



RHONDDA CYNON TAF

RECORD OF DELEGATED OFFICER DECISION

SUBJECT: MENTAL HEALTH (WALES) MEASURE PART 1 SCHEME – LOCAL PRIMARY MENTAL HEALTH SUPPORT SERVICES

PURPOSE OF ATTACHED REPORT:

The Welsh Government requires each Local Health Board with their Local Authority partners to publish jointly a scheme which identifies how each partner intends to meet the contents of the Mental Health (Wales) Measure.

The attached report sets out and confirms the agreed scheme for the Cwm Taf region. The scheme for the Cwm Taf region will cover the Local Authority areas of Merthyr Tydfil and Rhondda Cynon Taf

DELEGATED DECISION (Date):

Approval is given for the Cwm Taf, Rhondda Cynon Taf County Borough Council & Merthyr Tydfil County Borough Council Mental Health (Wales) Measure Part 1 Scheme – Local Primary Mental Health Support Services


Chief Officer Signature


Print Name


Date

The decision is taken in accordance with Section 15 of the Local Government Act, 2000 (Executive Functions) and in the terms set out in Section 5 of Part 3 of the Council's Constitution.

Michael Jovey

7th June 2012

CONSULTEE CABINET MEMBER SIGNATURE

DATE



14.6.12

OFFICER CONSULTEE SIGNATURE

DATE

Directorate:	Community & Children's Services
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RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL

**MUNICIPAL YEAR 2012-13
REPORT TO ACCOMPANY DECISION OF
GROUP DIRECTOR, COMMUNITY & CHILDREN'S SERVICES**

**Part 1
(Non-Confidential)**

**MENTAL HEALTH (WALES) MEASURE
PART 1 SCHEME – LOCAL PRIMARY
MENTAL HEALTH SUPPORT
SERVICES**

1. PURPOSE OF THE REPORT

- 1.1 The Welsh Government requires each Local Health Board, with their Local Authority partners, to publish jointly a document which identifies how each partner intends to meet the contents of the Mental Health (Wales) Measure.
- 1.2 The aim of Part 1 of the Measure is to strengthen the role that Primary Care Services play in ensuring people's good mental health by ensuring that throughout Wales there will be local primary mental health support services. These will be delivered by Local Health Boards and Local Authorities in partnership, and it is expected that these services will operate either within, or alongside, existing GP practices.
- 1.3 Section 2 of the Mental Health (Wales) Measure sets out the requirement that the local mental health partners for a local authority area must take all reasonable steps to agree a scheme:
- a) which identifies the treatment which is to be made available for the area (local primary mental health treatment); and
 - b) for securing the provision for that area of the local primary mental health support services (described in section 5).
- 1.4 The attached document sets out and confirms the agreed scheme for the Cwm Taf region. The scheme for the Cwm Taf region will cover the Local Authority areas of Merthyr Tydfil and Rhondda Cynon Taf.
- 1.5 In accordance with the Council's Scheme of Delegation, this report has been prepared to accompany the intended Officer decision of the Group Director, Community and Children's Services as described below.

2. RECOMMENDATIONS

It is recommended that approval is given to the proposed Part 1 Scheme for the Cwm Taf Region and Partner Local Authority Areas of Rhondda Cynon Taf & Merthyr Tydfil County Borough Councils.



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd
Cwm Taf
Health Board



RHONDDA CYNON TAF

Mental Health (Wales) Measure 2010

Part 1 Scheme

'Local Primary Mental Health Support Services'

for

**Cwm Taf Local Health Board
and
Partner Local Authority areas of
Merthyr Tydfil and
Rhondda Cynon Taf**

May 2012

Cwm Taf 'Region' Part 1 Scheme

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1. Introduction

The Welsh Government recognises the crucial role that primary care plays in delivering effective mental health care and treatment. The aim of Part 1 of the Measure is to strengthen that role by ensuring that throughout Wales there will be local primary mental health support services. These will be delivered by Local Health Boards and Local Authorities in partnership, and it is expected that these services will operate either within, or alongside, existing GP practices.

Section 2 of the Mental Health (Wales) Measure sets out the requirement that the local mental health partners for a local authority area must take all reasonable steps to agree a scheme:

- a) which identifies the treatment which is to be made available for the area (local primary mental health treatment); and
- b) for securing the provision for that area of the local primary mental health support services (described in section 5).

This document sets out and confirms the agreed scheme for the Cwm Taf 'region'. The scheme for the Cwm Taf 'region' will cover the Local Authority areas of Merthyr Tydfil and Rhondda Cynon Taf.

The scheme outlined within this document will provide an overview of how the partnership between Cwm Taf Local Health Board, Merthyr Tydfil County Borough Council and Rhondda Cynon Taf County Borough Council will meet the requirements of Section 2 of the Mental Health (Wales) Measure.

This document identifies the extent to which each of the partners is to be responsible for providing Local Primary Mental Health Support Services (LPMHSS) across the Cwm Taf 'region'.

