can adapt the way the 30% allocation is resourced, but 30% is a minimum contribution in order to secure the grant." (point A.8)
 - only 10% of the SCWWDP grant can be used to support training that is solely used to comply with health and safety legislation, as these are the responsibility of the employer. This does not include training completed as part of broader training (i.e. as part of a qualification) (point A. 27). This legislation includes the:
 - Management of Health and Safety at Work Regulations 1999
 - Manual Handling Operations Regulations 1992
 - Control of Substances Hazardous to Health Regulations
 - Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995 (RIDDOR)
 - Lifting Operations and Lifting Equipment Regulations 1998
 - Provision and Use of Work Equipment Regulations 1998
 - Personal Protective Equipment at Work 1992
 - Health and Safely at Work etc. Act 1974
 - Food Safely Act 1990.

The grant is subject to an annual audit and we are asked to declare what percentage of the grant has been used on H&S training.

Other training opportunities

As well as the opportunities listed in this brochure, you may be interested to know about other partner organisations that may provide support. Please note there may be a cost to attend this training.

Interlink	Voluntary Action Merthyr Tydfil	
Glenview house	Voluntary Action Centre	
Courthouse Street	89-90 High Street	
Pontypridd	Pontmorlais	
CF37 1JY	Merthyr Tydfil	
	CF47 8UF	
(01443) 846200	01685 353900	
http://www.interlinkrct.org.uk/training/	https://vamt.net/en/services/training/	

If you would like to access any of these training courses, please contact Interlink and VAMT directly on the telephone numbers listed above.

Accessibility Issues

When you are applying for courses put on through the Cwm Taf training and Development Team, please can you make sure that any digital accessibility needs are highlighted to us, and we will try our best to accommodate them (hearing, sight etc).

When making your bookings, please notify us if you have staff who:

- Are wheelchair users
- Have mobility problems
- Have hearing or sight impairments
- Have literacy and numeracy issues
- Have conditions which may be affected / aggravated by the learning environment (e.g. epilepsy)
- Have issues relating to recent surgery or injury (e.g. back problems)
- Have other learning needs which might affect their ability to participate fully

It is important to notify the social care training business admin team at the booking stage, so that information can be shared with trainers and the sessions tailored to meet the needs of learners.

Welsh language

If you would like any advice and support about how to develop Welsh language skills within your workforce, please contact Sarah Williams in the first instance. She can then put you in touch with our in house Welsh language officer/colleagues in RCT and Merthyr Tydfil.



Attending training on a virtual platform.

- Please join using the link sent via email by the course administrator.
- You may have been sent pre-course materials, please read these documents to prepare for the session.
- Make sure that you join us using a functioning electronic device such as laptop or PC and familiarise yourself with the training platform prior to the event.
- Make sure that your camera is on throughout the session and place your microphone on mute, unless requested otherwise (such as during group sessions). This ensures there are fewer distracting background noises for all participants.
- The trainer will outline any other general housekeeping rules around virtual etiquette, at the beginning of the session.
- The trainer will explain how introductions will be made either verbally or via the 'chat' facility.
- Please 'join in', active participation is vital to a successful learning experience.
- Use the chat function to pose any questions to the trainer, these will be addressed at various points during the event at the trainer's discretion.
- Electronic certificates will be e-mailed to participants on receipt of a completed evaluation, which will be sent to those who have attended and participated in the session.

Торіс	Trainer	Duration
Assisted Eating (Older	Victoria Collins / Janine	9:30 a.m. – 11:00 a.m.
People's Services)	Cleverley (CTUHB -	
	Speech Therapy)	
Helping people with a		
cognitive impairment to		
have good nutrition and		
support.		
Please note: A care worker's attendance at this course can be used as evidence of		

Target audience: Older people direct care staff in adult social care settings (*including staff whose job role includes making up medicines, preparing thickening products and food*) who are supporting people with a cognitive impairment to eat and swallow.

(This course is <u>not</u> suitable for learning disability providers – Contact Ceri Watts for opportunities relating to learning disability)

- Identifying the signs and symptoms of swallowing difficulties and the impact on the individual
- Understanding the importance of textures of food and drink.
- Dignity and respect when assisting a person to eat
- Practical tips to support an individual when eating and drinking
- The importance of following recommendations

Date	Venue	Closing Date
24/10/2023	Via TEAMS	05/09/2023

Торіс	Facilitator	Duration
Bereavement and Loss	Hospice of the Valley	9:30 – 1:30
Diagon noto: A para warkar'a	attandance at this course	aan ha ugad aa ayidanaa of

The bereavement awareness sessions are an opportunity to:

- Improve or confirm knowledge
- Develop skills
- Reflect on attitude and values, regarding bereavement, loss and grief
- Improve confidence and competence regarding grief and bereavement support

Please note: this session can be emotional, and staff may benefit from support after they have attended.

Dates	Venue	Closing Date for Nominations
03/11/2023	Hawthorn Leisure Centre	15/09/2023
23/02/2024	Orbit Business Centre	05/01/2024

Торіс	Trainer	Duration
Bladder and Bowel Health	Clinical Nurse Specialists-	9:30 a.m. – 12:30 p.m.
Training	Bladder & Bowel Team	

Target Audience: Staff who provide care and support to older people

Aim:

To update the Home care team with current best practice in caring for individuals with bladder & bowel dysfunction alongside the use and care of urinary appliances and devises.

Objectives:

By the end of the session participants will have an understanding of:

- the factors which affect continence
- types & causes of incontinence
- normal bladder function
- aids & appliances
- attitudes to continence & supporting patient dignity
- Recording/documentation of bladder/bowel function

Date	Venue	Closing Date
19/10/2023	Orbit Business Centre	31/08/2023
08/02/2024	Hawthorn Leisure Centre	21/12/2023

Торіс	Trainer	Duration
Dementia Care in Care	Tony Waters	9:30 a.m. – 4:30 p.m.
Homes for Older Persons		(please arrive at least 15 minutes prior to this time to allow for refreshments and registration)

Target Audience: Direct care staff working across adult social care settings.

By the end of the workshop attendees should be able to:

- Understand what the word 'dementia' means
- Have knowledge of different types of dementia and the differences between their symptoms and causes
- Take part in an exercise to experience the nature of frustration
- Appreciate that feelings matter most
- Acknowledge that all behaviour has meaning
- Consider distressed reactions and explore what lies behind them
- Explore the 5 principles of psychological need as identified by Tom Kitwood

Date	Venue	Closing Date	
07/11/2023	Rhondda Sports Centre, Gelligaled Park,	Rhondda Sports Centre, Gelligaled Park,	
	Ystrad,CF41 7SY	19/09/2023	
19/01/2024	Orbit Business Centre	01/12/2023	
12/03/2024	Rhondda Sports Centre, Gelligaled Park,		
	Ystrad,CF41 7SY	23/01/2024	

Торіс	Trainer	Duration
Dementia Care – Onlin	e Tony Waters	9:30 a.m. – 12:00 p.m.
Via TEAMS		
		his course can be used as evidence of stration with Social Care Wales.
Target Audience: Dire	ect care staff working ac	cross adult social care settings
By the end of this cours • Understand the proce • Understand the proce • Understand the effect	ess of ageing ess of dementia	to:-
Date	Venue	Closing Date
05/10/2023	Via Teams	17/08/2023
20/02/2024	Via Teams	02/01/2024

Торіс	Trainer	Duration
Diabetes Awareness	Ceri Jones, Cwm Taf Health Board	9:30 a.m.– 12:30 p.m.
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales.		
Target Audience: Direct ca	re staff in adult social care se	ettings
Aims and Objectives		
By the end of the session pa	articipants will:	
State the differing types of	Diabetes.	
• To state common difficultie	es living with Diabetes.	

