



Gwasanaeth Datblygu Gweithlu Gofal Cymdeithasol Cwm Taf **Rhaglen Hyfforddi 2024/25**

Mae'r ddogfen hon yn cynnwys yr hyfforddiant craidd a fydd yn digwydd yn ystod 2024/25. Law yn llaw â'r hyfforddiant craidd a lle mae'n bosibl, bydd hefyd hyfforddiant penodol i garfannau Gwasanaethau i Blant ac achlysuron ychwanegol i Fwrdd Diogelu Plant Cwm Taf a Gwasanaethau i Blant, er mwyn bodloni anghenion newydd:

Cais i fynd ar gyrsiau hyfforddi allanol

Bydd raid llenwi ffurflen gais allanol a ffurflen gais darparwyr y cwsrs. Rhaid i'ch rheolwr llinell awdurdodi'r ffurflenni a dylech chi eu hanfon at y swyddog hyfforddi perthnasol. Byddwn yn penderfynu a oes modd cynnig yr hyfforddiant yn fewnol ai peidio, yna bydd y sawl sy'n gwneud cais yn cael gwybod. Bydd y cwsrs yn cael ei drefnu drwy Rock Grounds. Noder: Fydd treuliau teithio a llety ddim yn cael eu cynnwys yn y cyllid hyfforddi.

Noder, gall llef yd ar y cyrsiau hyfforddi fod yn ddrud iawn. Felly, os nad ydych yn gallu mynd ar gwrs, rydyn ni'n gofyn i chi roi gwybod i'r adran hyfforddi cyn gynted ag y bo modd. Bydd rheolwyr llinell yn cael gwybod os nad ydych yn mynd ar gwrs.

Dydy'ch lle chi ar gwrs ddim yn ddilys nes byddwch chi'n cael ebost sy'n cadarnhau'ch lle.

Bydd dolenni ar gyfer cyrsiau ar-lein yn cael eu dosbarthu tua wythnos cyn y sesiwn.

Fydd dim nodyn calendr/dyddiadur yn cael ei anfon ar gyfer cyrsiau 'wyneb yn wyneb'.

Cwm Taf Social Care Workforce Development Service **Training Programme 2024/25**

This document contains the core training that will be taking place during 2024/25. Alongside the core training and where possible, there will be team specific training and additional events to meet emerging needs:

Application to Attend External Training Courses

An external application form and course provider's application form must be completed, authorised by the applicant's line manager and sent to the relevant training officer. A decision will be made, based on whether or not the training need can be met in house, and applicant informed accordingly. The course will be booked via Rock Grounds. NB. Travel and accommodation expenses will not be met by the training budget.

Please note that places on training courses can be very expensive, we therefore ask participants to inform the training department as soon as possible if they cannot attend. Line managers will be informed if participants fail to attend.

Please do not consider your place on a course as booked until you receive an email confirmation.

Links will be distributed for online courses approximately one week before the event.

Calendar/diary entries are not sent for 'face to face' courses.

Courses suitable to those working with children only will be highlighted in pink.

Registration forms to nicola.bugg@rctcbc.gov.uk

Courses suitable to those working only with adults only will be highlighted in Turquoise.

Registration forms to Neil.B.Lewis@rctcbc.gov.uk

Courses suitable for those working with both will be highlighted in Blue.

Registration forms to nicola.bugg@rctcbc.gov.uk

Having said that there are exceptions to every rule, for example you may benefit from some courses even though the primary focus may have an Adult or Children's Services perspective so please get in touch with any queries.

Y Rhaglen Gadarnhau ar gyfer Gweithwyr Cymdeithasol Newydd Gymhwysol (NQSW)

Dylai gweithwyr cymdeithasol sydd newydd gymhwysol gael cyfleoedd dysgu wedi'u teilwra gan eu cyflogwr i ddatblygu eu gwybodaeth a'u sgiliau. Dylai'r cyfleoedd dysgu hynny gynnwys hyfforddiant sy'n gysylltiedig â deilliannau dysgu'r Rhaglen Gadarnhau, yn ogystal â'r rhai sy'n mynd i'r afael â blaenoriaethau cyflogwyr a blaenoriaethau lleol a chenedlaethol, a chyflwyniad i wybodaeth ymarfer sy'n fwy arbenigol.

Yn eich blwyddyn gyntaf, a chyn y byddwch chi'n cofrestru ar y cwrs cadarnhau, bydd gofyn i chi ymgymryd â phedwar cwrs lefel 3 gorfodol - Diogelu Oedolion, Diogelu Plant, Cam-drin Domestig a Chamdefnyddio Sylweddau. Mae modd i chi gyrchu'r rhain trwy galendr hyfforddiant diogelu Cwm Taf a thrwy galendrau hyfforddiant eich maes gwasanaeth. Bydd modd i weithwyr Cyngor RhCT gael mynediad at y cyrsiau yma drwy RCT Source.

Cytunir ar y penderfyniad i symud ymlaen at y rhaglen gadarnhau yn yr adolygiad blynnyddol ar ôl eich blwyddyn gyntaf o ymarfer.

Bydd staff Gwasanaeth Datblygu'r Gweithlu Cwm Taf yn annog staff i fynd i Brifysgol De Cymru neu Brifysgol Metropolitan Caerdydd i gymryd rhan mewn rhaglen a addysgir fydd yn para 3 diwrnod a hanner.

Rhaid i ymgeiswyr gyflwyno portffolio o dystiolaeth i fodloni'r deilliannau dysgu y cytunwyd arnynt nhw.

Bydd cwblhau'r rhaglen yn llwyddiannus yn cyfrannu at ailgofrestriad Gweithwyr Cymdeithasol â Gofal Cymdeithasol Cymru.

Ar y cam yma, ar ôl cwblhau'r broses gyfunol, bydd modd i chi barhau â'ch gyrfa a byddwch yn gymwys i wneud cais i symud ymlaen i'r rôl Gweithiwr Cymdeithasol Profiadol, ar yr amod bod gyda chi hefyd 3 blynedd o brofiad ôl-gymhwysol.

The Consolidation Programme for Newly Qualified Social Workers

Newly-qualified social workers should be provided with tailored learning opportunities by their employer to develop their knowledge and skills. Those learning opportunities should include training that is linked to the Consolidation Programme learning outcomes, as well as those that address employer, local and national priorities, and an introduction to more specialist practice knowledge.

In your first year, and prior to being enrolled onto the consolidation course, you will be required to undertake four mandatory level 3 courses- Adult safeguarding, Children's Safeguarding, Domestic Abuse and Substance Misuse. These can be accessed via the Cwm Taf safeguarding training calendar and via your service area training calendars and on RCT source for RCT employees.

Progression onto the consolidation programme is agreed at the annual review of your first year in practice.

Staff from the Cwm Taf Workforce Development Service will enable staff to attend either the University of South Wales or Cardiff Metropolitan University for a taught 3 ½ day programme. Candidates must submit a portfolio of evidence to meet agreed learning outcomes.

Successful completion will form part of the social workers re registration with Social Care Wales. At this stage, having achieved consolidation you will be in a position to continue your career and be eligible to apply for progression to an Experienced Social Worker role, provided you also have 3 years post qualifying experience.

