

Dysgu  
Oedolion<sub>yn y</sub>  
Gymuned

Adult  
Community  
Learning

## AMSERLEN | TIMETABLE



**2026**  
**Medi**  
**September**

  
Dysgu Oedolion yn y Gymuned  
Adult Community Learning  
RHONDDA CYNON TAF

  
Llywodraeth Cymru  
Welsh Government

  
RHONDDA CYNON TAF

## CELF A CHREFFT AT DDIBEN LLES | ARTS AND CRAFTS FOR WELLBEING

|                           |                                                                  |                               |                                               |                              |
|---------------------------|------------------------------------------------------------------|-------------------------------|-----------------------------------------------|------------------------------|
| Dydd Llun<br>Monday       | <b>Sgiliau Gwnïo â Pheiriant</b><br><b>Machine Sewing Skills</b> | Hwb Cana<br>Hwb Cana          | 1:00 - 3:00 <sup>pm</sup><br>Kath Evans       | 21/09/2026<br>15 Wythnos/Wks |
| Dydd Llun<br>Monday       | <b>Celf at Ddiben Lles</b><br><b>Art for Wellbeing</b>           | Calon Taf<br>Pontypridd       | 10:00 - 12:00 <sup>pm</sup><br>Kath Evans     | 21/09/2026<br>15 Wythnos/Wks |
| Dydd Mawrth<br>Tuesday    | <b>Sgiliau Gwnïo â Pheiriant</b><br><b>Machine Sewing Skills</b> | Y Parc a'r Dâr<br>Parc & Dare | 9:30 - 11:30 <sup>am</sup><br>Kath Evans      | 22/09/2026<br>15 Wythnos/Wks |
| Dydd Mawrth<br>Tuesday    | <b>Cyfryngau Cymysg</b><br><b>Mixed Media</b>                    | Yr Olwg<br>Pentre'r Eglwys    | 1:30 - 3:30 <sup>pm</sup><br>Juliette Salter  | 22/09/2026<br>15 Wythnos/Wks |
| Dydd Mawrth<br>Tuesday    | <b>Crefftau Tymhorol</b><br><b>Seasonal Crafts for Wellbeing</b> | Y Parc a'r Dâr<br>Parc & Dare | 12:30 - 2:30 <sup>pm</sup><br>Kath Evans      | 22/09/2026<br>15 Wythnos/Wks |
| Dydd Mercher<br>Wednesday | <b>Archwilio Celf</b><br><b>Exploring Art</b>                    | Yr Olwg<br>Pentre'r Eglwys    | 4:00 - 6:00 <sup>pm</sup><br>Kath Evans       | 23/09/2026<br>15 Wythnos/Wks |
| Dydd Mercher<br>Wednesday | <b>Crefftau Tymhorol</b><br><b>Seasonal Crafts for Wellbeing</b> | Yr Olwg<br>Pentre'r Eglwys    | 12:00 - 2:00 <sup>pm</sup><br>Kath Evans      | 23/09/2026<br>15 Wythnos/Wks |
| Dydd Mercher<br>Wednesday | <b>Sgiliau Gwnïo</b><br><b>Sewing Skills</b>                     | Yr Olwg<br>Pentre'r Eglwys    | 9:30 - 11:30 <sup>am</sup><br>Kath Evans      | 23/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Crefftau Tymhorol</b><br><b>Seasonal Crafts</b>               | Yr Olwg<br>Pentre'r Eglwys    | 12:30 - 2:30 <sup>pm</sup><br>Juliette Salter | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Aromatherapi</b><br><b>Aromatherapy</b>                       | Y Sied<br>The Shed            | 1:00 - 3:00 <sup>pm</sup><br>Gail McGarvey    | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Dyfrlliw</b><br><b>Water Colours</b>                          | Yr Olwg<br>Pentre'r Eglwys    | 10:00- 12:00 <sup>pm</sup><br>Juliette Salter | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Gwener<br>Friday     | <b>Ailgylchu Dillad</b><br><b>Upcycling Clothes</b>              | Yr Olwg<br>Pentre'r Eglwys    | 3:00 - 5:00 <sup>pm</sup><br>Juliette Salter  | 25/09/2026<br>15 Wythnos/Wks |

