


  
**CEGAID O FWYD CYMRU**  
**BIG WELSH BITE**

Gŵyl Dathlu Bwydydd a Diodydd Cymru  
Welsh Food & Drink Festival



Be' sy' 'mlaen yn yr Arena?  
What's On in the Arena?

DYDD SADWRN / SATURDAY

| BETH?                                               | PRYD?   TIME            | ACT                                                        |
|-----------------------------------------------------|-------------------------|------------------------------------------------------------|
| Hamdden am Oes<br>RhCT - hwyl wrth<br>gadw'n heini! | 11:00                   | RCT's<br>Leisure for Life Team<br>Join in the fitness fun! |
| SJ Dance                                            | 12:00                   | SJ Dance                                                   |
| Sioe Cŵn a<br>Hwyaidd                               | 12:30<br>14:30<br>16:15 | Dog 'n' Duck Show                                          |
| Dewch i gwrdd<br>â'r Dreigiau                       | 13:00<br>15:00          | Meet the Mythical<br>Adventures Dragons                    |
| Madness Events -<br>campau BMX                      | 14:00<br>15:45          | Madness Events -<br>BMX stunts                             |


  
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DYDD SUL / SUNDAY

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|-----------------------------------------------------|-------------------------|------------------------------------------------------------|
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