

Astudiaeth Achos

Ysgol Gynradd Dolau - Prosiect Cyfnod Sylfaen

Roedd Ysgol Gynradd Dolau yn awyddus i ddarparu cyfleoedd newydd i blant cyfnod sylfaen gan ei bod yn cydnabod bod y rhan fwyaf o'i chyfleoedd allgyrsiol ar gyfer disgyblion yng Nghyfnod Allweddol 2.

Mae ei phrosiect wedi'i dargedu ar gyfer Blwyddyn 2 gyda'r nod o gynyddu eu hyder a datblygu sgiliau trosglwyddadwy a fyddai'n eu helpu yn y dyfodol. Sylwodd fod disgyblion Blwyddyn 5 a 6 yn bennaf yn mynychu'r rhan fwyaf o glybiau allgyrsiol yn hytrach na disgyblion Blwyddyn 3 a 4. Roedd yr ysgol yn awyddus i baratoi plant Blwyddyn 2 a sicrhau bod ganddyn nhw'r sgiliau a'r hyder i gymryd rhan mewn clybiau allgyrsiol cyn gynted ag y byddan nhw'n cyrraedd Blwyddyn 3.

Roedd y sesiynau wedi'u darparu mewn ffordd sy'n rhoi profiad i'r plant o amgylcheddau chwaraeon, gwrando ar y rheolau, cymryd rhan, ennill/colli a gweithio yn rhan o dîm.

Pam wnaeth hyn?

- Darparu rhagor o gyfleoedd i blant Blwyddyn 2 fod yn egniol
- Datblygu sgiliau a hyder plant Blwyddyn 2
- Paratoi plant Blwyddyn 2 am y cam nesaf

Beth mae'r ysgol wedi'i ddysgu o'r prosiect?

- Sut y mae modd i brofiadau blaenorol helpu i gefnogi plant ar gyfer newidiadau yn y dyfodol
- Sut y mae modd i blant fagu hyder mewn cyfnod byr
- Pwysigrwydd addysg gorfforol ar sgiliau cymdeithasol y plentyn
- Pwysigrwydd gweithgareddau allgyrsiol i addysg y plentyn

12

Nifer y
sesiynau:



Nifer y plant a
gymerodd ran:

40



Aeth

28



o blant i fwy na 60% o sesiynau

3

Athro yn
cymryd rhan



Cyfartaledd o

32

o blant oedd yn
mynychu bob wythnos



Case Study

Dolau Primary – Foundation phase project

Dolau Primary school wanted to provide new opportunities to Foundation phase children as they recognised that the majority of their extra-curricular opportunities were for pupils in Key Stage 2.

Their project targeted Year 2 with the aim of increasing their confidence and developing transferable skills that would help them in future. They identified that most extra-curricular clubs are mainly attended by Year 5 and 6 pupils, rather than Year 3 and 4. The school wanted to prepare Year 2 children and ensure that they had the skills and confidence to engage in extracurricular clubs as soon as they reach Year 3.

The sessions were delivered in a way to give the children an insight in to sporting environments, listening to rules, participating, winning/losing and working as part of a team.

Why they did it?

- To provide more opportunities for Year 2 children to get active
- To develop the skills and confidence of Year 2 children
- To prepare Year 2 children for opportunities in Key Stage 2

What have the school learnt from the project?

- How prior experiences can help support children for future changes
- How children can gain confidence in such a small space of time
- The importance of physical education on a child's social skills
- The importance of extracurricular activities to a child's education

12

Sessions



Children engaged

40



28



Children attended more than 60% of sessions

3

Teachers Involved



Average of
32
attending each week