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Gweithio gyda rhieni sydd ag anabledd dysgu</p> <p>Hyrwyddo darpariaeth fwy cyson o wasanaethau cymorth wedi'u teilwra'n dda i ddiwallu anghenion rhieni sydd ag anabledd/anhawster dysgu.</p> <p>Wedi'i hwyluso gan Tony Waters</p>	<ul style="list-style-type: none"> • Cyflwyniad a chefnir i'r pwnc • Disgwyliadau rhieni sydd ag anabledd dysgu • Sgiliau, gwybodaeth, nodweddion gweithwyr sy'n rhoi cymorth i oedolion sydd ag anabledd dysgu • Meini prawf diagnostig • 'Model y Chwe T' - Amser, Ymddiriedaeth, Dycnwch, Gonestrwydd, Tryloywder, Ymateb wedi'i Deilwra • Gweithio gyda rhieni sydd ag anabledd dysgu ffiniol (e.e. dyslexia, dyspraxia, dyscalculia, dysgraffia, ADCG) • Gweithio gyda rhieni sydd ag anabledd dysgu a phroblemau iechyd meddwl ychwanegol (e.e. iselder, gorbryder, anhwylder straen wedi trawma, anhwylderau bwyta, seicosis, anhwylder personoliaeth) • Gweithio gyda rhieni sydd ag anhwylder ymlyniad • Ffurdd ymarferol o weithio gyda'r rhieni a theuluoedd yma 	<p>Glyncornel, Llwynypia, Tonypandy CF40 2JF</p> <p>03.09.24 9.30am – 4pm</p>
<p>Working with parents with a Learning Disability</p> <p>To promote more consistent provision of well-tailored support services to meet the needs of parents with learning disability/difficulty.</p> <p>Facilitated by Tony Waters</p>	<ul style="list-style-type: none"> • Introduction & background to the topic • Expectations of parents with a learning disability • Skills, knowledge, characteristics of workers supporting adults with learning disability • Diagnostic criteria • Six T's model - Time, Trust, Tenacity, Truthfulness, Transparency, Tailored response • Working with parents with borderline learn disability (e.g. dyslexia, dyspraxia, dyscalculia, dysgraphia, ADHD.) • Working with parents with a learning disability and additional mental health problems (e.g. depression, anxiety, PTSD, eating disorders, psychoses, personality disorders) • Working with parents with attachment disorders • Practical application on working with these parents and families 	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Ymwybyddiaeth o ADHD Wedi'i hwyluso gan Mark Anthony	<ul style="list-style-type: none"> • Deall llwybrau achosiaeth posibl • Y Ffatorau Biologol, seicolegol a chymdeithasegol • Deall y symptomau a'r effaith ar yr unigolyn • Trin a thrafod opsiynau o ran triniaeth • Ystyried hefyd anhwylderau neu gyflyrrau eraill a allai amlyu eu hunain mewn ffordd debyg i ADHD. 	Microsoft Teams 12.06.24 9.30am – 4.30pm or 14.11.24 9.30am – 4.30pm
ADHD Awareness Facilitated by Mark Anthony	<ul style="list-style-type: none"> • Understand potential routes of causation • The Biological, psychological, and sociological factors • Understand the symptoms and the impact on the individual • Explore treatment options • Also consider other presentations which may manifest in a similar way to ADHD. 	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Chwifrydedd Proffesiynol Meddwl yn Ehangach</p> <p>Mae meithrin chwifrydedd a her broffesiynol yn agwedd sylfaenol ar weithio gyda'n gilydd i gadw plant a phobl ifainc yn ddiogel.</p> <p>Bydd y cwrs yma'n bodloni rhai o feini prawf y safonau diogelu cenedlaethol yn ymwneud â hyfforddi, dysgu a datblygu ar gyfer ymarferwyr Grŵp C a Grŵp D.</p> <p>Wedi'i hwyluso gan Martin Vaughan</p>	<p>Mae'r cwrs yma'n canolbwytio ar bwysigrwydd ansicrwydd parchus; helpu ymarferwyr i sylwi ar yr arwyddion pan y gallai rhiant neu warcheidwad fod yn esgus cydymffurfio; ac yn darparu cyngor ymarferol ar sut i fyd i'r afael â sgyrsiau anodd gyda theuluoedd a gweithwyr proffesiynol eraill.</p> <p>Rhaid i ymarferwyr sydd wedi'u hyfforddi'n addas gynllunio a chynnal sgyrsiau gyda phlant yn ofalus.</p> <p>Rhaid i'r ymarferydd feddu ar y gallu i ddadansoddi'r wybodaeth a gafwyd o bob rhan o ymchwiliad/asesiad yn gywir er mwyn pennu deilliannau derbyniol a chywir sydd er budd penodol y plentyn.</p> <p>Mae'r cwrs yma'n adeiladu ar argymhellion yr Arglwydd Laming sy'n anelu at wella sgiliau'r ymarferydd er mwyn iddo allu cynnal ymchwiliadau effeithiol a phroffesiynol o ddechrau atgyfeiriad cam-drin plant.</p>	<p>Microsoft Teams</p> <p>08.05.24 9.30am – 4.30pm or 01.07.24 9.30am – 4.30pm</p> <p>Course Content</p> <ul style="list-style-type: none"> • Review of Lord Laming commendations as contained in the Climbie Report • Understand Professional Curiosity • Information Sharing • Planning & Preparation – language and cultural issues • Questioning Structures • Engaging Children and Families • Respectfully challenging other Professionals • Review of Child Practice Reviews <p>Post Contact Processes Appropriate supervision and management</p>
<p>Professional Curiosity Thinking Outside of the Box</p> <p>Safeguarding Group C</p> <p>Nurturing professional curiosity and challenge are a fundamental aspect of working together to keep children, and young people safe.</p> <p>This course will meet some of the criteria of the National safeguarding training, learning and development standards for Group C and Group D practitioners</p> <p>Facilitated by Martin Vaughan</p>	<p>This course concentrates on the importance of respectful uncertainty; helping practitioners spot the signs of when a parent or carer may be using disguised compliance; and provides practical advise on how to address difficult conversations with families and other professionals.</p> <p>Conversations conducted with children must be carefully planned and executed by suitably trained practitioners.</p> <p>The practitioner must possess the ability to analyse accurately the information gained from all areas of an investigation/assessment in order to produce acceptable and accurate outcomes that are in the express intersts of the child.</p> <p>Building on Lord Laming's recommendations this course aims to improve the skills of the practitioner in order that they are able to conduct effective and professional investigations from the start of a child abuse referral.</p>	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Camfanteisio ar Blant Ecsbloetio Plant yn Rhywiol ac yn Droseddol</p> <p>Bydd y cwrs yma'n bodloni rhai o feini prawf y safonau diogelu cenedlaethol yn ymwneud â hyfforddi, dysgu a datblygu ar gyfer ymarferwyr Grŵp C a Grŵp D.</p> <p>Wedi'i hwyluso gan Martin Vaughan</p>	<p>Mae mynd i'r afael â chamfanteisio ar blant yn gymhleth. Mae'r mathau gwahanol o ecsbloetio yn debyg iawn, ac mae modd i elfennau o ecsbloetio'n rhywiol ac ecsbloetio'n droseddol ar blant orgyffwrdd. Mae modd i ddioddefwyr camfanteisio fod yn destun i'r ddau fath o ecsbloetio ar yr un pryd. Mae'n hanfodol bod ymarferwyr rheng flaen yn cydnabod tactegau addas a gweithio gydag eraill i ddefnyddio'r tactegau hynny i rwystro sawl math o ecsbloetio wrth iddyn nhw ddigwydd.</p> <p>Mae modd i bobl sy'n camfanteisio rhywiol ar blant (CSE) a chamfanteisio'n droseddol ar blant (CCE) rannu patrymau ymddygiad sy'n cynnwys gorfodaeth, trais, bygwth ac anghydwysedd pŵer sy'n gynhenid yn ddyn nhw ynghyd â llawer o droseddau eraill.</p> <p>Does dim modd i unrhyw un ddatrys camfanteisio ar blant ar ei ben ei hun. Mae rhannu gwybodaeth yn effeithiol yn hanfodol i ddiogelu plant a rhwystro troseddwyr.</p>	<p>Microsoft Teams</p> <p>06.06.24 9.30am – 4.30pm</p> <p>This course incorporates legislation, guidance and practical experience of dealing with this complex area of child safeguarding.</p> <ul style="list-style-type: none"> • What is CSE – definition and offences • Who are CSE perpetrators • Understanding the current procedures to ID CSE victims and how to respond • Information sharing protocols • Understanding gang culture • What is CCE • Who are CCE perpetrators • Understanding of 'County Lines' and how to respond • Reporting both CSE and CCE
<p>Child Exploitation Child Sexual and Child Criminal Exploitation</p> <p>Safeguarding Group C</p> <p>This course will meet some of the criteria of the National safeguarding training, learning and development standards for Group C and Group D practitioners.</p> <p>Facilitated by Martin Vaughan</p>	<p>Tackling child exploitation is a complex task. There are similarities between different forms of exploitation and the criminal and sexual exploitation of children may overlap. Victims of exploitation may, at any one time, be subject to both. It is vital that frontline practitioners recognise, and by working together, deploy tactics to disrupt multiple types of exploitation when they occur.</p> <p>Perpetrators of child sexual exploitation (CSE) and child criminal exploitation (CCE) can share patterns of behaviour in respect of coercion, violence, intimidation and the power imbalance inherent in them and many other offences.</p> <p>Child exploitation cannot be solved in isolation. Effective information sharing is essential to the protection of children and stopping offenders.</p>	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Gweithio gyda 'Chydymffurfiaeth Gudd' (Disguised Compliance)</p> <p>Bydd y cwrs yma'n bodloni rhai o feini prawf y safonau diogelu cenedlaethol yn ymwneud â hyfforddi, dysgu a datblygu ar gyfer ymarferwyr Grŵp C a Grŵp D.</p> <p>Wedi'i hwyluso gan Ruth Pearson</p>	<p>Nodau</p> <ul style="list-style-type: none"> • Hwyluso trafodaethau a mynd i'r afael â phryderon ynglŷn â gweithio gyda theuluoedd sy'n cydymffurfio'n rhannol neu'n camarwain asiantaethau'n fwriadol • Ystyried y gwensi rydyn ni'n eu dysgu o arferion, gwaith ymchwil ac Adolygiadau Achos Difrifol/Ymarfer Plant ynghylch y goblygiadau o ran y gwaith i ddiogelu plant yn y teuluoedd yma • Deall yn well patrymau o ymddygiad sy'n nodi twyll a risg • Cynyddu'r gallu i asesu'r risg i blant sy'n byw mewn teuluoedd lle gallen nhw fod wedi'u cuddio o olwg gweithwyr proffesiynol • Datblygu sgiliau er mwyn nodi achosion o osgoi a chamliwio bwriadol, a'u herio 	<p>Facilitated via ZOOM</p> <p>18.07.24 9.30am – 3.30pm</p>
<p>Working with Disguised or Non-Effective Compliance</p> <p>(Level 3 Safeguarding)</p> <p>This course will meet some of the criteria of the National safeguarding training, learning and development standards for Group C and Group D practitioners</p> <p>Facilitated by Ruth Pearson</p>	<p>Aims</p> <ul style="list-style-type: none"> • To facilitate discussion and address concerns about working with families who are partially compliant or deliberately mislead agencies • To consider lessons from practice, research and Serious Case/Child Practice Reviews regarding the implications for work to safeguard children in these families • To gain further understanding of patterns of behaviour that indicate deception and risk • To increase ability to assess risk to children living in families where they may be hidden from professional view • To develop skills to identify and challenge deliberate avoidance and misrepresentation 	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Motivational Interviewing</p> <p>Wedi'i hwyluso gan Mark Anthony</p>	<ul style="list-style-type: none"> • Deall y cysyniad o ysgogi • Meithrin dealtwriaeth well o Gyfweld Ysgogiadol fel dull cyfathrebu • Meithrin dealtwriaeth well o'r weledigaeth, egwyddor a sgiliau mewn perthynas â Chyfweld Ysgogiadol • Cydnabod cysylltiadau ag ymarfer ym maes iechyd a gofal cymdeithasol 	<p>Hawthorn Leisure Centre CF37 5LN</p> <p>10.10.24 9.30am – 4pm</p>
<p>Motivational Interviewing</p> <p>Facilitated by Mark Anthony</p>	<ul style="list-style-type: none"> • To understand the concept of motivation. • To gain a better understanding of Motivational Interviewing (M I) as a communication style. • To gain a better understanding of the spirit, principles and skills used in M I. • To recognise links to practice in Health and Social care 	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Magwraeth Mewn Gofal: Profiad Go Iawn</p> <p>Wedi'i hwyluso gan Scott King Section 31 Training Company</p>	<p>Pan oedd yn chwe mis oed, cafodd Scott King ei roi mewn gofal gyda'i frawd Ben, a oedd yn dair blwydd oed.</p> <ul style="list-style-type: none"> • Profiadau Personol - Stori Scott Stori Ben • Darnau coll y pos • Y persbectif proffesiynol • Ailymweld â'r gorffennol • Y cam-drin • Symud ymlaen..... 	<p>Microsoft Teams</p> <p>18.06.24</p> <p>10am – 2.30pm</p>
<p>Growing up in Care: Lived Experience</p> <p>Facilitated by Scott King Section 31 Training Company</p>	<p>Scott King was taken into care at six months old along with his three year old brother Ben.</p> <ul style="list-style-type: none"> • Personal Narratives – Scott's Story Ben's Story • The missing puzzle pieces • The professional perspective • Revisiting the past • The abuse • Moving forward 	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Foetal Alcohol Disorder</p> <p>Wedi'i hwyluso gan Martin Clarke</p>	<ul style="list-style-type: none"> • Cynyddu ymwybyddiaeth a dealltwriaeth o Anhwylder Sbectrwm Alcohol y Ffoetws • Deall effaith yfed alcohol yn ystod beichiogrwydd • Ystyried strategaethau ar gyfer gweithio gyda phlant sydd wedi'u heffeithio gan yr anhwylder 	<p>Rhondda Fach Leisure Centre East Street, Tylorstown, Ferndale. CF43 3HR</p>
<p>Foetal Alcohol Disorder</p> <p>Facilitated by Martin Clarke</p>	<ul style="list-style-type: none"> • Raise awareness and understanding of foetal alcohol spectrum disorder. • Understand the impact of alcohol in pregnancy. • Consider strategies for working with children who are affected 	<p>05.09.24 9.30am – 4pm</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Rheoli'r Heriau'n ymwneud â Diogelu Plant</p> <p>Wedi'i hwyluso gan Jan Little</p> <p>Cwrs deuddydd ar gyfer Rheolwyr Gwasanaethau i Blant, Blaen Weithwyr Cymdeithasol, Gweithwyr Cymdeithasol profiadol a Swyddogion Adolygu Annibynnol.</p>	<ul style="list-style-type: none"> • Nodi ac Atgyfnerthu Arfer Gorau wrth Reoli Achosion Amddiffyn Plant. • Hyrwyddo profiad byw y plentyn fel sail ar gyfer asesu, cynllunio a gwerthuso. • Nodi trapiau i gadw llygad amdanyn nhw yn y broses asesu ac annog asesiad dyfnach o anghenion emosiynol. • Galluogi dadansoddiad parhaus o risgiau a gofnodwyd. • Galluogi cynllunio sy'n canolbwytio ar y plentyn, gan ganolbwytio ar ddeilliannau personol i'r plentyn. • Annog dilyn polisiau'r byrddau diogelu ar grwpiau craidd a thrin a thrafod arfer gorau yn y broses uwchgyfeirio. • Trin a thrafod arfer gorau yn y broses o ddadgofrestru, gan gynnwys defnyddio cynlluniau atal atgwympo, dadansoddi risg a'r cylch newid. 	<p>Rhondda Fach L C Tylorstown, CF43 3HR</p> <p>24.09.24 and 25.09.24</p> <p>9.30am – 4.30pm</p>
<p>Managing the Challenges of Safeguarding Children.</p> <p>Facilitated by Jan Little</p> <p>A two day course to be attended by Children's Services Managers, Principal Social Workers, experienced Social Workers and IRO's</p>	<ul style="list-style-type: none"> • To Identify and Reinforce Best Practice in the Management of Child Protection Cases • To promote the child's lived experience as the basis for assessment, planning and evaluation. • To identify some traps to look out for in the assessment process and encourage deeper assessment of emotional needs. • To enable on going recorded risk analysis. • To enable child centred planning with a focus on personal outcomes for the child. • To encourage the following of the safeguarding boards policies on core groups and explore best practice in the escalation process • To explore best practice in the process of deregistration, including the use of relapse prevention plans, risk analysis and the cycle of change. 	

