



## **RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL**

**MUNICIPAL YEAR 2020/21**

**CHILDREN & YOUNG PEOPLE SCRUTINY COMMITTEE**

**2<sup>nd</sup> DECEMBER 2020**

### **JOINT REPORT OF THE DIRECTOR OF CHILDREN'S SERVICE AND THE DIRECTOR EDUCATION AND INCLUSION SERVICES**

**Author: - Annabel Lloyd and Gaynor Davies**

#### **1. PURPOSE OF REPORT**

- 1.1 To provide Members with an update from both Children's Services and Education and Inclusion Services on the work carried out during Covid-19 in respect of supporting children and young people's health and wellbeing.

#### **2. RECOMMENDATIONS**

It is recommended that Members:

- 2.1 Scrutinise and comment on the information contained within this report.
- 2.2 Consider if any further information is required.

#### **3. REASONS FOR RECOMMENDATIONS**

- 3.1 In response to Scrutiny Committee's request for information about services and support for promoting children, young people and family resilience and emotional wellbeing, a high-level presentation has been prepared that illustrates the breadth of support available across both Directorates.
- 3.2 The presentation and officers' response to Scrutiny Committee members' questions will illustrate how the Council has responded to the emotional wellbeing needs of our residents during the exceptional circumstances of the pandemic. The presentation also sets out the integrated approaches and pathways that assist in

making sure that young people and their families reach the right level of service at the right time.

- 3.3 It is anticipated that Scrutiny Committee will use this background report and presentation as the basis for future lines of enquiry and reports to Scrutiny Committee.

#### **4. BACKGROUND**

- 4.1 The outbreak of Covid-19 resulted in all learners, including the most vulnerable and disadvantaged being unable to access their school placements for an extended period of time. This inevitably placed significant pressures on families and impacted on children and young people's access to school based support services. A total of 25 childcare hubs were swiftly established throughout the County Borough to ensure that the needs of the most vulnerable were met during the school closure period. In addition to this provision, pre-school children also accessed free childcare as part of the Coronavirus Childcare Assistance Scheme. Children with the greatest needs were prioritised through a partnership approach involving both Education and Children's Services and accessed transport to provisions to support their engagement.
- 4.2 In an attempt to support families with the greatest need, the Council also put in place an extensive childcare and activity programme during the summer holiday period. This provision of childcare and targeted support ensured that much needed respite and support for vulnerable families.
- 4.3 Since the reopening of schools in September, Council departments, schools and settings continue to show tremendous resilience and agility in adapting their service provision for children, young people and their families. Significant numbers of parents/carers and families across the County Borough continue to face ongoing financial hardship, loss, health issues and multiple adverse experiences. To meet service demands, integrated service delivery models, processes and procedures have been developed and partnership working strengthened to ensure effective universal approaches and support the most vulnerable in our communities with the aim of preventing an escalation into statutory services or increasingly challenging circumstances.
- 4.4 Whilst it is impossible to present on all aspects of service provision, it is hoped that the presentation will serve to illustrate the range of services currently available in Rhondda Cynon Taf to meet the wellbeing needs of our communities across both Education and Children's Services.

#### **5. EQUALITY AND DIVERSITY IMPLICATIONS**

- 5.1 There are no negative or adverse equality or diversity implications associated with this report.

## **6. CONSULTATION**

6.1 There are no consultation implications aligned to this report.

## **7. FINANCIAL IMPLICATION(S)**

7.1 There are no financial implications aligned to this report.

## **8. LEGAL IMPLICATIONS OR LEGISLATION CONSIDERED**

8.1 There are no legal implications that are relevant to this report.

## **9. LINKS TO THE COUNCIL'S CORPORATE PLAN/OTHER CORPORATE PRIORITIES/SIP**

9.1 The Council's Corporate Plan for 2020 to 2024 highlights the Council's commitment to delivering three main priorities, namely:

- Ensuring People are independent, healthy and successful;
- Creating Places: where people are proud to live, work and play;
- Enabling Prosperity: creating the opportunity for people and businesses to be innovative; be entrepreneurial; and fulfil their potential and prosper

9.2 This report is specifically linked to ensuring that children, young people and their families are independent, healthy and successful, and that our services are further improved and place the needs of children at the heart of everything we do.