The document will:

- provide an overview of the treatment and services which are to be provided by the scheme in order to meet the requirements of section 2(1) of the Measure;
- define the relationship between the scheme and the National Service Model and the model for Local Primary Mental Health Support Services (LPMHSS) across the Cwm Taf 'region' and the operational policies that will be developed;
- set out the context and principles for the Cwm Taf scheme in relation to equality, Welsh language and inclusivity;
- set out the context and principles for the delivery of the local mental health support services and how it will enable partnership with primary care and the third sector, maintenance of trust, good communication, person-centredness, respect, empowerment, promotion of resilience and become an integral part of local mental health services which operate within the tiered model of care

2. Partnership Arrangements

As set out in Schedule 2 of The Mental Health (Regional Provision)(Wales) Regulations 2012, the Part 1 Scheme for the Cwm Taf 'region' will be provided by the local mental health partners;

- Cwm Taf Local Health Board
- Merthyr Tydfil County Borough Council
- Rhondda Cynon Taf County Borough Council

Within the scheme local mental health partners will operate in partnership with local primary care practitioners to ensure the primary care mental health support service meets the needs of their patients. Local primary care practitioners are represented on implementation and steering groups for primary care mental health support services and kept informed via Bro Taf Local Medical Committee and the Primary Care and Localities team within the Health Boards Primary Care, Mental Health and Communities Unit.

Local primary care practitioners will have a key role in supporting effective access to and delivery of the service within or close as possible to their practices.

A range of local Third Sector organisations will also be involved in the provision of services and interventions that will support the scheme.

Local third sector partners may be commissioned to deliver services which directly support local primary care mental health services providing interventions such as information and advice, counselling or issue specific support or may already deliver services of benefit to users of primary care services.

Local third sector organisations who deliver mental health services are members of the Merthyr Tydfil and Rhondda Cynon Taf Voluntary Sector Mental Health Forum. This forum provides representatives to the implementation and steering groups for primary care mental health support services and the Merthyr Tydfil and Rhondda Cynon Taf Mental Health Joint Planning Group.

3. Purpose/scope of the Scheme

Alongside identification of the local mental health partners and confirming the extent of the responsibilities of each the purpose of the Cwm Taf region's Part 1 scheme is to ensure that the following elements are delivered as part of local primary mental health support services:

- a) **comprehensive mental health assessments** for individuals who have first been seen by their GP, but for whom the GP considers a more detailed assessment is required (in some cases, individuals may be referred into the primary care service by secondary mental health services);

- b) **treatment, by way of short-term interventions**, either individually or through group work, if this has been identified as appropriate following assessment. Such treatment may include counselling, a range of psychological interventions including cognitive behavioural therapy, solution-focussed therapy, stress management, anger management and education;
- c) **provision of information and advice to individuals and their carers** about treatment and care, including the options available to them, as well as 'signposting' them to other sources of support (such as support provided by third sector organisations);
- d) **provision of support and advice to GPs and other primary care workers** (such as practice nurses) to enable them to safely manage and care for people with mental health problems, and improve the mental health services they provide or arrange;
- e) **supporting the onward referral** and co-ordination of next steps with secondary mental health services, where this is felt to be appropriate for an individual;

The service in Cwm Taf will be available to individuals of all ages who are experiencing common, or stable severe and enduring mental health problems. (See also Section 6 below).

4. Vision for the Local Primary Mental Health Support Services

Within Cwm Taf region we have developed a 5 year Strategy for Adult Mental Health Services in Rhondda Cynon Taf and Merthyr Tydfil this has been developed by Cwm Taf Health Board in partnership with Public Health Wales, Rhondda Cynon Taf County Borough Council, Merthyr Tydfil County Borough Council, the third sector, mental health service users and carers.

OUR SHARED VISION is to:
A. promote and improve the mental health and emotional wellbeing of the local population;
B. provide prompt and effective assessment and access to services within primary care and the wider community, that help people to manage their mental health needs, with an emphasis on early intervention, self care, peer and carer support;
C. provide timely, integrated interventions as close to home as possible for people needing to access specialist mental health support, and to prevent and respond to crises, to ensure appropriate support in places of safety;
D. provide local services that promote rehabilitation, recovery, independence, and social inclusion, and that challenge stigma;

Part 'B' of our vision relates to local services at a primary care level and our local vision for the Part 1 Scheme aims to clarify and provide the detail to this.

Vision for the Part 1 Scheme for Cwm Taf region

Within Cwm Taf our vision is develop and deliver a local primary mental health service that will increase the availability and uptake of mental health services at the primary care level, in order to improve outcomes for individuals of all ages and to increase effectiveness and efficiency in accessing secondary care, wherever this is may be required.

The service should be appropriate, acceptable and outcome-focussed, with an emphasis on promotion of an individual's well-being, recovery and resilience.

Our service will work with and develop close relationships with GPs and practice staff, and to provide support, consultation, advice on clinical management, education, training, and liaison in order to develop capacity for, and approaches to, managing mental health problems in primary care.

This scheme provides the framework for ensuring the provision of effective primary mental health support services that are accessible and close to people of all ages across Cwm Taf when they require them.

