

RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL

MUNICIPAL YEAR 2018/19

HEALTH AND WELLBEING SCRUTINY COMMITTEE

12TH February 2019

REPORT OF INTERIM HEAD OF DEMOCRATIC SERVICE

The Findings of the Health and Wellbeing Scrutiny Working Group in respect of the EMI Nursing Beds Provision.

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1. PURPOSE OF REPORT

- 1.1 The purpose of this report is to make Member aware of the findings and recommendations of the Scrutiny Working Group in relation to the Provision of EMI Nursing Care Home provision in Rhondda Cynon Taf.

2. RECOMMENDATIONS

- 2.1 Members are asked to endorse the recommendation:
- 2.2 Members request for the these recommendations to be presented to the Council's Cabinet for consideration.

3. BACKGROUND

- 3.1 At the meeting of the Health and Wellbeing Scrutiny Committee on the 15th November 2017, members considered a presentation in relation to the provision of Adult Mental Health Service within Rhondda Cynon Taf. Members were presented with the challenges faced by the service, including the lack of EMI nursing care home beds (both respite and long-term care provision) and impact the loss of older people with dementia hospital beds and closure of wards at Ysbyty George Thomas in Treorchy had on EMI nursing care home provision.
- 3.2 As a result of the above the Scrutiny Working Group was formed and the Health and Wellbeing Scrutiny Committee is now asked to consider the report attached at Appendix A and subject to agreement, the report will be passed to the Executive for consideration.

4. CONCLUSION

- 4.1 The Scrutiny Working Group concluded that they have considered the effectiveness of the current commissioning systems across Adult Social Care and Health to meet the current and future demands of the provision of EMI Nursing beds provision across the County Borough. Having considered all the information put before them the Health and Wellbeing Scrutiny Committee Working Group propose the recommendation set out in 2.1 and 2.2 of the report attached at Appendix 1

RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL

MUNICIPAL YEAR 2018/19

**DRAFT REPORT OF THE HEALTH & WELLBEING SCRUTINY COMMITTEE
WORKING GROUP**

EMI NURSING BED PROVISION WITHIN RHONDDA CYNON TAF

1 TERMS OF REFERENCE

Terms of reference: to consider the effectiveness of the current commissioning systems across Adult Social Care and Health to meet current and future demand and ensure the ongoing delivery and sustainability of good quality EMI nursing care home provision in Rhondda Cynon Taf.

Scope:

- To review the Cwm Taf Regional Market Position Statement for Care Homes and examine the progress made to implement agreed commissioning intentions, relating in particular to EMI nursing care
- To consider and examine the services already provided or commissioned by the Council and the Cwm University Health Board and determine whether they are meeting current needs.
- To examine development options for the provision of new / additional EMI nursing care home provision in Rhondda Cynon Taf
- To explore the choices available and the range of alternative services to EMI nursing care provision
- From the information gathered to identify specific areas for more in-depth scrutiny with the aim of formulating recommendations for improvement which will be passed on to the Council's Executive or relevant partner boards / agencies.

Methodology

- Receive reports and presentations from Council Officers in respect of Regional Market Position for Care Homes and service commissioning needs.
- Meet with appropriate representatives from Independent Sector Providers
- Meet with appropriate Cabinet Member(s)
- Desktop research/performance monitoring data/ best practice.

- Consider relevant reports from Regulators i.e. WAO, CJW

2. RECOMMENDATIONS

- 2.1 In taking forward learning from the experience the Working Group would like to recommend:
- 2.2 That Scrutiny continue to monitor delayed transfers of care performance, and in particular issues relating to the availability of EMI nursing care home provision
- 2.3 That Cabinet ensure the recommendations in the Cwm Taf Market Position Statement are being delivered in particular those aimed at the more specialised provision and need for more provision linked to complex care i.e. dementia and nursing dementia.

3. BACKGROUND

- 3.1 At the meeting of the Health and Wellbeing Scrutiny Committee on the 15th November 2017, Members considered a presentation in relation to the provision Adult Mental Health Services within Rhondda Cynon Taf. Members were presented with the challenges faced by the Service, including the lack of EMI nursing care home beds (both respite and long term care provision) and the impact the loss of older people with dementia hospital beds and closure of wards at Ysbyty George Thomas in Treorchy had on EMI nursing care home provision availability and choice.
- 3.2 As a result of the above a Scrutiny Working Group was formed comprising of County Borough Councillors. De-Vet, J. Davies, J. Elliott, S. Evans, M. Forey, L. Jones, W. Owen, A. Roberts, J. Williams, C. Willis and R. Yeo. The Membership of the Committee changed after the AGM in May 2018 where new a Member County Borough Councillor A Chapman, was included.
- 3.3 The Working Group met on three occasions i.e. 27th February 2018, 16th April 2018 and the 29th November 2018 and received information from the Group Director of Community and Children's Services, Service Director for Adult Services along with information from Independent Care Home Provider representatives.

