



GWASANAETH DATBLYGU  
GWEITHLU GOFAL CYMDEITHASOL

**CWM TAF**

SOCIAL CARE WORKFORCE  
DEVELOPMENT SERVICE

Un sector : un gweithlu • one sector : one workforce

# TRAINING SCHEDULE FOR ADULT DIRECT CARE PROVIDERS

## Local Authority

April 2025 -  
March 2026

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***Welcome Message from Cwm Taf Social Care Workforce Development Service Manager***

On behalf of Cwm Taf Social Care Workforce Development service I am pleased to share this year's Training program. The calendar for 2025/2026 identifies a range of topics required for social care services to support a motivated, engaged, and valued workforce with the capacity, competence, and confidence to meet the needs of the people of Cwm Taf.

Our team of Professional and qualified staff are there to support you through any queries to ensure you access the most suitable training and the delivery model to meet your service needs.

We look forward to learning and working alongside you this year.



**Jill Davies Abbott**

***Cwm Taf Social Care Workforce Development Service Manager***



## **Information about participation and engagement on all training courses**

In order to ensure that everyone has an enjoyable and worthwhile time whilst on our training courses, the Cwm Taf Social Care Workforce Development Partnership has developed a learning agreement which underpins SCW code of conduct for employees.

We'd find it really helpful if managers could let staff know about these expectations before they are sent on our courses.

Participants on SCWDP funded courses agree to:

**Stay for the duration of the session** – The length of the course is agreed prior to advert.

**Good Punctuality** – please arrive in good time before the start of the course, arriving back from breaks at the agreed time.

**Confidentiality** – All information that is shared in the session stays inside the training room. This is particularly important if individuals are mentioned. However, it is also important if training participants share personal information about themselves.

To ensure that we are acting in accordance with Safeguarding procedures, if a participant shares information of a grave or serious nature, they must understand that it is the trainer's responsibility to pass this information on.

**Respectful conduct** – It is part of the social care worker's code of conduct to treat other people with respect and dignity, including other participants on training. When differences of opinion arise, it is important to be respectful of other people's points of view. Respectful behaviour includes:

- Speaking one at a time
- Ensuring that quieter members of the group have an equal chance to participate
- Using language that conveys tolerance and respect.
- Ensuring that mobile phones are switched off and text messages are not sent or received (subject to negotiation in exceptional circumstances)

This list is not exhaustive and may be added to through out the day. Participants are encouraged to add to this list.

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### Additional information for colleagues attending training via a virtual platform (e.g. Teams)

- You may have been sent pre-course materials, please read these documents to prepare for the session.
- Please join from a functioning electronic device such as laptop or PC and familiarise yourself with the training platform prior to the event.
- Please join the training 15 minutes prior to the start of the course so that any technical challenges can be resolved.
- Please join using the link sent via email by the course administrator.
- Take account of confidentiality issues – if you are accessing from a care setting blur your background so that individuals and their private details are not visible.
- When you join the training, please put your name, role and care setting in the chat. The name entered should match any SCW registration. If more than one person is accessing from a shared device, we need this information for all participants attending.
- Please be aware that all details about who has accessed, duration of call and chat participation are logged automatically by the teams app. We use this information to inform our attendance records. It is really important that you advise us at the start of the session if more than one person is sharing a device.
- Make sure that your camera is on throughout the session and place your microphone on mute, unless requested otherwise (such as during group sessions). This ensures there are fewer distracting background noises for all participants.
- The trainer will outline any other general housekeeping rules around virtual etiquette, at the beginning of the session.
- The trainer will explain how introductions will be made either verbally or via the 'chat' facility.
- Please 'join in', active participation is vital to a successful learning experience.
- Use the chat or Raise Hand function to pose any questions to the trainer.

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# Direct Care Older People Services – Open Access Courses

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Topic	Trainer	Duration
Assisted Eating (Older People's Services)  Helping people with a cognitive impairment to have good nutrition and support.	CTMUHB – SLT Team Vicky Collins / Neen Cleverley/Grainne Kavanagh	9:30 a.m. – 11:15 a.m.
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales.		
<p><b>Target audience:</b> Older people direct care staff in adult social care settings <i>(including staff whose job role includes making up medicines, preparing thickening products and food)</i> who are supporting people with a cognitive impairment to eat and swallow.</p> <p><b><i>(This course is <u>not</u> suitable for learning disability providers – Contact Ceri Watts for opportunities relating to learning disability)</i></b></p>		
<ul style="list-style-type: none"> <li>• Identifying the signs and symptoms of swallowing difficulties and the impact on the individual</li> <li>• Understanding the importance of textures of food and drink.</li> <li>• Dignity and respect when assisting a person to eat</li> <li>• Practical tips to support an individual when eating and drinking</li> <li>• The importance of following recommendations</li> </ul>		
Date	Venue	
25/06/2025	Hawthorn Leisure Centre, Fairfield Lane, Rhydyfelin CF37 5LN	
15/10/2025	Orbit Business Centre, Ty Rhydycar Rhydycar Business Park, Merthyr Tydfil CF48 1DL	
04/03/2026	Rhondda Sports Centre, Gelligaled Park, Ystrad, CF41 7SY	

**Any queries** in relation to the course content please email:  
[sarah.j.williams@rctcbc.gov.uk](mailto:sarah.j.williams@rctcbc.gov.uk) / [deana.newport@rctcbc.gov.uk](mailto:deana.newport@rctcbc.gov.uk)  
Nominations to be sent to: [Emrys.jones2@rctcbc.gov.uk](mailto:Emrys.jones2@rctcbc.gov.uk)

Topic	Trainer	Duration
Bereavement and Loss	Hospice of the Valley	
<b>Target Audience:</b> All Adults Social Care Workers		
This is to be arranged in the near future – please look out for flyers		

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Topic	Trainer	Duration
Bladder and Bowel Health Training	CTMUHB - Bladder & Bowel Team	9:30 a.m. – 12:30 p.m.
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales.		
<b>Target Audience:</b> Staff who provide care and support to older people		
<p><b>Aim:</b></p> <p>To update the Home care team with current best practice in caring for individuals with bladder &amp; bowel dysfunction alongside the use and care of urinary appliances and devises.</p> <p><b>Objectives:</b></p> <p>By the end of the session participants will have an understanding of:</p> <ul style="list-style-type: none"> <li>• the factors which affect continence</li> <li>• types &amp; causes of incontinence</li> <li>• normal bladder function</li> <li>• aids &amp; appliances</li> <li>• attitudes to continence &amp; supporting patient dignity</li> <li>• Recording/documentation of bladder/bowel function</li> </ul>		
Date	Venue	
09/07/2025	Hawthorn Leisure Centre, Fairfield Lane, Rhydyfelin CF37 5LN	
01/10/2025	Orbit Business Centre, Ty Rhydycar Rhydycar Business Park, Merthyr Tydfil CF48 1DL	
21/01/2026	Hawthorn Leisure Centre	

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Topic	Trainer	Duration
Dementia Care – Introducing the Teepa Snow Positive Approaches to Care model	TBA	TBA
<p>In keeping with the commitment made by CTM Regional Partnership Board, the training team will be looking to develop a dementia care learning strategy. This will be based around the Teepa Snow Positive approaches to care model. Our development plans in respect of this are in the early stages. There will be more information shared as plans progress.</p> <p>The learning and development link in RCT and MT for this model is Catherine Brown.</p> <p>When this training is set up, aims and objectives are likely to include:</p> <p>An introduction to the GEMS states model of brain change  What makes a positive person connection? – compliment, share, notice &amp; seek  How to use positive action starters  Hand under hand techniques for meaningful physical support</p> <p>For more information in the meantime, please visit</p> <p><a href="#">Homepage - Positive Approach to Care</a></p>		
Date	Venue	Review Date
Course update and dates to follow via a flyer		

