

RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL

MUNICIPAL YEAR 2018-2019

**CHILDREN AND YOUNG PEOPLE
SCRUTINY COMMITTEE**

Date 19th December 2018

**REPORT OF:
DIRECTOR OF EDUCATION AND
INCLUSION SERVICES**

Agenda Item No. 3

**SCHOOL HOLIDAY ENRICHMENT
PROGRAMME**

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1. PURPOSE OF THE REPORT

The purpose of this report is to provide information on the provision of the School Holiday Enrichment Programme (SHEP) (also known as the 'Food and Fun Programme') that was delivered over the summer holiday period of 2018 in four primary schools and one special school, namely:

1. Glenboi Community Primary
2. Heol y Celyn Primary
3. Maerdy Community Primary
4. Penywaun Primary
5. Ysgol Hen Felin.

2. RECOMMENDATIONS

It is recommended that Members:

- 2.1 Scrutinise and comment on the information contained within this report.
- 2.2 Consider if any further information is required.

3. REASONS FOR RECOMMENDATIONS

To raise Members' awareness on the delivery of the provision of the SHEP in those primary schools and special school outlined in point 1.1 of this report over the summer holiday period of 2018.

4. BACKGROUND

- 4.1 At the SHEP Wales 2017 'Food and Fun' National Event held on 30th November 2017, a [keynote](#) speech delivered by the Cabinet Secretary for Finance, Mark Drakeford AM, confirmed the allocation, in the draft

budget, of £500,000 per year for 2018/2019 and 2019/2020 to support the further development of the SHEP across areas of social deprivation in Wales.

- 4.2 Following on from this, in December 2017, the Council's Education and Inclusion Service Senior Leadership Team gave approval to submit a completed match funding application form to the Welsh Local Government Association (WLGA) to deliver the SHEP in the four primary schools outlined numbers 1 to 4 in point 1.1 report over the summer holiday period of 2018. The four primary schools were selected due to the high percentage of pupils who access Free School Meals. Subsequent to this approval, a Delegated Officer Decision was completed and in January 2018, Officers submitted a completed match funding application form to the WLGA.
- 4.3 In early February 2018, the WLGA informed the Council that the match funding application had been successful.
- 4.4 Subsequently, in late February 2018, the WLGA contacted the Council requesting the submission of a further match funding application in order to deliver the SHEP in special schools over the summer holiday period of 2018. Following approval from the Council's Director for Education and Inclusion Service, in March 2018, a further match funding application was submitted to the WLGA to deliver the SHEP in the special school outlined number 5 in point 1.1 of this report over the summer holiday period of 2018.
- 4.5 In April 2018, the WLGA informed the Council that the match funding application had been successful.
- 4.6 The projected cost of delivering the SHEP is £10,000 per unit of 40 children in primary schools and £15,000 per unit of 15 children in special schools. The WLGA, via the Welsh Government (WG), match funded this cost to a maximum of £5,000 per unit of 40 children in primary schools and £5,000 per unit of 15 children in special schools plus an additional contribution of £5,000 for special schools. It was directed that the remainder had to be funded or provided 'in kind' by the Council and partner agencies including Cwm Taf University Health Board. The table that follows, Table One: Total Cost of Delivering the SHEP, outlines the allocation of match funding:

Table One: Total Cost of Delivering the SHEP						
Primary School/ Special School	Target Number of Children	Target Age Range	Maximum Match Funding from the WLGA	Additional Contribution	Maximum Match Funding from the Council	Maximum Funding
Glenboi Community Primary	40	5 – 11	£5,000	£0	£5,000	£10,000

Heol y Celyn Primary	40	5 – 11	£5,000	£0	£5,000	£10,000
Maerdy Community Primary	40	5 – 11	£5,000	£0	£5,000	£10,000
Penywaun Primary	40	5 – 11	£5,000	£0	£5,000	£10,000
Ysgol Hen Felin	15	5 – 19	£5,000	£5,000	£5,000	£10,000
Total			£25,000	£5,000	£25,000	£55,000

- 4.7 The primary schools and special school outlined in point 1.1 of this report were selected due to the high percentage of pupils who access Free School Meals. The table that follows, Table Two: Free School Meals, illustrates the average percentage of pupils who access Free School Meals compared to the Rhondda Cynon Taf County Borough Council and the all Wales averages over the previous three years:

