

HAVE YOUR SAY!

on the modernisation of Residential Care for older people

The **Consultation** starts on: **30th SEPTEMBER 2019**
and will **close at 5pm** on: **20th DECEMBER 2019**

For further information please visit: www.rctcbc.gov.uk/consultation
where you can find out the detail of the proposals. If you require further
information or a hard copy of the survey please get in touch via:

 **01443 425014**

 **residentialcare@rctcbc.gov.uk**

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2019

Available in alternative languages or formats on request.
Corresponding in Welsh will not lead to a delay.

If you require our advocacy service please let us know

Introduction

Rhondda Cynon Taf is reviewing the delivery of residential care in response to the changing demands and aspirations of residents. As part of the modernisation of the future long term care it commissions for older people and has consulted on proposed preferred options for future service delivery.

With the benefit of feedback received from an initial phase of consultation the Council has initiated a further 12 week period of public, staff and resident consultation on the preferred option for the future provision of the Council's residential care homes.

The preferred option would mean the Council retaining a significant level of in-house residential care home provision, as detailed later in the booklet. This will focus on complex needs, residential reablement and respite care based on what the Council considers the market share and need required in each of the Rhondda, Cynon and Taf geographical areas.

Please take this opportunity to have your say.

KEY MESSAGES

- It is not possible for the Council to respond to future challenges or meet the needs and expectations of future older generations within the Council's current residential arrangements.
- The proposal being consulted upon would mean the Council continuing to take a lead in the delivery of residential care in Rhondda Cynon Taf.
- Whilst the preferred option does include plans to decommission some care homes, it is proposed that a significant number of local authority owned homes be retained.
- The proposal would ensure local access to in-house provision would continue to be available to all those who choose it throughout the County Borough.
- The first phase of consultation showed clear support for the Council to focus upon providing an improved range of services for those with more complex needs.
- Importantly the proposal has the potential to maximise the opportunity for older generations to live independently for as long as possible into the future.
- Key to the proposal is delivering better care facilities for future generations of older people, by taking proactive steps now to respond to future needs. This includes the planned development by the Council of a number of extra care housing schemes.
- Under the proposal should any home(s) be decommissioned this would be done on a phased basis, dependent on individual assessed need, and include consideration of alternative care home accommodation becoming available or new extra care schemes opening.
- The Council would ensure that no compulsory redundancies occur amongst the existing staff employed within its residential care homes should the proposal be agreed following consultation.

Background

On 21st November 2018, the Council agreed to consult with people in receipt of care and support services, their families and carers, staff and other stakeholders on the preferred option for the future service delivery model for the Council's residential care homes. A report summarising the feedback from that consultation, together with further additional information, was presented to Cabinet in September 2019 for consideration.

Council Officers consider that doing nothing is not a viable option. Without exploring the potential for re-designing the way that adult care and support services are provided, it will not be possible to meet people's changing expectations and increasing demand with the resources available. It is imperative, within the context of the Social Services and Wellbeing (Wales) Act 2014, that the Council continues to reduce reliance on traditional services such as residential care homes and moves to a model focussing on preventative services, which promote choice, independence and wellbeing.

People are living longer with more life limiting and complex conditions and want greater choice in how their care is provided. The Council is committed to developing a wider range of options for supporting people and in particular those with complex care needs, including dementia.

The demand for adult social care is increasing, but the demand for residential care is decreasing as care is increasingly being provided in people's own homes and in the communities in which they live. The evidence and forecasts show that less residential care will be needed in the future, as more people will receive care in their own homes or in extra care schemes.

Previous reports have highlighted that there is an over-provision of residential care in Rhondda Cynon Taf and that the local market has sufficient provision of the required type and quality in Rhondda Cynon Taf to meet demand. However, retaining a significant level of in-house residential care home provision would ensure that the Council meets its commitment to maintaining an in-house offer in the local residential care market.

Residential Care Homes – Provision And Occupancy

There are 36 care homes operating in Rhondda Cynon Taf, 11 of which are directly managed internally by the Council. In total there are 1429 registered care home beds.