**Any queries** in relation to dementia care development plans please email:  
[sarah.j.williams@rctcbc.gov.uk](mailto:sarah.j.williams@rctcbc.gov.uk) / [catherine.d.brown@rctcbc.gov.uk](mailto:catherine.d.brown@rctcbc.gov.uk)

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Topic	Trainer	Duration
Deprivation of Liberty Safeguards - an update for Care Home Managers and Team Leaders	Roger Laidlaw / Melanie Evans	9:30 a.m. - 1:00 p.m.
<b>Target Audience:</b> Registered Care Home Managers, Deputy Managers, Unit Leaders and Senior Carers		
<p><b>Aim of session:</b> To inform staff in residential and nursing homes about current practice requirements in relation to the Mental Capacity Act and Deprivation of Liberty Safeguards to enable practice and recording which are compliant with contracting and inspection standards.</p> <p><b>Objectives</b> By the end of the session participants will:</p> <ul style="list-style-type: none"> <li>• have been reminded of basic concepts under the Mental Capacity Act, including the assessment of decision making ability, the provision of support and care 'in the person's best interest' and the 'least restrictive principle'</li> <li>• have had the opportunity to consider the threshold of a deprivation liberty given in the Supreme Court judgment of March 2014 and encouraged to consider 'the acid test' in relation to the support of residents in their own work setting</li> <li>• have been informed about DoLS forms used by the local partnership and means of access to forms, leaflets and guidance</li> <li>• have been informed about requirements for keeping track of referrals and Authorisations and local arrangements for reporting homes failing in these requirements to Purchasing and Commissioning and to CIW</li> <li>• have been given suggestions about demonstrating effective compliance with standards in practical administration and care planning.</li> </ul>		
Date	Venue	
23/09/2025	Orbit Business Centre, Ty Rhydycar Rhydycar Business Park, Merthyr Tydfil CF48 1DL	

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Topic	Trainer	Duration
Diabetes Awareness	CTMUHB – Diabetes Team	9:30 a.m.– 12:30 p.m.
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales.		
<b>Target Audience:</b> Direct care staff in adult social care settings		
<b>Aims and Objectives</b>  By the end of the session participants will: <ul style="list-style-type: none"> <li>• State the differing types of Diabetes.</li> <li>• To state common difficulties living with Diabetes.</li> <li>• To state common treatments for Diabetes.</li> <li>• To state basic dietary requirements for persons with Diabetes.</li> </ul>		
Date	Venue	
10/04/2025	Orbit Business Centre, Ty Rhydycar Rhydycar Business Park, Merthyr Tydfil CF48 1DL	
19/06/2025	Rhondda Sports Centre, Gelligaled Park, Ystrad,CF41 7SY	
18/09/2025	Hawthorn Leisure Centre, Fairfield Lane, Rhydyfelin CF37 5LN	
16/10/2025	Orbit Business Centre	
15/01/2026	Hawthorn Leisure Centre	
19/02/2026	Hawthorn Leisure Centre	

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Topic	Trainer	Duration
Falls Prevention	CTMUHB – Falls Team	9:30 - 12:30
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales.		
<b>Target Audience:</b> Direct care staff		
Aim <ul style="list-style-type: none"> <li>• Understand what constitutes a fall</li> <li>• Identify main potential risk factors</li> <li>• Overview of implications following a fall</li> <li>• Understand what can be done to prevent / reduce falls risk</li> </ul>		
Date	Venue	
21/05/2025	Rhondda Sports Centre, Gelligaled Park, Ystrad,CF41 7SY	
17/09/2025	Orbit Business Centre, Ty Rhydycar Rhydycar Business Park, Merthyr Tydfil CF48 1DL	
05/02/2026	Hawthorn Leisure Centre, Fairfield Lane, Rhydyfelin CF37 5LN	

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Topic	Trainer	Duration
Huntington's Disease	Huntington's Disease Association	9:30 a.m. - 11:00 a.m.
<b>Target Audience:</b> all grades of staff working in social care looking after someone who has Huntington's Disease		
<b>Aims and objectives:</b> <ul style="list-style-type: none"> <li>• To be able to explain what Huntington's disease is</li> <li>• To be able to describe five key symptoms of Huntington's</li> <li>• To be able to describe three things that a carer can do to support a person with Huntington's more effectively.</li> </ul>		
Date	Venue	
05/06/2025	Via TEAMS	

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Topic	Trainer	Duration
Palliative Care	Hospice of the Valley	TBA
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales.		
<b>Target Audience:</b> All care workers caring for someone who is at the end of life.		
<b>Aims/objectives</b> <ul style="list-style-type: none"> <li>• To define palliative and end of life care.</li> <li>• To discuss the needs and care required for palliative patients.</li> <li>• To give an overview of symptom management.</li> <li>• How we communicate sensitively.</li> <li>• To consider the needs of family and self-care.</li> </ul>		
Date	Venue	Review Date
<p>Course update and dates to follow via a flyer</p> <p>We are looking to implement a different course/format</p>		

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Topic	Trainer	Duration
Parkinson's Disease	CTMUHB – Parkinson's Team	9:30 a.m. - 12:30 p.m. <i>(please arrive at least 15 minutes prior to this time to allow for refreshments and registration)</i>
<b>Target Audience:</b> All levels of care staff.		
<b>Aim:</b>  This course has been designed to give all levels of staff in care settings an improved understanding of Parkinson's.		
<b>Objectives:</b> <ul style="list-style-type: none"> <li>• To promote and share models of good practice in care</li> <li>• To discuss the challenges experienced by people with Parkinson's</li> <li>• To consider approaches to practical challenges (eg mobility, swallowing, communication etc)</li> </ul>		
Date	Venue	
07/05/2025	Ty Elai - Room 2, Dinas Isaf East, Williamstown, Tonypany CF40 1NY	
10/09/2025	Hawthorn Leisure Centre, Fairfield Lane, Rhydyfelin CF37 5LN	
19/01/2026	Orbit Business Centre, Ty Rhydycar Rhydycar Business Park, Merthyr Tydfil CF48 1DL	

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Topic	Trainer	Duration
Pressure Ulcer Prevention Training	Sarah Bradbury	9:30 a.m. - 12:00 p.m.

Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales.

**Target Audience:** All care staff working within adult social care settings

### Aim of session:

To enable the learner to identify risk factors for developing a pressure ulcer and to understand how to prevent pressure damage in the at-risk client.

### Objectives

- To describe the functions of the skin.
- To understand the definition of a pressure ulcer
- To recognise what risk factors contribute to the development of a pressure ulcers
- To identify how pressure damage can be prevented
- To explain the importance of skin inspection and skin care and how it can impact on skin damage and pressure ulceration.
- To be aware of personal limitations if a pressure ulcer develops and how to seek help and guidance.