4. EMI BED PROVISION WITHIN RHONDDA CYNON TAF

- 4.1 At the inaugural meeting of the Working Group Members received a general update from the Service Director Adult Services on residential and nursing care home provision within Rhondda Cynon Taf, including detail on the availability

of EMI nursing care homes and beds capacity. Members were informed that residential care is provided by both Council and the Independent Sector but nursing care is only provided by Independent Sector Care Homes.

- 4.2 Members were informed that at the time of the Working Group meeting (February 2018) there were a total of 25 Independent Care Homes located within Rhondda Cynon Taf as shown in the table below:

Care Homes	Area	Total Registered Beds	Total Nursing EMI Beds
Glyncornel Nursing Home	Rhondda	17	0
Mill View Care Home	Rhondda	37	0
Taliesin Residential Home	Rhondda	18	0
Ty Nant	Rhondda	31	15
Ty Pentwyn	Rhondda	34	0
Ty Porth	Rhondda	81	0
Ty Ross	Rhondda	40	0
Zoar Residential Home	Rhondda	30	0
Aberpennar Court Nursing Home	Cynon	49	0
Cwmaman Care Centre	Cynon	48	0
Maesteg House Residential	Cynon	11	0
Meadowlands Care Centre	Cynon	47	47
Oakwood Nursing Home	Cynon	41	0
The Beeches Care Home	Cynon	46	0
The Laurels Residential Home	Cynon	18	0
The Willows Care Home	Cynon	46	46
Ysguborwen House	Cynon	78	0
Aspen House Nursing Home	Taf	38	0
Duffryn Ffrwdd Care Home	Taf	93	0
Llantrisant Care Home	Taf	38	0

Penrhos Residential Home	Taf	18	0
Pontypridd Nursing Home	Taf	58	0
The Hollies	Taf	41	0
Ty Eiren Care Centre	Taf	86	14
Ty Gwynno Care Centre	Taf	46	0
Overall Registered Beds		1090	122

- 4.3 The Working Group was informed that the above Care Homes would have been registered at that time to provide different categories of care that could have included: residential care; EMI residential care; nursing care and EMI nursing care. Some Care Homes would only be registered to provide one category of care, while others a combination of the different care categories.

However, only 4 of the 25 Care Homes provided EMI nursing care, namely: Ty Nant (Rhondda), Meadowlands Care Centre (Cynon), The Willows Care Home (Cynon) and Ty Eirin Care Centre (Taf) – a total 122 EMI nursing care beds. Members were informed that the recent opening of Ty Nant had increased the availability of EMI nursing care home beds in the market. (The level of provision remains the similar to that provided as at 31st January 2019).

- 4.3 The Working Group was also informed that there were 145 reported vacancies across the independent Sector care homes (approx. 13% of the total registered beds), of the which there were 19 EMI nursing care bed vacancies. This was higher at the time than in previous months, where usually, there were limited/no reported vacancies. At the time, this was part due to restrictions placed on admissions to Ty Nant Care Home by Cwm Taf University Health Board following its recent opening. The Working Group was informed that due to the lack of EMI nursing care need on some occasions this meant that some individuals were not being placed in their choice of homes and placed in alternative home elsewhere in the County Borough away from their local area. As at 31st January 2019; there were 8 EMI Nursing care home vacancies.

- 4.4 Other issues raised with the Working Group in relation to the availability of EMI nursing care home provision, included:

- Capacity of the Care Home market to meet the current and future demand for EMI nursing is limited across Rhondda Cynon Taf;
- Closure of hospital beds and decommissioning of Older People with Dementia beds at Ysbyty George Thomas;
- Workforce availability, including recruitment and retention and, in particular, registered nurses;

- Fees and charges.

5. CWM TAF MARKET POSITION STATEMENT – CARE HOMES

5.1 In February 2018 the Health and Wellbeing Working Group was presented with the Cwm Taf Health Board and Social Care Partnership's Regional Market Position Statement for Care Home Services .

5.2 Members were informed that Rhondda Cynon Taf Council together with Merthyr Tydfil Council and the Cwm Taf University Health Board were committed to working collaboratively across the Cwm Taf region to deliver sustainable improvements in services for the older population.

5.3 The Working Group learnt that the Regional Joint Commissioning Statement (2015-25) for the Older People's Services was reported to the Council's Cabinet meeting on the 18th February 2016. The document identified a new approach to accommodation with care and support for older people, which would impact and change care home provision across Rhondda Cynon Taf. The Market Position Statement which describes the strategic intentions for the care home market and forms the basis for future dialogue and stronger partnership working between commissioners and providers, in order to::

- Share information and analysis future population needs
- Provide a review of the current 'market' of service
- Describe the future approach to commissioning services
- Identify the potential future shape of the market to enable providers to position themselves and meet future demands/ needs
- Describe how commissioners and providers can more effectively engage and support service providers to achieve a healthy and sustainable market.

5.5 The Working Group considered the following key points identified in the Market Position Statement as presented by the Service Director Adult Services:

- Key Points – Vision
 - The Service Model will –
 - Intervene earlier and more quickly, averting the need for long term care
 - Promote independence for people in their own homes
 - Older people may continue to choose to live in a Care Home, but the needs of these people are liable to become more complex.
 - Care Homes will continue to be an important component in the “whole system” of care and support.
- Key Points – Population
 - The population of people aged 65 and over is expected to grow by 30.4% by 2025 – which will have implications both for the number of people requiring care in some form and for the number of people in the workforce available to fill social care jobs.