- To state common treatments for Diabetes.
- To state basic dietary requirements for persons with Diabetes.

Date	Venue	Closing Date
19/10/2023	Hawthorn Leisure Centre	31/08/2023
23/11/2023	Orbit Business Centre	05/10/2023
25/01/2024	Hawthorn Leisure Centre	07/12/2023
22/02/2024	Hawthorn Leisure Centre	04/01/2024
21/03/2024	Orbit Business Centre	01/02/2024

Topic	Trainer	Duration
Epilepsy	Epilepsy Action Cymru	9:30 - 11:30
Awareness		
Please note:	A care worker's attendance at th	is course can be used as evidence of
continuous pro	ofessional development for regis	tration with Social Care Wales.
•		ial and home care <i>(this course is <u>no</u>r</i>
	earning disability providers)	
Aim		
	y facts and figures	
 Seizure 	S	
 First aid 	d for seizures	
 Group \ 	work	
	sis and treatment of epilepsy	
-	vith epilepsy	
	and ophopsy	
Date	Venue	Closing date
10/10/2023	Via Teams	22/08/2023

Topic	Trainer	Duration
Falls Prevention	Falls Team	9:30 - 12:30
Please note: A ca	re worker's attendance at this course	can be used as evidence of
continuous profess	sional development for registration wit	h Social Care Wales.
Target Audience:	Direct care staff	
Aim		
 Understand 	what constitutes a fall	
Identify mai	n potential risk factors	
Overview of	f implications following a fall	
Understand	what can be done to prevent / reduce	e falls risk
Data	Venue	Closing date
Date	VCIIUC	
07/02/2024	Orbit Business Centre	Falls Team

<u>sarah.j.williams@rctcbc.gov.uk</u> / <u>deana.newport@rctcbc.gov.uk</u> Nominations to be sent to: <u>Emrys.jones2@rctcbc.gov.uk</u>

Торіс	Trainer	Duration
Prevention	Kirsty Mahoney MSc, RGN Clinical Operational and Procurement	9:30 a.m 12:00 p.m.
Training	Lead, Welsh Wound Innovation Centre	

Target Audience: All care staff working within adult social care settings

Aim of session:

To enable the learner to identify risk factors for developing a pressure ulcer and to understand how to prevent pressure damage in the at-risk client.

Objectives

- To describe the functions of the skin.
- To understand the definition of a pressure ulcer
- To recognise what risk factors contribute to the development of a pressure ulcers
- To identify how pressure damage can be prevented
- To explain the importance of skin inspection and skin care and how it can impact on skin damage and pressure ulceration.
- To be aware of personal limitations if a pressure ulcer develops and how to seek help and guidance.

Date	Venue	Closing date
17/10/2023	Hawthorn Leisure Centre	29/08/2023
21/11/2023	Orbit Business Centre	03/10/2023
05/12/2023	Hawthorn Leisure Centre	17/10/2023
16/01/2024	Hawthorn Leisure Centre	28/11/2023
13/02/2024	Orbit Business Centre	22/12/2023

Topic		Trainer	Duration
Palliative Care	;	Hospice of the Valley	9:30 a.m 4:3bere0 p.m.
Please note:	A care worke	r's attendance at this co	urse can be used as evidence of
continuous pro	ofessional dev	elopment for registratio	n with Social Care Wales.
Target Audie	nce : Residen ⁻	tial Homes/Domiciliary.	
Aims/objectiv	/es		
-			
•	Fo define palli	iative and end of life car	e.
	•		e. ed for palliative patients.
•	Fo discuss the	e needs and care requir	ed for palliative patients.
• -	Fo discuss the	e needs and care requir erview of symptom man	ed for palliative patients.
• ⁻ • ⁻	Γο discuss the Γο give an ονα How we comm	e needs and care requir erview of symptom man nunicate sensitively.	ed for palliative patients. agement.
• ⁻ •	Γο discuss the Γο give an ονα How we comm	e needs and care requir erview of symptom man	ed for palliative patients. agement.
• ⁻ •	Γο discuss the Γο give an ονα How we comm	e needs and care requir erview of symptom man nunicate sensitively.	ed for palliative patients. agement.
• -	Fo discuss the Fo give an ove How we comm Fo consider th Venue	e needs and care requir erview of symptom man nunicate sensitively.	ed for palliative patients. agement. self-care.
Date	Fo discuss the Fo give an ove How we comm Fo consider th Venue Hawthorn	e needs and care requir erview of symptom man nunicate sensitively. he needs of family and s	ed for palliative patients. agement. self-care. Closing Date
Date 05/10/2023	Fo discuss the Fo give an ove How we comm Fo consider th Venue Hawthorn Hawthorn	e needs and care requir erview of symptom man nunicate sensitively. ne needs of family and s Leisure Centre	ed for palliative patients. agement. self-care. Closing Date 17/08/2023

Торіс	Facilitator	Duration	
Respiratory Conditions	Cwm Taf UHB	9:30 – 11:30	
Training			
Please note: A care worker's attendance at this course can be used as evidence of			
continuous professional development for registration with Social Care Wales.			
Target Audience: Direct care staff in residential, day and home care			

Aim: to have a basic awareness of how respiratory conditions can impact on a service user's life

Objectives:

- To state differing types of respiratory conditions
- To state common treatments for respiratory conditions
- To consider person centred approaches to respiratory care that promote privacy and dignity

Dates	Format	Closing Date for Nominations
08/11/2023	Orbit Business Centre	20/09/2023
06/03/2024	Hawthorn Leisure Centre	17/01/2024

Торіс	Trainer	Duration
Substance Misuse	Ceri Watts	9:30 - 12:00
Raising Awareness		
Please note: A care	worker's attendance at this	course can be used as evidence of
continuous professio	onal development for registra	tion with Social Care Wales.
Target Audience:	Direct care staff	
Aim Raise awarer Objectives	ness of substance use	
Discuss a valDescribe met	riety of substances hods in which drugs can be u rent levels of drug use	ised
Date	Venue	Closing date
07/11/2023	Via TEAMS	19/09/2023

<u>sarah.j.williams@rctcbc.gov.uk</u> / <u>deana.newport@rctcbc.gov.uk</u> Nominations to be sent to: <u>Emrys.jones2@rctcbc.gov.uk</u>

Торіс	Trainer	Duration
Supervision and	Tony Waters	9:30 a.m. – 12:00 p.m.
Appraisal		
Please note: A care we	orker's attendance	at this course can be used as evidence of
continuous professiona	I development for	registration with Social Care Wales.
-	-	
Target Audience: Mai	nager and senior s	taff with supervisory responsibility
 Be able to support of appraisal and their if Be able to facilitate 	others to understar ole within it. preparation for sup	pervision & Appraisal course is as follows:- nd the purpose of supervision and pervision sessions and appraisal reviews rticipate in supervision sessions and appraisal

Date	Venue	Closing Date
24/10/2023	Via TEAMS	05/09/2023

Торіс	Trainer	Duration	
Understanding Stroke Tony Waters		9:30 a.m. – 12:30 p.m.	

