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Astudiaeth Achos

YGG Castellau - Her Hwyl

Mae staff a disgyblion YGG Castellau wedi datblygu prosiect i wella amser chwarae ar yr iard. Roedden nhw eisiau i ferched a bechgyn chwarae gyda'i gilydd yn Gymraeg. Roedden nhw hefyd eisiau creu rhagor o gyfleoedd i blant gadw'n heini a rhoi cynnig ar rywbeth newydd a heriol.

Roedd y Cyngor Chwaraeon eisiau gwella'r defnydd o'r iard chwarae a lleihau nifer yr offer chwaraeon oedd yn cael eu torri. Cafodd yr 'Her Hwyl' ei datblygu. Bob pythefnos, mae'r Cyngor Chwaraeon yn cyd-weithio â'r athrawon i greu her newydd gan ddefnyddio'r offer chwaraeon. Roedd adborth y plant yn anhygoel! Fe wnaeth yr heriau newydd a chyffrous ennyn diddordeb bechgyn a merched o bob oed ac fe greodd wefr go iawn yn y maes chwarae.

Er mwyn adeiladu ar lwyddiant y prosiect yma, mae'r ysgol yn bwriadu lansio clwb Cyngor Chwaraeon ar ôl ysgol. Bydd hyn yn gyfle i ddysgu gemau newydd i'w defnyddio amser chwarae. Bydd y clwb yn gysylltiedig â'r Clwb 'Cewri Castellau' i sicrhau bod pob gêm drwy gyfrwng y Gymraeg yn defnyddio'r termau a'r geiriau cywir er mwyn parhau i wella a datblygu geirfa Cymraeg y disgyblion.

Pam mae'r ysgol wedi gwneud hyn?

- Er mwyn difyrru'r plant a'u cadw'n symud yn ystod amser chwarae
- Hyrwyddo defnydd o'r Gymraeg ar yr iard
- Rhoi cyfle i blant herio'u hunain
- Annog bechgyn a merched i ddod at ei gilydd i chwarae

Sut mae hyn wedi helpu?

- Mae'r Cyngor Chwaraeon yn rhan o bethau ac yn mwynhau'r cyfrifoldeb
- Mae llai o offer chwaraeon wedi'u torri
- Mae plant yn cymryd rhan ac yn rhoi cynnig ar bethau newydd
- Mae'r rhaniad rhwng bechgyn a merched yn llai amlwg
- Mae'r plant yn siarad rhagor o Gymraeg ar yr iard

230
o blant yn cymryd rhan

10
aelod o'r Cyngor Chwaraeon yn rhan o'r cynllun

2
o'r athrawon yn cymryd rhan

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Case Study

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YGG Castellau – Her Hwyl (Fun Challenge)

Staff and pupils at YGG Castellau developed a project which aimed to improve playtime on the yard. They wanted to encourage boys and girls to play together whilst using the Welsh language. They also wanted to provide more opportunities for children to be active and to try something new and challenging.

The Sports Council wanted to improve the use of the yard and also to reduce the amount of sports equipment getting broken. They developed something called 'Her Hwyl' (Fun Challenge). Each fortnight the sports council worked with teachers to set a new challenge using different equipment. Feedback from children was fantastic! The new and exciting challenges engaged boys and girls of all ages and it created a real buzz in the playground.

To build on the success of this project the school plan to launch a Sports Council after school club next. This will be used to learn new games, which can be used at playtime. This club will be linked with their 'Cewri Castellau' Club to ensure that all games are through the medium of Welsh using correct terms and words, improving and developing the pupils' Welsh vocabulary even further.

Why they did it?

- To keep children entertained and active during playtime
- To promote use of the Welsh language on the yard
- To give children the opportunity to challenge themselves
- To encourage boys and girls to play together

How has it helped?

- The Sports Council have felt more involved and have loved the responsibility
- Less equipment has been broken
- Children are actively participating and trying new things
- The divide between boys and girls is less prominent
- Children are speaking Welsh more on the yard

Children took part
230

10
Members of the Sports Council involved

2
Teachers Involved

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