Social Work Assessments and Reports - Moving from Narrative to Analysis – Developed for Cwm Taf by Siobhan Maclean.

Siobhan has developed course materials in a PDF format that equate to 20 hours of learning. The learning hours will be added to your training record when we are advised that the 'workbook' is completed.

For those wishing to access the online materials and later the Reflective Connection Session please contact Ceri.Watts@rctcbc.gov.uk

Please gain agreement and copy your manager in to your e-mail as you would with any other training request.

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Asesiadau ac Adroddiadau Gwaith Cymdeithasol Symud o Adrodd i Ddadansoddi</p> <p>Wedi'i hwyluso gan Siobhan Maclean</p>	<p>Bydd cyfranogwyr yn deall:</p> <ul style="list-style-type: none">• sut mae gweithwyr cymdeithasol yn llunio damcaniaethau mewn sefyllfaoedd cymhleth• y cysniad o adlewyrchu wrth wneud penderfyniadau dadansoddol• y gwahaniaeth rhwng cofnodion asesu disgrifiadol a dadansoddol <p>Bydd cyfranogwyr yn:</p> <ul style="list-style-type: none">• Gwerthuso eu sgiliau eu hun wrth ddadansoddi a gwneud penderfyniadau• Llunio cynllun i wella eu sgiliau yn y maes yma	Participants will be provided with course materials to complete in their own time that will include a mixture of self-directed learning activities, films and PowerPoint presentations.
<p>Social Work Assessments and Reports Moving from Narrative to Analysis</p> <p>Developed by Siobhan Maclean</p>	<p>Participants will understand:</p> <ul style="list-style-type: none">• How social workers create hypotheses in complex situations• The concept of reflexivity in analytical decision making• The difference between descriptive and analytical assessment records <p>Participants will:</p> <ul style="list-style-type: none">• Evaluate their own skills in analysis and decision making• Create a plan to improve their skill set in this area	PDF Training materials are available to adult and Children's Social Workers, Social Work Team Managers and Senior Practitioners.

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Supervision for Complex Cases (1 diwrnod)</p> <p>Wedi'i hwyluso gan Siobhan Maclean</p>	<p>Archwilio pwysigrwydd fframwaith 'beth? pam? sut?' wrth ei ymarfer ac wrth oruchwyllo</p> <p>Meddwl am sut i ddefnyddio'r fframwaith wrth oruchwyllo achosion cymhleth</p> <p>Ystyried yr angen am atgyrchedd wrth weithio gydag achosion cymhleth</p> <p>Ystyried ffyrdd o ran sut mae modd i oruchwyllo fod yn fwy atgyrchol</p> <p>Datblygu syniadau ynghylch defnyddio modelau adlewyrchol i annog gwneud penderfyniadau ar y cyd wrth oruchwyllo</p>	<p>Zoom</p>
<p>Supervision for Complex Cases (1 day)</p> <p>Facilitated by Siobhan Maclean</p>	<p>This training is suitable for Social Work Team Managers/Consultant Social Workers and Senior Practitioners who supervise staff holding complex cases</p> <p>Explore the importance of the what? why? how? framework in practice and in supervision</p> <p>Think about how to use the framework in supervision around complex cases</p> <p>Consider the need for reflexivity in working in complex cases</p> <p>Consider ways in which supervision can be more reflexive</p> <p>Develop ideas around the use of reflective models to promote shared decision making in supervision</p>	<p>17/09/2024 - 9.30 am – 4.30 pm</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Adeiladu Cydnerthedd (1/2 diwrnod)</p> <p>Wedi'i hwyluso gan Nicole James New Pathways</p>	<ul style="list-style-type: none"> Bwriad y cwrs yma yw bwrw golwg ar y technegau a'r dulliau gwahanol y mae modd i chi eu defnyddio er mwyn eich helpu chi ac eraill i ddiogelu eich lles pan fyddwch chi'n: Ymdrin â sefyllfaoedd/sgyrsiau heriol Rheoli disgwyliadau (gan gynnwys cyfyngiadau o ran adnoddau) Mynd i'r afael ag achosion o wrthdaro 	Zoom 07.06.2024 9.30 am – 1 pm
<p>Building Resilience (1/2 diwrnod)</p> <p>Wedi'i hwyluso gan Nicole James New Pathways</p>	<ul style="list-style-type: none"> This course aims to look at different techniques and tools that can provide ways of helping yourself and others to protect your own wellbeing when: Dealing with challenging situations / conversations Managing expectations (including resource limitations) Dealing with conflict 	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Strôc mewn Oedolion Iau (1/2 diwrnod) Wedi'i hwyluso gan Helen Waters</p>	<ul style="list-style-type: none"> • Deall beth yw strôc. • Bod yn effro i'r ffactorau risg cyffredin sy'n gallu arwain at strôc • Meddu ar ddealltwriaeth o effeithiau cyffredin strôc ar unigolyn, yn gorfforol ac yn seicolegol. • Meddu ar ddealltwriaeth well o ran sut i helpu rhywun i wella yn dilyn strôc. • Trin a thrafod sut mae byw bywyd cyflawn yn dilyn strôc • Dysgu sut i gael cyngor, cymorth ac adnoddau ychwanegol. 	<p>Ty Elai, Training Room 1 CF40 1NY</p> <p>21.06.2024 – 9.30 am – 1.00 pm</p>
<p>Stroke in Younger Adults (1/2 day) Facilitated by Helen Waters</p>	<ul style="list-style-type: none"> • Understand what is a stroke. • Be aware of the common risk factors that contribute to the cause of strokes. • Have an understanding of the common effects of a stroke on a person, both physically and psychologically. • Have a better understanding of how to support a person's recovery following a stroke. • To explore living a full life following a stroke. • Know where to access additional advice, support and resources. 	