## CELFYDDYDAU CREADIGOL | CREATIVE ARTS

|                           |                                                            |                                        |                                                |                              |
|---------------------------|------------------------------------------------------------|----------------------------------------|------------------------------------------------|------------------------------|
| Dydd Llun<br>Monday       | <b>Gitar: Gwella'ch sgiliau</b><br><b>Guitar Improvers</b> | Llyfrgell Aberdâr<br>Aberdare Library  | 6:00 - 8:00 <sup>pm</sup><br>Stephen Jenkins   | 21/09/2026<br>15 Wythnos/Wks |
| Dydd Mawrth<br>Tuesday    | <b>Gitar: Gwella'ch sgiliau</b><br><b>Guitar Improvers</b> | 1 Llys Cadwyn<br>Pontypridd            | 4:00 - 5.45 <sup>pm</sup><br>Stephen Jenkins   | 22/09/2026<br>15 Wythnos/Wks |
| Dydd Mercher<br>Wednesday | <b>Ysgrifennu Creadigol</b><br><b>Creative Writing</b>     | Ar-lein<br>On-line                     | 4:00 - 6:00 <sup>pm</sup><br>Stephen Jenkins   | 23/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Ysgrifennu Creadigol</b><br><b>Creative Writing</b>     | <b>** Nawr / Now</b><br><b>Yr Olwg</b> | 6:00 - 8:00 <sup>pm</sup><br>Stephen Jenkins   | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Gitar: Dechreuwy'r</b><br><b>Guitar Beginners</b>       | Yr Olwg<br>Pentre'r Eglwys             | 3:00 - 4:00 <sup>pm</sup><br>Stephen Jenkins   | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Gitar: Gwella'ch sgiliau</b><br><b>Guitar Improvers</b> | Yr Olwg<br>Pentre'r Eglwys             | 4:00 - 6:00 <sup>pm</sup><br>Stephen Jenkins   | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Gwener<br>Friday     | <b>Ysgrifennu Cerddoriaeth</b><br><b>Song Writing</b>      | Yr Olwg<br>Pentre'r Eglwys             | 10:00 - 12:00 <sup>pm</sup><br>Juliette Salter | 25/09/2026<br>15 Wythnos/Wks |



Cofrestrwch o Ddydd Mawrth 1 Medi am 1<sup>pm</sup>

**SGANIWCH Y COD QR** neu ewch i'n gwefan

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## CYFRIFIADURA | COMPUTING

|                           |                                                                         |                                       |                                            |                              |
|---------------------------|-------------------------------------------------------------------------|---------------------------------------|--------------------------------------------|------------------------------|
| Dydd Llun<br>Monday       | <b>Dyfeisiau iPad ac iPhone</b><br>iPads and iPhones                    | 1 Llys Cadwyn<br>Pontypridd           | 10:00 - 11:30 <sup>am</sup><br>Jeni Powell | 21/09/2026<br>15 Wythnos/Wks |
| Dydd Llun<br>Monday       | <b>Dyfeisiau Android</b><br>Android Devices                             | Calon Taf<br>Pontypridd               | 2:15 - 3:45 <sup>pm</sup><br>Jeni Powell   | 21/09/2026<br>15 Wythnos/Wks |
| Dydd Llun<br>Monday       | <b>Dyfeisiau Android</b><br>Android Devices                             | Calon Taf<br>Pontypridd               | 12:30 - 2:00 <sup>pm</sup><br>Jeni Powell  | 21/09/2026<br>15 Wythnos/Wks |
| Dydd Mawrth<br>Tuesday    | <b>Cyfrifiaduron i Ddechreuwyr</b><br>Computers for Beginners           | Canolfan Pennar<br>Aberpennar/Mt. Ash | 9:30 - 12:00 <sup>pm</sup><br>Jeni Powell  | 22/09/2026<br>15 Wythnos/Wks |
| Dydd Mercher<br>Wednesday | <b>ICDL</b>                                                             | Ar-lein<br>On-line                    | 4:00 - 6:00 <sup>pm</sup><br>Diane Dixon   | 23/09/2026<br>15 Wythnos/Wks |
| Dydd Mercher<br>Wednesday | <b>ICDL</b>                                                             | Yr Olwg<br>Pentre'r Eglwys            | 1:00 - 3:00 <sup>pm</sup><br>Diane Dixon   | 23/09/2026<br>15 Wythnos/Wks |
| Dydd Mercher<br>Wednesday | <b>iPad yn unig</b><br>iPads only                                       | Plaza'r Porth<br>Porth Plaza          | 9:30 - 11:30 <sup>am</sup><br>Diane Dixon  | 23/09/2026<br>15 Wythnos/Wks |
| Dydd Mercher<br>Wednesday | <b>Dyfeisiau iPad, Llechi a Ffonau</b><br>iPads, Tablets & Smart Phones | Llyfrgell Hirwaun<br>Hirwaun Library  | 9:30 - 12:00 <sup>pm</sup><br>Jeni Powell  | 23/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Cyfrifiaduron i Ddechreuwyr</b><br>Computers for Beginners           | 1 Llys Cadwyn<br>Pontypridd           | 2:15 - 3:45 <sup>pm</sup><br>Jeni Powell   | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Dyfeisiau iPad ac iPhone</b><br>iPads and iPhones                    | 1 Llys Cadwyn<br>Pontypridd           | 10:00 - 11:30 <sup>am</sup><br>Jeni Powell | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Dyfeisiau Android</b><br>Android Devices                             | 1 Llys Cadwyn<br>Pontypridd           | 12:30 - 2:00 <sup>pm</sup><br>Jeni Powell  | 24/09/2026<br>15 Wythnos/Wks |