5. Responsibilities

Sections 2(3) and 2(4)(a) require this scheme to outline to what extent each of the partners within the Cwm Taf scheme are responsible for providing local primary mental health support services in each of the local authority areas.

Within the Cwm Taf region the responsibility for providing the local primary mental health support service in Merthyr Tydfil and Rhondda Cynon Taf will lie with Cwm Taf Health Board.

The Health Board will work with Local Authority partners who will be responsible for the delivery a wide range of community services including social care, education, employment, accommodation and information/advice services. (see also section 11 below)

The Health Board will work in partnership with third sector organisations who deliver a wide range of mental health specific and generic community support services including health and well being, education, day services, volunteering and employment opportunities, accommodation and information/advice/advocacy services.

General Practitioners will remain responsible for providing the services to patients outlined within their General Medical Services contract. Provision of the local primary care mental health support services will not supplant general

medical services but will enhance the range of services available to patients at a primary care level.

Clinical responsibility for a patient will be shared between the GP and the local primary care mental health support service in respect of individuals referred by the GP.

6. Eligibility for assessment by the local primary mental health support service

The service is intended for all people who have needs related to their mental health and are referred by a GP. The local primary mental health support services will be available for individuals of all ages, from children and young people to older adults. The Measure does not allow for self-referral to local primary mental health support services.

Within the Cwm Taf 'region' referrals can only be made by:

- the GP with whom the individual is registered ; or
- a GP with whom the individual is not registered, but the individual is either described in Regulation 3(1) of the 'Mental Health (Primary Care Referrals and Eligibility to Undertake Mental Health Assessments) (Wales) Regulations 2012'. Regulation 3(1) states this would include persons from vulnerable groups such as asylum seekers, homeless persons; gypsies and travellers; prisoners; migrant workers and students. Regulation 3(1) also enables a primary care provider to refer persons who are not registered with his or her practice or to refer persons who are registered with another provider of primary medical services (or equivalent services) whether in Wales or elsewhere.
- a person working in secondary mental health services in respect of an individual subject to the provisions of the Mental Health Act 1983, or in receipt of secondary mental health services.
- Referrals may be made in respect of individuals of any age who present with any form of common and/or stable severe and enduring mental health problem, regardless of whether that individual may also be experiencing any co-occurring condition such as a learning disability or a substance misuse problem. Individuals subject to 117 of the Mental Health Act 1983 may also be referred to the service provided they are eligible via the referral route outlined above.

The target waiting time between referral by a primary care practitioner and the assessment being carried out by the local primary mental health support services will be 28 calendar days. Waiting times for assessment will be

calculated from the date that the referral arrives in the local primary mental health support service.

There will be regular reviews of referral protocols to ensure that they remain relevant to local need, and that the skills of the staff within Local Primary Mental Health Support Services are the most appropriate to meet the needs of the individuals referred.

7. Where services are to be provided

The philosophy of the Measure is that local primary care mental health support services will operate within or alongside GP practices. The Cwm Taf region is comprised of 8 GP Clusters or 'Community Networks' (49 practices in total). These consist of 2 community networks in each of the 4 'localities', these being Merthyr Tydfil, the Cynon valley, the Rhondda valley and Taf Ely. To ensure equity in the delivery of the local primary mental health support services in the Cwm Taf region each of the 4 teams within the service will cover the 2 GP clusters/networks in a locality.

Within each locality premises are identified to provide the team with a base, however the service itself will be delivered (wherever possible) within the practices in each of the 2 GP clusters covered by a locality team. It is intended that practitioners will undertake 'face to face' assessments with patients and provide 'face to face' support and liaison for GP's and the primary care teams within each practice, however accommodation issues in some GP practices and branch surgeries mean some patients will be asked to visit a separate premises for assessment. Similarly 1 to 1 interventions provided by members of the locality team will, where practical, be provided in GP practices however, educational courses and therapeutic group work will be delivered in accessible locations within each locality. All of the sites used to deliver services are accessible to individuals with a disability or sensory impairment.

