

Bib	Overall Position	Name	Guntime	Chiptime	Category	Category Position	Team / Club	Gender	Gender Position	Avg speed	Avg pace	Status
220	1	Oliver Reynolds	00:01:54	00:01:54	M10	1	cardiff aac	m	1	18.95	03:10	Finished
305	2	Harvey Lee	00:01:55	00:01:54	M11	1	RVAC	m	2	18.95	03:10	Finished
195	3	Thomas Loynes	00:02:01	00:02:01	M10	2		m	3	17.85	03:22	Finished
170	4	Nathan Hill	00:02:02	00:02:02	M11	2	Cardiff Archers	m	4	17.7	03:23	Finished
189	5	Jac Lewis	00:02:05	00:02:04	M11	3	Aberaman abc	m	5	17.42	03:27	Finished
146	6	Bailey Cutts	00:02:05	00:02:05	M11	4		m	6	17.28	03:28	Finished
159	7	Jack Farrell	00:02:05	00:02:05	M11	5	Cardiff AAC	m	7	17.28	03:28	Finished
210	8	Mabli Phillips	00:02:05	00:02:05	F10	1		f	1	17.28	03:28	Finished
133	9	Anya Brady	00:02:06	00:02:06	F10	2	Newport Harriers	f	2	17.14	03:30	Finished
177	10	Crystal Jacobs	00:02:08	00:02:08	F11	1	Rhondda AC	f	3	16.88	03:33	Finished
149	11	Jake Davies	00:02:10	00:02:09	M11	6		m	8	16.74	03:35	Finished
232	12	Dylan Smith	00:02:10	00:02:10	M11	7	Neath Harriers	m	9	16.62	03:37	Finished
247	13	Lola Williams	00:02:14	00:02:14	F10	3	Aberdare Vaac	f	4	16.12	03:43	Finished
155	14	Erin Beth Evans	00:02:14	00:02:14	F11	2	Cardiff Archers	f	5	16.12	03:43	Finished
229	15	Gwen Salmon	00:02:16	00:02:16	F11	3		f	6	15.88	03:47	Finished
212	16	Jack Piontecki	00:02:17	00:02:17	M10	3		m	10	15.77	03:48	Finished
168	17	Sam Harries	00:02:17	00:02:17	M11	8		m	11	15.77	03:48	Finished
166	18	Rory Griffiths	00:02:18	00:02:18	M10	4	Ogmore Phoenix juniors	m	12	15.65	03:50	Finished
161	19	Caleb Finlayson	00:02:18	00:02:18	M10	5	Cardiff aac	m	13	15.65	03:50	Finished
186	20	Caeron-Lee Jones-Davies	00:02:19	00:02:18	M11	9		m	14	15.65	03:50	Finished
153	21	Spencer English	00:02:20	00:02:20	M10	6	Liswerry Runners	m	15	15.43	03:53	Finished
147	22	William Daniels	00:02:20	00:02:20	M11	10		m	16	15.43	03:53	Finished
135	23	Cameron Bray	00:02:22	00:02:22	M10	7		m	17	15.21	03:57	Finished
167	24	Luke Griffiths	00:02:23	00:02:23	M11	11		m	18	15.1	03:58	Finished
203	25	Jenson Murphy	00:02:23	00:02:22	M11	12		m	19	15.21	03:57	Finished
246	26	Lawson Williams	00:02:24	00:02:24	M11	13	Aberaman abc	m	20	15	04:00	Finished
248	27	Joseph Winstone	00:02:24	00:02:23	M10	8		m	21	15.1	03:58	Finished
192	28	Thea Lloyd	00:02:25	00:02:25	F11	4	Aberdare	f	7	14.9	04:02	Finished
231	29	Luke Sims	00:02:25	00:02:25	M10	9		m	22	14.9	04:02	Finished
172	30	Owen Hillier	00:02:26	00:02:25	M11	14		m	23	14.9	04:02	Finished
228	31	Elis Ryder	00:02:26	00:02:26	M10	10	Aberdare Valley Amateur Athletic Club	m	24	14.79	04:03	Finished