Target Audience: Direct care staff working across adult social care settings.

Aims

- Know what a stroke is
- Be aware of the common risk factors that contribute to the cause of strokes
- Know what to do if someone has a stroke
- Have a better understanding of the common effects of a stroke on a person
- Have a better understanding of how to support a person's recovery following stroke
- Know how to support life after a stroke
- Know where to access additional advice, support and resources

Date	Venue	Closing Date
27/10/2023	Room 1 Rock Grounds	08/09/2023
22/11/2023	Via Teams	04/10/2023
01/12/2023	Orbit Business Centre	13/10/2023
13/02/2024	Room 1 Rock Grounds	26/12/2023
04/03/2024	Via Teams	15/01/2024



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Information on E-Learning Packages

Торіс	Advised by	When	Cost	Digital link	Extra information
Type 2 Diabetes	Pocket	09-06-23	free	https://medic.video/	These resources are primarily designed for people who
	Medic			w-type2	are coping with their own diagnosed health conditions to
					further their knowledge. These films can be used as
					additional information to advice provided by UHB
					colleagues - Contact Ceri Jones if you need assistance in
					respect of particular individuals:
					ceri.jones9@wales.nhs.uk
Understanding Dual	Social Care	07-03-23	£29 per	https://www.scie.or	You will need to register for a SCIE learning account
Sensory	Institute of		person.	<u>g.uk/e-</u>	before taking part in this course. Please note SCIE covers
Impairment (DSI):	Excellence		Please ask	learning/dual-	England – Some of the information regarding regulatory
E-learning course	(SCIE)		your manager	sensory-	bodies & law may be different (Eg CQC in England, but
			to discuss	impairment-dsi	CIW in Wales, Care Act 2014 in England, SSWBA
			with Sarah		(Wales) 2014 in Wales). However, broad themes and
			Williams		ideas will be the same.
Infection control	Social Care	07-03-23	Free	https://www.scie.or	This H&S course should not be completed in isolation
	Institute of			<u>g.uk/e-</u>	from a care setting's infection control policy, managerial
	Excellence			learning/infection-	risk assessment and staff observance of identified control
	(SCIE)			<u>control</u>	measures. Please note SCIE covers England – Some of
					the information regarding regulatory bodies & law may
					be different (Eg CQC in England, but CIW in Wales,
					Care Act 2014 in England, SSWBA (Wales 2014 in
					Wales). However, broad guidance in respect of infection
					control work practices such as handwashing will be the
					same. Please follow your organisation's risk assessment
					about current expected infection control practices re PPE.
					These may be subject to change, pending WG guidance.
					Your manager can advise about current expectations.

Cwm Taf Social Care Workforce Development Partnership Full List of external E-learning opportunities 2023-24

Торіс	Advised by	When	Cost	Digital link	Extra information
Lymphoedema	Pocket Medic	09-06-23	free	https://pocketmedic .uk/lymph/	These resources are primarily designed for people who are coping with their own diagnosed health conditions to further their knowledge. These films can be used as additional information to advice provided by UHB colleagues. Contact Michelle Fishbourne if you need assistance in respect of particular individuals - <michelle.fishbourne@wales.nhs.uk></michelle.fishbourne@wales.nhs.uk>
Medication administration – devised by HEIW	Claire Collins, Cwm Taf pharmacy team	2020 – new link from UHB 10-07- 23	Free	https://www.wcpp e.org.uk/product/ medicines- administration- training/	This H&S course should not be completed in isolation from a care setting's medication policy, effective shadowing arrangements, competency sign off and supervision. There are 3 HEIW managerial documents attached to this e-learning package that need action, in addition to the e-learning.
Motor Neurone Disease	Melanie Andrews, MNDA	06-03-23	Free	OLCreate: MNDA CWM MND Association's Care Worker's Module (open.edu)	
How to introduce one page profiles into care homes	Helen Sanderson Associates	07-03-23	Free	How to introduce one-page profiles in care homes - HSA Online Learning	You can access this learning via the Helen Sanderson Associates website. The learning is presented via a youtube film.
Urinary Tract Infection	Darrin Powell, CTMUHB Bladder and Bowel Health	19-01-23	Free	https://rise.articulate.com/s hare/0UxY6MWK24YIMBO QRe82SOjsC2GaCT71	

Торіс	Advised by	When	Cost	Digital link	Extra information
Wellbeing and	Pocket	09-06-23	Free	https://pocketmedic	These resources are primarily designed for people who
mental health	Medic			.uk/wellbeing-	are coping with their own diagnosed health conditions to
				health/	further their knowledge. If you need assistance with your
					mental health, contact your GP or ask your employer
					about any support that is available in your workplace.
Wound Care	Kirsty	24-01-23	Free	Wound Care	You will need to register for an account to take part in
(Pressure Ulcer)	Mahoney,			Education for the	this learning.
	WWIC			Health and Care	
				Workforce -	
				elearning for	
				healthcare (e-	
				<u>lfh.org.uk)</u>	



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Social Care Induction, Safeguarding <u>& Social Care Qualifications</u>



Gofal Cymdeithasol **Cymru** Social Care **Wales**

Social Care Induction Programme

The VQ team continue to work with colleagues at Social Care Wales to establish an induction programme for direct care staff who are brand new to working in the social care setting, or staff moving to a new service.

Aim – To equip new workers in social care with the knowledge required for undertaking their duties. It is expected that most staff will complete every session in the same programme. This is because many of these sessions are mandatory owing to legislative requirements. However, managers should seek guidance from training team staff if there are any topics that don't seem to be relevant to the job role. All sessions encompass the Social Services and Wellbeing Act (Wales) 2014, and support staff to complete the All-Wales Induction Framework (AWIF) AND THE Core qualification.

Dementia Care – In accordance with requirements made by the Older Person's Commissioner, a session relating to dementia care has been developed to train all workers supporting older people.

Duration – The framework comprises 7 days of training across a variety of topics. Each session is offered on a standalone basis. We are offering programmes between April 2023 – March 2024. There may be times when additional programmes are added to support service need.

Target Audience – This training is primarily aimed at staff working in local authority social care settings. The member of staff doesn't necessarily have to be undertaking a social care role – Gardeners, maintenance staff, domestics and cooks are all encouraged to participate where appropriate.

Access to partner agencies – Places are made available to colleagues working in the private and voluntary sectors.