The Council has 333 registered beds, of which 145 beds are for people with dementia.

The average occupancy of the Council's residential care homes (August 2019) was 77%. A breakdown of the vacancies and occupancy levels of the Council's residential care homes in August 2019 and compared to October 2018 are shown in the table below:

	Registered Beds	Vacant Beds (Aug 2019)	% Occupied (Aug 2019)	Vacant Beds (Oct 2018)	% Occupied (Oct 2018)
Bronllwyn	12	1	92%	-	100%
Pentre House	29	7	76%	6	75%
Ystrad Fechan	24	2	92%	2	92%
Ferndale House	26	7	73%	1	96%
Clydach Court	35	9	74%	4	89%
Danymynydd	30	8	73%	6	80%
Tegfan	46	5	89%	2	96%
Troedyrhiw	26	5	81%	1	96%
Cae Glas	39	13	67%	11	72%
Garth Olwg	30	6	80%	2	93%
Parc Newydd	36	13	64%	2	94%
Total	333	76	77%	37	88%

The external market provides 449 residential beds (including circa. 203 dementia beds) and 647 nursing beds (including circa. 131 dementia beds) in 25 residential and nursing care homes.

It is worth noting that nearly 60% of all residential (excluding nursing) care home beds are already provided by the external market.

A breakdown of the vacancies and occupancy levels of external market care homes in August 2019 and compared to October 2018 are shown in the table below:

External Provision	Registered Beds	Vacant Beds (Aug 2019)	% Occupied (Aug 2019)	Vacant Beds (Oct 2018)	% Occupied (Oct 2018)
Residential Beds	449	17	96%	28	94%
Nursing Beds	647	29	96%	51	92%
Total	1096	46	96%	79	93%

The table below provides further analysis of care home beds % occupancy and levels of vacancies across the residential and nursing care home market.

	Council Beds		External Beds	
	% Occupied	Vacancies	% Occupied	Vacancies
August 2019	77%	76	96%	46
March 2019	79%	71	93%	81
March 2018	83%	57	88%	135
March 2017	89%	27	88%	67
March 2016	98%	8	92%	75

The above analysis shows that there is currently an over-provision of care home beds and it is unlikely that the overall demand for care homes beds will increase substantially in the near future.

RESIDENTIAL CARE HOMES – ADDITIONAL INFORMATION

Demand and Supply

Work has been undertaken to gain a better understanding of the forecast demand for extra care and care home provision in Rhondda Cynon Taf and comparing this to the existing provision. To do this, the Council has used the “More Choice, Greater Voice” forecast model.

Extra Care

Extra care housing delivers modern purpose built accommodation and 24 hour care and support to meet the needs and changing expectations of the growing older population, allowing them to live as independently as possible in their own homes. Extra care housing can provide an alternative to residential care, nursing care and sheltered housing. It aims to provide ‘a home for life’ for many people even if their care needs change over time.

There is currently one extra care scheme (40 apartments) available in Rhondda Cynon Taf at Ty Heulog in Talbot Green. A second scheme (40 apartments) is due to open in Aberaman this year.

In addition, there are a number of other extra care developments planned that will increase the supply over the coming years in Rhondda Cynon Taf. During 2021, a further 60 apartments are expected with the opening of a new extra care scheme in Pontypridd. During 2022, it is expected that there will be a further development in Porth providing 60 apartments followed by another development in Treorchy providing 60 apartments in 2023 and a further development in Mountain Ash providing 40 apartments by 2025.

By 2025, based on current development plans, Rhondda Cynon Taf will be providing 300 extra care beds. It is forecasted that the demand for extra care will continue to rise and it will be important to maintain the momentum of the current market development.

Care Homes

There are currently 1429 care home places available in Rhondda Cynon Taf of which 782 are residential homes and 647 are nursing homes.