152	32	Calen Edwards	00:02:27	00:02:26	M10	11		m	25	14.79	04:03	Finished
132	33	William Botwood	00:02:28	00:02:27	M11	15		m	26	14.69	04:05	Finished
221	34	Cameron Richmond	00:02:28	00:02:28	M10	12		m	27	14.59	04:07	Finished
171	35	Ruby Hill	00:02:28	00:02:28	F11	5		f	8	14.59	04:07	Finished
164	36	Carson Grice	00:02:29	00:02:29	M10	13		m	28	14.5	04:08	Finished
144	37	Jackson Courtney	00:02:29	00:02:29	M11	16		m	29	14.5	04:08	Finished
235	38	Tyler Thorne	00:02:31	00:02:30	M11	17		m	30	14.4	04:10	Finished
211	39	Megan Pickett	00:02:31	00:02:31	F10	4		f	9	14.3	04:12	Finished
216	40	Carys Pryor	00:02:32	00:02:32	F10	5		f	10	14.21	04:13	Finished
191	41	Riley Lewis	00:02:32	00:02:31	M11	18		m	31	14.3	04:12	Finished
182	42	Leila Jones	00:02:35	00:02:35	F10	6		f	11	13.94	04:18	Finished
141	43	Jack Cartwright	00:02:35	00:02:35	M10	14		m	32	13.94	04:18	Finished
230	44	Brychan Shawley	00:02:36	00:02:36	M10	15		m	33	13.85	04:20	Finished
243	45	Charlie Williams	00:02:36	00:02:36	F11	6		f	12	13.85	04:20	Finished
193	46	Scott Lloyd-Boulton	00:02:38	00:02:36	M10	16	Aberdare athletics	m	34	13.85	04:20	Finished
174	47	Dylan Howard	00:02:39	00:02:38	M11	19		m	35	13.67	04:23	Finished
165	48	Grace Griffiths	00:02:39	00:02:39	F10	7	Rhondda Ac	f	13	13.58	04:25	Finished
142	49	Ffion Coles-Seaward	00:02:39	00:02:39	F11	7		f	14	13.58	04:25	Finished
238	50	Ellie-May Watkins	00:02:40	00:00:00	F10	8		f	15			Finished
244	51	Cody Williams	00:02:40	00:02:39	M10	17		m	36	13.58	04:25	Finished
178	52	Bethan Jeffries	00:02:41	00:02:41	F11	8		f	16	13.42	04:28	Finished
200	53	Leo Meco	00:02:42	00:02:41	M10	18		m	37	13.42	04:28	Finished
197	54	Angharad Mack	00:02:42	00:02:42	F11	9		f	17	13.33	04:30	Finished
139	55	Osian Butterfield	00:02:43	00:02:42	M11	20		m	38	13.33	04:30	Finished
143	56	Alesha Collins Falconer	00:02:43	00:02:43	F10	9		f	18	13.25	04:32	Finished
245	57	Kian Williams	00:02:43	00:02:43	M10	19		m	39	13.25	04:32	Finished
227	58	Steffan Rooke - Gibbs	00:02:44	00:02:44	M11	21		m	40	13.17	04:33	Finished
241	59	Adam Williams	00:02:46	00:02:43	M11	22		m	41	13.25	04:32	Finished
199	60	Cameron Maull	00:02:46	00:02:44	M11	23		m	42	13.17	04:33	Finished
218	61	Isabel Rees	00:02:46	00:02:46	F10	10		f	19	13.01	04:37	Finished
181	62	Dylan Jones	00:02:46	00:02:45	M10	20		m	43	13.09	04:35	Finished
201	63	Harley Minor	00:02:47	00:02:45	M10	21		m	44	13.09	04:35	Finished
198	64	William Main	00:02:47	00:02:47	M11	24		m	45	12.93	04:38	Finished
