

Community Meals Spring/Summer Menu 2022

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1	Frozen Weekend Meals
Chicken Breast Boiled potatoes Carrots & Peas & Gravy	Cottage Pie Roast Potatoes with Country Vegetables & Gravy	All Day Breakfast Sausage, Omelette, Bacon, Tomatoes & Hash Browns	Roast Beef & Yorkshire Roast and Boiled Potatoes with Broccoli & Carrots & Gravy	Battered Haddock & Tartar Sauce Whole Potatoes or Chips & Peas	Roast Beef Dinner Pork in Gravy Cottage Pie Leek, Onion & Potato Hotpot Chicken Casserole Cheese, Onion & Potato Pie Sliced Chicken in gravy
Corned Beef Rissole Boiled Potatoes, Carrots & Peas & Gravy	Sausage & Onions Boiled Potatoes Country Veg & Gravy	Ploughman Salad with Pickle and Jacket Potato	Gammon Steak & Pineapple with Whole Potatoes Broccoli & Carrots	Chicken Curry Rice, Sauté Potatoes & Peas	
Quorn Fillets & Gravy Roast Potatoes, Peas & Carrots	Vegetable Sausages with Boiled Potatoes & Country Vegetables	All Day Vegetarian Breakfast Tomatoes & Hash Browns	Cheesy Country Bake & Boiled Potatoes, Broccoli & Carrots	Vegetable Curry Rice, Sauté Potatoes & Peas	
Teisan Lap or Fruit	Rice Pudding & Jam or Fruit	Blackcurrant & Cream Tart or Fruit	Raspberry Sponge & Custard or Fruit	Fresh Cream Gateaux & Cream. or Fruit	Banana Cake Chocolate Choux Jelly or Fruit Pot

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Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2	Frozen Weekend Meals
Roast Pork Chop with Whole Potatoes Swede, Cabbage and Gravy	Chicken and Vegetable Casserole Boiled Potatoes & Country Vegetables	Minced Beef & Onion Pie & Gravy Boiled Potatoes/Chips Peas & Gravy	Roast Turkey & Stuffing, Roast & Boiled Potatoes Sprouts & Swede & Gravy	Cheese & Potato Pie with Bacon Steak Chopped Tomatoes & Peas	Roast Beef Dinner Pork in Gravy Cottage Pie Cheese, Onion & Potato Pie Leek, Onion & Potato Hotpot Chicken Casserole Sliced Chicken in Gravy
Beef & Vegetable Pasty Baked Beans Chips Or Potatoes	Faggots & Mushy Peas Whole Potatoes & Gravy	Gammon Ham Salad Beetroot and Jacket Potato	Lambs Liver in Gravy Boiled Potatoes Mixed Vegetables	Breaded Cod & Tartar sauce Whole Potatoes & Garden Peas	
Vegetable Burger Boiled Potatoes Swede & Cabbage	Vegetable Casserole Roast & Boiled Potatoes Country vegetables	Quorn Mince & Onions Boiled Potatoes & Peas	Vegetable Kiev, Boiled Potatoes & Mixed Vegetables	Cheese & Potato Pie Chopped Tomatoes & Peas	
Jam & Coconut Sponge Or Fruit	Fruit & Jelly Or Fruit	Chocolate Cake Or Fruit	Syrup Sponge and Custard or Fruit	Black Cherry Pie & Custard or Fruit	Cherry Madeira Apple Turnover Jelly or Fruit Pot