

Bib	Overall Position	Name	Guntime	Chiptime	Category	Category Position	Team / Club	Gender	Gender Position	Avg speed	Avg pace	Status
33	1	Dylan Evans	00:02:08	00:02:08	M9	1	newport harriers	m	1	16.88	03:33	Finished
118	2	Harry Jay Williams	00:02:11	00:02:11	M9	2		m	2	16.49	03:38	Finished
112	3	Nia Wakley	00:02:13	00:02:13	F9	1	Llswerry	f	1	16.24	03:42	Finished
1	4	Finley Andrews	00:02:13	00:02:13	M8	1		m	3	16.24	03:42	Finished
24	5	Kian Davies	00:02:16	00:02:16	M8	2		m	4	15.88	03:47	Finished
40	6	Finlay Griffiths	00:02:20	00:02:20	M8	3	Ogmore Phoenix juniors	m	5	15.43	03:53	Finished
42	7	Tristan Hamer	00:02:21	00:02:21	M9	3		m	6	15.32	03:55	Finished
18	8	Carter Cutts	00:02:21	00:02:21	M9	4		m	7	15.32	03:55	Finished
87	9	William Potter-Collins	00:02:22	00:02:22	M8	4	Llswerry Runners	m	8	15.21	03:57	Finished
63	10	Alfie Jones	00:02:23	00:02:23	M9	5		m	9	15.1	03:58	Finished
23	11	Jayden Davies	00:02:24	00:02:24	M9	6		m	10	15	04:00	Finished
93	12	Morgan Pugh	00:02:25	00:02:25	M9	7	NA	m	11	14.9	04:02	Finished
35	13	Beca Fflur Evans	00:02:25	00:02:25	F9	2	Cardiff Archers	f	2	14.9	04:02	Finished
77	14	Ashton Maund	00:02:25	00:02:24	M9	8		m	12	15	04:00	Finished
39	15	James Gill	00:02:26	00:02:26	M9	9		m	13	14.79	04:03	Finished
65	16	George Jones	00:02:26	00:02:26	M8	5		m	14	14.79	04:03	Finished
61	17	Evan Jones	00:02:28	00:02:26	M8	6		m	15	14.79	04:03	Finished
71	18	Jason Lewis	00:02:28	00:02:27	M9	10		m	16	14.69	04:05	Finished
48	19	Noah Hill	00:02:29	00:02:29	M9	11		m	17	14.5	04:08	Finished
99	20	Rhys Smith	00:02:30	00:02:30	M9	12		m	18	14.4	04:10	Finished
9	21	Madison Brown	00:02:30	00:02:30	F8	1	Rhymney Valley Athletic Club	f	3	14.4	04:10	Finished
50	22	Jack Horsnell	00:02:31	00:02:31	M8	7		m	19	14.3	04:12	Finished
56	23	Rhys James	00:02:32	00:02:31	M9	13		m	20	14.3	04:12	Finished
121	24	Rio Williams Parfitt	00:02:33	00:02:33	M9	14		m	21	14.12	04:15	Finished
122	25	Amelle Workman Jones	00:02:33	00:02:31	F9	3		f	4	14.3	04:12	Finished
30	26	Madeline Eadon	00:02:33	00:02:33	F8	2	Sarn Helen	f	5	14.12	04:15	Finished
28	27	Charlie Driscoll	00:02:35	00:02:35	M9	15		m	22	13.94	04:18	Finished
15	28	Dexter Clement	00:02:36	00:02:36	M8	8	Rhondda athletics	m	23	13.85	04:20	Finished
21	29	Evan Davies	00:02:36	00:02:36	M9	16	Aberdare	m	24	13.85	04:20	Finished
37	30	Dylan Fisher	00:02:36	00:02:35	M9	17	Rhondda Valley	m	25	13.94	04:18	Finished
62	31	Jesse Jones	00:02:37	00:02:37	M9	18		m	26	13.76	04:22	Finished
66	32	Sofie Joshua	00:02:39	00:02:39	F8	3		f	6	13.58	04:25	Finished
98	33	Ieuan Saralis	00:02:39	00:02:39	M9	19		m	27	13.58	04:25	Finished
75	34	Lowri Mack	00:02:39	00:02:39	F9	4		f	7	13.58	04:25	Finished
52	35	Oliver Hughes	00:02:40	00:02:40	M8	9	Aberdare VAAC	m	28	13.5	04:27	Finished
72	36	Oscar Lewis	00:02:40	00:02:40	M8	10		m	29	13.5	04:27	Finished