202	65	Ella Murphy	00:02:47	00:02:47	F10	11		f	20	12.93	04:38	Finished
187	66	Tara Kelly	00:02:48	00:02:48	F11	10		f	21	12.86	04:40	Finished
163	67	Moli Gore	00:02:49	00:02:49	F11	11		f	22	12.78	04:42	Finished
138	68	Cody Brown	00:02:51	00:02:49	M11	25		m	46	12.78	04:42	Finished
134	69	Erin Brady	00:02:51	00:02:51	F10	12		f	23	12.63	04:45	Finished
180	70	Charlie Jones	00:02:52	00:02:51	M11	26		m	47	12.63	04:45	Finished
130	71	Molly Abbott	00:02:53	00:02:53	F10	13		f	24	12.49	04:48	Finished
233	72	Layla Thomas	00:02:53	00:02:53	F11	12		f	25	12.49	04:48	Finished
219	73	Lily Reid	00:02:56	00:02:56	F10	14		f	26	12.27	04:53	Finished
145	74	Mali Crimmings	00:02:59	00:02:59	F10	15		f	27	12.07	04:58	Finished
183	75	Libby Jones	00:03:00	00:03:00	F11	13		f	28	12	05:00	Finished
214	76	Harrison Powell	00:03:01	00:02:59	M11	27		m	48	12.07	04:58	Finished
136	77	Olivia Brereton	00:03:03	00:03:03	F10	16		f	29	11.8	05:05	Finished
239	78	Carwyn Webber	00:03:06	00:03:05	M10	22		m	49	11.68	05:08	Finished
173	79	Jarrad Hooper	00:03:07	00:03:06	M10	23		m	50	11.61	05:10	Finished
148	80	Adam Tyler Davies	00:03:08	00:03:06	M10	24		m	51	11.61	05:10	Finished
162	81	Ioan George	00:03:08	00:03:07	M10	25		m	52	11.55	05:12	Finished
206	82	Derin Hasmet Ongun	00:03:10	00:03:08	M10	26		m	53	11.49	05:13	Finished
234	83	Rhia Thomas	00:03:11	00:03:11	F10	17		f	30	11.31	05:18	Finished
204	84	Kyla Nicholas	00:03:12	00:03:12	F10	18		f	31	11.25	05:20	Finished
215	85	Tyler David Prosser	00:03:14	00:03:12	M11	28		m	54	11.25	05:20	Finished
249	86	Poppie Leigh Woodward	00:03:20	00:03:20	F11	14		f	32	10.8	05:33	Finished
131	87	Harrison Bevan	00:03:22	00:03:18	M10	27		m	55	10.91	05:30	Finished
209	88	Alfie Phillips	00:03:26	00:03:25	M11	29		m	56	10.54	05:42	Finished
169	89	Joshua Harris	00:03:27	00:03:26	M11	30		m	57	10.49	05:43	Finished
154	90	Ella Evans	00:03:27	00:03:27	F10	19		f	33	10.43	05:45	Finished
236	91	Danniella Vaughan	00:03:27	00:03:27	F11	15		f	34	10.43	05:45	Finished
205	92	Cerys O'Connell	00:03:28	00:03:28	F10	20		f	35	10.38	05:47	Finished
208	93	Ieuan Owen	00:03:29	00:03:28	M11	31		m	58	10.38	05:47	Finished
157	94	Lily Evans	00:03:31	00:03:31	F10	21		f	36	10.24	05:52	Finished
158	95	Gabriel Evans	00:03:34	00:03:31	M10	28	MARFC	m	59	10.24	05:52	Finished
179	96	Arther Johnson	00:03:38	00:03:36	M10	29		m	60	10	06:00	Finished
207	97	Codey Owen	00:03:42	00:03:40	M11	32		m	61	9.82	06:07	Finished
196	98	Amy Macintosh	00:03:54	00:03:54	F11	16		f	37	9.23	06:30	Finished
226	99	Ella Rood	00:05:07	00:05:07	F11	17		f	38	7.04	08:32	Finished