Date	Venue
03/04/2025	Hawthorn Leisure Centre, Fairfield Lane, Rhydyfelin CF37 5LN
13/05/2025	Orbit Business Centre, Ty Rhydycar Rhydycar Business Park, Merthyr Tydfil CF48 1DL
24/06/2025	Ty Elai - Room 2, Dinas Isaf East, Williamstown, Tonypany CF40 1NY
16/09/2025	Hawthorn Leisure Centre
14/10/2025	Hawthorn Leisure Centre
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Topic	Facilitator	Duration
Respiratory Conditions Training	CTMUHB – Respiratory team	9:30 – 11:30
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales.		
<b>Target Audience:</b> Direct care staff in residential, day and home care		
<p><b>Aim:</b> to have a basic awareness of how respiratory conditions can impact on a service user's life</p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• To state differing types of respiratory conditions</li> <li>• To state common treatments for respiratory conditions</li> <li>• To consider person centred approaches to respiratory care that promote privacy and dignity</li> </ul>		
Dates	Venue	
07/05/2025	Orbit Business Centre, Ty Rhydycar Rhydycar Business Park, Merthyr Tydfil CF48 1DL	
22/10/2025	Hawthorn Leisure Centre, Fairfield Lane, Rhydyfelin CF37 5LN	

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[socialcaretraining@rctcbc.gov.uk](mailto:socialcaretraining@rctcbc.gov.uk)

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Topic	Expertise	Duration
Stoma Care	CTMUHB – Stoma Teams in RCT / MT	Please check with colleagues below
<p>Owing to low attendance figures in 24/25, the CTM stoma care nurses have not been able to offer dates this year for our training calendar.</p> <p>If you are caring for an individual who requires stoma care skills, please contact the relevant colleagues below and they will be able to assist you in respect of individualised learning and development / care and support planning re:</p> <ul style="list-style-type: none"> <li>• Type of stoma</li> <li>• Correct Appliances &amp; Accessories</li> <li>• Stoma Appliance Management</li> <li>• Associated complications of having a stoma</li> <li>• Daily Aspects of Living with a Stoma</li> </ul> <p>Your contacts for the RCT area are:</p> <p>Helen Wilson <a href="mailto:helen.wilson1@wales.nhs.uk">helen.wilson1@wales.nhs.uk</a></p> <p>Hayley Benjamin <a href="mailto:Hayley.benjamin@wales.nhs.uk">Hayley.benjamin@wales.nhs.uk</a></p> <p>Your contacts for the MT area are:</p> <p>Rebecca Mazur - <a href="mailto:Rebecca.Mazur@wales.nhs.uk">Rebecca.Mazur@wales.nhs.uk</a>;</p> <p>Joanne Jones - <a href="mailto:Joanne.Jones2@wales.nhs.uk">Joanne.Jones2@wales.nhs.uk</a>;</p> <p>Any queries in relation to this information please email <a href="mailto:sarah.j.williams@rctcbc.gov.uk">sarah.j.williams@rctcbc.gov.uk</a></p>		

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Topic	Trainer	Duration
Understanding Stroke	Helen Waters, Independent Trainer	9:30 a.m. – 12:30 p.m.

**Target Audience:** Direct care staff working across adult social care settings.

### Aims

- Know what a stroke is
- Be aware of the common risk factors that contribute to the cause of strokes
- Know what to do if someone has a stroke
- Have a better understanding of the common effects of a stroke on a person
- Have a better understanding of how to support a person's recovery following stroke
- Know how to support life after a stroke
- Know where to access additional advice, support and resources

Please note: Please check out CTMUHB web pages for advice and assistance in respect of individuals. Currently there is pressure on services in CTM area.

[Urgent, temporary change to stroke services at Cwm Taf Morgannwg University Health Board - Cwm Taf Morgannwg University Health Board](#)

Date	Venue
03/06/2025	Hawthorn Leisure Centre, Fairfield Lane, Rhydyfelin CF37 5LN
09/09/2025	Orbit Business Centre, Ty Rhydycar Rhydycar Business Park, Merthyr Tydfil CF48 1DL
04/11/2025	Ty Elai - Room 2, Dinas Isaf East, Williamstown, Tonypandy CF40 1NY

**Any queries** in relation to the course content please email:  
[sarah.j.williams@rctcbc.gov.uk](mailto:sarah.j.williams@rctcbc.gov.uk) / [deana.newport@rctcbc.gov.uk](mailto:deana.newport@rctcbc.gov.uk)  
 Nominations to be sent to: [Emrys.jones2@rctcbc.gov.uk](mailto:Emrys.jones2@rctcbc.gov.uk)

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# Information on E-Learning Packages

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Cwm Taf Social Care Workforce Development Partnership Full List of external E-learning opportunities 2025-26

Topic	Advised by	When	Cost	Digital link	Extra information
Type 2 Diabetes	Pocket Medic	09-06-23	free	<a href="https://medic.video/w-type2">https://medic.video/w-type2</a>	These resources are primarily designed for people who are coping with their own diagnosed health conditions to further their knowledge. These films can be used as additional information to advice provided by UHB colleagues - Contact Ceri Jones if you need assistance in respect of particular individuals: <a href="mailto:ceri.jones9@wales.nhs.uk">ceri.jones9@wales.nhs.uk</a>
Understanding Dual Sensory Impairment (DSI): E-learning course	Social Care Institute of Excellence (SCIE)	07-03-23	£29 per person. Please ask your manager to discuss with Sarah Williams	<a href="https://www.scie.org.uk/e-learning/dual-sensory-impairment-dsi">https://www.scie.org.uk/e-learning/dual-sensory-impairment-dsi</a>	You will need to register for a SCIE learning account before taking part in this course. Please note SCIE covers England – Some of the information regarding regulatory bodies & law may be different (Eg CQC in England, but CIW in Wales, Care Act 2014 in England, SSWBA (Wales) 2014 in Wales). However, broad themes and ideas will be the same.
Infection control	Social Care Institute of Excellence (SCIE)	07-03-23	Free	<a href="https://www.scie.org.uk/e-learning/infection-control">https://www.scie.org.uk/e-learning/infection-control</a>	This H&S course should not be completed in isolation from a care setting's infection control policy, managerial risk assessment and staff observance of identified control measures. Please note SCIE covers England – Some of the information regarding regulatory bodies & law may be different (Eg CQC in England, but CIW in Wales, Care Act 2014 in England, SSWBA (Wales) 2014 in Wales). However, broad guidance in respect of infection control work practices such as handwashing will be the same. Please follow your organisation's risk assessment about current expected infection control practices re PPE. These may be subject to change, pending WG guidance. Your manager can advise about current expectations.