## **10. CONCLUSION**

10.1 The impact of Covid-19 on the wellbeing of children, young people, and families has been pronounced and the need for integrated, partnership approaches to meeting the wellbeing needs of our communities has never been greater.

10.2 Innovative and creative ways of partnership working will continue to be developed as our services adapt to new and emerging challenges, with a clear focus on preventative and sustainable models of service delivery that are both efficient and effective. These will require close monitoring to ensure that they deliver improved outcomes for the communities that we serve.

**LOCAL GOVERNMENT ACT 1972**

**AS AMENDED BY**

**THE LOCAL GOVERNMENT (ACCESS TO INFORMATION) ACT 1985**

**RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL**

**CHILDREN & YOUNG PEOPLE COMMITTEE**

**2<sup>nd</sup> DECEMBER 2020**

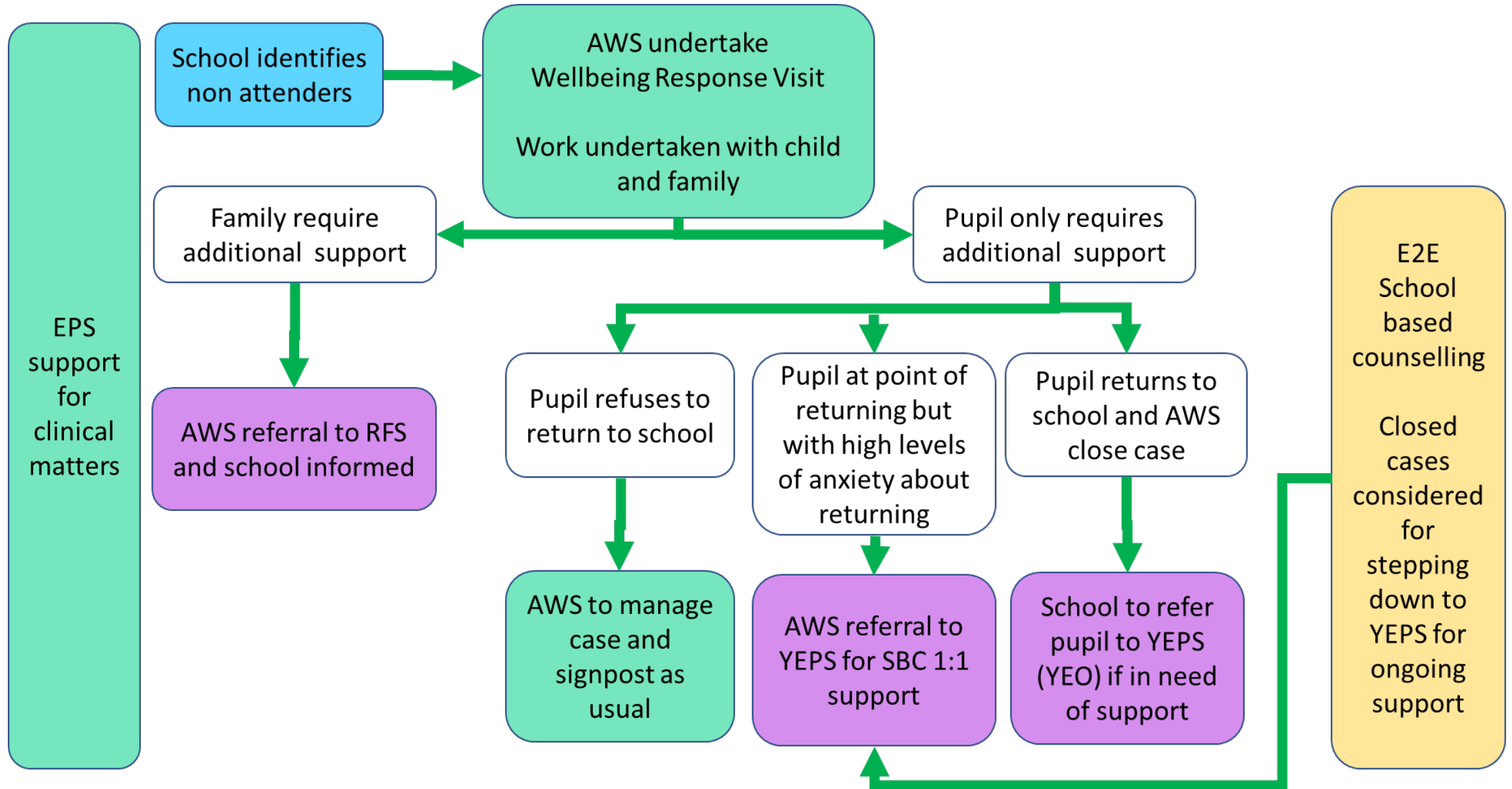
**JOINT REPORT OF THE DIRECTOR OF CHILDREN'S SERVICE AND THE  
DIRECTOR EDUCATION AND INCLUSION SERVICES**