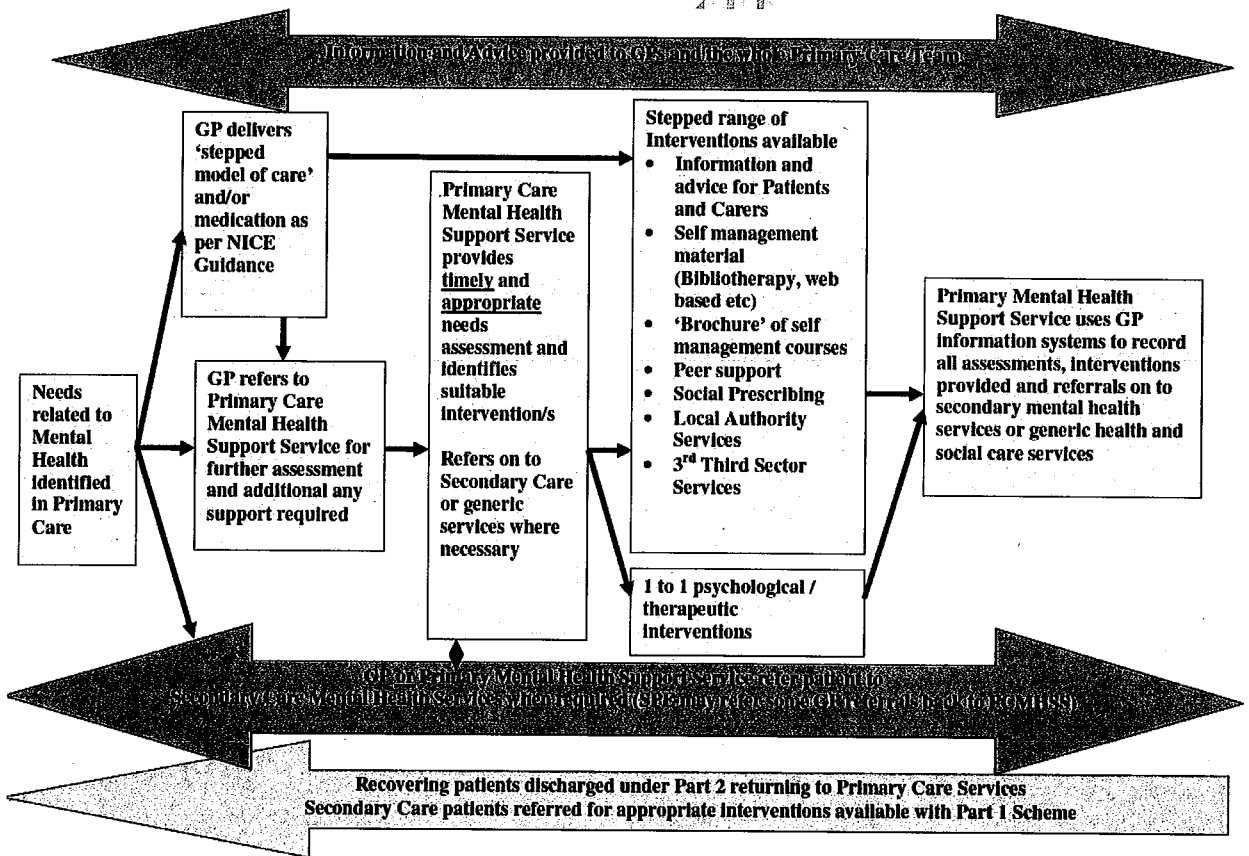
It is an aspiration of the Cwm Taf service that interventions such as self management and other educational courses will be delivered from an increasing range of community venues as the services develop. As the primary care service will be an ageless service it is acknowledged that where services are not currently provided in schools, colleges, residential homes or other age appropriate settings these will need to be considered as the service develops. Opportunities to work with Local Authority and third sector partners to utilise community education settings, leisure and community centres, Communities First premises, residential care homes and other community venues are being explored.

8. Local Primary Mental Health Support Services

The local service model for the Cwm Taf 'region' has been developed by local mental health partners with reference to the National Service Model produced by Welsh Government in 2011. Within the 'tiered model of care' for mental health this service will sit at tier 1 with elements supporting health promotion (Tier 0) and secondary care services at tiers 2 & 3.

Fig. 1 Cwm Taf Primary Care Mental Health Support Service Care Pathway

The pathway below illustrates how the services will deliver its key functions and how a patient may move through local mental health services.



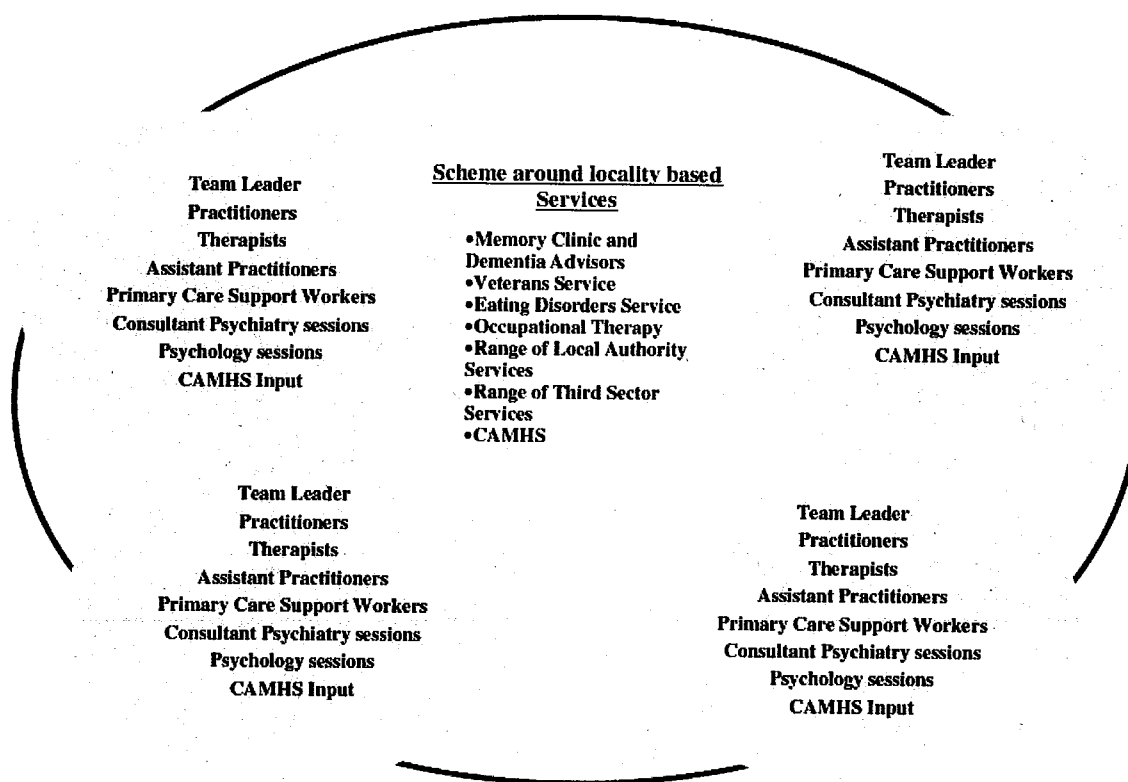
Cwm Taf regions Primary Care Mental Health Support Service (PCMhSS)