According to the “More Choice, Greater Voice” forecast model there is a current estimated shortfall of residential care home and nursing care home places in Rhondda Cynon Taf. However, whilst there are occasional difficulties finding places for people in local care homes, and in particular EMI nursing provision, there are currently no significant shortfalls in provision overall.

There is also a clear strategic intention to move away from residential care and for care home services to focus on supporting people with more complex needs. The “More Choice, Greater Voice” forecast assumptions could therefore be seen as excessive, given the current balance of demand and supply in Rhondda Cynon Taf.

The planned development of extra care mentioned above will provide more choice to people that require increasing levels of personal care. Such choice will be expected to reduce the demand for residential care.

Since the availability of extra care is not expected to approach the planned 300 places until 2025 the expected reduction in residential demand would not be achieved until this time.

Taking the above into account, the modelling work has shown that the demand for residential care home beds across Rhondda Cynon Taf, could be expected to fall to 676 beds by 2025, and the Council's commitment to increase the provision of extra care will be key to shifting the balance away from institutional residential care. This could create a surplus of 106 residential care places and therefore allow some of the existing Council residential care homes to be replaced due to projected residential care home surplus capacity by 2025.

It is also worth noting that the demand for nursing home places could be expected to rise to 858 by 2025 – creating a deficit of 211 nursing places and it will be important to increase the capacity and supply of the nursing market.

Physical Care Home Environment

The Council's in-house care homes are dated buildings, and whilst the quality of the care by staff is good, the facilities no longer meet modern standards. The homes were built over 30 years ago and were not designed to meet the current expectations of accommodation and were built for a different generation of older people than is now the case. Modern purpose-built care homes are designed to be dementia-friendly and have a bigger space standard to support mobility / hoisting needs. They also have en-suite facilities so people are more able to toilet themselves. This is clearly a very important part of maintaining someone's sense of dignity and independence.

Any significant redevelopment of the existing buildings would require significant investment. It would mean fewer people could be supported in the Council in-house homes and some people currently living there would have to move into alternative accommodation, whilst others would experience disruption whilst the works were being completed requiring the temporary relocating of residents as the nature and extent of the remodelling work may require temporary closure.

Local Provision and Choice

It is important that there is choice locally for those who want to stay in the area and therefore an assessment of the market has been carried out, based on the availability of care home provision within 5 miles of each of the Council's in-house residential care homes. The analysis indicates that overall there are other care home providers locally within a 5 mile radius of the Council in-house residential care homes who are able to support people who need good quality residential care.

It is also worth noting that with the exception of Ferndale House (5.2 miles) all other Council in-house residential care homes are within a 5 mile radius of an existing or proposed future extra care scheme.

FUTURE SERVICE MODEL FOR THE COUNCIL'S RESIDENTIAL CARE HOMES

Preferred option

The Council retains the level of provision of residential care homes, as detailed below, focussed on complex needs, residential reablement and respite care which is based on a determination of the market share and considered need required in each of the Rhondda, Cynon and Taf geographical areas.

The preferred option would allow the Council to deliver a model that enables people to maximise their independence, remain in their own home for longer and meet the needs of vulnerable adults in line with the principles of the Social Services and Wellbeing (Wales) Act 2014, whilst at the same time achieving the necessary improvements in service efficiency and effectiveness.

There is a level of risk in delivering the proposed model and there could be a negative impact on some residents because of the potential need to move from their current Council residential care homes. However, this risk could be mitigated as much as possible, for example, by ensuring:

- It is phased over a period of years and any de-commissioning of a Council residential care home, following consultation and agreement by the Council's Cabinet, be dependent upon:
 - finding alternative residential care home or extra care placement for permanent residents; and
 - local extra care scheme developments opening in Aberaman, Pontypridd, Porth, Treorchy and Mountain Ash
- robust assessment processes implemented which would ensure all those affected are supported, before and after any move
- that Council residential care home residents would not be at a financial disadvantage through the implementation of any proposal
- there would be no requirement for residents to move immediately from Council residential care homes

Evaluation

Taking account of the preferred option for the future provision of the Council's residential care homes and the additional available information, an evaluation was undertaken to determine the Council residential care homes that may no longer be required and be decommissioned.