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Topic	Advised by	When	Cost	Digital link	Extra information
Lymphoedema	Pocket Medic	09-06-23	free	<a href="https://pocketmedic.uk/lymph/">https://pocketmedic.uk/lymph/</a>	These resources are primarily designed for people who are coping with their own diagnosed health conditions to further their knowledge. These films can be used as additional information to advice provided by UHB colleagues. Contact Michelle Fishbourne if you need assistance in respect of particular individuals - <Michelle.Fishbourne@wales.nhs.uk>
Medication administration – devised by HEIW	Katharine Johnson, Cwm Taf pharmacy team	2020 – new link from UHB 10-07-23	Free	<a href="https://ytydysgu.heiw.wales">https://ytydysgu.heiw.wales</a>	This H&S course should not be completed in isolation from a care setting's medication policy, effective shadowing arrangements, competency sign off and supervision. There are 3 HEIW managerial documents attached to this e-learning package that need action, in addition to the e-learning.
Motor Neurone Disease	Melanie Andrews, MNDA	06-03-23	Free	OLCreate: MNDA CWM MND Association's Care Worker's Module (open.edu)	
How to introduce one page profiles into care homes	Helen Sanderson Associates	07-03-23	Free	How to introduce one-page profiles in care homes - HSA Online Learning	You can access this learning via the Helen Sanderson Associates website. The learning is presented via a youtube film.
Urinary Tract Infection	Darrin Powell, CTMUHB Bladder and Bowel Health	19-01-23	Free	<a href="https://rise.articulate.com/share/0UxY6MWK24YIMBOQRe82SOjsC2GaCT71">https://rise.articulate.com/share/0UxY6MWK24YIMBOQRe82SOjsC2GaCT71</a>	

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Topic	Advised by	When	Cost	Digital link	Extra information
Wellbeing and mental health	Pocket Medic	09-06-23	Free	<a href="https://pocketmedic.uk/wellbeing-health/">https://pocketmedic.uk/wellbeing-health/</a>	These resources are primarily designed for people who are coping with their own diagnosed health conditions to further their knowledge. If you need assistance with your mental health, contact your GP or ask your employer about any support that is available in your workplace.
Wound Care (Pressure Ulcer)	Kirsty Mahoney, WWIC	24-01-23	Free	Wound Care Education for the Health and Care Workforce - elearning for healthcare (e-lfh.org.uk)	You will need to register for an account to take part in this learning.

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# Moving and Handling / First Aid Training

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Topic	Trainer	Duration
Object/Load Handling (A&B) For all Cwm Taf workforce ( <b>AM ONLY</b> )	Cwm Taf - Moving & Handling & First Aid Resource Team	9:30 a.m. - 1:00 p.m. <i>(please arrive at least 15 minutes prior to this time to allow for refreshments &amp; registration)</i>
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales		
<b>Target Audience:</b> All levels of staff		
<b>Aim:</b> To raise awareness for staff within the social care sector, of current legislation, policies and codes of practice in relation to manual handling  Along with a basic understanding spinal anatomy, principles of safer handling, ergonomic risk assessment and practical load handling methods and skills.		
<b>Objectives:</b> By the end of this module participants will be able to:		
<b>Legislation:</b> <ul style="list-style-type: none"><li>• Define the term manual handling</li><li>• Name legislation relating to manual handling i.e.</li><li>• Health and Safety at Work etc Act 1974</li><li>• Management of Health and Safety at Work Regulations 1999</li><li>• Workplace (Health, Safety and Welfare) Regulations1992</li><li>• Provision and Use of Work Equipment Regulations (PUWER) 1998</li><li>• Lifting Operations Lifting Equipment Regulations (LOLER) 1998</li><li>• Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 1995</li><li>• Health and Safety Miscellaneous Amendments Regulations 2002.</li><li>• <b>Understand formal and informal risk assessment of inanimate load handling</b></li><li>• Recognise safer and unsafe postures in relation to load handling</li><li>• Cite the principles of safer load handling</li><li>• Identify how these principles can be applied to the moving of large/ awkward loads.</li><li>• Safely demonstrate the following techniques:<ul style="list-style-type: none"><li>• Pushing and pulling</li><li>• Lifting a load from different levels</li><li>• Team handling.</li></ul></li></ul>		
Candidates must participate in all practical elements. <b>Due to the practical elements of this course we advise staff to wear clothing that will allow ease of movement such as leggings jeans joggers etc.</b>		
<b>Due to the use of manual handling equipment staff must wear closed in footwear at all times</b>		
Date	Venue	
18/07/2025	Ty Elai	
21/11/2025	Ty Elai	
31/03/2026	Ty Elai	
<b>Any queries</b> in relation to the course content please email: <a href="mailto:catherine.d.brown@rctcbc.gov.uk">catherine.d.brown@rctcbc.gov.uk</a> <b>Nominations to be sent to:</b> <a href="mailto:Cheryl.a.evans@rctcbc.gov.uk">Cheryl.a.evans@rctcbc.gov.uk</a> / <a href="mailto:socialcaretraining@rctcbc.gov.uk">socialcaretraining@rctcbc.gov.uk</a>		

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Topic	Trainer	Duration
First Aid at Work (FAW) - 3 Day Course Health and Social Care Level 3	Cwm Taf - Moving and Handling & First Aid Resource Team	9:30 a.m. - 4:30 p.m. (please arrive at least 15 minutes prior to this time to allow for refreshments & registration)

Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales

**Target Audience:** All levels of staff

#### **Aim**

To enable all candidates to successfully gain First aid at Work Qualification and be a first aider within the workplace

**Objectives** by the end of the course the learner will be able to....

- Explain and demonstrate the correct techniques to administer adult rescue breathing to a casualty who is unconscious and not breathing when alone or with a bystander.
- Explain and demonstrate the correct techniques to administer cardio pulmonary resuscitation CPR to a casualty who is unconscious, not breathing and has no circulation when you are alone or with a bystander.
- Application and Safe use of auto defibrillator (AED)
- Explain and demonstrate the control of bleeding on a casualty who has a wound to a part of the body when you are on your own or with a bystander
- Signs and symptoms and treatment for various types of shock
- Signs and symptoms of a choking casualty and treatment
- Be able to deal with other common illnesses and injuries including:
  - Asthma
  - Hyperventilation
  - Diabetes
  - Epilepsy
- Fractures and lacerations
- Dealing with casualty with anaphylactic shock
- Undertake continuous theoretical learning is via workbooks and references books with equivalent of level 3 QCF
- Participate in practical exercises supporting knowledge gained through theoretical learning

Candidates must participate in all practical element

On successful completion of the training you will receive a First Aid at Work Qualification Certificate confirming your standing as a first aider within the work place and competence, demonstrated throughout the course.

**Due to the practical elements of this course we advise staff to wear clothing that will allow ease of movement such as leggings jeans joggers etc.**

**Due to the use of manual handling equipment staff must wear closed in footwear at all times**

Date	Venue
31/03 2025 – 02/04/2025	Ty Elai
30/04/2025 – 02/05/2025	Ty Elai
28-30/05/2025	Ty Elai
02-04/07/2025	Ty Elai
01-03/09/2025	Ty Elai
17-19/09/2025	Ty Elai
06-08/10/2025	Ty Ela

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11-13/11/2025	Ty Ela
26-28/11/2025	Ty Ela
12-14/01/2026	Ty Ela
28-30/01/2026	Ty Ela
17-19/02/2026	Ty Ela
04-06/03/2026	Ty Ela
18-20/03/2026	Ty Ela

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Nominations to be sent to: [Cheryl.a.evans@rctcbc.gov.uk](mailto:Cheryl.a.evans@rctcbc.gov.uk) / [socialcaretraining@rctcbc.gov.uk](mailto:socialcaretraining@rctcbc.gov.uk)