This service will comprise of a range of staff carrying out the 5 key functions required to undertake the key functions of the local model;

- Assessment
- Provision of the range of interventions
- Making of referrals on to secondary care mental health services and other generic services
- Provision of information and advice to patients and their carers
- Provision of information and advice to GP's and primary care teams

Fig. 2. Cwm Taf Primary Care Mental Health Support Service Model

The diagram below illustrates how the service will be staffed and delivered in each locality with other services supporting the overall scheme across the Cwm Taf region.



Within each locality the service is expected to comprise of the following staff;

- Team Leader - will manage the locality team, support service development within the locality, undertake 'face to face assessments and provide interventions appropriate to knowledge and skills. Protected time will be identified to support the provision of information and advice to GPs and practice staff.
- Mental Health Practitioners – will undertake 'face to face assessments and provide interventions appropriate to knowledge and skills. Protected time will be identified to support the provision of information and advice to GPs and practice staff.
- Therapists – will provide counselling and psychotherapeutic interventions including Cognitive Behavioural Therapy (CBT). Suitably qualified therapists within the service may also provide supervision sessions to other therapists and practitioners within the team who are delivering psychotherapeutic interventions
- Assistant Practitioners – will primarily provide interventions such as self management and educational courses but will also provide assessment and 1 to 1 interventions appropriate to their knowledge and skills

- Primary Care Support Workers (Band 3) will support the locality team to deliver self management and educational courses, provide information and advice to patients and carers.
- Psychologist – will provide psychological input to the support and delivery of therapies within in each locality. Psychologists within the service may also provide supervision sessions to other therapists and practitioners within the team who are delivering psychotherapeutic interventions
- Consultant Psychiatrist – sector consultants will provide a liaison and consultation service to GP's within the 2 clusters in their locality via email and telephone and provide weekly sessions in each cluster to offer a 'face to face' consultation service for patients experiencing issues which relate to their mental health but would not qualify them for referral to secondary care mental health services. This service will be provided to support GPs to maintain a patients mental health not provide ongoing treatment for unstable and complex mental illness.

Child and Adolescent Mental Health Service (CAMHS)

Primary Mental Health Workers (PMHW's) will operate as 'virtual' members of the service with systems, policy and protocols in place to ensure GP referrals for children and young people are appropriately met. The primary mental health workers will support children and young people, their family and carers as well as Tier 1 professionals to identify appropriate services via the provision of appropriate information and advice, undertake assessments and identify or provide appropriate interventions.

The CAMHS primary mental health workers in each locality will redesignate approximately one day per week (two sessions) of their present weekly sessions to provide a telephone consultation line for GPs and other tier one professionals. In addition it is anticipated the synergies arising from working in the local primary care mental health support service will reduce the burden of signposting activity and allow for the undertaking of Part One assessments when required.

The CAMHS primary mental health workers in each locality will whenever appropriate undertake Part One assessments alongside a relevant primary care professional – from the local tier 1 range of professionals in the child arena* – since it is typically that professional who is in the best position to provide an appropriate supportive intervention to the child with the guidance and support of the primary mental health workers.

The remainder of primary mental health workers time will be used to maintain and develop existing activities, namely consultation work to schools and third sector projects, facilitating the establishment of various support groups, training etc. It is these activities that have helped to develop capacity amongst primary care professionals and services in supporting young people with mild mental health difficulties.

The primary mental health workers in the locality will be the contact point for all related referrals received from GPs (and other tier one professionals) in that area. They will provide advice and support as appropriate and be responsible for arranging other services under Part One as necessary.

* Tier one professionals in CAMHS – under the Measure standing within the local primary mental health services - cover a range of statutory and non-statutory services as shown below.

