

Rhondda Cynon Taf Work & Skills Team



Training Courses

TAF

Date	Course	Location
01/10/2026 10am – 12pm	Mock Interviews Boost your interview confidence with hints, tips & feedback	Pontypridd Library, Llys Cadwyn, Pontypridd CF37 4TH
14/10/2026 9.30am – 4.30pm	Level 2 Food Safety Learn the essentials for keeping food safe	Pontypridd Lido, Ynysangharad Park Pontypridd CF37 4PE
15/10/2026 9.30am – 4.30pm	Level 3 Paediatric First Aid What to do in an emergency with children	Pontypridd Lido, Ynysangharad Park Pontypridd CF37 4PE
15/10/2026 10am – 12pm	Interview Skills Hints & tips on best interview techniques and how to put them in to practice.	Pontypridd Library, Llys Cadwyn, Pontypridd CF37 4TH
16/10/2026 9.30am – 12.30pm	Level 1 Health & Safety Gain a qualification to build a safer future at work	Pontypridd Lido, Ynysangharad Park Pontypridd CF37 4PE
20/10/2026 10am – 3pm	Customer Service in Retail Improve your skills in customer service with an accredited qualification	YMa, Taff Street, Pontypridd, CF37 4SU
21/10/2026 10am – 3pm	Confidence Course Build your confidence and unlock your potential	YMa, Taff Street, Pontypridd, CF37 4SU
22/10/2026 10am – 3pm	Resilience Course Develop skills and resilience to achieve your goals	YMa, Taff Street, Pontypridd, CF37 4SU

We are able to offer a varied range of training - are you a resident or a community group that would like to access training for your members, if so, please get in touch and we may help you to do so.

Email: CfWTaf@rctcbc.gov.uk | Tel: 01443 562204

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Date	Course	Location
22/10/2026 10am – 12pm	Mock Interviews Boost your interview confidence with hints, tips & feedback	Pontypridd Library Llys Cadwyn Pontypridd CF37 4TH
22/10/2026 1pm-3pm for 4 weeks	Basic IT Simple IT training for beginners	Pontypridd Library, Llys Cadwyn, Pontypridd CF37 4TH
23/10/2026 10am – 3pm	Assertiveness Course Assertiveness skills for work and life	YMa Taff Street Pontypridd CF37 4SU
05/11/2026 10am – 12pm	Interview Skills Hints & tips on best interview techniques and how to put them in to practice.	Pontypridd Library Llys Cadwyn Pontypridd CF37 4TH
06/11/2026 9.30am – 3pm for 5 weeks	Level 2 Teaching Assistant Gain the skills & qualification to support learning in the classroom	Pontypridd Lido Ynysangharad Park Pontypridd CF37 4PE
12/11/2026 10am – 12pm	Mock Interviews Boost your interview confidence with hints, tips & feedback	Pontypridd Library Llys Cadwyn Pontypridd CF37 4TH
24/11/2026 1pm – 3pm for 4 weeks	Basic IT Simple IT training for beginners	Pontypridd Library Llys Cadwyn Pontypridd CF37 4TH
26/11/2026 10am – 12pm	Interview Skills Hints & tips on best interview techniques and how to put them in to practice	Pontypridd Library Llys Cadwyn Pontypridd CF37 4TH

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Date	Course	Location
03/12/2026 10am – 12pm	Mock Interviews Boost your interview confidence with hints, tips & feedback	Pontypridd Library, Llys Cadwyn, Pontypridd CF37 4TH
15/12/2026 9.30am – 4.30pm	Level 3 Paediatric First Aid What to do in an emergency with children	Pontypridd Lido, Ynysangharad Park Pontypridd CF37 4PE
17/12/2026 10am – 12pm	Interview Skills Hints & tips on best interview techniques and how to put them in to practice	Pontypridd Library, Llys Cadwyn, Pontypridd CF37 4TH

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