Accreditation – The Core and practice qualifications are accredited via City & Guilds

Roles and Responsibilities – The planned training sessions will provide the knowledge necessary to undertake a new role in a social care setting. The sessions will support much of the knowledge requirements for the All Wales Induction Framework, and support staff through the level 2 Core qualification However managers will still need to provide leadership and support relating to team introductions, familiarity with the location, specific fire procedures, risk assessments, supervision of work, observation of practice. etc.

Date starting 05 October 2023

Date	Торіс	Time	Facilitator	Venue & Comments
05/10/23	Person Centred Practice/ Child centred practice	9:30 - 4:30	VQ Team	Room 1
06/10/23	Complaints	9:30 -10:30	VQ Team	Room 1
	Advocacy	10:30 - 12:00		
	Introduction to Human Development. Legislation and Theory	1:30 - 4:30		
09/10/23	Emergency First Aid	9:30 - 4:30	M&H/First Aid Team	Room 1
10/10/23	Childrens Safeguarding L2	9:30 - 12:30	Lyn Prosser	Room 1
	Dementia	1:00 - 4:00	Paul Aubrey	Room 1
11/10/23	Safeguarding Adults	9:30 - 4:30	VQ TEAM	Room 1
12/10/23	General health and Safety	9:00 - 12:30	M&H/First Aid Team	Room 1
	A&B	1:30 – 3:30		
	VAWDA	3:30-4:30		Room 1 Safeguarding support available
16/10/23 17/10/23 18/10/23	CDF Support@home CDF Residential CDF Learning disabilities	9-30-4;30	M&H/First Aid Team	Room 1

Date starting 09 November 2023

Date	Торіс	Time	Facilitator	Venue & Comments
09/11/23	Person Centred Practice/ Child centred practice	9:30 – 4:30	VQ Team	Room 1
10/11/23	Complaints	9:30 -10:30	VQ Team	Room 1
	Advocacy	10:30 -12:00		
	Introduction to Human Development.	1:30- 4:30		
	legislation and Theory			
13/11/23	Emergency First Aid	9:30 - 4:30	M&H/First Aid Team	Room 1
14/11/23	Childrens Safeguarding L2	9:30– 12:30	Lyn Prosser	Room 1
15/11/23	Safeguarding Adults	9:30 - 4:30	VQ TEAM	Room 1
16/11/23	General health and Safety	9:00 - 12:30	M&H/First Aid Team	Room 1
	A&B	1:30 – 3:30		
	VAWDA	3:30-4:30		Room 1 Safeguarding support available
20/11/23 21/11/23 22/11/23	CDF Support@home CDF Residential CDF Learning disabilities	9-30-4;30	M&H/First Aid Team	Room 1

Date starting 07 December 2023

Date	Торіс	Time	Facilitator	Venue & Comments
04/12/23	General health and Safety	9:00 – 12:30	M&H/First Aid Team	Room 1
	A&B	1:30 – 3:30		
	VAWDA	3:30 - 4:30	Safeguarding support available	Room 1
05/12/23	CDF Support@home CDF Residential	9-30 - 4:30	M&H/First Aid Team	Room 1
06/12/23	CDF Learning disabilities			
07/12/23	Person Centred Practice/ Child centred practice	9:30 - 4:30	VQ Team	Room 1
08/12/23	Complaints	9:30 -10:30	VQ Team	Room 1
	Advocacy	10:30 -12:00		
	Introduction to Human Development.	1:30- 4:30		
	legislation and Theory			
11/12/23	Emergency First Aid	9:30 - 4:30	M&H/First Aid Team	Room 1
12/12/23	Childrens Safeguarding L2	9:30 – 12:30	Lyn Prosser	Room 1
13/12/23	Safeguarding Adults	9:30 - 4:30	VQ TEAM	Room 1

Any queries in relation to the course content please email:

<u>Jillian.Davies@rctcbc.gov.uk</u>`Nominations to be sent to:<u>lyndsey.foley@rctcbc.gov.uk</u>/ <u>socialcaretraining@rctcbc.gov.uk</u>

Date starting 11 January 2024

Date	Торіс	Time	Facilitator	Venue & Comments
11/01/24	Person Centred Practice/ Child centred practice	9:30 – 4:30	VQ Team	Room 1
12/01/24	Complaints	9:30 -10:30	VQ Team	Room 1
	Advocacy	10:30 -12:00		
	Introduction to Human Development.	1:30- 4:30		
	legislation and Theory			
15/01/24	Emergency First Aid	9:30 - 4:30	M&H/First Aid Team	Room 1
16/01/24	Childrens Safeguarding L2	9:30 – 12:30	Lyn Prosser	Room 1
	Dementia	1:00 - 4:00	Paul Aubrey	Room 1
17/01/24	Safeguarding Adults	9:30 - 4:30	VQ TEAM	Room 1
18/01/24	General health and Safety	9:00 – 12:30	M&H/First Aid Team	Room 1
	A&B	1:30 – 3:30		
	VAWDA	3:30 - 4:30		Room 1 Safeguarding support available
22/01/24 23/01/24 24/01/24	CDF Support@home CDF Residential CDF Learning disabilities	9-30 – 4:30	M&H/First Aid Team	Room 1

Date starting 15 February 2024

Date	Торіс	Time	Facilitator	Venue & Comments
15/02/24	Person Centred Practice/ Child centred practice	9:30 – 4:30	VQ Team	Room 1
16/02/24	Advocacy	9:30 -10:30	VQ Team	Room 1
	Complaints	10:30 -12:00		
	Introduction to Human Development.	1:30 - 4:30		
	legislation and Theory			
19/02/24	Emergency First Aid	9:30 - 4:30	M&H/First Aid Team	Room 1
20/02/24	Childrens Safeguarding L2	9:30 – 12:30	Lyn Prosser	Room 1
21/02/24	Safeguarding Adults	9:30 - 4:30	VQ TEAM	Room 1
22/02/24	General health and Safety	9:00 – 12:30	M&H/First Aid Team	Room 1
	A&B	1:30 – 3:30		
	VAWDA	3:30 - 4:30		Room 1 Safeguarding support available
26/02/24 27/02/24 28/02/24	CDF Support@home CDF Residential CDF Learning disabilities	9-30 – 4:30	M&H/First Aid Team	Room 1

Date starting 07March 2024

Date	Торіс	Time	Facilitator	Venue & Comments
07/03/24	Person Centred Practice/ Child centred practice	9:30 - 4:30	VQ Team	Room 1
08/03/24	Complaints	9:30 -10:30	VQ Team	Room 1
	Advocacy	10:30 -12:00		
	Introduction to Human Development.	1:30 - 4:30		
	legislation and Theory			
11/03/24	Emergency First Aid	9:30 - 4:30	M&H/First Aid Team	Room 1
12/03/24	Childrens Safeguarding L2	9:30 –12:30	Lyn Prosser	Room 1
	Dementia	1:00 - 4:00	Paul Aubrey	Room 1
13/03/24	Safeguarding Adults	9:30 - 4:30	VQ TEAM	Room 1
14/03/23	General health and Safety	9:00 -12:30	M&H/First Aid Team	Room 1
	A&B	1:30 – 3:30		
	VAWDA	3:30 - 4:30		Room 1 Safeguarding support available
18/03/24 19/03/24 20/03/24	CDF Support@home CDF Residential CDF Learning disabilities	9-30 - 4:30	M&H/First Aid Team	Room 1

Торіс	Trainer	Duration	
General	Cwm Taf Manual Handling & First	9.30am - 12:30pm	
Health &	Aid Resource Team	1:00 pm - 16:30pm	
Safety			
A&B			
Arranged by Ji	llian Davies		

General Health & Safety

<u>Aim:</u>

To raise the level of awareness, understanding and importance of health and safety in the workplace.

