

RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL

HEALTH & WELLBEING SCRUTINY COMMITTEE

Minutes of the meeting of the Health & Wellbeing Scrutiny Committee held at the Llantrisant Leisure Centre, Southgate Park, Llantrisant on Wednesday, 15th December, 2017 at 5 p.m.

Present

County Borough Councillor R.Yeo – in the Chair

County Borough Councillors

J. Davies, J. Elliott, S. Evans, M Forey,
L, Hooper, A. Roberts, J. Williams, C. Willis

In Attendance

County Borough Councillor G. Thomas – Vice Chair of Overview and Scrutiny

Officers

Mr.G.Isingrini – Group Director, Community & Children’s Services
Mr C.B. Jones – Director of Legal and Democratic Services
Mr P. Mee - Service Director for Public Health & Protection
Mr D Batten, Head of Leisure, Parks & Countryside
Mr N. Elliott –Service Director Adult Services
Mr D. James – Head of Communities and Prosperity
Mr K. Nicholls – Leisure Operations Manager

17. APOLOGIES FOR ABSENCE

Apologies for absence were received from County Borough Councillor L De Vet.

18. DECLARATIONS OF INTEREST

RESOLVED – that in accordance with the Members Code of Conduct, there were no personal interests made at the meeting pertaining to the agenda.

19. MINUTES

RESOLVED – to approve as an accurate record the minutes of the meeting of the Health & Wellbeing Scrutiny Committee held on the 26th September 2017.

20 PRESENTATION FROM HEAD OF COMMUNITIES AND PROSPERITY IN RESPECT OF THE SERVICES STRATEGIC OVERVIEW AND UPDATE.

The Head of Communities and Prosperity presented Members with the background of the Service. It was explained that the service was established following a tackling poverty review which was undertaken in 2015/16.

This Co-ordinates the Council's approach to Tackling poverty and generating prosperity across Rhondda Cynon Taf with a particular focus on Welsh Government tackling poverty grants. These being;

- Families First
- Communities First
- Communities for Work
- Substance Misuse
- Commissioning aspect of Flying Start.

The Head of Communities and Prosperity explained that since the Tackling Poverty Review the Service has worked towards a single RCT wide governance forum, a single tackling poverty outcomes framework, and a single commissioning team along with a single coherent strategy.

Members were informed of the vision and principles of the Service which is an integrated whole authority early intervention approach to building resilient communities, tackling poverty and promoting well being. Members were presented with the key components of the above approach and how they were to be delivered.

Members thanked the Head of Community and prosperity for his very in-depth presentation and the Chair opened the floor up for questions.

Members put their questions forward; many Members had concerns with regards to the reconfiguration of Communities First Programme, along with the reconfiguration of Families First funding and the implementation of a new Cwm Taf Integrated Substance Misuse Service.

After an in depth consideration the Committee Agreed to:

- Acknowledge the information considered in the presentation
- Receive an in depth report in respect of the integrated substance misuse service.
- Receive further report in respect of Community Zones

21. REPORT OF THE HEAD OF LEISURE, PARKS & COUNTRYSIDE IN RESPECT OF LEISURE FITNESS PERFORMANCE UPDATE

The Head of Leisure, Parks and Countryside provided Members with an overview of the on- going performance of leisure centres and swimming pools included in the priority capital investment programme.

It was explained to Members that in 2015/16 the Council committed to invest significant capital money into developing the fitness offer at three leisure facilities namely, Bronwydd Pool, Rhondda, Sports Centre and Abercynon Sports Centre. The three facilities mentioned had received little investment into their fitness facilities in recent years. Members were informed that research into the latent membership demands for the areas highlighted an opportunity to attract more customers within these communities, which would positively impact the health and wellbeing of the residents.

The Head of Leisure, Parks and Countryside presented the Health and Wellbeing Scrutiny Committee with the results of the investment and the impact that it has had on its local community. Members were informed that customer feedback has been very positive and this is highlighted by the increase in membership, usage and revenue.

The Chair thanked the Officers for the report and Members put their questions forward. Members were pleased to see increase in participation within the leisure facilities however felt that more work could be done with GPs in respect of promoting the National Exercise Referral Scheme (NERS). One Member suggested that a presentation to GP surgeries explaining the service would be beneficial to the health and wellbeing of residents within Rhondda, Cynon, and Taf. Members also felt that the target areas for youth and over 60's participation should be key.

After further discussion of the report Members **RESOLVED:**

- To acknowledge the content of the report
- To receive an update in respect of the investment in to 3 G Pitches within RCT
- To receive an updating report in 12 months in respect of leisure performance.

22 . PRESENTATION IN RESPECT OF THE ADULT MENTAL HEALTH PROVISION IN RCT

The Service Director, Adult Services presented the Committee with an overview of the mental health service within RCT. It was explained that the service for adults 18 to 65 RCT works in partnership with Cwm Taf University Health Board, the voluntary sector and other stakeholders to provide a network of services for people with mental health problems and their families and carers.

The Service Director, Adult Services provided Members with the information under the following headings:

- Local Primary Health Support Service
- Secondary Care – CMHTS
- Service for Older People over 65 Years
- Services that are available through the CMHT's and Care and Support Teams

The Service Director Adult Services also informed Members of the Valleys Life Initiative with its aim to deliver for the valleys a Local Integrated service for the Frail and Elderly and includes developing two Health and Wellbeing Hubs for older people with cognitive and memory problems in the Cwm Taf Region.

The Service Director Adult Service presented the challenges the service has to face, such as the availability of specialist accommodation: restricting the opportunity for people to move on, along with the lack of EMI nursing beds i.e. respite provision as well as long term, the loss of hospital beds and closure of wards as well as others.

Members expressed their view in relation to the presentation and gave their observations and comments on the Service.

Following a discussion of the presentation Members **RESOLVED** to

- Form a Working Group of the Health and Wellbeing Committee to look at the provision of EMI Nursing beds within RCT
- Receive further information a future meeting on the provision of support for Carers with the Authority.
- Receive an update on the new Health and Wellbeing Hubs at a future meeting.

Meeting closed at 7pm

**Cllr R Yeo
Chair**