An evaluation matrix was used to assess each Council residential care home against the following themes and criteria:

Building suitability

- Current building compliance assessment
- Redevelopment potential of existing home to meet Care Inspectorate Wales new build standards

Geographical areas

- Location
- Availability of internal residential provision in area
- Availability of alternative residential provision in area
- Availability of extra care housing provision in area

Current level of use

- Current occupancy levels
- How well the care home already meets the requirements of the proposed future service

Current cost of placement

- Actual Council cost per occupied bed per week

Each element of the established criteria was given a weighting based on its perceived overall significance to the proposal. Each care home was then awarded a score of up to 5 against the individual criteria elements and that score weighted appropriately. Each home could attract a maximum weighted score of 190. The higher the overall weighted score achieved by a particular care home the more likely it would be to deliver the proposed future service model.

The outcome of the evaluation is shown below:

Care Home	Evaluation Score	Proposed Recommended Option
Bronllwyn	86	Decommission home when suitable alternative placements are available in area – estimated Summer 2020.
Garth Olwg	106.00	Decommission home when Pontypridd extra care scheme is opened - estimated Summer 2021.
Ystrad Fechan	110.00	Decommission when Treorchy extra care scheme is opened - estimated early 2023.
Dan y Mynydd	110.5	Decommission home when Porth extra care scheme is opened - estimated late 2022.
Clydach Court	112.00	Retain
Troedyrhiw	115	Retain
Pentre House	117.00	Retain
Cae Glas	125	Retain
Parc Newydd	125	Retain
Tegfan	139.00	Retain
Ferndale House	148.50	Retain

A detailed breakdown of the evaluation is available at www.rctcbc.gov.uk/consultation or upon request

Residential care homes proposed to be retained

- Clydach Court Residential Care Home, Trealaw
- Ferndale House Residential Care Home, Ferndale
- Pentre House Residential Care Home, Pentre
- Tegfan Residential Care Home, Trecynon
- Troedyrhiw Residential Care Home, Mountain Ash
- Cae Glas Residential care home, Hawthorn
- Parc Newydd Residential Care Home, Talbot Green

Residential care homes proposed to be decommissioned

- Bronllwyn Residential Care Home, Gelli
- Ystradfechan Residential Care Home, Treorchy
- Dan y Mynydd Residential Care Home, Porth
- Garth Olwg Residential Care Home, Church Village

The decommissioning of any home, and taking it out of use, would be undertaken on a phased basis dependent on the prevalent circumstances at the time in relation to each home e.g. when alternative care placements become available or extra care developments open. It is also important to note that some residents may wish to relocate to another care home as other differing factors determine care home choice.

WHAT HAPPENS NEXT?

It is important to highlight that no decision has been taken other than to begin a consultation. The consultation runs for 12 weeks, so there's plenty of time for people to have their say and to suggest alternative options where they are minded to do so. Those directly affected and their carers will be offered support to make sure that they have the opportunity to know what the proposals are about and have the chance to comment on them. All views will be taken into account before a further report goes to the Council's Cabinet, for a decision to be made.

QUESTIONNAIRE - Residential Care

This survey asks you to think about the residential care home provision delivered by Rhondda Cynon Taf Council as part of shaping the future long term care it commissions for older people. We would like your views on the preferred option identified regarding the future of the Council's internal provision.

Please read the full detail in the information pack before taking the survey.