Course Title and Facilitator	Deilliannau Dysgu – Learning Outcomes	Date Time and Venue
<p>Gweithredu gweithredol yr ymennydd a chwestiynau yn ymwneud â galluedd (1/2 diwrnod)</p> <p>Wedi'i hwyluso gan David Thornicroft, St. Thomas Training</p>	<ul style="list-style-type: none"> • Gallu diffinio cysyniadau Galluedd Meddwl Gweithredol a Gweithredu Gweithredol • Gallu diffinio ac adnabod "Paradocs y Llabed Flaen" • Deall y gwahaniaeth rhwng "dweud"(galluedd gwneud penderfyniadau) a "gwneud" (galluedd gweithredol) • Gallu cymhwysyo'r "Model Ymwybyddiaeth Pyramid" i asesu galluedd meddyliol person lle mae'n ymddangos yn debygol effalai fydd y person ddim yn gweithredu penderfyniad yn ymarferol, er ei fod yn gallu gwneud mewn theori • Gallu cymhwysyo'r dull "cyfleo/dangos" i asesu galluedd gweithredol • Wedi archwilio ystod o achosion go iawn ac achosion ymarferol lle mae gweithredu gweithredol yn broblem, ac yn gallu cymhwysyo'r gwersi i'w dysgu o ganlyniad i'r achosion i'w ymarfer dyddiol 	<p>Zoom</p> <p>11.04.2024 – 9.30 am – 12.30 pm</p> <p>or</p>
<p>Executive Functioning of the Brain and Questions around Capacity (Half-day)</p> <p>Facilitated by David Thornicroft, St. Thomas Training</p>	<ul style="list-style-type: none"> • Be able to define the concepts of Executive Mental Capacity and Executive Functioning • Be able to define and identify the “Frontal Lobe Paradox” • Understand the difference between “talking the talk” (decisional capacity) and “walking the walk” (executive capacity) • Be able to apply the “Pyramid Model of Awareness” to assess a person’s mental capacity where it seems likely that they may be unable to implement a decision in practice, even though they can make it in theory • Be able to apply the “articulate/demonstrate” approach to assessing executive capacity • Have examined a range of real cases and case examples where executive functioning is an issue, and be able to apply the learning from these cases to their own everyday working practices 	<p>14.10.2024 – 1.30 pm – 4.30 pm</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Mental Capacity & Sexual Activity</p> <p>Wedi'i hwyluso gan</p> <p>David Thorneycroft, St. Thomas Training</p>	<p>Sicrhau bod gan gyfranogwyr ddealltwriaeth o sut mae Deddf Galluedd Meddyliol 2005 yn berthnasol i faterion gweithredoedd rhywiol. Er enghraifft, pan fydd defnyddiwr gwasanaeth ag anabledd dysgu, neu dementia, yn dymuno cael perthynas rhywiol. Neu efallai bydd un hanner pâr yn dymuno parhau â perthynas rhywiol, er nad yw ei bartner/phartner yn gallu cydsynio i'r perthynas hwnnw bellach</p>	<p>Zoom</p> <p>19.07.2024 - 9.30 am – 12.30 pm</p> <p>or</p>
<p>Mental Capacity & Sexual Activity</p> <p>(Half-day)</p> <p>Facilitated by</p> <p>David Thorneycroft, St. Thomas Training</p>	<p>To give participants an overall understanding of how the Mental Capacity Act 2005 applies to issues of sexual activities. For example when a service user who has a learning disability, or dementia, wants to have a sexual relationship. Or perhaps when one half of a couple wants to continue a sexual relationship even though his/her spouse may no longer have the capacity to consent to that relationship.</p>	<p>20.01.2025 – 1.30 pm – 4.30 pm</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Deddf Galluedd Meddwl, Arferion Rhyw a Diogelwch ar lein.</p> <p>(1/2 day)</p> <p>Wedi'i hwyluso gan</p> <p>Dr. Debbie Martin</p>	<p>Nod y cwrs yma yw cefnogi'r rheiny sy'n gweithio gyda unigolion i ddeall y gyfraith mewn perthynas â galluedd yng nghyd-destun arferion rhywiol, a chadw'n ddiogel ar-lein.</p> <p>Bydd y cwrs yn benodol yn mynd i'r afael â:</p> <ul style="list-style-type: none"> • chydsynio i berthnasau rhywiol (yn benodol i'r person a'r gyfraith), • gwybodaeth berthnasol mewn perthynas â thrais rhywiol, • mygu hunanerotig, • trefnu gweithwyr rhyw a'r perygl o droseddau rhywiol, a'r • rhyngrywd a'r cyfryngau cymdeithasol. <p>Bydd y cwrs yn tynnu ar gyfraith achosion sy'n cefnogi gweithwyr proffesiynol i gymhwysor'r gyfraith yn ymarferol.</p>	<p>Microsoft Teams</p>
<p>MCA, Sexual Practices and Online Safety</p> <p>(1/2 day)</p> <p>Facilitated by</p> <p>Dr. Debbie Martin</p>	<p>This course aims to support those working with individuals to understand the law in relation to capacity in the context of sexual practices, and staying safe online.</p> <p>The course will specifically address:</p> <ul style="list-style-type: none"> • consent to sexual relations (person and act specific test), • relevant information in the context of sexual violence, • autoerotic asphyxiation, • arranging sex workers and the risk of sexual offences, and • social media and internet use. • The course will draw on case law which supports professionals in the application of law in practice. 	<p>04.09.2024 9.30 am – 12.30 pm</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Deddf Iechyd Meddwl - Diweddarriad ar Gyfraith Achosion (1/2 diwrnod)</p> <p>Wedi'i hwyluso gan</p> <p>Dr. Debbie Martin</p>	<ul style="list-style-type: none"> • Y gallu i roi mynediad (ac felly osgoi gorfod cadw cleifion yn unol â'r Ddeddf Iechyd Meddwl) • Asesiadau (cyfreithlondeb asesiadau o bell) • Ymgynghoriad gyda phobl sy'n perthyn yn unol â'r Ddeddf Iechyd Meddwl • Asesu doctoriaid (arbenigedd meddygol ac adnabyddiaeth flaenorol) • Cadw anghyfreithlon • Cyfyngiadau cadw anghyfreithlon y Ddeddf iechyd Meddwl (CTO, Cleifion wedi'u cyfyngu a Gwarcheidaeth) • Triniaeth feddygol i achosion o anhwylder meddyliol (yr hyn sy'n driniaeth feddygol ar gyfer anhwylderau meddyliol) • Tribiwnlysoedd (ail-gadw yn dilyn rhyddhad, yr hawl i gael gwrandawiad teg a'r hawl i wneud cais) 	<p>Microsoft Teams</p> <p>02.07.2024 _9.30 am – 12.30pm</p>
<p>The Mental Health Act – Update on Case Law (1/2 day)</p> <p>Facilitated by</p> <p>Dr. Debbie Martin</p>	<ul style="list-style-type: none"> • Capacity to consent to admission (therefore avoiding MHA detention) • Assessments (legality of remote assessments) • Consultation with relatives under the MHA • Assessing doctors (medical expertise and previous acquaintance) • Unlawful detention (s5, errors in law) • MHA limits to lawful detention (CTO, Restricted Patients, and Guardianship) • Medical treatment for mental disorder cases (what constitutes medical treatment for mental disorder) • Tribunals (re-detention following discharge, right to a fair hearing and capacity to apply) 	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Sgiliau Llys ar gyfer Gweithwyr Cymdeithasol (1 diwrnod)</p> <p>Wedi'i hwyluso gan</p> <p>Edge Training Consultancy</p>	<p>Erbyn diwedd y cwrs, bydd cyfranogwyr wedi ystyried:</p> <ul style="list-style-type: none"> • Agweddau ymarferol mynchyu gwrandawiadau llys yn Y Llys Gwarchod, Tribiwnlys Iechyd Meddwl a Llys y Crwner • Sut i fynd i'r afael â chael eu holi mewn modd heriol • Rolau allweddol y rheiny sy'n bresennol yn y llys • Termau allweddol gwrandawiadau llys • Argymhellion ar ddarparu tystiolaeth a bod yn ddigynnwrf dan bwysau • Sgiliau ysgrifennu adroddiadau - trosolwg o'r adroddiadau allweddol mewn prosesau llys 	<p>Zoom</p> <p>Dates tbc</p>
<p>Court Skills for Social Workers (1 day)</p> <p>Facilitated by</p> <p>Edge Training Consultancy</p>	<p>By the end of the course participants will have considered:</p> <ul style="list-style-type: none"> • The practical aspects of attending court hearings in the Court of Protection, Mental Health Tribunal and Coroner's Court • How to deal with challenging questioning • The key roles of those attending court • The key terminology of these court proceedings • Tips on giving evidence and staying calm under pressure • Report writing skills- an overview of the key reports in these court processes 	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Deddf Galluedd Meddyliol ac Amddifadedd Rhyddid i Reolwyr Gofal - RhCT a Merthyr Tudful (Sylfaenol - gwybodaeth ac ymwybyddiaeth)</p> <p>Wedi'i hwyluso gan Roger Laidlaw</p>	<p>Cyflwyno ac ystyried cysyniadau sylfaenol Deddf Galluedd Meddyliol gan gynnwys gallu meddyliol / y gallu i wneud penderfyniadau, y budd gorau a'r egwyddor sydd lleiaf cyfyngol</p> <ul style="list-style-type: none"> - Cyflwyno'r cysyniad sylfaenol o Amddifadedd Rhyddid ac egluro sut mae datblygiadau mewn cyfraith achosion wedi effeithio ar hyn - Trafod a dangos sut mae'r Ddeddf Gwasanaethau Cymdeithasol a Llesiant a'r Cod Ymarfer cysylltiedig yn ei gwneud yn ofynnol i staff rheoli gofal ymarfer mewn modd sy'n cydymffurfio â darpariaethau'r Ddeddf Galluedd Meddyliol - Cyflwyno newidiadau posibl i'r Ddeddf Galluedd Meddyliol ac Amddifadedd Rhyddid yn y dyfodol: gweithredu Treftadau Amddiffyn Rhyddid a'r Ddeddf Iechyd Meddwl arfaethedig - Gwneud staff yn effro i weithdrefnau lleol, gan gynnwys blaenoriaethu Amddifadedd Rhyddid mwy dybryd i'w helpu i ddeall eu cyfrifoldebau i hysbysu pryderon posibl a sicrhau cydymffurfiad effeithiol gan staff cartrefi gofal ac mewn perthynas â gadael yr ysbty o fewn cwmpas dyletswyddau rheoli gofal. - Gwneud staff yn effro i'r angen am geisiadau i'r Llys Gwarchod mewn achosion cymhleth ac mewn perthynas â lleoliadau mewn mannau anghofrestredig - Gwneud staff yn effro i'r arfer da wrth wynebu heriau ymarferol a gweithredol yn ystod pandemig Covid 19 <p>Nodwch: Ar ôl mynychu'r cwrs yma, byddai ymgeiswyr yn barod i fynychu'r cwrs Deddf Galluedd Meddyliol (lefel 'ganolradd').</p>	Waiting for dates tbc