# Integrated Wellbeing Support for Children and Young People in RCT

CYP Scrutiny Committee

Wednesday 2<sup>nd</sup> December 2020

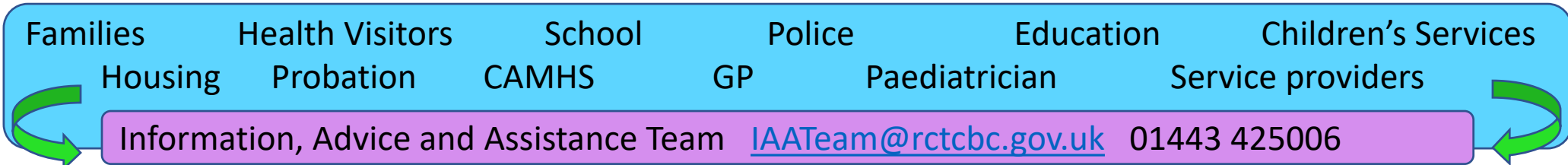
# Integrated wellbeing support – return to school



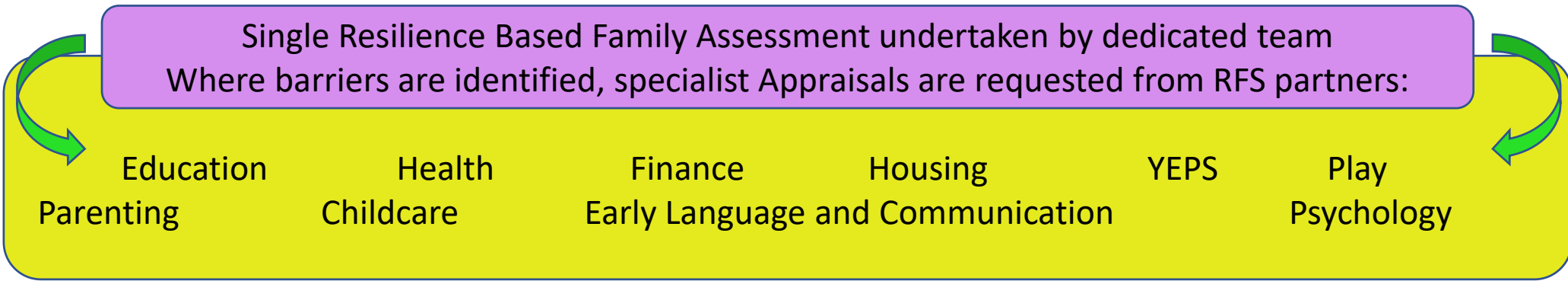
# Resilient Families Service



**Referral**

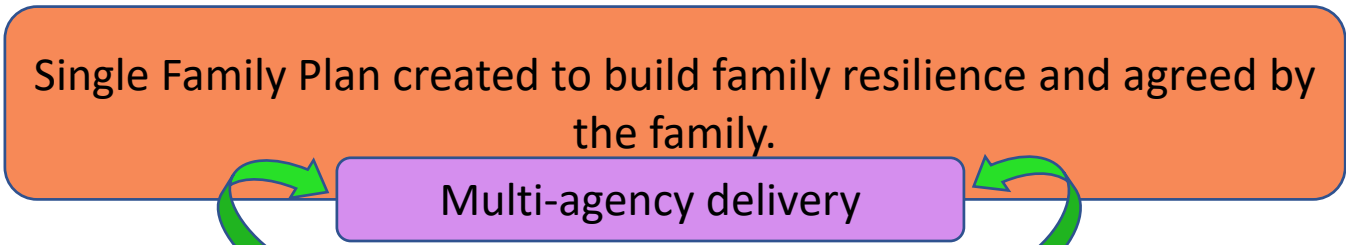


**Assessment**



**Appraisals**

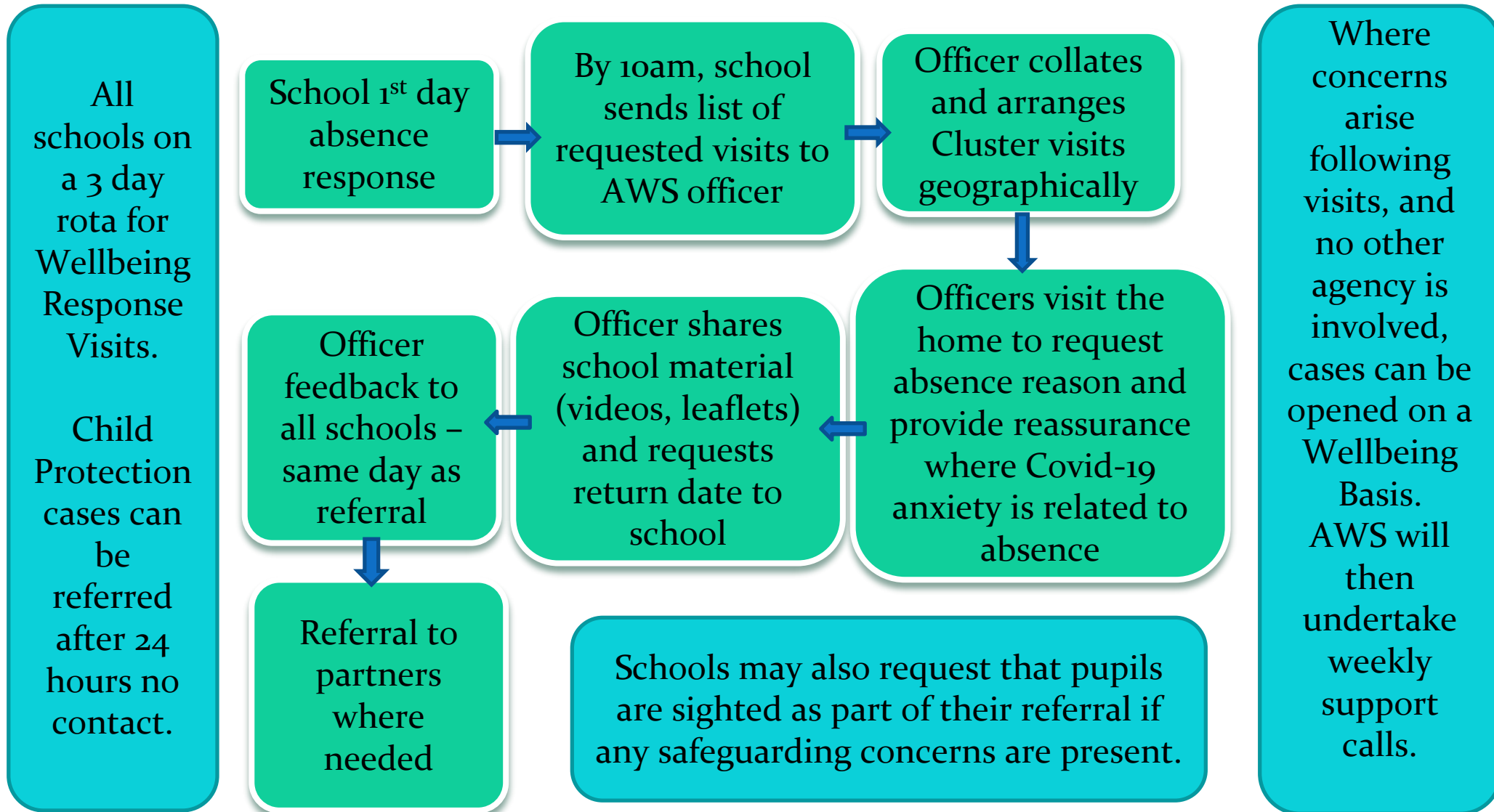
**Plan**



**Intervention**



# AWS – Service Changes





# Access & Inclusion Service Wellbeing Support

**REVISED SERVICE  
DELIVERY MODELS**

Learner Support and  
Educational Psychology  
Service

**FAMILY LIAISON  
OFFICER**

Parental and professional  
Support

**SNAP PARENT  
PARTNERSHIP**

Signposting, virtual  
coffee mornings and  
direct support

**ACCESS &  
INCLUSION  
WEBSITE**

<https://www.rctcbc.gov.uk/EN/Resident/SchoolsandLearning/AccessandInclusiontoEducation/AccessandInclusiontoEducation.aspx>

**EOTAS &  
ELECTIVE HOME  
EDUCATION**

Individual & group  
support, signposting

**COLLABORATIVE  
COUNSELLING  
INITIATIVE**

Welsh Government  
funding

# Access & Inclusion Service Wellbeing Support

**CRITICAL  
INCIDENT  
