

2013 Nos Galan Juniors 10 to 11

Pos	No	Time	Forename	Surname	M/F	Cat	Club
1	255	00:01:53	Benjamin	Revnolds	M	11	
2	212	00:01:55	Ben	Smith	M	11	
3	153	00:01:58	Rhys	Morqan	M	11	
4	190	00:02:03	Sebastian	Thomas	M	11	
5	213	00:02:05	Iwan	Smith	M	10	
6	155	00:02:06	Rhys	Smith	M	11	Carmarthen Harriers
7	221	00:02:09	Darian	James	M	10	
8	157	00:02:10	James	Griffiths	M	10	
9	187	00:02:10	Lloyd	Jones	M	10	
10	200	00:02:13	Maddie	Morqan	F	10	
11	183	00:02:14	Carwyn	Salmon	M	10	
12	168	00:02:15	Ella	Morqan	F	10	Aberdare Athletics
13	192	00:02:16	Seren	Davies	F	10	AVAAC
14	196	00:02:16	Braeden	Wadham	M	11	
15	232	00:02:17	Tv	Lewis	M	10	
16	235	00:02:17	Jayden	King	M	10	
17	224	00:02:18	Christopher	Davies	M	11	
18	252	00:02:18	Joe	Lewis	M	11	
19	248	00:02:18	Todd	Hill	M	11	
20	162	00:02:20	Llana	Thurgood	F	11	
21	197	00:02:20	Gareth	Williams	M	10	
22	256	00:02:21	Ruaraidh Gruffydd	Cantero Warren	M	11	
23	178	00:02:21	Iestyn	Robins	M	10	
24	225	00:02:21	Jessica	Allen	F	11	
25	173	00:02:22	Holly	James	F	11	Aberdare
26	243	00:02:23	Holly	Harvey	F	10	
27	204	00:02:23	Sam	Furlong	M	11	
28	208	00:02:23	Sam	Williams	M	10	
29	180	00:02:24	Kian	Hiscox	M	11	
30	185	00:02:24	Charlotte	Chipper	F	11	
31	234	00:02:25	Iestyn	Cartwright	M	10	
32	161	00:02:27	Daniel	Kathrens	M	11	
33	186	00:02:27	Lili	Jones	F	10	
34	163	00:02:29	Rhys	Williams	M	11	
35	207	00:02:29	Emily	James	F	10	
36	247	00:02:29	Max	Broughton	M	10	
37	194	00:02:29	Roisin Ni	Thuathail	F	11	
38	179	00:02:29	J J	Hiscox	M	10	
39	189	00:02:30	Kielan	Lloyd	M	10	
40	166	00:02:31	Caitlin	Davies	F	10	Aberdare Athletics
41	219	00:02:32	Emmy	Etha	F	10	
42	210	00:02:32	Bronie	King	F	10	
43	260	00:02:32	Emily	Steed	F	11	
44	245	00:02:33	Sorina	Nistor	F	11	
45	202	00:02:33	Lily	Jones	F	11	
46	181	00:02:34	Tyler	Morqan	M	10	
47	229	00:02:34	Tiegan	Puah-evnon	F	11	
48	188	00:02:35	Morqan	Ward	M	11	
49	211	00:02:35	Eliza	Price	F	11	
50	237	00:02:36	Abbie	Gilson	F	11	
51	172	00:02:36	Eve	Lloyd	F	10	Aberdare
52	220	00:02:36	Kian	Hennina	M	10	
53	246	00:02:37	Cerys	Evans	F	10	
54	206	00:02:37	Luke	Yates	M	10	
55	257	00:02:37	Aaron	Bolitho	M	10	
56	261	00:02:38	Mackenzie	Thomas	F	10	
57	156	00:02:40	Lauren	Hall	F	11	Aberdare
58	159	00:02:40	Rhys	Kear	M	10	
59	152	00:02:41	Caitlin	Chapman	F	11	Cardiff AAC
60	216	00:02:41	Elis	Holland	M	10	
61	198	00:02:41	Ella	Mann	F	10	
62	253	00:02:41	Kacey	Lvons	F	11	
63	244	00:02:41	Keira	Warner	F	11	
64	236	00:02:42	Dylan	Coomers	M	10	
65	165	00:02:43	Holly	Jones	F	11	
66	201	00:02:48	Finley	Grail	M	10	
67	177	00:02:48	Seren	Haf Griffiths	F	10	
68	240	00:02:48	Faye	Jones	F	10	
69	193	00:02:49	Sadie	Watkins	F	10	
70	154	00:02:51	Caitlin	Craig	F	10	Aberdare Athletics
71	231	00:02:51	Mia	Davies	F	10	
72	223	00:02:52	Owen	Thomas	M	11	
73	195	00:02:54	Joshua	Dargavel	M	10	
74	170	00:02:55	Summer	Thompson	F	10	
75	191	00:02:58	Luke	Goldina-Hann	M	11	
76	249	00:03:01	Joshua	Smith	M	10	
77	205	00:03:02	Seren	Puah	F	10	
78	233	00:03:03	Jessica	Lloyd Thomas	F	10	

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79	203	00:03:03	Lauren	Aravle	F	10	
80	169	00:03:07	Holly	Thompson	F	11	
81	199	00:03:07	Brileigh	Jones	F	10	
82	158	00:03:07	Olivia	Wierowski	F	10	
83	250	00:03:07	Megan	Davies	F	11	
84	176	00:03:11	Georgia	Pritchard	F	10	
85	164	00:03:13	Charlie	Aldous	M	10	
86	258	00:03:13	Shaakera	Maohoub	F	11	
87	174	00:03:17	Amy	Lauren Kerslake	F	10	
88	228	00:03:18	Caitlyn	Kochalski	F	11	
89	218	00:03:18	Seren	Charlotte Nelson	F	10	
90	222	00:03:19	Holly	Locke	F	11	
91	230	00:03:22	Lauren	Pritchard	F	10	
92	182	00:03:34	Stella	Brown	F	10	
93	214	00:03:36	Kaci	Evans	F	10	
94	215	00:03:55	Lowie	Sherrard	F	10	
95	227	00:03:57	Robbie	Boyce	M	11	
96	226	00:04:59	Jordan	Scott	M	11	
97	242	00:05:05	Roland	Fletcher	M	10	
99	217	00:22:15	Elise	Turner	F	11	
100	151	01:49:33	Rhys	Hardman	M	10	Bridgend AC