<p>Mental Capacity Act and Deprivation of Liberty for Care Managers - RCT and Merthyr Tydfil (Basic - information and awareness)</p> <p>Facilitated by Roger Laidlaw</p>	<p>To introduce and consider basic concepts in the Mental Capacity Act (MCA) including mental capacity / decision making ability, best interests and the least restrictive principle</p> <ul style="list-style-type: none"> - To introduce the basic concept of a Deprivation of Liberty and explain how this has been affected by developments in case law - To discuss and demonstrate how the SSWB Act and the associated Code of Practice require care management staff to practice in a manner compliant with the provisions of the MCA - To introduce possible future changes to the MCA and DoLS: the implementation of the Liberty Protection Safeguards and proposed new Mental Health Act - To make staff aware of local procedures, including the prioritisation of more pressing DoL applications to help them understand their responsibilities to notify potential concerns and ensure effective compliance by care home staff and in relation to hospital discharges within the scope of care management duties - To make staff aware of the need for applications to the Court of Protection in complex cases and in relation to placements in non-registered settings - To make staff aware of good practice in the face of practice and operational challenges during the Covid 19 pandemic <p>NB Having attended this course, candidates would be prepared to attend the 'intermediate' level MCA course.</p>	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Deddf Galluedd Meddyliol (MCA) ac Amddifadedd Rhyddid i Reolwyr Gofal (Canolradd - ymarfer, sgiliau ac achosion cymhleth)</p> <p>(2 half day sessions both to be attended)</p> <p>Wedi'i hwyluso gan Roger Laidlaw</p>	<p>Ar y cwrs lefel ganolraddol yma, bydd cyfranogwyr yn gwneud y canlynol:</p> <ul style="list-style-type: none"> - Ystyried sgiliau cymwys ar gyfer asesu gallu meddyliol - Ystyried Egwyddor Dau o'r Ddeddf Galluedd Meddyliol: cadw'r ffocws ar ddymuniadau a chyfleoedd yr unigolyn i wneud penderfyniadau dan gymorth - Ystyried y Buddiannau Gorau a dyraniad adnoddau dychryn ac arfer amddiffynadwy o dan Ddeddf Gwasanaethau Cymdeithasol a Llesiant - Dysgu am ganllawiau rhyngasiantaethol ar Gyfarfodydd Buddiannau Gorau a rheoli achosion cymhleth - Cael mewnwelediad i geisiadau ar gyfer y Llys Gwarchod Bydd technegau dysgu yn cynnwys trafodaeth ar gyfraith achosion ddiweddar, gwylio cyflwyniadau fideo o gyfweliadau asesu ac ymarferion grŵp <p>Nodwch: Rhaid bod cyfranogwyr wedi mynychu cwrs lefel "Sylfaenol" neu bod yn gyfarwydd â phrif ddarpariaethau'r Ddeddf Galluedd Meddyliol.</p> <p>Rhaid i gyfranogwyr fod ar gael i fynychu'r ddwy sesiwn hanner diwrnod o'r cwrs undydd yma</p>	<p>Waiting for dates tbc</p>
<p>Mental Capacity Act (MCA) and Deprivation of Liberty for Care Managers (Intermediate - practice, skills and complex cases)</p> <p>(2 half day sessions both to be attended)</p> <p>Facilitated by Roger Laidlaw</p>	<p>On this intermediate level course participants will:</p> <ul style="list-style-type: none"> - Consider applicable skills for the assessment of mental capacity - Consider Principle Two of the Mental Capacity Act: keeping the focus on the person's wishes and opportunities for supported decision making - Consider Best Interests and the allocation of scarce resources and defensible practice under the SSWB Act - Learn about interagency guidance on Best Interests Meetings and the management of complex cases - Gain insight into applications to the Court of Protection <p>Learning techniques will include discussion of recent case law, viewing of video presentations of assessment interviews and group exercises</p> <p>NB: Participants must have attended a "Basic" level course or be otherwise familiar with the main provisions of the MCA.</p> <p>Participants must be available to attend both half day sessions of this one-day course</p>	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Deddf Iechyd Meddwl 1983 (fel y'i diwygiwyd): Prif Ddarpariaethau (1/2 diwrnod)</p> <p>Wedi'i hwyluso gan</p> <p>Kate Riley & Rhys Gambold</p>	<ul style="list-style-type: none"> • Anhwylder Meddyliol - i bwy mae'r Ddeddf yn berthnasol? (Diffiniad, eithriadau ac anabledd dysgu) • Rolau proffesiynol (clinigydd wedi'i gymeradwyo, clinigydd cyfrifol, gweithiwr iechyd meddwl proffesiynol wedi'i gymeradwyo, aelod teulu agos ac ati) • Nifer derbyn gorfodol sifil i'r ysbyty (adrannau 2, 3, 4 a 5 - sail ac effaith) • Gorfodaeth ac ôl-ofal cymunedol sifil (adrannau 7, 17 ac 17A - sail ac effaith, ac adran 117 hawl ôl-ofal) • Triniaeth orfodol ar gyfer anhwylder meddyliol (mewn ysbyty ac yn y gymuned) • Rhyddhau a hawliau gwneud apêl yn erbyn adran gadw • Gwarantau a phwerau'r heddlu (is adrannau 135 ac 136) • Mesur Iechyd Meddwl (Cymru) 2010 - yr hawl i gael Cydlynnydd Gofal a Chynllun Gofal a Thriniaeth (Rhan 2) - IMHA 	<p>Ty Elai, Training Room 1 CF40 1NY</p> <p>17.03.2024 9.30 am – 12.30 pm</p>
<p>The Mental Health Act 1983 (as amended)– Main Provisions (1/2 day)</p> <p>Facilitated by</p> <p>Kate Riley & Rhys Gambold</p>	<ul style="list-style-type: none"> • Mental disorder – who does the Act apply to? (definition, exclusions and learning disability) • Professional roles (approved clinician, responsible clinician, approved mental health professional, nearest relative etc) • Civil compulsory admissions to hospital (sections 2, 3, 4 and 5 – grounds and effect) • Civil community compulsion and aftercare (sections 7, 17 and 17A – grounds and effect, and s117 aftercare entitlement) • Compulsory treatment for mental disorder (in hospital and in the community) • Discharge and rights of appeal against a detention section • Warrants and police powers (ss135 and 136) • The Mental Health (Wales) Measure 2010 – Right to have a Care Coordinator and a Care and Treatment Plan (Part 2) – IMHA 	<p>Microsoft Teams</p> <p>17.09.2024 1.30 am – 4.30pm</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Deddf Galluedd Meddyliol 2005: Diweddarriad ar y Gyfraith Achosion</p> <p>Wedi'i hwyluso gan Dr. Debbie Martin</p>	<ul style="list-style-type: none"> • Cymhwys o'r prawf am analluogrwydd • Yr wybodaeth berthnasol i'w roi wrth asesu am alluedd • Cofnodi asesiadau galluedd • Meddyginaeth gudd - goblygiadau ymarferol • Disgwyl datganiadau o analluogrwydd gan y Llys Gwarchod • Gallu a chamweithrediad gweithredol • Cydsynio i berthnasau rhywiol (deddf a phrofion sy'n benodol i'r person) • Cwmpas atal niwed • Anhwylder Bwyta – galluedd a budd gorau 	Microsoft Teams
<p>Mental Capacity Act 2005: Case Law update</p> <p>Facilitated by Dr. Debbie Martin</p>	<ul style="list-style-type: none"> • The application of the test for incapacity • The relevant information to be given when assessing capacity • Recording of capacity assessments • Covert medication - practice implications • In anticipation declarations of incapacity from the Court of Protection • Capacity and executive dysfunction • Consent to sexual relations (act and person specific tests) • The scope of prevention of harm to P • Eating disorder – capacity and best interests 	12.11.2024 9.30 am – 12.30pm