Child and Young Persons primary care mental health services provided by local mental health partners and the third sector;

- Of particular importance in all areas is the provision made by Education Services. LEA provided services generally include; Behaviour Support Services, Educational Psychology Services, Specialist non-mainstream units, and School based Counselling services in Secondary schools, in Cwm Taf these are LEA managed services, In addition many schools have developed a broader curriculum supporting emotional health and well-being activities for targeted children e.g. short courses for anxiety management, anger control etc., as well as whole school programmes, e.g. School Assistance Programme.
- Within the Cwm Taf region both Local Authorities partners provide a range of Children's Services which are available and sometimes signposted to by the PMHS.
- Across the Cwm Taf region there are a large number of diverse services for children and young people commissioned from the third sector, the primary mental health workers have developed a Directory of Services to which children and young people may be appropriately signposted.

Other Mental Health services to be identified within the Part 1 Scheme

1. Memory Clinics and the Dementia Advisors will be identified within the scheme and will be accessed by both GP's and the PCMHSS but may be provided across more than one locality (Dementia Advisors).
2. The Veterans Service will provide information and advice to GP's/primary care staff and the PCMHSS staff and facilitate access to Veterans Support Groups. The veterans' service provides care, treatment, advice and support to those who have served in the British Army, Navy, Royal Marines and Air Force, including reservists who are experiencing common mental health problems as a result of that service. Access to the service is open and will be accepted via any route. Provided the essential criterion is met assessment is offered followed by therapy. This will be either one to one or in groups as considered appropriate for their presenting need following assessment. The veterans service offers evidence-based therapy which can be up to 16 Sessions in duration this EMDR which is offered as a part of this service.

Working closely with other statutory and non-statutory organisations ensures the best information; support and direction will be recommended and facilitated. The veterans' service will also provide

expert advice and support to local services including GP's and primary care staff, raising awareness and easing access to care and treatment for ex servicemen.

Appointments will be arranged as close to home for the veteran as possible in a suitable NHS venue.

Following the assessment the veteran may be offered treatment either by the Veteran's therapist (VT) or other NHS teams or departments for further treatment.

The VT can also provide a link to veteran charities to help with debt management, benefits and war pension/armed forces compensation queries.

3. For Eating Disorders Tier 2 staff will continue to provide consultancy, liaison, supervision, training, sign-posting and information to GP's / Primary Care staff and PCMHSS colleagues (Tier 1) regarding the care and treatment of individuals presenting with an eating disorder. Individuals who meet the criteria for referral to the Service for High Risk Eating Disorders (i.e. BMI of below 15 or physical signs in the SLAM 'concern' range) can be referred to the SHED service from across Tiers 1 & 2. Interventions to be delivered at Tier 1 will include self-help via the Bibliotherapy scheme, monitoring of an individual's physical condition, Contemplation Group, individual therapy (for those not requiring a multi-disciplinary care package) and B-EAT self-help groups. The Tier 2 Eating Disorder Lead Clinician is available for additional consultancy and supervision if required, and has responsibility for developing an appropriate range of interventions to be delivered across Tiers 1 & 2.

Local Authority Services to be identified within the Part 1 Scheme as supporting the range of Interventions available (see Fig. 3, below)

1. Rhondda Cynon Taf's Independent Living Service will contribute to the range of interventions available
2. The National Exercise Referral Scheme is provided locally both Merthyr Tydfil and RCT Local Authorities
3. RCT's Communities First programme will also provide a range of services including peer support
4. Merthyr Tydfil provide Venture Out (Mentro Allan)
5. Merthyr Tydfil Communities First programme also provides a range of opportunities

Voluntary Sector Services to be Identified within the Part 1 Scheme as supporting the range of Interventions available (see Fig. 3, below)

