

Community Meals Menu 2019/20

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1	Frozen Weekend Meals
All Day Breakfast Sausage, Omelette, Bacon, Tomatoes & Hash Browns	Chicken and Vegetable Casserole Mashed Potato Green Beans & Swede	Minced Beef & Onion Pie & Gravy Boiled Potatoes & Country Vegetable	Roast Turkey & Stuffing Roast & Boiled Potatoes Sprouts & Carrots & Gravy	Battered Haddock & Tartar Sauce Whole Potatoes or Chips & Peas	Roast Beef Dinner Pork in Gravy Cottage Pie Cheese, Onion & Potato Pie Vegetable Casserole
Faggots & Mushy Peas Whole Potatoes & Gravy	Corned Beef Rissole with Boiled Potatoes, Green Beans & Swede and Gravy	Ham Salad Beetroot and Jacket Potato	Cheese & Pot Pie Bacon Steak and Chopped Tomatoes	Roast Chicken Leg Boiled Potatoes Country Vegetables & Gravy	
All Day Vegetarian Breakfast Tomatoes & Hash Browns	Quorn Fillet Boiled Potatoes Green Bean & Cauliflower	Vegetable Sausages Roast & Boiled Potatoes Sprouts, Swede & Gravy	Cheese & Potato Pie, Green Beans, Cauliflower & Tomatoes	Omelette Whole Potatoes or Chips & Peas	
Jam and Cream Scone Or fruit	Fruit & Jelly Or Fruit	Jam & Coconut Sponge & Custard Or Fruit	Jam & Cream Scone Or Fruit	Fruit Crumble & Custard Or Fruit	Teisan Lap Chocolate Choux Bun, Fruit Pot or Jelly

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Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2	Frozen Weekend Meals
Chicken Breast Boiled Potatoes, Country Vegetables & Gravy	Pork Chop in Gravy Roast Potatoes & Boiled Potatoes Cabbage & Swede	Sliced Ham & Parsley Sauce Boiled Potatoes & Mixed Vegetables	Beef & Yorkshire Pudding & Gravy, Roast & Whole Potatoes, Carrots & Broccoli	Battered Haddock & Tartar Sauce Whole Potatoes or Chips & Peas	Roast Beef Dinner Pork in Gravy Cottage Pie Cheese, Onion & Potato Pie Vegetable Casserole
Corned Beef Hash Sauté Potatoes Country Vegetables & Gravy	Breaded Fish & Tartar Whole Potatoes & Garden Peas	Cheese Omelette & Whole Potatoes & Baked Beans	Lambs Liver in Gravy Boiled Potatoes Mixed Vegetables	Chicken Curry Rice, Sauté Potatoes & Peas	
Quorn Fillets & Gravy Boiled Potatoes, Carrots, & Peas	Vegetarian Bake Roast & Boiled Potatoes Cabbage & Swede	Vegetable Kiev Roast & Whole Potatoes, Cauliflower & Carrots &	Cheese Omelette & Boiled Potatoes Carrots & Broccoli	Vegetable Curry Rice, Sauté Potatoes & Peas	
Snow Cake Or fruit	Fruit Trifle Or fruit	Spotted Dick & Custard Or fruit	Apple Pie and Custard Or Fruit	Chocolate Pudding & Custard Or Fruit	Party Cake Apple Turnover Fruit Pot or Jelly

