

Astudiaeth Achos

Ysgol Gynradd yr Hafod - Cynllun Anghenion Addysgol Arbennig (AAA)

Roedd Ysgol Gynradd yr Hafod eisiau annog rhagor o blant sydd ag anghenion addysgol arbennig i gymryd rhan yng nghlybiau chwaraeon yr ysgol.

Bwriad yr ysgol oedd cychwyn sesiynau prif ffrwd newydd ac integreiddio plant ag AAA trwy eu cefnogi nhw a'u hannog nhw. Roedden nhw ynghlwm â'r clybiau mewn sawl ffordd; gan gymryd rhan yn y sesiynau a helpu i hyfforddi. Cafodd Blwyddyn 3 a 4 eu targedu i gychwyn.

I gychwyn y cynllun, roedd yr ysgol wedi cyflwyno cais am gyllid gwerth £250 i ni. Roedd y cynllun yma wedi talu am offer newydd a'u galluogi nhw i logi hyfforddwy'r chwaraeon.

O ganlyniad i'r cynllun, roedd disgyblion ag Anghenion Addysgol Arbennig (AAA) yn teimlo'u bod nhw'n fwy hyderus a'u bod nhw wedi gwneud ffrindiau newydd. Roedd y plant a oedd wedi cymryd rhan hefyd yn teimlo bod rhagor o gyfleoedd ar gael iddyn nhw ac roedden nhw'n teimlo'n fwy hyderus o ran mynychu sesiynau yn y dyfodol.

Pam wnaethon nhw hyn?

- I gynnwys plant ag Anghenion Addysgol Arbennig (AAA) mewn sesiynau chwaraeon
- I gynyddu nifer y plant ag Anghenion Addysgol Arbennig (AAA) sy'n cymryd rhan mewn chwaraeon
- I wella iechyd a lles plant ag Anghenion Addysgol Arbennig (AAA)

Nifer y Plant a gymerodd ran:

30



Nifer y Sesiynau:



17

95%

yn teimlo'n fwy hyderus



100%



yn teimlo'u bod nhw'n cael eu cynnwys mewn sesiynau chwaraeon



100%

wedi mwynhau cymryd rhan mewn chwaraeon

67%

wedi gwneud ffrindiau newydd



Case Study

Hafod Primary – SEN project

Hafod Primary school wanted to get more children with special educational needs involved in their school sports clubs.

Their plan was to start new mainstream sessions and integrate SEN children by supporting and encouraging them. They were involved in a variety of ways; participating as well as helping to coach. Year 3 and 4 were targeted initially.

To kickstart the project the school applied to us for £250 funding which paid for new equipment and allowed them to hire sports coaches.

As a result of the project SEN pupils felt more confident in themselves and made new friends. The children involved also felt that there were more opportunities available to them and they felt more confident attending future sessions.

Why they did it?

- To integrate SEN children into mainstream sport sessions
- To increase the amount of SEN children involved in sport
- To improve the health and wellbeing of SEN children

Children Engaged

30



Sessions



17

95%

Of children felt more confident



100%



Of children felt included in sport sessions



100%

Of children enjoyed taking part in sport

67%

Of children made new friends