Objectives:

To provide participants with basic knowledge of:

- The divisions and their own health and safety responsibilities.
- The hazards associated with their workplace and work activities.
- The procedures to be adopted in controlling those hazards and minimising the risk.

<u>A&B</u>

<u>Aim:</u>

To ensure that candidates are aware of risks involved in the manual handling of inanimate loads.

To advise candidates on the correct methods and techniques to reduce the risks arising from manual handling operations.

Objectives:

By the end of the course candidates will be able to:-

- Identify key pieces of legislation relevant to manual handling and its application.
- Give a basic definition describing
- "What is meant by the term manual handling"
- Acknowledge the physical cost of poor load management.
- Describe the basic structure of the spine and its function and be able to apply this knowledge during lifting of inanimate loads.
- Identify specific manual handling tasks that require a TILE assessment and record/report.
- Explain the basic process of a Risk Assessment and how to apply it.

Date	Venue	
See induction table	The Annexe, Rock Grounds Office, High Street, Aberdare, CF447AE	
As advertised above within the Social Induction Programme		
NB The sessions cannot be booked individually as they are part of an		
	induction programme	

Adults Pa Ma Da Arranged by Jillian E Learning Outcome • Know own rol people from h		9:30am - 16:30pm <u>at risk and children/young</u>
Learning Outcome • Know own rol people from h	<u>s:</u> e in relation to safeguarding <u>adults</u>	at risk and children/young
Learning Outcome • Know own rol people from h	<u>s:</u> e in relation to safeguarding <u>adults</u>	<u>at risk</u> and children/young
	ow individuals are protected from h recognise different types of harm, a riers to referrals	
	nue Appeva Deek Crounde Office Lli	ab Streat Abardara OF117AF
See induction The table	e Annexe, Rock Grounds Office, Hi	gn Sireel, Aberdare, Cr44/AE
As ad	vertised above within the Social	Induction Programme

induction programme

Торіс	Trainer	Duration
Childrens	Lyn Prosser	9:30 a.m13:00 p.m.
Safeguarding Level		
2		
Arranged by Jillian Da	avies	
Objectives:		
Having comple	ted the course, participants will h	nave:
Developed a backet Abuse	asic understanding and recogniti	on of Child Protection and
Gained knowle	dge of Child Protection terms	
Considered hor	w to report and respond as an in	dividual
Date	Venue	
See induction table	The Annexe, Rock Grounds Off CF447AE	fice, High Street, Aberdare,
	ertised above within the Socia	•
NB The ses	sions cannot be booked indivi	
	induction progran	nme

Торіс	Trainer		Duration
Person Centred Practice	VQ Team		9:30 a.m 16:30 p.m.
Arranged by	Jillian Davies		
Learning ou	tcomes		arning outcomes
Understand	the application of		derstand the application of
person cent	red practice	chil	d centred practice
Understand the principles of Adult health and social care			derstand the principles of dren's health and social care
Understand the context of wellbeing for individuals			derstand the context of Ibeing for children
This session	is for both Adult worker	s and Child	Irens workers
Date See induction table	Venue The Annexe, Rock Gr CF447AE	ounds Offic	ce, High Street, Aberdare,
	essions cannot be boo		l Induction Programme dually as they are part of an ome

Торіс	Trainer	Duration
Emergency First Aid	Cwm Taf Manual Handling	9.30am-16:30pm
	and First Aid Resource Team	'
Arranged by Jillian Dav	vies/Cath Brown	
<u>Aim:</u>		
	m Taff social care workforce recei of first aid skills for various differe	1 0 0
	ate the correct techniques to ident alty, by placing said casualty into a der.	
	ate the correct techniques to admi aconscious and not breathing whe	
Explain and demonstrate the correct techniques to administer cardio pulmonary resuscitation CPR to a casualty who is unconscious, not breathing and has no circulation when you are alone or with a bystander.		
Demonstrate and practice safe use of AED in a community setting		
	ate the control of bleeding on a ca you are on your own or with a bys	
 Be able to deal with other common illnesses and injuries including: Angina Asthma/Hyperventilation Diabetes 		
EpilepsyLacerations/Fra	ctures	
All candidates must attend the full six hours of contact training and be physically able to participate in the practical elements of the course		
On successful completion of the training receive a basic first aid certificate to confirm competence, on successful completion of the course. This Certificate will be valid for 3 years. However, the Health and Safety Executive highly recommend that all attendees complete a yearly basic skills update. (BSU)		
RCT policy states that	all staff with EFAW, FAW qualification	ation must attend a BSU.
Date See Induction table	Venue The Annexe, Rock Grounds Offic CF447AE	e, High Street, Aberdare,
Δs adve	ertised above within the Social I	nduction Programme
	ions cannot be booked individu	-
	induction programm	

Торіс	Trainer	Duration
CD&F	Cwm Taf Manual Handling and First Aid	9.30 am - 16:30pm
	Resource Team	
Arranged by J	lillian Davies/Cath Brown	
Handlir	te candidates aware of the risks involved in ng of clients and advise on safe methods a preduce those risks arising from such man	nd techniques that can be
 Theory Princip Princip Practic Practic 	tion and regulations involved in Moving and of Risk assessments and their use in Mov les involved in Moving & Handling of inanin les involved in mobility and transfers of clie al techniques in Manual Handling of clients al techniques in the use of handling equipn I handling equipment Passive Hoists, Activ	ing Handling nate loads and clients ents nent including ancillary
Date See Induction table	Venue The Annexe, Rock Grounds Office, High	Street, Aberdare, CF447AE
	As advertised above within the Social In es will be confirmed when induction sta The sessions cannot be booked individu induction programm	rts to meet service needs ally as they are part of an

Торіс	Trainer	Duration
Dementia	Paul Aubrey	9:30am – 12.30pm
Awareness		
Arrang	ed by Jillian Davies	

<u> Aim:</u>

To provide an overview of wellbeing in dementia care. To explore themes from the Older Person's Commissioner's report and her subsequent requirements for action. To consider the practical steps that staff teams will need to take in order to comply with the Social Services and Wellbeing (Wales) Act 2014.