RESPONSE**

Circles of Vulnerability  
IRG & PRUDIC response

**EPS SUPPORT  
LINE**

Parental & Professional  
Support

**PROFESSIONAL  
REFLECTION  
SESSIONS**

Staff supervision AWS &  
YEPS

**VIDEOS &  
RESOURCE  
PACKS**

Wellbeing support  
for Parents

**PERMA  
WELLBEING  
TOOLS**

School based wellbeing  
monitoring & Support  
system

**WELLBEING  
TRAINING  
PROGRAMME**

Range of training  
opportunities linked to  
Wellbeing Strategy

# Children Looked After

Providing Psychological Information and Advice	Psychological Work with the Team around the CYP	Psychological work with CYP & their families/carers
<ul style="list-style-type: none"> <li>• Whole School Training</li> <li>• Guidance on CLA Friendly Schools Quality Mark and supporting CSC training</li> <li>• Anonymous consultation – via telephone/TEAMS</li> <li>• Training to Foster Carers – ELSA, Emotion Coaching.</li> <li>• Helping Hands Transition Project</li> <li>• Termly Newsletter – sharing good practice &amp; resources.</li> </ul>	<ul style="list-style-type: none"> <li>• Circles of Understanding Meetings</li> <li>• Enhanced Case Management Meetings</li> <li>• Team Around the Child Meetings</li> <li>• Pre-admission meetings (Welcome Meetings)</li> <li>• Planning Alternative Tomorrows with Hope</li> </ul>	<ul style="list-style-type: none"> <li>• Video Interaction Guidance</li> <li>• Dyadic Developmental psychotherapy approaches</li> <li>• Therapeutic Story Writing Group</li> <li>• Story Links</li> <li>• Ascertaining Pupil Views</li> <li>• Assessment work</li> <li>• PDG LAC based funding for short term needs to support inclusion in schools and transitions.</li> </ul>
<p>In development :</p>	<p>In development :</p>	<p>In development :</p>
<ul style="list-style-type: none"> <li>• Group Supervision for Designated Persons in schools (Once a term)</li> <li>• Reflective sessions with Social Services colleagues</li> </ul>	<ul style="list-style-type: none"> <li>• Trauma Recovery Model in Children’s Homes</li> <li>• MAPSS (Therapy for CLA)</li> <li>• Muse ( App for 16+)</li> </ul>	<ul style="list-style-type: none"> <li>• Additional funding through PDG LAC to support developmental needs using enhanced access to short term programs.</li> <li>• Sand story work.</li> </ul>