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Arfer sy'n Canolbwytio ar Ddeilliannau (1 day) Wedi'i hwyluso gan Charlotte Waite	<p>Erbyn diwedd y cwrs, bydd cyfranogwyr:</p> <ul style="list-style-type: none"> - wedi cyflwyno neu gadarnhau beth mae'n ei olygu i weithio mewn modd sy'n canolbwytio ar ddeilliannau: bydd cyfranogwyr yn gadael y cwrs gydag ymwybyddiaeth a gwybodaeth am beth yw'r egwyddorion, ac yn dechrau gwybod (neu wedi cadarnhau) beth mae hyn yn ei olygu i'w hymarfer, eu sefydliad a'r gymuned - wedi archwilio ac ymarfer y sgiliau sy'n cael eu defnyddio i gyflawni sgyrsiau sy'n seiliedig ar ddeilliannau ac asesiadau - wedi ystyried sut i gofmodi eu gwaith mewn modd sy'n canolbwytio ar ddeilliannau ac yn seiliedig ar gryfderau 	Ty Elai, Training Room 2 CF40 1NY
Outcome Focused Practice (1 day) Facilitated by Charlotte Waite	<p>By the end of the course participants will:</p> <ul style="list-style-type: none"> - have had introduced or affirmed what it means to work in an outcome focused way: participants would leave the course with awareness and knowledge of what the principles are and begin to know (or have affirmed) what this means for their practice, their organisation and the community - explored and practiced the skills used to achieve outcome focused conversations and assessments - considered how to record their work in an outcome focused and strengths-based way - discover and discuss the challenges involved in practicing in this way and how these can be addressed 	<p>26.04.24 9.30am – 4.30pm</p> <p>or</p> <p>20.05.24 9.30am – 4.30 pm</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Deddf Hawliau Dynol a Rhyddid Personol (1/2 diwrnod)</p> <p>Wedi'i hwyluso gan</p> <p>Dr. Debbie Martin</p>	<ul style="list-style-type: none"> • Hanes bras y Confensiwn Ewropeaidd ar Hawliau Dynol a Deddf Hawliau Dynol 1998 • Egwyddorion rhesymeg a chymesuredd • Rôl cyfrifoldeb awdurdodau cyhoeddus (y sawl sy'n cyflawni swyddogaethau cyhoeddus) • Trosolwg o'r erthyglau sy'n rhan o ddeddfwriaeth y DU mewn perthynas â gofal iechyd a gofal cymdeithasol • Penderfyniadau llysoedd yng ngoleuni erthyglau gofal iechyd a gofal cymdeithasol perthnasol - sut mae penderfyniadau llysoedd yn llywio ein gwaith? • Cyflawni hawliau dynol a sut i'w cydbwys 	<p>Microsoft Teams</p>
<p>The Human Rights Act & Personal Liberty (1/2 day)</p> <p>Facilitated by</p> <p>Dr. Debbie Martin</p>	<ul style="list-style-type: none"> • Brief history of the European Convention of Human Rights and the Human Rights Act 1998 • Principles of reasonableness and proportionality • The role and responsibility of public authorities (those performing functions of a public nature) • An overview of Articles enshrined in UK law relevant to health and social care practice • Court decisions in respect of Articles relevant to health and social care practice – how do court decisions shape our practice? • Competing human rights and how these may be balanced 	<p>18.04.2024 _9.30 am – 12.30pm</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Deall Anhwylderau Personoliaeth</p> <p>Wedi'i hwyluso gan Mark Anthony</p>	<ul style="list-style-type: none"> • Meithrin dealltwriaeth ehangach o beth yw Anhwylder Personoliaeth. • Beth sy'n ei achosi? • Sut mae ei drin? • Trafodaethau i ddysgu o brofiadau ein gilydd. • Beth yw'r Cam Nesaf? 	<p>Ty Elai, Training Room 2 CF40 1NY</p>
<p>Understanding Personality Disorders</p> <p>Facilitated by Mark Anthony</p>	<ul style="list-style-type: none"> • Offer a broader understanding of what Personality Disorder is. • What are the causes? • What are the treatments? • Discussions to learn from each other's experiences. • What Next? 	<p>13.05.2024 9.30am – 4pm</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Ymwybyddiaeth o Ddiabetes Wedi'i hwyluso gan Victoria Page	<p>Erbyn diwedd y sesiwn, bydd modd i chi:</p> <ul style="list-style-type: none"> • Nodi'r mathau gwahanol o Ddiabetes; • Nodi anawsterau cyffredin o ran byw gyda Diabetes; • Nodi triniaethau cyffredin ar gyfer Diabetes; • Nodi'r gofynion dietegol sylfaenol ar gyfer pobl sydd â Diabetes. 	Microsoft Teams 04.06.2024 10 am – 12 noon or
Diabetes Awareness Facilitated by Victoria Page	<p>By the end of the session participants will:</p> <ul style="list-style-type: none"> • State the differing types of Diabetes. • To state common difficulties living with Diabetes. • To state common treatments for Diabetes. • To state basic dietary requirements for persons with Diabetes. 	14.11.2024 10 am – 12 noon