By the end of the workshop attendees will have explored the following topics:

- Feedback from the OPC report 'A place to call home'
- 5 principles of SSWBA (Wales) 2014 and how these relate to dementia care
- Understand what the word 'dementia' means
- Have knowledge of different types of dementia
- Signposting to develop understanding about symptoms and causes
- Understand that communication and activity must be tailored to meet individual experience and cognitive ability
- Take part in an exercise to experience the nature of frustration
- Appreciate that feelings matter most
- Acknowledge that all behaviour has meaning
- Consider 'distressed reactions' in dementia care and explore what lies behind them
- Explore the 5 principles of psychological need as identified by Tom Kitwood

Date	Venue	
See Induction	The Annexe, Rock Grounds Office, High Street, Aberdare, CF447AE	
table		
	As advertised above within the Social Induction Programme	
NB 1	NB The sessions cannot be booked individually as they are part of an	
	induction programme	

Торіс	Trainer	Duration	
Human Development	VQ team	9:30am – 1.00pm	
Arranged by Jillian Dav	ies		
Aim: 1. To have an intro	duction to factors that can affe	ct the health and wellbeing of	
individuals 2. To have an intro The Eight Stages	duction to Erikson's Model of F s of Man"	luman development (1950) entitled "	
	3. To have an introduction to Attachment Theory and how it can affect the child and		
also the adult. 4. To have an intro- these impact into	•	hildhood Experiences) and how	
This is new to the Induction Frame		in response to the new All Wales	
Date	Venue		
See Induction table	The Annexe, Rock Grounds (CF447AE	Office, High Street, Aberdare,	
	vertised above within the Soc		
NB The ses		ividually as they are part of an	
	induction progr	amme	

Торіс	Trainer	Duration
Introduction to	VQ Team	1:30 p.m 4:30pm
Legislation and		
Theories		
A 11 1911		
Arranged by Jillia	an Davies	
Aim: To raise p	articipants awareness of the legislatior	n and theories which governs
and impac	cts on Social Care	Jerre Jerre Jerre
Objectives:		
UnderstarTo understar	of specific recent legislation: keeping nding legally "safe practice" stand what is a theory or model stand how to use theory in everyday pra	
Date	Venue	
See Induction	See Induction The Annexe, Rock Grounds Office, High Street, Aberdare,	
table	CF447AE	
	advertised above within the Social	
NB The	e sessions cannot be booked individ induction program	

Cwm Taf Adult Safeguarding Training

For more information, advice and guidance please visit: <u>http://www.cwmtafsafeguarding.org/adults/cwm-taf-mash/</u>



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Торіс	Trainer	Duration
Hate Crime	Ginnie Davies, RCT Community Safety Partnership	9:30-11:00a.m.
Awareness		(please arrive at least 15 minutes prior to this time to allow for refreshments and registration)

Arranged by Jillian Davies

Target Audience: All internal / partnership staff who work in direct care services within Merthyr Tydfil / Rhondda Cynon Taff

Aim of the session

- What are Hate Crime / Hate Incidents?
- Why does Hate Crime happen?
- Identify possible victims of Hate Crime
- Different forms of Hate Crime
- Reasons to report Hate Crime
- The problem of under-reporting Hate Crime
- Ways to report Hate Crime
- The impact of Hate Crime
- Discussion / Questions

2/11/23	Venue			
22/01/24 15/03/24	The Annexe, Rock Grounds Office, High Street, Aberdare, CF447AE			
10/00/24	Teams			
Any queries in relation to the course content please email: <u>Jillian.Davies@rctcbc.gov.uk</u>				
Nominations to be sent to Lyndsey.Foley@rctcbc.gov.uk				

Торіс	Trainer	Duration		
Undertaking	Kevin Jones	9:30 a.m 4:30 p.m. (2 day course)		
Safeguarding		(please arrive at least 15 minutes prior to this		
Investigations'				
Arranged by: Jillian Davie	S	l		
		as this is full day course you are advised to take a		
• Who will be response	ible for the invest	tigation?		
• •		potential investigators may face must be considered at the objectivity of the investigation is not		
e	•	cluding details of the alleged victim and alleged of the individual allegations.		
	relevant materials need to be examined and to focus any investigation on the specific			
• the timescale for sub	• the timescale for submission of the written investigation report.			
Provide practitioners who may be tasked with carrying a formal Safeguarding investigation under the Wales Safeguarding Procedures with the skills required to gather and evaluate evidence, prepare reports and provide recommendations which inform the multi agency Safeguarding decision making process				
Target Audience: This sh	nould only be atte	nded by those whose job role is similar to those listed		
-	below. This level of training is likely to involve: Designated Lead Managers; Adult Care Home			
Managers and Deputies; Do	miciliary Manage	rs and Deputies; Social Workers, Ward Managers,		
•	Nursing Sisters, Staff Nurses, Community Nurses, Inspection Staff, Middle Managers, Purchasing			
and Commissioning Officers; Other appropriate staff who are responsible for undertaking non-				
criminal investigations.				
Date	Venue			
18 & 19 October 23	TBC			
07 & 08 February 24	TBC			
Any queries in relation to Nominations to be sent to		ntent please email: <u>Jillian.Davies@rctcbc.gov.uk</u> /@rctcbc.gov.uk		

Торіс	Trainer	Duration	
Section 126 Enquiries	Jackie Neale	9:30 a.m 12:30 p.m.	
Arranged by: Jillian Davies	6		
Refreshments available: te packed lunch)	ea and coffee (as this	is full day course you are advised to take a	
Section 126 Aims			
investigation under the	Wales Safeguarding idence, prepare repor	with carrying a formal Safeguarding Procedures with the skills required to ts and provide recommendations which on making process	
At the conclusion of the co	ourse participants will l	be able to demonstrate an understanding of	
• scope and purpose of	early clarification and	confirmation of information	
• scope and purpose of	nitial enquiries		
What information is rec	quired to complete Init	ial enquiries	
• scope and purpose of	a POVA Non- Crimina	I Investigation	
 how to plan AND cond 	uct Safeguarding Inve	stigations	
• the importance of gath	ering, preserving and	non contaminating evidence	
appropriate interview a	nd recording skills		
how to evaluate evider	nce and prepare report	t on findings	
 the purpose of a final Strategy Meeting / Case Conference and what needs to be achieved 			
KNOWLEDGE CHECK: Participants must have completed level 2 and have an understanding of the signs symptoms and indicators of abuse			
Date	Venue		
September 14 2023	Teams		
February 08 2024			
Any queries in relation to the course please email <u>Jillian.Davies@rctcbc.gov.uk</u> Nominations to be sent to Lyndsey.Foley@rctcbc.gov.uk			

Торіс	Trainer	Duration
Safeguarding Adults,	Paul Aubrey	9:30 a.m. – 4:30 p.m.
Level 2 Training	Mandy Lewis	
(Previously POVA	Dawn Moulden	(please arrive at least 15 minutes prior to this
"Level 2")		time to allow for refreshments and registration)
-		

Arranged by Jillian Davies

Refreshments available: tea and coffee (as this is full day course you are advised to take a packed lunch)

Target Audience: This course is targeted at all front-line staff across the whole sector. It covers the Definition of an Adult at risk, the types of abuse, the indicators of abuse and how to make a referral with a practical exercise in the completing of an A1 form, using a case study.