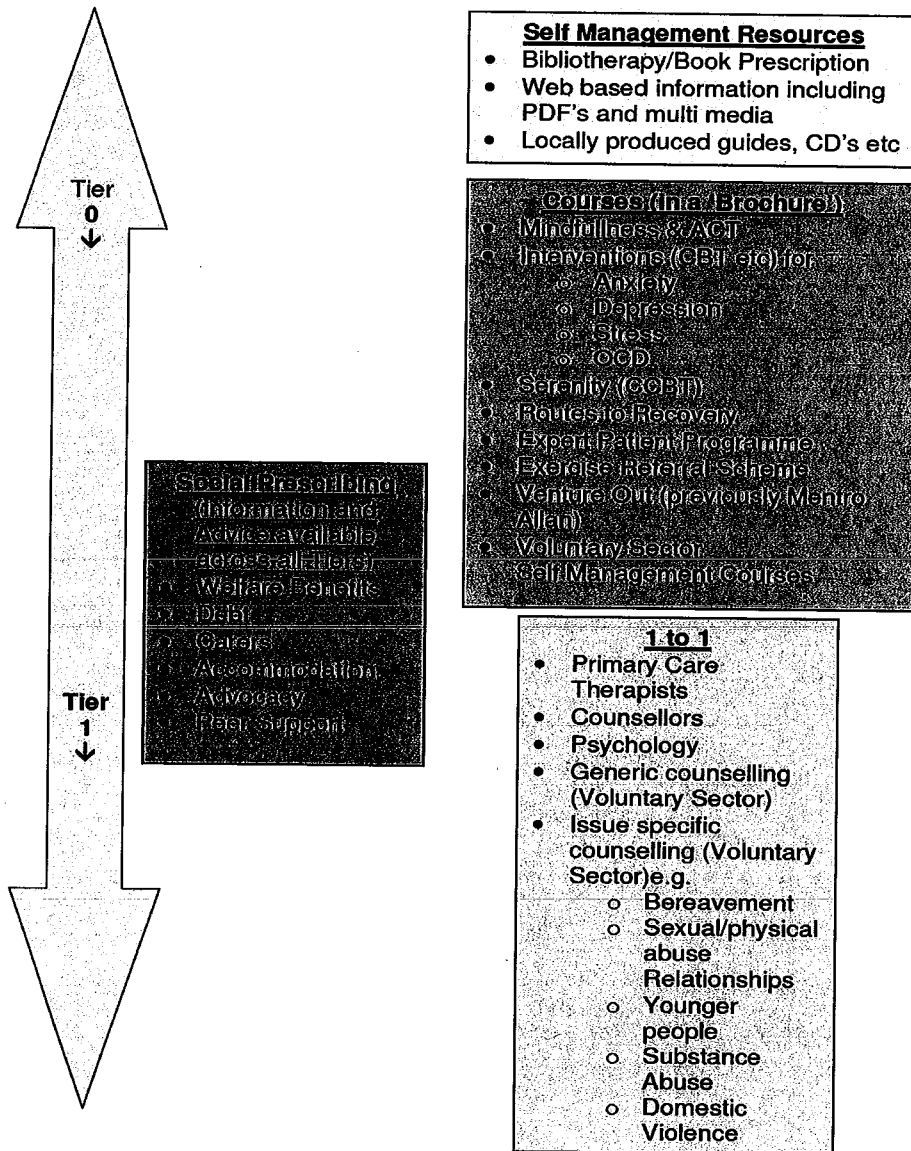
A range of voluntary sector services are commissioned by both the LHB and RCT and Merthyr Tydfil Local Authorities. These will provide the following types of interventions/services on referral from the PCMHSS;

- Counselling
- Social Prescriptions – Debt Advice/Welfare Rights/ Accommodation/Advocacy
- Peer Support

Fig. 3, Range of Interventions to be delivered within the Cwm Taf Region

The diagram illustrates the range of interventions the local scheme will provide or access across the Cwm Taf region.

Stepped Range of Interventions



9. Joint working arrangements

a) Details of partnership arrangements

Details of partnership arrangements for development and delivery of the Cwm Taf regions Part 1 Scheme are set in Section 2 (above),

The Local Health Board has developed a strong foundation of partnership working with Local Authorities, Voluntary Sector Organisations, Staff, Independent Practitioners, and other key partners which underpin excellent working relationships in the delivery of health and social care services to the people of Merthyr Tydfil and Rhondda Cynon Taff.

Cwm Taf Health Board is a statutory partner in a number of key strategic partnerships across Merthyr Tydfil and Rhondda Cynon Taff. These include:

- Cwm Taf Regional Collaboration Board
- Local Service Boards
- Merthyr Tydfil Partnership Board
- RCT Health, Social Care and Well-being Partnership
- RCT Children and Young Peoples Partnership
- RCT Community Safety Partnership

The statutory requirements remain separately with each of the two Local Authorities and the Health Board's commitment to the partnership arrangements in both areas.

b) *Management arrangements for the local primary mental health support services*

Cwm Taf's local primary mental health support services will be managed within the Mental Health Directorate of the Health Board. The development and progress of the Cwm Taf Scheme once established will be monitored by the Cwm Taf 'region' Operational Board on a monthly basis and via the Rhondda Cynon Taf and Merthyr Tydfil Mental Health Joint Planning Group on a quarterly basis.

c) *Funding*

Section 41 of the Measure provides that the local mental health partners may, for the purposes of their functions under Part 1, provide staff, goods, services, accommodation or other resources to each other and may establish a pooled fund. A pooled fund is defined as a fund which is made up of contributions by the local mental health partners and out of which payments may be made towards expenditure incurred in the discharge of functions under Part 1. Section 41 also states that the local mental health partners may, if they think fit, exercise any of their functions under Part 1 jointly.

Funding of Cwm Taf's local primary mental health support service will be managed by Cwm Taf Health Board. Funding will include that which is

allocated by Welsh Government for the purpose of developing and delivering Part 1 of the Mental Health (Wales) Measure. The Health Board will also utilise existing resources vested in the delivery of its Primary Care Liaison Services and local mental health resource centres to ensure a comprehensive service is provided.

While a pooled fund towards expenditure in the discharge of primary mental health services in the Cwm Taf region is not currently being considered, partners will provide access to relevant services and contribute by providing accommodation and other resources in support of service delivery.

d) Governance of the joint partnership arrangements

Governance of the partnership arrangements for the Cwm Taf Scheme once established will be monitored by the Cwm Taf 'region' Operational Board on a monthly basis and via the Rhondda Cynon Taf and Merthyr Tydfil Mental Health Joint Planning Group on a quarterly basis.