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Topic	Trainer	Duration
<b>Requalification</b> First Aid at Work (FAW) - 2 Day Course <b>QCF Level 3</b>	Cwm Taf - Moving and Handling & First Aid Resource Team	9:30 a.m. - 4:30 p.m. (please arrive at least 15 minutes prior to this time to allow for refreshments & registration)
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales		
<b>Target Audience:</b> All levels of staff		
<p><b>Aim</b> To enable all candidates to successfully gain First aid at Work Qualification and be a first aider within the workplace</p> <p><b>Objectives</b> by the end of the course the learner will be able to....</p> <ul style="list-style-type: none"> <li>• Explain and demonstrate the correct techniques to administer adult rescue breathing to a casualty who is unconscious and not breathing when alone or with a bystander.</li> <li>• Explain and demonstrate the correct techniques to administer cardio pulmonary resuscitation CPR to a casualty who is unconscious, not breathing and has no circulation when you are alone or with a bystander.</li> <li>• Application and Safe use of auto defibrillator (AED)</li> <li>• Explain and demonstrate the control of bleeding on a casualty who has a wound to a part of the body when you are on your own or with a bystander</li> <li>• Signs and symptoms and treatment for various types of shock</li> <li>• Signs and symptoms of a choking casualty and treatment</li> <li>• Be able to deal with other common illnesses and injuries including: <ul style="list-style-type: none"> <li>○ Asthma</li> <li>○ Hyperventilation</li> <li>○ Diabetes</li> <li>○ Epilepsy</li> <li>○ Fractures and lacerations</li> </ul> </li> <li>• Dealing with casualty with anaphylactic shock</li> <li>• Undertake continuous theoretical learning is via workbooks and references books with equivalent of level 3 QCF</li> <li>• Participate in practical exercises supporting knowledge gained through theoretical learning</li> </ul> <p>On successful completion of the training you will receive a First Aid at Work Qualification Certificate confirming your standing as a first aider within the work place and competence, demonstrated throughout the course.</p> <p><b>Due to the practical elements of this course we advise staff to wear clothing that will allow ease of movement such as leggings jeans joggers etc.</b></p> <p><b>Due to the use of manual handling equipment staff must wear closed in footwear at all times</b></p>		
Date	Venue	
03-04/06/2025	Ty Elai	
14-15/10/2025	Ty Elai	

**Any queries** in relation to the course content please email: [catherine.d.brown@rctcbc.gov.uk](mailto:catherine.d.brown@rctcbc.gov.uk)  
**Nominations to be sent to:** [Cheryl.a.evans@rctcbc.gov.uk](mailto:Cheryl.a.evans@rctcbc.gov.uk) / [socialcaretraining@rctcbc.gov.uk](mailto:socialcaretraining@rctcbc.gov.uk)

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Topic	Trainer	Duration
Emergency First Aid @ Work	Cwm Taf - Moving & Handling & First Aid Resource Team	9:30 a.m. - 4:30 p.m. (please arrive at least 15 minutes prior to this time to allow for refreshments & registration)
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales		
<b>Target Audience:</b> All levels of staff		
<p><b>Aim</b></p> <p>To ensure that the Cwm Taff social care workforce receive specific training covering a comprehensive range of first aid skills for various different emergencies.</p> <p><b>Objectives</b> by the end of the course the learner will be able to....</p> <ul style="list-style-type: none"> <li>• Explain and demonstrate the correct techniques to identify and monitor a breathing but unconscious casualty, by placing said casualty into a recovery position when alone or with a bystander.</li> <li>• Explain and demonstrate the correct techniques to administer adult rescue breathing to a casualty who is unconscious and not breathing when alone or with a bystander.</li> <li>• Explain and demonstrate the correct techniques to administer cardio pulmonary resuscitation CPR to a casualty who is unconscious, not breathing and has no circulation when you are alone or with a bystander.</li> <li>• Demonstrate and practice safe use of AED in a community setting</li> <li>• Explain and demonstrate the control of bleeding on a casualty who has a wound to a part of the body when you are on your own or with a bystander.</li> <li>• Be able to deal with other common illnesses and injuries including: <ul style="list-style-type: none"> <li>○ Angina</li> <li>○ Asthma/Hyperventilation</li> <li>○ Diabetes</li> <li>○ Epilepsy</li> <li>○ Lacerations/Fractures</li> </ul> </li> </ul> <p>All candidates must attend the full six hours of contact training and be physically able to participate in the practical elements of the course</p> <p>On successful completion of the training receive a basic first aid certificate to confirm competence, on successful completion of the course. This Certificate will be valid for 3 years. However, the Health and Safety Executive highly recommend that all attendees complete a yearly basic skills update. (BSU)</p> <p>RCT policy states that all staff with EFAW, and FAW qualification must attend a BSU</p> <p><b>Due to the practical elements of this course we advise staff to wear clothing that will allow ease of movement such as leggings jeans joggers etc.</b></p> <p><b>Due to the use of manual handling equipment staff must wear closed in footwear at all times</b></p> <p style="text-align: center;"><b><i>Dates and Venues are on the next page</i></b></p> <p><b>Any queries</b> in relation to the course content please email: <a href="mailto:catherine.d.brown@rctcbc.gov.uk">catherine.d.brown@rctcbc.gov.uk</a>  <b>Nominations to be sent to:</b> <a href="mailto:Cheryl.a.evans@rctcbc.gov.uk">Cheryl.a.evans@rctcbc.gov.uk</a> / <a href="mailto:socialcaretraining@rctcbc.gov.uk">socialcaretraining@rctcbc.gov.uk</a></p>		

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<b>Topic</b>	<b>Trainer</b>	<b>Duration</b>
Emergency First Aid @ Work	Cwm Taf - Moving and Handling & First Aid Resource Team	9.30 a.m. - 4:30 p.m. <i>(please arrive at least 15 minutes prior to this time to allow for refreshments &amp; registration)</i>
<b>Date</b>	<b>Venue</b>	
06/05/2025	Ty Elai	
09/07/2025	Ty Elai	
30/09/2025	Ty Elai	
19/11/2025	Ty Elai	
03/12/2025	Ty Elai	
07/01/2026	Ty Elai	
04/02/2026	Ty Elai	

**Any queries** in relation to the course content please email: [catherine.d.brown@rctcbc.gov.uk](mailto:catherine.d.brown@rctcbc.gov.uk)  
Nominations to be sent to: [Cheryl.a.evans@rctcbc.gov.uk](mailto:Cheryl.a.evans@rctcbc.gov.uk) / [socialcaretraining@rctcbc.gov.uk](mailto:socialcaretraining@rctcbc.gov.uk)

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Topic	Trainer	Duration
Basic Skills Update for the social care workforce of the Cwm Taf region <b>(AM ONLY)</b>	Cwm Taf - Moving and Handling & First Aid Resource Team	9:30 a.m. - 1:00 p.m.
Please note: A care worker's attendance at this course can be used as evidence of continuous professional development for registration with Social Care Wales		
<b>Target Audience:</b> All levels of staff		
<b>Aim</b> To allow candidates with a current qualification in either FAW OR EFAW Qualifications to update their basic life saving skills		
<b>Objectives</b> <ul style="list-style-type: none"> <li>• Explain and demonstrate the correct techniques to administer adult rescue breathing to a casualty who is unconscious and not breathing when alone or with a bystander.</li> <li>• Explain and demonstrate the correct techniques to administer cardio pulmonary resuscitation CPR to a casualty who is unconscious, not breathing and has no circulation when you are alone or with a bystander.</li> <li>• Demonstrate and practice safe use of AED in a community setting</li> <li>• Explain and demonstrate the control of bleeding on a casualty who has a wound to a part of the body when you are on your own or with a bystander.</li> <li>• Be able to deal with other common illnesses and injuries including: <ul style="list-style-type: none"> <li>○ Shock</li> <li>○ Choking</li> </ul> </li> </ul>		
All candidates must attend the full 3 hours of contact training and be physically able to participate in the practical elements of the course		
RCT policy states that all staff with EFAW, FAW qualification must attend a BSU. on a yearly basis.		
Candidates must participate in all practical elements of the BSU		
<b>Due to the practical elements of this course we advise staff to wear clothing that will allow ease of movement such as leggings jeans joggers etc.</b>		
<b>Due to the use of manual handling equipment staff must wear closed in footwear at all times</b>		
Date	Venue	
17/04/2025	Ty Elai	
11/07/2025	Ty Elai	
24/10/2025	Ty Elai	
27/02/2026	Ty Elai	

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## Social Care Induction, Safeguarding & Social Care Qualifications



Gofal Cymdeithasol **Cymru**  
Social Care **Wales**

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## Social Care Induction Programme

The VQ team continue to work with colleagues at Social Care Wales to establish an induction programme for direct care staff who are brand new to working in the social care setting, or staff moving to a new service.