Table Two – Free School Meals			
Primary School/Special School	2015	2016	2017
Glenboi Community Primary	69.6%	66.9%	60.0%
Heol y Celyn Primary	43.7%	40.9%	41.2%
Maerdy Community Primary	45.7%	44.4%	42.9%
Penywaun Primary	61.7%	56.7%	52.5%
Ysgol Hen Felin	N/A	N/A	N/A
Rhondda Cynon Taf County Borough Council	24.4%	23.4%	22.7%
Wales	20.1%	19.5%	18.9%

Source: My Local School

5. DELIVERY OF SHEP

- 5.1 Working closely with the headteachers of the four primary schools and one special school outlined in point 1.1, all pupils aged 5–11 years of age in the primary schools and 5– 9 years of age in the special school, were invited to participate in the SHEP.
- 5.2 The SHEP aimed to provide a safe, supervised place for pupils to socialise with one another, receive a nutritious breakfast and lunch and opportunities to participate in activities that combined sports with education.
- 5.3 The SHEP took place between the following dates/times:

Tuesday 31st July – Thursday 2nd August	between 09:00 – 13:00
Tuesday 7th August – Thursday 9th August	between 09:00 – 13:00
Tuesday 14th August – Thursday 16th August	between 09:00 – 13:00
Tuesday 21st August – Thursday 23rd August	between 09:00 – 13:00

- 5.4 As part of this programme a number of activities were organised for the pupils to participate in including:
- Arts and craft activities
 - Food and Fun activities

- Mindfulness activities
- Parent and child food preparation activities
- Parent and child shared breakfast and lunch sessions
- Sports activities
- Theatrical make-up and drama activities
- Informative sessions led by South Wales Police and South Wales Fire Service.

6. **EVALUATION OF THE SHEP**

6.1 In total, nearly 180 individual pupils from those primary schools and special school outlined in point 1.1 of this report attended 60 individual SHEP sessions with 1,260 pupil meals and 273 parent meals being served. The table that follows, Table Three: illustrates a breakdown of attendance across each primary school and special school along with the number of pupil and parent meals served:

Table Three: SHEP Numbers			
Primary/Special School	Number of Individual Pupils	Number of Pupils Meals Served	Number of Parent Meals Served
Glenboi Community Primary	44	251	74
Heol y Celyn Primary	32	384	27
Maerdy Community Primary	42	191	35
Penywaun Primary	25	284	87
Ysgol Hen Felin	35	150	50
Total	178	1,260	273

6.2 Evaluations conducted via questionnaire at the end of the SHEP gained largely positive feedback from both pupils and parents. Comments from parents included:

- "A very good scheme as it keeps children safe and happy throughout the long school holiday."
- "My daughter really enjoyed this club and hopefully she will be able to attend again".
- "Excellent, I hope it will be back next year".
- "As a Mum of five, it helped me spend time with my other children and get things done. Routine is vital to my child and they have loved spending time with their friends. I have no one to help with childcare so this has had a huge positive impact for my family".
- "Very helpful that it is in school as my child struggles with being away from the school for too long".
- "This was a marvellous idea and I am very grateful that I was able to take part".

6.3 Whilst comments from pupils included:

- "I wish there were more days at club and longer sessions – I liked everything".
- "I like eating new things and I made new friends".

- 6.4 A full breakdown of the feedback from both pupils and parents can be seen in Appendix One: SHEP 2018 Feedback.
- 6.5 Considering the positive feedback officers will shortly be seeking permission to submit a further match funding application to the WLGA next year for funding for the delivery of the programme.

7. EQUALITY AND DIVERSITY IMPLICATIONS

An Equality Impact Assessment is not required as the contents of this report are for information purposes only.

8. CONSULTATIONS

No consultation exercises have been undertaken.

9. FINANCIAL IMPLICATIONS

- 9.1 The total cost for delivering the programme was £55,000. A successful match funding application for £30,000 has been approved by the WLGA.
- 9.2 The Council match funding of £25,000 was met from within the Directorate's existing budgets.

10. LEGAL IMPLICATIONS OR LEGISLATION CONSIDERED

There are no legal implications aligned to this report.