106	37	Harri Tindall	00:02:41	00:02:41	M8	11	Rhondda Tri Stars	m	30	13.42	04:28	Finished
91	38	Eve Pugh	00:02:43	00:02:43	F8	4		f	8	13.25	04:32	Finished
92	39	Grace Pugh	00:02:43	00:02:43	F8	5		f	9	13.25	04:32	Finished
57	40	Lucas Johnson	00:02:44	00:02:44	M9	20		m	31	13.17	04:33	Finished
53	41	Ava Hughes-Rolls	00:02:44	00:02:43	F9	5	RVAC	f	10	13.25	04:32	Finished
120	42	Jayden Williams	00:02:46	00:02:45	M9	21		m	32	13.09	04:35	Finished
68	43	Sonny Kelleher	00:02:46	00:02:46	M8	12		m	33	13.01	04:37	Finished
74	44	Keira Lock	00:02:46	00:02:46	F9	6		f	11	13.01	04:37	Finished
43	45	Seren Hardman	00:02:48	00:02:48	F8	6	Bridgeend Athletic Club	f	12	12.86	04:40	Finished
105	46	Evie Thyer	00:02:51	00:02:49	F9	7		f	13	12.78	04:42	Finished
73	47	Dexter Lloyd	00:02:51	00:02:50	M8	13		m	34	12.71	04:43	Finished
31	48	Ashton Edwards	00:02:51	00:02:50	M9	22		m	35	12.71	04:43	Finished
88	49	Mya Price	00:02:51	00:02:51	F8	7	Aberdare VAC	f	14	12.63	04:45	Finished
36	50	Benjamin Falat	00:02:51	00:02:49	M9	23		m	36	12.78	04:42	Finished
14	51	Luca Carrafa	00:02:52	00:02:52	M8	14	Rhymney Valley Athletics Club	m	37	12.56	04:47	Finished
10	52	Alexander Burrell	00:02:53	00:02:53	M8	15		m	38	12.49	04:48	Finished
25	53	Lowan Davies	00:02:54	00:02:54	F9	8		f	15	12.41	04:50	Finished
7	54	Noah Brennan	00:02:54	00:02:53	M8	16		m	39	12.49	04:48	Finished
90	55	Ioan Pryor	00:02:54	00:02:54	M8	17		m	40	12.41	04:50	Finished
94	56	Lloyd Roberts	00:02:55	00:02:53	M8	18		m	41	12.49	04:48	Finished
81	57	Harri Moses	00:02:56	00:02:56	M9	24		m	42	12.27	04:53	Finished
82	58	Ethan Murphy	00:02:56	00:02:54	M9	25		m	43	12.41	04:50	Finished
29	59	Isobel Dunning	00:02:56	00:02:55	F9	9		f	16	12.34	04:52	Finished
104	60	Lainey Thorne	00:02:56	00:02:55	F8	8		f	17	12.34	04:52	Finished
58	61	Connor Jones	00:02:57	00:02:57	M8	19		m	44	12.2	04:55	Finished
67	62	Joseff Keating	00:02:57	00:02:56	M8	20		m	45	12.27	04:53	Finished
38	63	Jenson Gethin-Lowe	00:02:57	00:02:56	M8	21		m	46	12.27	04:53	Finished
76	64	Ruben Main	00:02:58	00:02:58	M9	26		m	47	12.13	04:57	Finished
32	65	Seren Veronica Eintage	00:02:58	00:02:58	F8	9		f	18	12.13	04:57	Finished
114	66	Pheobe Watts-Evans	00:02:59	00:02:59	F8	10		f	19	12.07	04:58	Finished
64	67	Dewi Gwyn Jones	00:02:59	00:02:59	M8	22		m	48	12.07	04:58	Finished
107	68	Gwennan Truscott	00:02:59	00:02:58	F9	10	Roberttown road runners	f	20	12.13	04:57	Finished
70	69	Indie Lewis	00:03:00	00:03:00	F8	11		f	21	12	05:00	Finished
102	70	Rhianna Stokes	00:03:01	00:02:59	F9	11		f	22	12.07	04:58	Finished
119	71	Jacob Williams	00:03:02	00:03:01	M8	23		m	49	11.93	05:02	Finished
51	72	Reese Howard	00:03:03	00:03:02	F8	12		f	23	11.87	05:03	Finished
46	73	Harriet Heskins	00:03:04	00:03:04	F9	12	Run4all	f	24	11.74	05:07	Finished
54	74	Isobel Inder-Edwards	00:03:04	00:03:02	F8	13		f	25	11.87	05:03	Finished