**Aim** – To equip new workers in social care with the knowledge required for undertaking their duties. It is expected that most staff will complete every session in the same programme. This is because many of these sessions are mandatory owing to legislative requirements. However, managers should seek guidance from training team staff if there are any topics that don't seem to be relevant to the job role. All sessions encompass the Social Services and Wellbeing Act (Wales) 2014, and support staff to complete the All-Wales Induction Framework (AWIF) AND THE Core qualification.

**Dementia Care** – In accordance with requirements made by the Older Person's Commissioner, a session relating to dementia care has been developed to train all workers supporting older people.

**Duration** – The framework comprises 7 days of training across a variety of topics. Each session is offered on a standalone basis. We are offering programmes between April 2024 – March 2025. There may be times when additional programmes are added to support service need.

**Target Audience** – This training is primarily aimed at staff working in local authority social care settings. The member of staff doesn't necessarily have to be undertaking a social care role – Gardeners, maintenance staff, domestics and cooks are all encouraged to participate where appropriate.

**Access to partner agencies** – Places are made available to colleagues working in the private and voluntary sectors.

**Accreditation** – The Core and practice qualifications are accredited via City & Guilds

**Roles and Responsibilities** – The planned training sessions will provide the knowledge necessary to undertake a new role in a social care setting. The sessions will support much of the knowledge requirements for the All Wales Induction Framework, and support staff through the level 2 Core qualification. However managers will still need to provide leadership and support relating to team introductions, familiarity with the location, specific fire procedures, risk assessments, supervision of work, observation of practice. etc.

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## Social Care Induction 2025/2026

Date starting 10<sup>th</sup> April 2025

Date	Topic	Time	Facilitator	Venue & Comments
10/04/25	VAWDA  General health and Safety  A&B	9:30am – 10:30am  10:30am – 1:00pm  1:30pm – 4:00pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
11/04/25	Person Centred Practice/ Child centred practice	9:30am – 4:30pm		Room 1
14/04/25	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
15/04/25	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1:00pm - 4:00pm		Room 1  Room 1
16/04/25	Safeguarding Adults	9:30am - 4:30pm		Room 1
17/04/25	Complaints  Advocacy  Introduction to Human Development  Legislation and Theory	9:30am – 10:30am  11:00am – 12:30pm  1:00pm – 2:30pm  2:30pm – 4:30pm		Room 1
<b>Cheryl Evans to confirm dates</b>	CDF Support@home CDF Residential CDF Learning disabilities	9:30am - 4:30pm	M&H/First Aid Team	Room 1

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## Social Care Induction 2025/2026

Date starting 08th May 2025

Date	Topic	Time	Facilitator	Venue & Comments
08/05/25	VAWDA  General health and Safety  A&B	9:30am – 10:30am  10:30am – 1:00pm  1:30pm – 4:00pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
09/05/25	Person Centred Practice/ Child centred practice	9:30am – 4:30pm		Room 1
12/05/25	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
13/05/25	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1:00pm - 4:00pm		Room 1  Room 1
14/05/25	Safeguarding Adults	9:30am - 4:30pm		Room 1
15/05/25	Complaints  Advocacy  Introduction to Human Development  Legislation and Theory	9:30am – 10:30am  11:00am – 12.30pm  1:00pm – 2:30pm  2:30pm – 4:30pm		Room 1
Cheryl Evans to confirm dates	CDF Support@home CDF Residential CDF Learning disabilities	9:30am – 4:30pm	M&H/First Aid Team	Room 1

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## Social Care Induction 2025/2026

Date starting 12<sup>th</sup> June 2025

Date	Topic	Time	Facilitator	Venue & Comments
12/06/25	VAWDA  General Health and Safety  A&B	9:30am – 10:30am  10:30am – 1:00pm  1:30pm – 4:00pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
13/06/25	Person Centred Practice/ Child Centred practice	9:30am – 4:30pm		Room 1
16/06/25	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
17/06/25	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1:00pm - 4:00pm		Room 1  Room 1
18/06/25	Safeguarding Adults	9:30am - 4:30pm		Room 1
19/06/25	Complaints  Advocacy  Introduction to Human Development.  Legislation and Theory	9:30am – 10:30am  11:00am – 12.30pm  1:00pm – 2:30pm  2:30pm – 4:30pm		Room 1
<b>Cheryl Evans to confirm dates</b>	CDF Support@home CDF Residential CDF Learning disabilities	9:30am – 4:30pm	M&H/First Aid Team	Room 1

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## Social Care Induction 2025/2026

Date starting 10th July 2025

Date	Topic	Time	Facilitator	Venue & Comments
10/07/25	VAWDA  General health and Safety  A&B	9:30am – 10:30am  10:30am – 1:00pm  1.30pm – 4:00pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
11/07/25	Person Centred Practice/ Child centred practice	9:30am – 4.30pm		Room 1
14/07/25	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
15/07/25	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1:00pm - 4:00pm		Room 1  Room 1
16/07/25	Safeguarding Adults	9:30am - 4:30pm		Room 1
17/07/25	Complaints  Advocacy  Introduction to Human Development.  Legislation and Theory	9:30am – 10:30am  11:00am – 12:30pm  1:00pm – 2:30pm  2:30pm – 4:30pm		Room 1
Cheryl Evans to confirm dates	CDF Support@home CDF Residential CDF Learning Disabilities	9:30am - 4:30pm	M&H/First Aid Team	Room 1

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## Social Care Induction 2025/2026

Date starting 7th August 2025

Date	Topic	Time	Facilitator	Venue & Comments
07/08/25	VAWDA  General Health and Safety  A&B	9:30am – 10:30am  10:30am – 1:00pm  1:30pm – 4:00pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
08/08/25	Person Centred Practice/ Child Centred Practice	9:30am – 4:30pm		Room 1
11/08/25	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
12/08/25	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1:00pm - 4:00pm		Room 1  Room 1
13/08/25	Safeguarding Adults	9:30am - 4:30pm		Room 1
14/08/25	Complaints  Advocacy  Introduction to Human Development.  Legislation and Theory	9:30am – 10:30am  11:00am – 12:30pm  1:00pm – 2:30pm  2:30pm – 4:30pm		Room 1
Cheryl Evans to confirm dates	CDF Support@home CDF Residential CDF Learning disabilities	9-30-4;30	M&H/First Aid Team	Room 1

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**Social Care Induction 2025/2026**  
Date starting 12th September 2025

