

# News

## CARERS

Updates from Rhondda Cynon Taf  
Carers Support Project



Carers Week 2024



### Carers Week 2024

## Carers Week is BACK!

### Monday 10<sup>th</sup> June

Our '5k to couch' event. Enjoy a stroll around the park and find the clues to win at Pontypridd Park between 11:00 – 13:00. Prizes are there to be won!

### Tuesday 11<sup>th</sup> June

Carers Week Special

Carers Connections at Cynon Linc, Aberdare and Carers Cwtch at the Carers Support Project Hub, Pontypridd.

### Wednesday 12<sup>th</sup> June

We will be holding our information day at the Carers Support Project Hub in Pontypridd. Full information below.

### Thursday 13<sup>th</sup> June

The Carers Support Project will be joined by other organisations at Ystrad Sport Centre to provide information, advice and assistance.

### Friday 14<sup>th</sup> June

Thank You! Come along to the YMa, Pontypridd for a catch up and bingo between 10:00 – 13:30.

**YACs (Young Carers 18-25) Events below.**



RHONDDA CYNON TAF

## OUR CALENDAR OF SUPPORT

### When can I book these events?

You can book onto **Carers Week Events** between **10:00-16:00 on Monday 03/06/2024**.

All events are Carer only.

### How can I book?

You can contact the Carers Team on **01443 281463** or email [CarersSupportProject@rctcbc.gov.uk](mailto:CarersSupportProject@rctcbc.gov.uk)

### Where do the events take place?

All of the events take place at the Carers Support Project Hub, 11-12 Gelliwastad Road, Pontypridd

### Event / Activity / Workshop

#### YAC Events

We have dedicated events for young carers ages between 18-25.

#### Monday 10<sup>th</sup> June

Our 18-25 event will be held in the evening between 16:00 – 19:00. This dedicated YACs event provides our young carers with Pottery making and lots of fun.

#### Saturday 15<sup>th</sup> June

Our 18-25 event will be held in the afternoon between 13:00-16:00 at Hawthorn Leisure Centre will be filled with lots of activities and fun times.

#### Wednesday 12<sup>th</sup> June

Information Day

10:00 – 11:00 Identifying Carers

11:00 – 12:00 Supporting Carers

12:30 - 1:30 Carers Financial Support

13:30 - 14:30 Carers Legal Advice

#### Carers Week Specials

Carers Connections will be held on 11<sup>th</sup> June between 10:30 – 12:00 (noon) at Cynon Linc, Seymour St, Aberdare CF44 7BD.

Carers Cwtch will be held on Tuesday 11<sup>th</sup> June between 6.30pm – 8.30pm.

#### Regular Event Dates

**Chatterbox** – 4<sup>th</sup> June, 2<sup>nd</sup> July, 6<sup>th</sup> August at 10am – 11:30am

**Carers Connections** - 9<sup>th</sup> July, 13<sup>th</sup> August at 10am – 11:30am

**Carers Cwtch** - 9<sup>th</sup> July, 13<sup>th</sup> August at 6.30pm – 8.00pm