11. LINKS TO THE COUNCILS CORPORATE PLAN/CORPORATE PRIORITIES/SIP

The provision of the SHEP over the summer holiday period of 2018 links to the 'People' and 'Place' priorities within the Council's Corporate Plan, the 'Safety', 'Health and 'Prosperity' priorities within Rhondda Cynon Taf's Single Integrated Plan as well as embodying the principles of the Wellbeing of Future Generations (Wales) Act 2015 and contributing towards achieving many of the seven wellbeing goals.

12. CONCLUSION

Clear links can be seen between the provision of the SHEP and the achievement of the Council's priorities. The provision of this programme has supported some of our most vulnerable young people in the County Borough and provided much needed support during the school summer holidays and gained positive feedback from both pupils and parents

SHEP 2018 Feedback

In February and April this year, the Council successfully submitted a match funding application to the WLGA to deliver the SHEP in five schools in the County Borough:

1. Glenboi Community Primary
2. Heol y Celyn Primary
3. Maerdy Community Primary
4. Penywaun Primary
5. Ysgol Hen Felin.

The SHEP aims to provide a safe, supervised place for pupils to socialise with one another, receive a nutritious breakfast and lunch and be encouraged to participate in activities that combine sports with education.

The SHEP took place between the following dates/times:

- Tuesday 31st July – Thursday 2nd August between 09:00 – 13:00
- Tuesday 7th August – Thursday 9th August between 09:00 – 13:00
- Tuesday 14th August – Thursday 16th August between 09:00 – 13:00
- Tuesday 21st August – Thursday 23rd August between 09:00 – 13:00

During these dates/times, a number of activities were organised for the pupils to participate in including:

- Food and fun sessions
- Sports activities
- Arts and craft activities
- Parent and child food preparation sessions
- Parent and child shared breakfast and lunch sessions.

The table that follows illustrates a breakdown of attendance across each primary school and special school along with the number of pupil and parent meals served:

Table 1.1 SHEP Numbers			
Primary/Special School	Number of individual pupils	Number of pupils meals served	Number of parent meals served
Glenboi Community Primary	44	251	74
Heol y Celyn Primary	32	384	27
Maerdy Community Primary	42	191	35
Penywaun Primary	25	284	87
Ysgol Hen Felin	35	150	50
Total	178	1,260	273

In total, 178 individual pupils from Glenboi Community Primary, Heol y Celyn Primary, Maerdy Community Primary, Penywaun Primary and Ysgol Hen Felin attended 60 individual SHEP sessions with over 1,260 pupil meals and 273 parent being served.

Pupil Feedback

Out of the 178 pupils that signed up to the SHEP, 59 (33.1%) completed and returned feedback forms. Of those pupils completing feedback forms, 44.0% were boys whilst 56.0% were girls. The age split of pupils is shown in the table that follows:

Age	Number
5	2
6	0
7	1
8	14
9	16
10	15
11	2
12	0
13	2
14	2
15	2
16	1
17	1
18	0
19	0
Total	58

When pupils were asked their opinions of various areas they responded 'like', 'okay' or 'dislike'. The responses are shown in the table that follows:

Area	Like		Okay		Dislike		N/A	
	Number	%	Number	%	Number	%	Number	%
This SHEP	47	76.6	12	20.3	0	0.0	0	0.0
Playing sports and being active	49	83.0	9	15.2	1	1.6	0	0.0
Learning about healthy eating	30	50.8	20	33.9	9	15.2	0	0.0
Breakfast at this SHEP	38	64.4	13	22.0	7	11.8	1	1.6
Lunch at this SHEP	44	74.5	14	23.7	1	1.6	0	0.0
Having this SHEP at your school	54	93.1	4	6.9	0	0.0	0	0.0

When pupils were asked their opinions of various areas of the SHEP they responded 'like', 'okay' or 'dislike'. The responses are shown in the table that follows:

Area	Like		Okay		Dislike	
	Number	%	Number	%	Number	%
Did you learn something new?	51	86.4	2	3.3	6	10.1
Do you do something new that you would like to do again?	51	86.4	5	8.4	3	5.0
Did you learning something new about food and healthy eating?	46	77.9	9	15.2	4	6.7
Did you eat breakfast?	47	79.6	10	16.9	2	3.3
Did you eat lunch?	57	96.6	0	0.0	2	3.3
Did you try a new food or drink?	29	49.1	22	37.2	8	13.5
Did you feel less hungry on the SHEP days?	19	32.2	24	40.6	16	27.1
Did you spend time with your friends?	55	93.2	2	3.3	2	3.3
Did you make new friends?	28	47.4	22	37.2	9	15.2