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Clefyd Parkinson's</p> <p>Wedi'i hwyluso gan</p> <p>Sharon Jones</p>	<p>Bydd modd i ddysgwyr ddangos dealltwriaeth o Glefyd Parkinson, gan gynnwys arwyddion, symptomau a thriniaeth.</p> <p>Bydd modd i ddysgwyr hefyd ddangos dealltwriaeth o'r gofal a'r broses fonitro barhaus ar gyfer cleifion sy'n byw gyda Chlefyd Parkinson.</p>	<p>Ty Elai, Training Room 1 CF40 1NY</p>
<p>Parkinson's Disease</p> <p>Facilitated by</p> <p>Sharon Jones</p>	<p>Learners will be able to demonstrate an understanding of Parkinson's Disease, including the signs, symptoms and treatment of these symptoms.</p> <p>Learners will also be able to demonstrate and understanding of the ongoing care and monitoring of patients living with Parkinson's Disease</p>	<p>24.06.24 9.30 am – 11.30 am</p> <p>or</p> <p>22.11.24 9.30 am – 11.30 am</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Arferion sy'n Ystyriol o Drawma Wedi'i hwyluso gan Nicole James New Pathways	<p>Rhoi dealltwriaeth dda i'r rheiny sy'n cymryd rhan o sut i ddefnyddio Dull sy'n Ystyriol o Drawma wrth ymdrin â phryderon o ran diogelu.</p> <p>Mae amlinelliad o'r cwrs yn cynnwys:</p> <ul style="list-style-type: none"> • Trosolwg o Fframwaith Arferion sy'n Ystyriol o Drawma Cymru • Sut mae hyn yn cysylltu â'r angen am chwilfrydedd proffesiynol a safbwyt cyfannol • Sut mae'n cysylltu ag atal a mynd i'r afael ag achosion o ddiffyg ymgysylltu/diffyg cydymffurfio • Sut i ddangos dystiolaeth o Arferion sy'n Ystyriol o Drawma mewn cofnodion/adroddiadau 	Zoom 01.05.2024 9.30 am – 1 pm
Trauma Informed Practice Wedi'i hwyluso gan Nicole James New Pathways	<p>To provide participants with a good understanding of how to use a Trauma Informed Approach when dealing with Safeguarding Concerns.</p> <p>The course outline includes:</p> <ul style="list-style-type: none"> • An overview of the Wales Trauma Informed Practice Framework • How this links to the need for professional curiosity and a holistic view • How it links to preventing and addressing non-engagement/non-compliance • How to evidence TIP in records/reports 	or 03.10.2024 9.30 am – 1 pm

