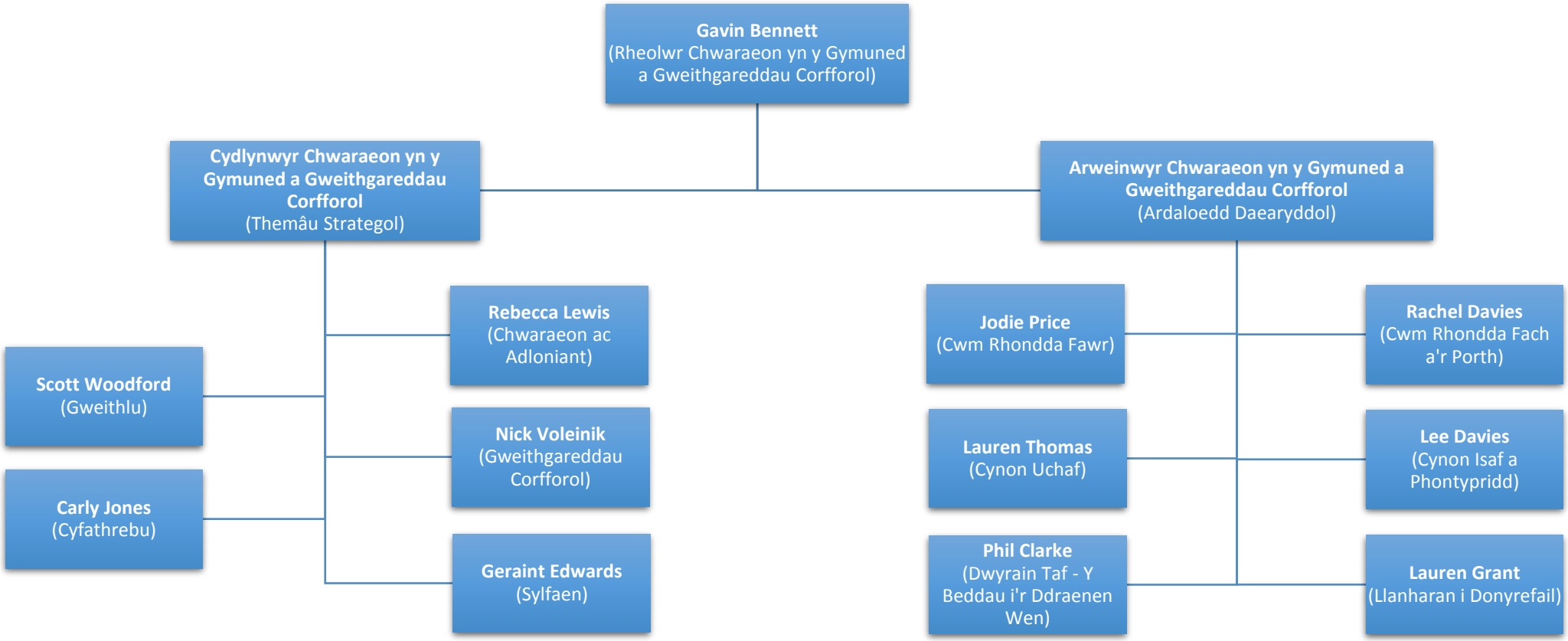Strwythur Staffio Chwaraeon RhCT 2018-2020