When pupils were asked their opinions on various areas once the SHEP had completed they responded 'yes', 'no' and 'unsure'. The responses are shown in the table that follows:

Area	Yes		No		Unsure	
	Number	%	Number	%	Number	%
Will you try to eat healthier at home?	43	74.1	10	17.2	5	8.6
Will you teach your family about healthy eating?	39	67.2	9	15.5	10	17.2
Will you try to be more active?	49	84.4	4	6.9	5	8.6
Will you take up a sport or activity club?	39	67.2	10	17.2	9	15.5

When pupils were asked about their eating habits on the SHEP days compared to home days they gave various responses. The responses are shown in the table that follows:

Area	The SHEP		Home		Same	
	Number	%	Number	%	Number	%
Did you miss more meals on the SHEP days or home days?	11	29.7	6	16.2	20	54.0
Did you eat more fruit and vegetables on the SHEP days or home days?	20	41.6	16	33.3	12	25.0
Did you eat more snacks high in fat and sugar on the SHEP days or home days?	7	12.7	34	61.8	14	25.4
Did you drink more sugary and fizzy drinks on the SHEP days or home days?	5	9.4	37	69.8	11	20.7

Were you more active on the SHEP days or home days?	29	55.7	10	19.2	13	25.0
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When pupils were asked what they did when they were not at the SHEP, they responded with 'every day', 'some days' and 'never'. The responses are shown in the table that follows:

Area	Every Day		Some Days		Never	
	Number	%	Number	%	Number	%
Eat breakfast?	40	67.8	13	22.0	6	10.1
Eat lunch?	51	86.4	7	11.8	1	1.6
Spend most of the day on your own?	12	20.3	22	37.2	25	42.3
Go out with your family?	19	32.2	38	64.4	2	3.3
Go to other clubs or groups?	11	18.6	22	37.2	26	44.0
Stay in bed or on the sofa most of the day?	17	28.8	21	35.5	21	35.5
Help around the house?	24	40.6	28	47.4	7	11.8
Mainly watch TV, play computer games or use tablet/phones?	26	44.0	31	52.5	2	3.3
Play sports or exercise?	23	38.9	31	52.5	5	8.4
Play with friends?	29	49.1	29	49.1	1	1.6

Pupils were then asked about where they live and responded with 'yes', 'no' and 'unsure'. The responses are shown in the table that follows:

Area	Yes		No		Unsure	
	Number	%	Number	%	Number	%
Are there fun things to do?	46	79.3	3	5.1	9	15.2
Do you feel safe when you leave your home?	35	59.3	8	13.5	16	27.1
Are the roads dangerous?	42	71.1	10	16.9	7	11.8
Are you allowed to play out in the street?	36	61.0	20	33.9	3	5.1
Are you allowed to play in the park?	51	86.4	7	11.8	1	1.7

Finally, pupils were asked how they travelled to the SHEP they responded with 'walk', 'car', 'bus', 'cycle', 'train' and 'other'. The responses are shown in the table that follows:

Area	Walk		Car		Bus		Cycle		Train		Other	
	Number	%	Number	%	Number	%	Number	%	Number	%	Number	%
How do you travel to the SHEP?	33	47.8	28	40.5	2	2.9	6	8.7	0	0.0	0	0.0

Parent/Carer Feedback

When asked about their relationship to the pupil attending the SHEP the table that follows shows the responses recorded:

Area	Parent		Guardian		Grandparent		Carer	
	Number	%	Number	%	Number	%	Number	%
	21	77.7	2	7.4	3	11.1	1	3.7

When asked about the number of children attending the SHEP parents / carers responses are recorded in the table that follows:

Area	1		2		3		4+	
	Number	%	Number	%	Number	%	Number	%
	21	77.7	5	18.5	1	3.7	0	0.0

When asked about the availability of the SHEP parents / carers responses are recorded in the table that follows:

Area	Excellent		Good		Okay		Poor	
	Number	%	Number	%	Number	%	Number	%
Times per day	17	65.3	6	23.0	3	11.5	0	0.0
Days per week	17	65.3	6	23.0	2	7.6	1	3.8
Weeks across the holidays	16	61.5	6	23.0	3	11.5	1	3.8