- The population aged 80 and over is forecast to grow by 71.3% - this older group is likely to need more health and social care and support than younger groups.
- The population aged over 75 with dementia is forecast to grow by 61% - the need for specialised care and support for people with this condition will place increasing pressure on the health and social care system.
- Key Points – Market Analysis
 - The Care Home market is not currently able to meet demand effectively, in particular for nursing and dementia care beds.
 - Recruitment and retention in particular for registered nurses
 - Based on current projections of our older people and within our existing outdated service model – would need to commission up to 1,000 additional beds across the region by 2030.
 - In the context of a new and modernised service model it is not expected that the Care Home sector will grow significantly over the next ten years, although there is a need to ensure that the complex needs for nursing and dementia care in different environments including high quality facilities are met.
- Key Points – Providers/Residents
 - The strategic intentions based on an assumption that care home providers will seek to develop positive strategic partnerships will be pursued.
 - Improvements in quality as required in the Older People’s Commissioner’s report “A Place to Call Home?”
- Future Commissioning Intentions – Capacity
 - It is expected that significantly fewer residential care home placements over the next 15 years will be commissioned.
 - It is anticipated that developments in community based healthcare services will result in fewer people requiring nursing home care.
 - Initially, and until Extra Care models are fully developed, it is hoped that through the commissioning arrangements, more consistent provision of high quality dementia care and nursing care in care homes will be consolidated.
 - To work with providers to develop flexible models of short term care in care homes to support –
 - Discharge from hospital
 - Assessment
 - Appropriate reablement interventions
 - There is currently shortages in the provision of local, accessible care home placements in the following categories:
 - Younger adults with complex disabilities including brain injuries
 - Adults with a learning disability (especially older people)
 - People under the age of 65 with dementia
 - The aim is to strengthen the provision of reliable and accessible respite care in care homes and consideration of issuing block contracts for these.
- Future Commissioning Intentions – Other

- Business development and Support
- Quality
- Workforce Development
- Fees
- Partnerships

CARE HOME PROVIDERS

- 5.6 The Working Group meet on the 29th November 2018 along with Mr M Slator an Independent Provider and Ms M Minty from Care Forum Wales.
- 5.7 The Working Group was provided with information from Director of Community and Children's Services it was explained that the Market Position changes quickly due to demand and capacity can fluctuate between each Care Home and the new registration regulations brought in from April 2018 provided greater flexibility for Care Home Providers to meet current and future need.
- 5.8 The Working Group heard that EMI nursing care come provision was limited and whilst there were current vacancies available; it would, on times, impact upon the Delayed Transfers of Care. As previously reported, the Working Group learnt that the due to the small number of care homes finding a local EMI Nursing Care Home placement could problematic for some residents.
- 5.9 The Independent Provider talked about the pressure that Providers experience and explained that there has been a move from the traditional type of residential care needed for residents to a more challenging care needs, and in particular dementia and nursing care. The Independent Provider explained to the Working Group that people are coming in to residential care much later in their life and with more specialist needs and end of life care.
- 6.0 Ms M Minty from Care Forum Wales gave the Working Group an overview of Care Home Provision, it was explained that the National picture is mirroring what is going on across Wales and happening locally within Rhondda Cynon Taf. Ms. Minty mentioned the higher expectations for more beds in the independent sector market with a higher standards expected of care homes.
- 6.1 Members of the Working Group considered the investment needs of the challenging market and recognised that improvements were being made by some providers to improve quality of care and the environment of individual care homes.
- 6.2 The Working Group also considered the challenging position caused by the reduction in hospital beds and the closing of Ysbyty George Thomas and the need to deal with more complex care needs of people.

Conclusion

- 7.0 The Scrutiny Working Group concluded that they have considered the effectiveness of the current commissioning systems across Adult Social Care and Health to meet the current and future demands of the provision of the EMI nursing beds provision across the County Borough.
- 7.1 Scrutiny have taken in to consideration the information provided by the Director of Community and Children's Services along with information provided by the Service Director Adult Services in relation to the current Regional Market Position Statement and current Care Home availability and vacancies within Rhondda Cynon Taf market to meet need, including at present EMI nursing care Home provision
- 7.2 Scrutiny however acknowledge the current capacity within the market and across Independent Sector care homes can change due to demand and EMI Nursing Car Home provision is subject to capacity issues due to limitations with current supply and impact on other care home provision along with admissions and discharges from hospital.
- 7.3 In taking forward learning from the experience of the Working Group; Members of the Health and Wellbeing Scrutiny Working Group would like to recommend:
1. That Scrutiny continue to monitor delayed transfers of care performance, and in particular issues relating to the availability of EMI nursing care home provision
 2. That Cabinet ensure recommendations in the Cwm Taf Market Position Statement are being delivered in particular those aimed at the more specialised provision and need for more provision linked to complex care i.e. dementia and nursing dementia.