# How to request help from the CLA Team

Please feel free to discuss any requests for involvement with a member of the CLA Team. Queries should be sent to the email address [LACreferrals@rctcbc.gov.uk](mailto:LACreferrals@rctcbc.gov.uk) with

- Your name
- Your relationship to the child (e.g. social worker, teacher, foster carer, kinship carer, etc.)
- A brief description of your concern/what you would like support with
- The telephone number you would like to be contacted on

You will be offered an initial telephone call with a member of the CLA Education Team.

If you would like to access this service please email [LACreferrals@rctcbc.gov.uk](mailto:LACreferrals@rctcbc.gov.uk)

Once received a member of the team will be in touch to have a chat about what you would like and to discuss next steps.

Mae croeso i chi gyfathrebu â ni yn y Gymraeg . You are welcome to communicate with us in Welsh.



## Disabled Children's Service

- Promote independence
- Occupational Therapy
- Short breaks

## Miskin

- Positive Future Programme
- Parenting Programmes
- Music/Art Therapy Groups

## Therapeutic Families Team

Offers consultation, therapeutic assessments and interventions to children and families

## IFST

Evidence based interventions to families with complex issues.

## Children Looked After

- Life Journey Work
- Trauma Recovery Model
- MUSE (App)

## Resilient Families Service

### Young Carers Project

- Social opportunities
- Counselling
- Training
- Short term support



# STATUTORY CHILDREN'S SERVICES

## The IAA Team – 'What Matters Conversation'

- Community Services,
- Dewis Cymru Website,
- Family Information Service
- Resilient Families Service,
- Young Carers Project
- Specialist Advice e.g. disability & Special Guardianship

# RCT Families website

## Rationale

- Lots of provision and lots of information available but spread across a number of websites / pages on RCT website
- Created significant number of online resources during lockdown (children & young people, parents, families, professionals)
- No obvious central place to store it online for future reference
- Community Wellbeing and Resilience Service Covid-19 Recovery Plan – develop an easily accessible multi-functional website to communicate key messages

## Development

- Development underway and on track to be fully operational by end of the financial year
- Had funding from Welsh Government Covid-19 recovery grant to develop 'RCT Families' website
- Agreement from ICT to undertake work and ensure fully integrated with the Council website, Dewis Cymru and wicid.tv
- Intelligent search functions to improve accessibility
- Opportunity to develop future App

# Contact details

- **Information Advice and Assistance (including Resilient Families Service)**

 [IAATeam@rctcbc.gov.uk](mailto:IAATeam@rctcbc.gov.uk)  01443 425006

- **Access and Inclusion Services**

 [A&IService@rctcbc.gov.uk](mailto:A&IService@rctcbc.gov.uk)  01443 744333

- **CLA Education Team**

 [LACreferrals@rctcbc.gov.uk](mailto:LACreferrals@rctcbc.gov.uk)  01443 744344

- **Attendance and Wellbeing Service**

 [AWS@rctcbc.gov.uk](mailto:AWS@rctcbc.gov.uk)  01443 744298

- **Youth Engagement and Participation Service**

 [YEPS@rctcbc.gov.uk](mailto:YEPS@rctcbc.gov.uk)  01443 281436  Wicid.tv