All completed questionnaires must be returned by 5pm on Friday 20th December 2019

How we use your personal information:

The legal basis for Rhondda Cynon Taf County Borough Council (RCTCBC) processing your information under data protection law is due to a legal obligation to consult on service changes. Responses are confidential and anonymised in the final report. To find out more about how we use your information, please see the Consultation and Residential Care Service (Adults) privacy notices and the Council's data protection policy or contact the Consultation team – consultation@rctcbc.gov.uk

Preferred option

The Council retains the level of provision of residential care homes, as detailed below, focussed on complex needs, residential reablement and respite care which is based on a determination of the market share and considered need required in each of the Rhondda, Cynon and Taf geographical areas:

CARE HOMES PROPOSED TO BE RETAINED

- Clydach Court Residential Care Home, Trealaw
- Ferndale House Residential Care Home, Ferndale
- Pentre House Residential Care Home, Pentre
- Tegfan Residential Care Home, Trecynon
- Troedyrhiw Residential Care Home, Mountain Ash
- Cae Glas residential care home, Hawthorn
- Parc Newydd Residential Care Home, Talbot Green

CARE HOMES PROPOSED TO BE DECOMMISSIONED

- Bronllwyn Residential Care Home, Gelli
- Ystradfechan Residential Care Home, Treorchy
- Dan y Mynydd Residential Care Home, Porth
- Garth Olwg Residential Care Home, Church Village

Q1. Do you agree with the preferred option?

Yes ☐ (agree) **No** ☐ (disagree) **Don't Know** ☐

Please provide any comments for this answer:

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Q2. Do you have any other suggestions or alternative options? (Please provide any reasons).

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Q3. Would the preferred option impact upon you or your family?

Yes ☐ **No** ☐

If yes, please explain the impact it would have?

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Q4. If your views relate to any residential care home please tick below.

- | | |
|----------------------------|--------------------------|
| Parc Newydd, Talbot Green | <input type="checkbox"/> |
| Pentre House, Pentre | <input type="checkbox"/> |
| Tegfan, Aberdare | <input type="checkbox"/> |
| Troed-y-Rhiw, Mountain Ash | <input type="checkbox"/> |
| Ystrad Fechan, Treorchy | <input type="checkbox"/> |
| Bronllwyn, Gelli | <input type="checkbox"/> |
| Cae Glas, Hawthorn | <input type="checkbox"/> |
| Clydach Court, Trealaw | <input type="checkbox"/> |
| Dan Y Mynydd, Porth | <input type="checkbox"/> |
| Ferndale House, Ferndale | <input type="checkbox"/> |
| Garth Olwg, Church Village | <input type="checkbox"/> |

Q5. Do you agree with the criteria that the Council used to inform the preferred option? (Building suitability/geographical area/current level of use/current cost of placement)

Yes ☐ (agree) **No** ☐ (disagree) **Don't Know** ☐

If no, what should the Council have considered?

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Q6. Are you a:

- ☐ Resident of a residential care home
- ☐ Relative/Partner/Friend of a resident in a Council run residential care home
- ☐ Advocate for a resident of a Council run residential care home
- ☐ Member of general public
- ☐ Staff member
- ☐ Other (*please state*):

Q7. Post code.....

Q8. Under the Equality Act 2010 and the Public Sector Equality Duties, the Council has a legal duty to look at how its decisions impact on people because they may have particular characteristics. This question is optional. To find out more about how we use this information please see the 'Equality and Diversity' privacy notice on the council's website.

How would this proposal affect you because of your:

Gender, Age, Ethnicity, Disability, Sexuality, Religion / belief, Gender identity, Relationship status, Pregnancy, Preferred language?

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Q9. The Welsh Language (Wales) Measure 2011 makes provision for the specification of standards of conduct in relation to the Welsh language and consequently the Council has a legal duty to look at how its decisions impact on the Welsh Language.

Please let us know how you feel the proposal could impact opportunities for people to use and promote the Welsh Language (Positive or Negative) and if in any way it treats the Welsh Language less favourably than the English Language?

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If you **are happy to be contacted** further to discuss your response, please provide your contact details:

Name:

Email / Telephone number:

Thank you for taking part in this consultation.

Please click on 'Submit' to complete the questionnaire online or if you are filling out a paper copy, please post it to:

Freepost RSBU-HJUK-LSSS,

Research & Consultation,

The Pavilions,

Clydach Vale,

Tonypandy,

CF40 2XX

Alternatively, please give us your general views via: **residentialcare@rctcbc.gov.uk**