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
<p>Arfer sy'n Canolbwyntio ar Ddeilliannau – Cefnogi Her a Newid</p> <p>(1 day)</p> <p>Wedi'i hwyluso gan</p> <p>Charlotte Waite</p>	<p>Myfyrio ar yr heriau sy'n gysylltiedig ag Arfer sy'n Canolbwyntio ar Ddeilliannau a sut i'w goresgyn</p> <p>Rhoi sgiliau craidd sy'n canolbwyntio ar ddeilliannau ar waith o ran atgyfeiriadau, asesiadau, cynllunio gofal a sgyrsiau adolygu</p> <p>Ystyried dulliau a thechnegau gan gynnwys graddio/sgorio a thechnegau cyfweld ysgogiadol</p> <p>Trafod barn broffesiynol – sut a phryd i'w defnyddio i wella deilliannau</p>	<p>Ty Elai, Training Room 2 CF40 1NY</p> <p>07.06.24 9.30am – 4.30pm</p> <p>or</p>
<p>Outcome Focused Practice – Supporting Challenge & Change</p> <p>(1 day)</p> <p>Facilitated by</p> <p>Charlotte Waite</p>	<p>Reflect on the challenges associated with Outcome Focused Practice & how to overcome these.</p> <p>Apply core Outcome Focused skills in terms of referral, assessments, care planning & review conversations.</p> <p>Consider approaches & techniques such as scaling/scoring & Motivational Interviewing techniques.</p> <p>Discuss professional judgement – how & when to use to improve outcomes.</p>	<p>02.07.24 9.30am – 4.30 pm</p> <p>or</p> <p>12.09.24 9.30 am – 4.30 pm</p>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue

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For information and advice please contact:

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Gwasanaeth Datblygu'r Gweithlu Gofal Cymdeithasol Cwm Taf / Cwm Taf Social Care Workforce Development Service