Date	Topic	Time	Facilitator	Venue & Comments
11/09/25	VAWDA  General Health and Safety  A&B	9:30am – 10:30am  10:30am – 1:00pm  1:30pm – 4:00pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
12/09/25	Person Centred Practice/ Child Centred Practice	9:30am – 4:30pm		Room 1
15/09/25	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
16/09/25	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1:00pm - 4:00pm		Room 1  Room 1
17/09/25	Safeguarding Adults	9:30am - 4:30pm		Room 1
18/09/25	Complaints  Advocacy  Introduction to Human Development.  Legislation and Theory	9:30am – 10:30am  11:00am – 12:30pm  1:00pm – 2:30pm  2:30pm – 4:30pm		Room 1
Cheryl Evans to confirm dates	CDF Support@home CDF Residential CDF Learning disabilities	9:30am – 4:30pm	M&H/First Aid Team	Room 1

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## Social Care Induction 2025/2026

Date starting 9th October 2025

Date	Topic	Time	Facilitator	Venue & Comments
09/10/25	VAWDA  General health and Safety  A&B	9:30am – 10:30am  10.30am – 1pm  1.30pm – 4pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
10/10/25	Person Centred Practice/ Child centred practice	9:30am – 4.30pm		Room 1
13/10/25	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
14/10/25	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1.00pm -4:00pm		Room 1  Room 1
15/10/25	Safeguarding Adults	9:30am - 4:30pm		Room 1
16/10/25	Complaints  Advocacy  Introduction to Human Development.  legislation and Theory	9:30am – 10.30am  11:00am – 12.30pm  1.00pm – 2.30pm  2.30pm – 4.30pm		Room 1
<b>Cheryl Evans to confirm dates</b>	CDF Support@home CDF Residential CDF Learning disabilities	9-30-4;30	M&H/First Aid Team	Room 1

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## Social Care Induction 2025/2026

Date starting 6th November 2025

Date	Topic	Time	Facilitator	Venue & Comments
06/11/25	VAWDA  General health and Safety  A&B	9:30am – 10:30am  10.30am – 1pm  1.30pm – 4pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
07/11/25	Person Centred Practice/ Child centred practice	9:30am – 4.30pm		Room 1
10/11/25	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
11/11/25	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1.00pm -4:00pm		Room 1  Room 1
12/11/25	Safeguarding Adults	9:30am - 4:30pm		Room 1
13/11/25	Complaints  Advocacy  Introduction to Human Development.  legislation and Theory	9:30am – 10.30am  11:00am – 12.30pm  1.00pm – 2.30pm  2.30pm – 4.30pm		Room 1
<b>Cheryl Evans to confirm dates</b>	CDF Support@home CDF Residential CDF Learning disabilities	9-30-4;30	M&H/First Aid Team	Room 1

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## Social Care Induction 2025/2026

Date starting 4th December 2025

Date	Topic	Time	Facilitator	Venue & Comments
04/12/25	VAWDA  General health and Safety  A&B	9:30am – 10:30am  10.30am – 1pm  1.30pm – 4pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
05/12/25	Person Centred Practice/ Child centred practice	9:30am – 4.30pm		Room 1
08/12/25	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
09/12/25	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1.00pm -4:00pm		Room 1  Room 1
10/12/25	Safeguarding Adults	9:30am - 4:30pm		Room 1
11/12/25	Complaints  Advocacy  Introduction to Human Development.  Legislation and Theory	9:30am – 10.30am  11:00am – 12.30pm  1.00pm – 2.30pm  2.30pm – 4.30pm		Room 1
Cheryl Evans to confirm dates	CDF Support@home CDF Residential CDF Learning disabilities	9-30-4;30	M&H/First Aid Team	Room 1

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## Social Care Induction 2025/2026

Date starting 8th January 2026

Date	Topic	Time	Facilitator	Venue & Comments
08/01/26	VAWDA  General health and Safety  A&B	9:30am – 10:30am  10.30am – 1pm  1.30pm – 4pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
09/01/26	Person Centred Practice/ Child centred practice	9:30am – 4.30pm		Room 1
12/01/26	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
13/01/26	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1.00pm -4:00pm		Room 1  Room 1
14/01/26	Safeguarding Adults	9:30am - 4:30pm		Room 1
15/01/26	Complaints  Advocacy  Introduction to Human Development.  Legislation and Theory	9:30am – 10.30am  11:00am – 12.30pm  1.00pm – 2.30pm  2.30pm – 4.30pm		Room 1
<b>Cheryl Evans to confirm dates</b>	CDF Support@home CDF Residential CDF Learning disabilities	9-30-4;30	M&H/First Aid Team	Room 1

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## Social Care Induction 2025/2026

Date starting 12th February 2026

Date	Topic	Time	Facilitator	Venue & Comments
12/02/26	VAWDA  General health and Safety  A&B	9:30am – 10:30am  10.30am – 1pm  1.30pm – 4pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
13/02/26	Person Centred Practice/ Child centred practice	9:30am – 4.30pm		Room 1
16/02/26	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
17/02/26	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1.00pm -4:00pm		Room 1  Room 1
18/02/26	Safeguarding Adults	9:30am - 4:30pm		Room 1
19/02/26	Complaints  Advocacy  Introduction to Human Development.  Legislation and Theory	9:30am – 10.30am  11:00am – 12.30pm  1.00pm – 2.30pm  2.30pm – 4.30pm		Room 1
Cheryl Evans to confirm dates	CDF Support@home CDF Residential CDF Learning disabilities	9-30-4;30	M&H/First Aid Team	Room 1

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## Social Care Induction 2025/2026

Date starting 12th March 2026

Date	Topic	Time	Facilitator	Venue & Comments
12/03/26	VAWDA  General health and Safety  A&B	9:30am – 10:30am  10.30am – 1pm  1.30pm – 4pm	M&H/First Aid Team	Room 1 Support available if needed for VAWDASW
13/03/26	Person Centred Practice/ Child centred practice	9:30am – 4.30pm		Room 1
16/03/26	Emergency First Aid	9:30am - 4:30pm	M&H/First Aid Team	Room 1
17/03/26	Childrens Safeguarding L2  Dementia	9:30am – 12:30pm  1.00pm -4:00pm		Room 1  Room 1
18/03/26	Safeguarding Adults	9:30am - 4:30pm		Room 1
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Topic	Trainer	Duration
General Health & Safety A&B	Cwm Taf Manual Handling & First Aid Resource Team	9.30am - 12:30pm 1:00 pm - 16:30pm
Arranged by VQ Team		
<u>General Health &amp; Safety</u>		
<u>Aim:</u> To raise the level of awareness, understanding and importance of health and safety in the workplace.		
<u>Objectives:</u> To provide participants with basic knowledge of:		
<ul style="list-style-type: none"><li>• The divisions and their own health and safety responsibilities.</li><li>• The hazards associated with their workplace and work activities.</li><li>• The procedures to be adopted in controlling those hazards and minimising the risk.</li></ul>		
<u>A&amp;B</u>		
<u>Aim:</u> To ensure that candidates are aware of risks involved in the manual handling of inanimate loads. To advise candidates on the correct methods and techniques to reduce the risks arising from manual handling operations.		
<u>Objectives:</u> By the end of the course candidates will be able to:-		
<ul style="list-style-type: none"><li>• Identify key pieces of legislation relevant to manual handling and its application.</li><li>• Give a basic definition describing</li><li>• “What is meant by the term manual handling”</li><li>• Acknowledge the physical cost of poor load management.</li><li>• Describe the basic structure of the spine and its function and be able to apply this knowledge during lifting of inanimate loads.</li><li>• Identify specific manual handling tasks that require a TILE assessment and record/report.</li><li>• Explain the basic process of a Risk Assessment and how to apply it.</li></ul>		
<b>Date</b> See induction table	<b>Venue</b> Ty Elai, Dinas Isaf East, Williamstown, Tonypany CF40 1NY	
<b>As advertised above within the Social Induction Programme</b> <b>NB The sessions cannot be booked individually as they are part of an induction programme</b>		