Principles of Safeguarding & Protection in Health & Social Care Staff will have a sound, basic understanding of Adult Safeguarding

Target audience: This is targeted at all front-line staff working with adults, across the whole sector

Aim:

Staff will have a sound, basic understanding of Adult Safeguarding,

Objectives:

By the end of the training, staff will be able to:

- Recognise signs of abuse.
- Demonstrate understanding of their role & responsibilities in working with adults at risk.
- Know how to respond to suspected or alleged abuse & how to make a referral.
- Understand the national & local context, including the legal framework surrounding safeguarding and how to make a referral.

Date	Venue	
19 th October 2023	TBC	
11 th January 2024		
6 th March 2024		

Any queries in relation to the course content please email: <u>Jillian.Davies@rctcbc.gov.uk</u> Nominations to be sent to <u>Lyndsey.Foley@rctcbc.gov.uk</u>

	-	-		
Торіс	Trainer	Duration		
Level 2 Safeguarding	Paul Aubrey.	9:30 a.m. – 12:30 p.m.		
Refresher for DIRECT	Dawn Moulden			
CARE STAFF	Mandy Lewis	(please arrive at least 15 minutes prior to this		
		time to allow for refreshments and registration)		
Arranged by Jillian Davie	S			
Refreshments available:				
Target Audience: Direct Safeguarding level 2 price		have previously completed a POVA level 2 or		
Aim:				
 Know own role in neglect 	The own for the subgulating during a during the formula in the subgulation of the subgula			
Understand how i	 Understand how individuals are protected from harm, abuse and neglect 			
Know how to reco	Know how to recognise different types of harm, abuse and neglect in the work place			
Date	Venue			
20th September 2023	ТВС			
15th November 2023				
26th January 2024				
29th February 2024				

Any queries in relation to the course content please email: <u>Jillian.Davies@rctcbc.gov.uk</u> Nominations to be sent to <u>Lyndsey.Foley@rctcbc.gov.uk</u>

Торіс	Trainer	Duration		
Level 2 Safeguarding	Paul Aubrey.	1:30 p.m. – 4:30 p.m.		
Refresher for	Dawn Moulden	1.50 p.m. – 4.50 p.m.		
SUPERVISORY	Mandy Lewis	(please arrive at least 15 minutes prior to this		
STAFF		time to allow for refreshments and		
UTAT I		registration)		
Arranged by Jillian Davie	es	I		
Refreshments available:				
		b have previously completed a POVA level 2		
or Safeguarding level 2	prior to 2018, and	are currently in a supervisory position		
Aim:				
	relation to safeguar	ding adults at risk from harm, abuse and		
neglect				
Understand the ch	nanges is your role f	or sateguarding		
Understand how t	o cupport staff to up	derstand their role in safeguarding and		
		derstand their fole in safeguarding and		
monitoring salegu	monitoring safeguarding practices.			
Know how to repo	ort abuse through the	e correct channels and take appropriate action		
in your role.				
Awareness of other	er professionals invo	olved in the safeguarding process and the role		
of co-production.	of co-production.			
•	•			
Date	Venue			
20th September 2023 TBC				
45th Nevershar 0000				
15th November 2023				
20th February 2024				
9th February 2024				

Any queries in relation to the course content please email: <u>Jillian.Davies@rctcbc.gov.uk</u> Nominations to be sent to <u>Lyndsey.Foley@rctcbc.gov.uk</u>

Торіс	Trainer	Duration
Roles and responsibilities for person centred safeguarding –	Cwm Taf Safeguarding training Delivery Group	9:30 a.m. – 4:30 p.m. (please arrive at least 15 minutes prior to this time to allow for refreshments and
Level 3		registration)

Arranged by: Jillian Davies

Refreshments available: This is full day course you are advised to take a packed lunch

Target Audience: This should only be attended by those whose job role is similar to those listed below. This level of training is likely to involve: Adult Care Home Managers and Deputy's; Domiciliary Managers and Deputy's; Police officers, Social Workers, Day Care Officers, Ward Managers, Nursing Sisters, Staff Nurses, Community Nurses, Inspection Staff, Middle Managers, Other appropriate staff who are responsible for responding to reported concerns.

Aims:

To equip Provider Managers with the knowledge and skills to deliver services which safeguard adults in line with National guidelines and best practice.

Learning outcomes:

- Demonstrate an understanding of the role of your organisation in the Safeguarding process
- Demonstrate an understanding of your own role and responsibilities with regards to the Safeguarding process within your organisation:
 - respond appropriately to a Safeguarding alert
 - clarify information
 - manage immediate risks
 - accurately complete an A1 (or PPN for Police officers)
- Identify capacity and consent issues relevant to the Safeguarding process
- Demonstrate an understanding of your role in gathering information which will assist the decision making process.
- Identify what to do and what not to do with regard to preserving evidence
- Demonstrate an awareness of the stages of the Safeguarding process and the implications for yourself and / or your agency

KNOWLEDGE CHECK: Participants must have completed level 2 and have an understanding of the signs symptoms and indicators of abuse

Date	Venue
	TBC

Any queries in relation to the course content please email: <u>Jillian.Davies@rctcbc.gov.uk</u> Nominations to be sent to Lyndsey.Foley@rctcbc.gov.uk

Topic		Trainer	Duration	
Sexual abu	se against	Martin Vaughn	9;30-4;30	
older peopl	e	-	Teams	
			(please arrive at least 15 minutes prior to this	
			time to allow registration)	
	<u> </u>			
Arranged by	Jillian Davie	S		
member of s	staff doesn't e staff, dome	necessarily have t	y aimed at staff working in social care. The to be undertaking a social care role – Gardeners, re all encouraged to participate where	
 Aim: Recognise sexual abuse in older people Understadnd human trafficking and how this impacts on abuse of older people Modern Slavery and adult Trafficking – Increased understanding of the definitions and UK framework. Modern Slavery Types – Increased understanding of all exploitation, improved recognition in the identification of adults who may be trafficked. 				
	nal Referral esponders.	Mechanism – Incr	ease your knowledge of the process including	
The L	egislation –	Overview of the N	lodern Slavery Act and relevant sections.	
Date	Venue			
TBC	TBC			

Cwm Taf Workforce Development centre VQ Centre Manager Jillian Davies Jillian.Davies@rctcbc.gov.uk

Health and Social Care Qualifications:

Core Qualification; Level 2

This is a knowledge qualification and is designed for individuals who work, or who want to work, in the health and social care sector. This qualification covers the fundamental knowledge of the understanding of the All-Wales Induction framework (AWIF)

The contents cover:

- The principles and values of health and social care
- Health and well being
- Professional Practice as a health and social care worker
- Safeguarding individuals
- Health and safety in health and social care.

The learner will complete 3 Internal assessments, using case studies and 1 Externally assessed Multiple choice test, to meet all the requirements of the Core Qualification.

Health and Social care Practice Qualification Adults and children and young people pathways.

Level 2&3

- This Qualification is practice based and assesses learners knowledge and practice.
- It is designed for learners in work based learning. The qualification will assess candidates' knowledge and practice through their work.
- This Qualification is required for candidates to work in specific job roles within health and Social care sector, as set out in the Social Care Wales Qualification framework for social care and child Care.
- The learner will be internally assessed through a series of assessment activities e.g. structured tasks, portfolio of evidence, (includes observation of practice) discussions and learning log/journal.
- The ultimate goal of assessment is to provide a valid tool for confirming that a candidate is competent to practice and contribute to enhancing the personal well-being outcomes of individuals and their families/carers.