49	75	Esme Hooper	00:03:04	00:03:04	F8	14		f	26	11.74	05:07	Finished
115	76	Harvey White	00:03:04	00:03:04	M8	24		m	50	11.74	05:07	Finished
79	77	Taryn Morgan	00:03:06	00:03:06	F8	15	Taff Ely Triathlon	f	27	11.61	05:10	Finished
55	78	Lily Jacklin	00:03:06	00:03:06	F9	13		f	28	11.61	05:10	Finished
22	79	Iestyn Davies	00:03:06	00:03:06	M9	27		m	51	11.61	05:10	Finished
116	80	Crigrun Williams	00:03:07	00:03:06	M9	28		m	52	11.61	05:10	Finished
5	81	Jacob Best	00:03:07	00:03:05	M9	29	Ogmore Phoenix	m	53	11.68	05:08	Finished
6	82	Leo Bird	00:03:08	00:03:06	M8	25		m	54	11.61	05:10	Finished
17	83	Ellie Crimmings	00:03:10	00:03:08	F8	16		f	29	11.49	05:13	Finished
4	84	Joseph Bellchambers	00:03:10	00:03:08	M9	30		m	55	11.49	05:13	Finished
45	85	Milly Harvey	00:03:11	00:03:10	F9	14		f	30	11.37	05:17	Finished
109	86	Poppy Vines	00:03:12	00:03:11	F8	17		f	31	11.31	05:18	Finished
19	87	Tiana Darnley	00:03:12	00:03:12	F9	15		f	32	11.25	05:20	Finished
26	88	Alfie Joe Davies	00:03:13	00:03:13	M8	26		m	56	11.19	05:22	Finished
124	89	Benjamin Bassett	00:03:13	00:03:11	M8	27		m	57	11.31	05:18	Finished
96	90	Osian Rooke-Gibbs	00:03:14	00:03:14	M8	28		m	58	11.13	05:23	Finished
2	91	Will Baker	00:03:14	00:03:14	M8	29		m	59	11.13	05:23	Finished
11	92	Grace Caddy	00:03:14	00:03:13	F8	18		f	33	11.19	05:22	Finished
78	93	Maisie-May Maund	00:03:15	00:03:15	F9	16		f	34	11.08	05:25	Finished
27	94	Lacey Davies	00:03:16	00:03:16	F9	17		f	35	11.02	05:27	Finished
80	95	Blake Morgan	00:03:18	00:03:18	M9	31		m	60	10.91	05:30	Finished
47	96	Will Heskins	00:03:18	00:03:18	M8	30	Run4all	m	61	10.91	05:30	Finished
41	97	Menna Griffiths	00:03:22	00:03:20	F8	19		f	36	10.8	05:33	Finished
113	98	Alfie-J Watkins	00:03:22	00:03:22	M8	31		m	62	10.69	05:37	Finished
95	99	Owain Robinson	00:03:23	00:03:22	M9	32		m	63	10.69	05:37	Finished
125	100	Garyn Voyle	00:03:25	00:03:23	M8	32		m	64	10.64	05:38	Finished
34	101	Ellie-May Evans	00:03:26	00:03:25	F9	18		f	37	10.54	05:42	Finished
85	102	Nel Owens	00:03:27	00:03:25	F8	20		f	38	10.54	05:42	Finished
20	103	Alfie Davies	00:03:27	00:03:26	M9	33		m	65	10.49	05:43	Finished
101	104	Logan Spargo	00:03:29	00:03:27	M8	33		m	66	10.43	05:45	Finished
13	105	Ashley Carey	00:03:29	00:03:27	F9	19		f	39	10.43	05:45	Finished
103	106	Mia Stroud	00:03:33	00:03:31	F8	21	Roberttown road runners	f	40	10.24	05:52	Finished
83	107	Megan O'Connell	00:03:36	00:03:35	F9	20		f	41	10.05	05:58	Finished
100	108	Freya Spargo	00:03:36	00:03:36	F9	21		f	42	10	06:00	Finished
69	109	Carlin Lewis	00:03:40	00:03:40	F8	22		f	43	9.82	06:07	Finished
8	110	Seren Brown	00:03:59	00:03:57	F8	23		f	44	9.11	06:35	Finished
97	111	Ela Rooke-Gibbs	00:03:59	00:03:57	F8	24		f	45	9.11	06:35	Finished
108	112	Alexa Vaughan-Johns	00:04:02	00:03:59	F9	22		f	46	9.04	06:38	Finished