When parents/careers were asked for the reasons for their children not attending every day the responses are recorded in the table that follows:

Area	Had other commitments		Unwell	
	Number	%	Number	%
	7	70.0%	3	30.0%

When parents/carers were asked, where their children would be if they were not in the SHEP the responses that were recorded are in the table that follows:

Area	At home alone	Looked after by an adult relative or friend	Looked after by an older sibling	Looked after by you

	Number	%	Number	%	Number	%	Number	%
	1	2.9	5	14.7	3	8.8	25	73.5

When asked if parents/carers sessions were available at this SHEP (they were available at all SHEPs) the table that follows shows the responses that were recorded:

Area	Yes		No		Unsure	
	Number	%	Number	%	Number	%
	13	48.1	4	14.8	10	37.0

Of those parents/carers who participated in the parent/carer sessions, the table that follows outlines the activities that parents/carers thought were most enjoyable:

Area	Cooking		Sports		Family lunch		Arts and crafts	
	Number	%	Number	%	Number	%	Number	%
	2	16.6	3	25.0	6	50.0	1	8.3

Of those parents/carers who participated in the parent/carer sessions, the table that follows outlines how parents/carers thought the sessions could be improved:

Area	More chances to join in		More options for parents (without children)		More/different sports		More/different cooking	
	Number	%	Number	%	Number	%	Number	%
	6	54.5	1	9.0	1	9.0	3	27.2

Parents/carers were then asked what parent/carer activities they would like to be offered in the future. The table that follows outlines the responses received:

Area	Number	%
Cooking	9	18.3
Sports	4	8.1
Trips	12	24.4
Arts	7	14.2
Gardening	3	6.1
Games	9	18.3
Music	5	10.2

When asked how many times they participated in parent/carer breakfast/lunch sessions the table that follows outlines the responses received:

Area	0	1	2	3	4

	Number	%								
	22	62.8	10	28.5	2	5.7	0	0.0	1	2.8

Parents/carers were then asked their opinions of the breakfasts/lunches served. The table that follows outlines the responses received:

Area	Excellent		Good		Okay		Poor	
	Number	%	Number	%	Number	%	Number	%
	29	72.5	9	22.5	1	2.5	1	2.5

When parents/carers were asked if they thought if the SHEP had benefited their child, the table that follows outlines the responses received:

Area	Yes		No		Unsure	
	Number	%	Number	%	Number	%
	25	92.5	1	3.7	1	3.7

Parents/carers were asked specifically how their children benefitted from participating in the SHEP. The tables that follows outlines the responses received:

Area	Number	%
Tried new foods	14	6.8
Tried new activities	14	6.8
Ate healthier foods	11	5.3
More confidence	11	5.3
Made new friends	7	3.4
Spent time with friends	19	9.2
Improved behaviour	9	4.3
Generally more healthy	10	4.8
Learnt about healthy living	13	6.3
Had fun	22	10.7
Kept in a good school routine	19	9.2
Will help to return to school	15	7.3
Improved social skills	13	6.3
Kept active	21	10.2
Caught up with learning	7	3.4

Parents/carers were then asked if they thought that the SHEP had benefited them, the table below outlines the responses received:

Area	Yes		No		Unsure	
	Number	%	Number	%	Number	%
	23	92.0	1	4.0	1	4.0

Parents/carers were asked specifically how the SHEP had benefited them; the table below outlines the responses received:

Table 2.12: How has the SHEP benefitted you		
Area	Number	%
Provided children with something to do	23	13.6
Help manage work/leave/ childcare	9	5.3
Educational	12	7.1
Less worried about child returning to school	9	5.3
Helped meet the financial cost of the holidays	11	6.5
Happy children	20	11.9
Broke up the holidays	23	13.6
Able to spend the time with my other children	13	7.7
Enjoyed the time spent with my children	12	7.1
Allowed time to myself/get jobs done/have a break myself	15	8.9
Knowing children are in a safe environment	21	12.5

Parents/carers were then asked if they would recommend the SHEP. The table that follows outlines the responses received:

Table 2.13: Would you recommend the SHEP						
Area	Yes		No		Unsure	
	Number	%	Number	%	Number	%
	24	92.3	1	3.8	1	3.8