

2015 Nos Galan 12-13 Years Old

Gun Pos	Gun Time	No	Name	M/F	Cat	Club
1	0:03:45	313	Benjamin Reynolds	M	13	Cardiff AAC
2	0:04:00	328	Benjamin Smith	M	13	Cardiff AAC
3	0:04:01	321	Lloyd Sheppard	M	12	Rhymney Valley Athletics Club
4	0:04:08	317	James Griffiths	M	12	
5	0:04:09	302	Lloyd Jones	M	12	Cardiff AAC
6	0:04:12	327	Iwan Smith	M	12	Cardiff AAC
7	0:04:14	308	Emily Chirighin	F	13	Cardiff AAC
8	0:04:14	320	Anya Lennon	F	12	Cardiff Archers
9	0:04:17	311	Ella Morgan	F	12	Aberdare Valley AAC
10	0:04:22	350	Eden Williams	F	12	Cardiff Archers
11	0:04:28	319	Rhys Hardman	M	12	Bridgend AC
12	0:04:33	303	Daniel Kathrens	M	13	
13	0:04:34	452	Caerwyn Phillips	M		Cardiff AAC
14	0:04:36	336	Elise Turner	F	13	Blaenau Gwent Athletics Club
15	0:04:37	340	Carwyn Salmon	M	12	
16	0:04:37	346	Sam Furlong	M	13	
17	0:04:40	304	Lili Jones	F	12	Cardiff AAC
18	0:04:40	306	Jamie Davies	M	12	
19	0:04:45	324	Leonora Breheny	F	12	Bridgend AC
20	0:04:47	356	Darian James	M	12	Aberdare Valley AAC
21	0:04:47	314	Lily Jones	F	13	EnduranceMassive
22	0:04:49	309	Alfie Best	M	13	Pontypwl & District
23	0:04:56	333	Maisie Pearce	F	12	Blaenau Gwent Athletics Club
24	0:04:58	353	Ruaraidh Gruffydd	M	13	
25	0:04:59	347	Harry Jones	M	13	Roberttown Road Runners
26	0:05:05	338	Morgan Ward	M	13	
27	0:05:09	322	Holly James	F	13	Aberdare Valley AAC
28	0:05:10	344	David Ieuan Francis	M	12	
29	0:05:11	301	Rowan Evan Jones	M	12	Taff Ely Triathlon Club
30	0:05:11	323	Angus Allan	M	12	
31	0:05:12	354	Ryan Anthony Morris	M	13	
32	0:05:12	345	Holly Harvey	F	12	
33	0:05:12	331	Cariane Williams	F	12	Aberdare Valley AAC
34	0:05:13	337	Rhys Webb	M	12	Aberdare Valley AAC
35	0:05:14	339	Kieran Cole	M	12	
36	0:05:14	307	Caitlin Chapman	F	13	
37	0:05:16	352	Mia Morgan	F	12	
38	0:05:20	358	Lawson Trythall	M	12	
39	0:05:25	332	Emmanuella Kone	F	12	Cardiff AAC
40	0:05:30	305	Trinity Hetherington	F	12	
41	0:05:39	315	Sadie Watkins	F	12	
42	0:05:42	335	Ethan Pritchard	M	13	
43	0:06:00	316	Owen Mason	M	12	
44	0:06:19	330	Aaliyah Hope	F	12	
45	0:07:01	329	Cameron Stokes	M	12	
46	0:07:58	343	Faye Jones	F	12	
47	0:08:00	351	Kristi Evans	F	12	
48	0:09:17	318	Luke Golding-Hann	M	13	
49	0:10:13	355	Sam Williams	M	12	