Level 4 Preparing for Leadership and management

This qualification is knowledge-based and designed for candidates who are aspiring managers but are not yet in a leadership and management role within the Health and Social Care sector. It is suitable for the following:

- Candidates who have successfully completed a Level 2 Health and Social Care, or a recognised equivalent
- Candidates who have successfully completed Level 3 Health and Social Care: Practice (Adults), or a recognised equivalent
- Candidates who have successfully completed Level 3 Health and Social Care: Practice (Children and Young People), or a recognised equivalent
- learners who have successfully completed Advanced GCE in Health and Social Care, and Childcare

Learning Outcomes

- Understand a range of leadership and management concepts, theories and techniques.
- Understand different leadership and management styles and how these influence practice within services
- Understand how to lead person/child-centred approaches in practice.
- Work as effective and independent learners, and as critical and reflective thinkers to make informed judgements which includes using and interpreting data.
- Have an awareness of how to lead, manage and improve service within health and social care.

Leadership and management of Health and Social Care-Practice level 5

This qualification is practice-based for those with experience in a leadership or management role within the Health and Social Care sector, who meet additional regulatory requirements which apply to some work settings.

Candidates will need to hold the Step up to Management program or the Level 5 Health and Social care practice

Any queries in relation to the qualification content please email: Centre Manager <u>Jillian.Davies@rctcbc.gov.uk</u> or Centre Administrator <u>Samantha.Todd@rctcbc.gov.uk</u>

Gwasanaeth Datblygu Gweithlu Gofal Cymdeithasol Cwm Taf Ffurflen Gofrestru am Gwrs Hyfforddiant

Cwm Taf Social Care Workforce Development Service Training Course Registration Form

Teitl y cwrs / Course Title:	
Dyddiad /	
Date:	
Lleoliad /	
Venue:	

Er mwyn sicrhau b gwrs yn cael eu cofnodi'n g unigryw arnon ni. Ar gyfer ddefnyddio'ch cyfeirn asiantaethau eraill, rhowch e neu ddyddiad geni. Bydd y cadw ar ein cronfa ddata do yn cael eu rhannu ag asianta cyflogwr/rheolwr l	r staff CBSRhCT, gallwch od tâl 6 rhif. Ar gyfer eich Rhif Yswiriant Gwladol / manylion hyn yn cael eu diogel, a fyddan nhw ddim aethau eraill, ar wahân i'ch	In order to ensure that the correct training attendances are recorded against the correct person we require a unique reference. For RCTCBC employed staff, this can be your 6 digit pay number, for other agencies, please enter your NI Number or Date of Birth. These details will be stored on our secure database and not shared with any other agencies, other than you current employer / line manager		
Enw(au) cyntaf/		Cyfenw /		
Forneame		Surname		
Cyngor Bwrdeistref Sirol RCT Rhif Staff /		Rhif Yswiriant Gwladol neu ddyddiad geni / National Insurance Number		

or DOB

RCT CBC Staff Number:

Teitl y swydd /	
Job Title	
Cyflogwr / Employer	
Os ydych chi'n gweithio i Gyngor Bwrdeistref Sirol	
Rhondda Cynon Taf, noder ym mha adran rydych chi'n	
gweithio. / If RCTCBC please state which division you are	
employed in	
Cyfeiriad ar gyfer Gohebiaeth /	
Address for Correspondence	
E-bost / E-mail:	
Rhif ffôn / Telephone No:	
Gofynion Arbennig /	
Special Requirements	
Llofnod /	

Liotnod /	
Signature	
Llofnod y Rheolwr Llinell /	
Line Managers Signature	

Anfonwch yn ôl i / Please return to

Gwasanaeth Datblygu Gweithlu Gofal Cymdeithasol Cwm Taf /Cwm Taf Social Care Workforce Development Service Rock Grounds, High Street, Aberdare, CF44 7AE

> Ffon / Tel: 01443 281444 E-bost / E-mail: <u>socialcaretraining@rctcbc.gov.uk</u>

SCWDP Courses by date

Palliative Care 9:30 - 4:30 05/10/2023 Hawthorn Leisure Centre 17/08/20 Epilepsy 9:30 - 11:30 10/10/2023 Via TEAMS 22/08/21 Pressure Ulcer 9:30 - 12:30 17/10/2023 Hawthorn Leisure Centre 29/08/21 Bladder and Bowel 9:30 - 12:30 19/10/2023 Orbit Business Centre 31/08/21 Diabetes 9:30 - 12:30 19/10/2023 Hawthorn Leisure Centre 31/08/21 Supervision and Appraisal 9:30 - 12:00 24/10/2023 Via TEAMS 05/09/21 Assisted Eating (Older Persons) 9:30 - 12:00 24/10/2023 Via TEAMS 05/09/21 Understanding Stroke 9:30 - 12:30 03/11/2023 Room 1 Rock Grounds 08/09/21 Bereavement and Loss 9:30 - 12:30 03/11/2023 Room 1 Rock Grounds 08/09/21 Dementia Care (Face to Face) 9:30 - 3:30 03/11/2023 Via TEAMS 19/09/21 Substance Misuse 9:30 - 12:00 07/11/2023 Via TEAMS 19/09/21 Pressure Ulcer 9:30 - 12:00 07/11/2023 Via TEAMS 19/0	Course	Times	Event Start Date	Venue Name	Closing Date
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Falls	9:30 - 12:30	07/02/2024	Orbit Business Centre	20/12/2023
Bladder and Bowel	9:30 - 12:30	08/02/2024	Hawthorn Leisure	
Health Training			Centre	21/12/2023
		13/02/2024		
Understanding Stroke	9:30 - 12:30		Room 1 Rock Grounds	26/12/2023
		13/02/2024	Orbit Business Centre	22/12/2023
Pressure Ulcer				
Prevention Training	9:30 - 12:00			
Palliative Care	9:30 - 4:30	15/02/2024	Orbit Business Centre	28/12/2023
Dementia Care (via		20/02/2024	Via Teams	
Teams)	9:30 - 12:00			02/01/2024
Diabetes	9:30 - 12:30	22/02/2024	Hawthorn Leisure	
			Centre	04/01/2024
Bereavement and Loss	9:30 - 1:30	23/02/2024	Orbit Business Centre	05/01/2024
		04/03/2024		
Understanding Stroke	9:30 - 12:30		Via Teams	15/01/2024
Respiratory Conditions	9:30 - 11:30	06/03/2024		
Training			Hawthorn Leisure	
			Centre	17/01/2024
Palliative Care	9:30 - 4:30	07/03/2024	Hawthorn Leisure	
			Centre	18/01/2024
		12/03/2024	Rhondda Sports	
Dementia Care (Face to			Centre, Gelligaled	
Face)	9:30 - 3:30		Park, Ystrad,CF41 7SY	23/01/2024
Diabetes	9:30 - 12:30	21/03/2024		
			Orbit Business Centre	01/02/2024