



# NOFIO AM DDIM YN YSTOD GWYLIAU'R HAF

## SUMMER HOLIDAY FREE SWIMMING

25/07/2022 – 04/09/2022

	CANOLFAN HAMDDEN LLANTRISANT LEISURE CENTRE	CANOLFAN CHWARAEON ABERCYNON SPORTS CENTRE	CANOLFAN HAMDDEN SOBELL LEISURE CENTRE	CANOLFAN CHWARAEON CWM RHONDDA SPORTS CENTRE	PWLL NOFIO BRONWYDD SWIMMING POOL	CANOLFAN HAMDDEN TONYREFAIL LEISURE CENTRE	PWLL NOFIO Y DDRAENEN HAWTHORN SWIMMING POOL	PWLL NOFIO GLYNRHEDYNOG FERNDAL SWIMMING POOL
Llun Mon	11:15am-12:15pm	11:00am-12:00pm	11:00am-12:00pm	12:30pm-1:30pm	10:00am-11:00am	2:00pm-3:00pm	2:30pm-3:30pm	1:00pm-2:00pm
Mawr Tues	11:15am-12:15pm	11:00am-12:00pm	11:00am-12:00pm	12:30pm-1:30pm	10:00am-11:00am	2:00pm-3:00pm	2:30pm-3:30pm	1:00pm-2:00pm
Merch Wed	6:35pm-7:35pm	11:00am-12:00pm	11:00am-12:00pm	12:30pm-1:30pm	10:00am-11:00am	6:00pm-7:00pm	2:30pm-3:30pm	1:00pm-2:00pm
Iau Thurs	1:35pm-2:35pm	11:00am-12:00pm	11:00am-12:00pm	12:30pm-1:30pm	10:00am-11:00am	2:00pm-3:00pm	2:30pm-3:30pm	1:00pm-2:00pm
Gwen Fri	3:00pm-4:00pm	11:00am-12:00pm	11:00am-12:00pm	12:30pm-1:30pm	10:00am-11:00am	2:00pm-3:00pm	2:30pm-3:30pm	6:00pm-7:00pm
Sad Sat			11:30am-12:30pm	12:00pm-1:00pm				1:00pm-2:00pm
Sul Sun	3:00pm-4:00pm	12:00pm-1:45pm			11:00am-12:00pm	2:00pm-3:00pm	2:30pm-3:30pm	

Bydd gwersi nofio cwrs carlam hefyd ar gael drwy gydol gwyliau'r haf. Cysylltwch â'r ganolfan hamdden yn.uniongyrchol am ragor o wybodaeth.

Crash course swimming lessons will also be available throughout the summer school holidays, please contact the Leisure Centre directly for more information.

CANOLFANNAU HAMDDEN RHONDDA CYNON TAF  
RHONDDA CYNON TAF LEISURE SERVICES

LAWRLWYTHWCH YR AP | DOWNLOAD THE APP