In relation to Information sharing, Section 42 of the Measure provides that a local mental health partner may supply another partner with information which the first partner has obtained in the discharge of its functions under Part 1 of the Measure and which relates to an individual for whom the local primary mental health support services are being, or might be, provided by the other partner, where this information is not prevented from being disclosed by any other Measure, Act of Parliament or Act of the National Assembly for Wales.

10. Performance management of the local primary mental health support services

Within the Cwm Taf region a system will be employed to provide 'Service Outcomes Monitoring' to support performance management, maintain a record of performance activity and support monitoring of service quality.

11. Governance of the local primary mental health support service

Patients remain under the normal care of their GP whilst in the Primary Care Mental Health Support Service. Practitioners and therapists working within the service who provide assessment and/or interventions to the patient/service user will be responsible for working within their competence and within locally agreed protocols.

Where service are delivered by a Third sector organisation the provider will ensure that services are delivered to the standard as set out in the Healthcare Standards for Wales (Welsh Assembly Government 2005). The full document can be found at:

English Version

<http://www.wales.nhs.uk/sites3/docmetadata.cfm?orgid=465&id=41960&pid=8970>

Welsh Version

<http://www.wales.nhs.uk/sites3/docmetadata.cfm?orgid=465&id=41962&pid=8970>

12. Equality

The requirement to undertake an Equality Impact Assessment (EQIA) is a challenging process, as there is little evidence or robust research undertaken to link each of the equality characteristics (age, ethnicity, disability, gender, sexual orientation, gender re-assignment, religion or belief, pregnancy and maternity, and marriage or civil partnership considerations) with mental health.

In recent years there is now substantial national evidence to highlight the key issues and links between an individual's equality characteristic(s) and mental health. And in many cases these characteristics contribute to the mental health issue that the individual is experiencing. This information has now been collated as a single resource.

So it could be argued that there is now no need to undertake an equality impact assessment as we now already know the impact in relation to each of the equality characteristics.

The Equality Act 2010 and the associated Public Sector Equality Duties Wales establish a significant progression in relation to the equalities agenda however, which is that organisations now need to demonstrate an improvement in experience and outcomes, at a local level.

Across Cwm Taf, the local mental health partners have developed Strategic Equality Plans (SEP's) in line with the Public Sector Equality Duties requirements. Within each of these plans and the subsequent equality objectives, it is evident that they all have relevance to mental health, particularly in terms of individual assessments taking account of equalities issues; more effective engagement/involvement methodologies; reducing stigma and promoting good community relations; the appropriate access to and provision of information and services; and the measurement of experience and outcomes.

Consequently the Mental Health (Wales) Measure 2010 will clearly assist regional partners to explore and jointly align the key objectives within their respective SEP's to ensure that the development of local primary mental health support services shows due regard to equalities considerations.

The establishment of a joint scheme now provides a valuable opportunity for Cwm Local Health Board, RCT and Merthyr Local Authorities and the third sector, to combine their efforts and resources to enable this.

13. Provision of services in English and Welsh

Cwm Taf Health Board has a Welsh Language Scheme Corporate Document that outlines its commitments and obligations under the Welsh Language Act 1993. The Health Board will ensure that the Welsh Language is mainstreamed into all its activities. The Health Board will ensure that the Welsh language will be mainstreamed when formulating new policies or initiatives, such as this scheme, via Equality Impact Assessment which form part of the Health Board's Strategic Equality Plan (as above).

14. Promoting the local primary mental health support services

Local primary mental health services across Wales will be explained within an information leaflet being developed by Welsh Government.

Locally in Cwm Taf the service will be promoted by the locality teams within all GP practices. Our 'brochure' explaining a range of health and well being courses, groups and projects across Cwm Taf will also provide an explanation of what the primary care mental health service offers and how it can be accessed. A web based resource be utilised to promote the local primary care mental health service as well as providing education material and a directory of helpful local support services and projects.

15. Arrangements for Review of the Scheme

The development and progress of the Cwm Taf Scheme once established will be monitored by the Cwm Taf 'region' Operational Board on a monthly basis and via the Rhondda Cynon Taf and Merthyr Tydfil Mental Health Joint Planning Group on a quarterly basis. The operational board will identify where and when a review of the scheme is necessary and the outcome of any such review will be presented to the Mental Health Joint Planning Group and where necessary to the Local Health Board and strategic partnerships.

Section 48 (3) of the Measure places a duty on Welsh Ministers to review the operation of Part 1 schemes within 4 years of their commencement. The Cwm Taf Scheme will be regularly monitored for outcomes and quality from its inception and the partners will contribute to whatever review process Welsh Ministers undertake.

16. Arrangements for altering a scheme

Where a review of the scheme has identified the need to alter the Cwm Taf regions Part 1 scheme the proposed alterations will be presented to the Mental Health Joint Planning Group and (where relevant) strategic

partnerships before being presented to the Local Health Board and (where required) Local Service Boards before a revised and updated scheme is provided to Welsh Government.