## HANES | HISTORY

|                           |                                        |                             |                                            |                              |
|---------------------------|----------------------------------------|-----------------------------|--------------------------------------------|------------------------------|
| Dydd Mawrth<br>Tuesday    | <b>Hanes y Teulu</b><br>Family History | 1 Llys Cadwyn<br>Pontypridd | 10:00 - 12:00 <sup>pm</sup><br>Lisa Powell | 22/09/2026<br>15 Wythnos/Wks |
| Dydd Mawrth<br>Tuesday    | <b>Hanes y Teulu</b><br>Family History | Ar-lein<br>On-line          | 7:00 - 9:00 <sup>pm</sup><br>Lisa Powell   | 22/09/2026<br>15 Wythnos/Wks |
| Dydd Mercher<br>Wednesday | <b>Hanes Celf</b><br>Art History       | Ar-lein<br>On-line          | 7:00 - 9:00 <sup>pm</sup><br>Lisa Powell   | 23/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Hanes Lleol</b><br>Local History    | Ar-lein<br>On-line          | 7:00 - 9:00 <sup>pm</sup><br>Lisa Powell   | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday      | <b>Hanes y Teulu</b><br>Family History | 1 Llys Cadwyn<br>Pontypridd | 10:00 - 12:00 <sup>pm</sup><br>Lisa Powell | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Gwener<br>Friday     | <b>Hanes Lleol</b><br>Local History    | 1 Llys Cadwyn<br>Pontypridd | 10:00 - 12:00 <sup>pm</sup><br>Lisa Powell | 25/09/2026<br>15 Wythnos/Wks |

Enrol from Tuesday 1<sup>st</sup> September at 1<sup>pm</sup>

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LLES / WELLBEING

|                        |                                              |                            |                                               |                              |
|------------------------|----------------------------------------------|----------------------------|-----------------------------------------------|------------------------------|
| Dydd Mawrth<br>Tuesday | Canu er mwyn Anadlu<br>Singing for Breathing | Yr Olwg<br>Pentre'r Eglwys | 4:00 - 5:30 <sup>pm</sup><br>Juliette Salter  | 22/09/2026<br>15 Wythnos/Wks |
| Dydd Iau<br>Thursday   | Aromatherapi<br>Aromatherapy                 | Yr Olwg<br>Pentre'r Eglwys | 3:00 - 5:00 <sup>pm</sup><br>Juliette Salter  | 24/09/2026<br>15 Wythnos/Wks |
| Dydd Gwener<br>Friday  | Cerddoriaeth yn y Gymuned<br>Community Music | Yr Olwg<br>Pentre'r Eglwys | 12:30 - 2:30 <sup>pm</sup><br>Juliette Salter | 25/09/2026<br>15 Wythnos/Wks |

MAE COFRESTRU'N AGOR | ENROLMENT OPENS:

**1pm** | Dydd Mawrth 1 Medi 2026  
Tuesday 1<sup>st</sup> September 2026

LLEOLIADAU | LOCATIONS:

Côd Post  
Post Code

|                                       |                                                                              |                                   |             |
|---------------------------------------|------------------------------------------------------------------------------|-----------------------------------|-------------|
| HWB Cana                              | Stryd Gwladys, Pen-y-waun<br>Gwladys Street, Penywaun                        | Aberdâr<br>Aberdare               | CF44<br>9DE |
| Calon Taf                             | Parc Coffa Ynysangharad<br>Ynysangharad War Memorial Park                    | Pontypridd                        | CF37<br>4PE |
| Yr Olwg                               | Heol Sant Illtyd<br>St. Illtyd's Road                                        | Pentre'r Eglwys<br>Church Village | CF38<br>1RQ |
| Y Parc a'r Dâr<br>Park & Dare         | Stryd yr Orsaf<br>Station Road                                               | Treorci<br>Treorchy               | CF42<br>6NL |
| Y Sied<br>The Shed                    | 31/32 Stryd y Canon<br>31/32 Cannon Street                                   | Aberdâr<br>Aberdare               | CF44<br>7AP |
| Llyfrgell Aberdâr<br>Aberdare Library | Y Stryd Las<br>Green Street                                                  | Aberdâr<br>Aberdare               | CF44<br>7AG |
| 1 Llys Cadwyn                         | Llyfrgell Pontypridd, Stryd y Taf<br>Pontypridd Library, Taff Street         | Pontypridd                        | CF37<br>4TH |
| Plaza'r Porth<br>Porth Plaza          | Llyfrgell Porth, Heol Pontypridd<br>Porth Library, Pontypridd Road           | Porth                             | CF39<br>9PG |
| Llyfrgell Hirwaun<br>Hirwaun Library  | Stryd Fawr<br>High Street                                                    | Hirwaun                           | CF44<br>9SW |
| Canolfan Pennar                       | Llyfrgell Abergennar, Stryd Rhydychen<br>Mountain Ash Library, Oxford Street | Abergennar<br>Mountain Ash        | CF45<br>3HD |
| Ar-lein<br>Online                     | Microsoft Teams                                                              |                                   |             |

Mae pob cwrs ar gael i  
ddysgwyr 19 oed a throsodd  
Am ragor o wybodaeth:

☎ 01443 570077

✉ AddysgOedolion  
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MAE'R MANYLION YN GYWIR  
ADEG YR ARGRAFFU

Courses are offered  
to learners 19+

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ALL COURSES ARE  
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