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Topic	Trainer	Duration
Safeguarding Adults	Safeguarding Training subgroup Paul Aubrey Mandy Lewis Dawn Moulden	9:30am - 16:30pm
Arranged by VQ Team		
<b><u>Learning Outcomes:</u></b> <ul style="list-style-type: none"><li>• Know own role in relation to safeguarding <u>adults at risk</u> and children/young people from harm, abuse and neglect</li><li>• Understand how individuals are protected from harm, abuse and neglect</li><li>• Know how to recognise different types of harm, abuse and neglect</li><li>• Know the barriers to referrals</li></ul>		
<b>Date</b> See induction table	<b>Venue</b> Ty Elai, Dinas Isaf East, Williamstown, Tonypany CF40 1NY	
<b>As advertised above within the Social Induction Programme</b> <b>NB The sessions cannot be booked individually as they are part of an induction programme</b>		

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Topic	Trainer	Duration
Childrens Safeguarding Level 2	Lyn Prosser	9:30 a.m. -13:00 p.m.
Arranged by VQ Team		
<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Having completed the course, participants will have:</li> <li>• Developed a basic understanding and recognition of Child Protection and Abuse</li> <li>• Gained knowledge of Child Protection terms</li> <li>• Considered how to report and respond as an individual</li> </ul>		
<b>Date</b> See induction table	<b>Venue</b> Ty Elai, Dinas Isaf East, Williamstown, Tonypany CF40 1NY	
<p><b>As advertised above within the Social Induction Programme</b>  <b>NB The sessions cannot be booked individually as they are part of an induction programme</b></p>		

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Topic	Trainer	Duration								
Person Centred Practice	VQ Team	9:30 a.m. - 16:30 p.m.								
Arranged by VQ Team										
<table><tr><th>Learning outcomes</th><th>Learning outcomes</th></tr><tr><td>Understand the application of person centred practice</td><td>Understand the application of child centred practice</td></tr><tr><td>Understand the principles of Adult health and social care</td><td>Understand the principles of children's health and social care</td></tr><tr><td>Understand the context of wellbeing for individuals</td><td>Understand the context of wellbeing for children</td></tr></table>			Learning outcomes	Learning outcomes	Understand the application of person centred practice	Understand the application of child centred practice	Understand the principles of Adult health and social care	Understand the principles of children's health and social care	Understand the context of wellbeing for individuals	Understand the context of wellbeing for children
Learning outcomes	Learning outcomes									
Understand the application of person centred practice	Understand the application of child centred practice									
Understand the principles of Adult health and social care	Understand the principles of children's health and social care									
Understand the context of wellbeing for individuals	Understand the context of wellbeing for children									
This session is for both Adult workers and Childrens workers										
Date See induction table	Venue Ty Elai, Dinas Isaf East, Williamstown, Tonypandy CF40 1NY									
<p>As advertised above within the Social Induction Programme</p> <p>NB The sessions cannot be booked individually as they are part of an induction programme</p>										

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Topic	Trainer	Duration
Emergency First Aid	Cwm Taf Manual Handling and First Aid Resource Team	9.30am-16:30pm
Arranged by Jillian Davies/Cath Brown		
<b><u>Aim:</u></b>		
To ensure that the Cwm Taff social care workforce receive specific training covering a comprehensive range of first aid skills for various different emergencies.		
<b><u>Objectives:</u></b>		
Explain and demonstrate the correct techniques to identify and monitor a breathing but unconscious casualty, by placing said casualty into a recovery position when alone or with a bystander.		
Explain and demonstrate the correct techniques to administer adult rescue breathing to a casualty who is unconscious and not breathing when alone or with a bystander.		
Explain and demonstrate the correct techniques to administer cardio pulmonary resuscitation CPR to a casualty who is unconscious, not breathing and has no circulation when you are alone or with a bystander.		
Demonstrate and practice safe use of AED in a community setting		
Explain and demonstrate the control of bleeding on a casualty who has a wound to a part of the body when you are on your own or with a bystander.		
Be able to deal with other common illnesses and injuries including:		
<ul style="list-style-type: none"><li>• Angina</li><li>• Asthma/Hyperventilation</li><li>• Diabetes</li><li>• Epilepsy</li><li>• Lacerations/Fractures</li></ul>		
All candidates must attend the full six hours of contact training and be physically able to participate in the practical elements of the course		
On successful completion of the training receive a basic first aid certificate to confirm competence, on successful completion of the course. This Certificate will be valid for 3 years. However, the Health and Safety Executive highly recommend that all attendees complete a yearly basic skills update. (BSU)		
RCT policy states that all staff with EFAW, FAW qualification must attend a BSU.		
<b>Date</b> See Induction table	<b>Venue</b> Ty Elai, Dinas Isaf East, Williamstown, Tonypanyd CF40 1NY	
<b>As advertised above within the Social Induction Programme</b> <b>NB The sessions cannot be booked individually as they are part of an induction programme</b>		

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Topic	Trainer	Duration
CD&F	Cwm Taf Manual Handling and First Aid Resource Team	9.30 am - 16:30pm
Arranged by Jillian Davies/Cath Brown		
<p><b><u>Aims:</u></b></p> <p>To make candidates aware of the risks involved in the manual Handling of clients and advise on safe methods and techniques that can be used to reduce those risks arising from such manual handling operations.</p> <p><b><u>Objectives:</u></b></p> <ul style="list-style-type: none"><li>• Legislation and regulations involved in Moving and Handling</li><li>• Theory of Risk assessments and their use in Moving Handling</li><li>• Principles involved in Moving &amp; Handling of inanimate loads and clients</li><li>• Principles involved in mobility and transfers of clients</li><li>• Practical techniques in Manual Handling of clients</li><li>• Practical techniques in the use of handling equipment including ancillary manual handling equipment Passive Hoists, Active Hoists &amp; Bath Hoists</li></ul>		
<b>Date</b> See Induction table	<b>Venue</b> Ty Elai, Dinas Isaf East, Williamstown, Tonypany CF40 1NY	
<p><b>As advertised above within the Social Induction Programme</b> <b>Dates will be confirmed when induction starts to meet service needs</b> <b>NB The sessions cannot be booked individually as they are part of an induction programme</b></p>		

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Topic	Trainer	Duration
Dementia Awareness	Paul Aubrey	9:30am – 12.30pm
Arranged by VQ Team		
<p><b><u>Aim:</u></b></p> <p>To provide an overview of wellbeing in dementia care. To explore themes from the Older Person’s Commissioner’s report and her subsequent requirements for action. To consider the practical steps that staff teams will need to take in order to comply with the Social Services and Wellbeing (Wales) Act 2014.</p> <p>By the end of the workshop attendees will have explored the following topics:</p> <ul style="list-style-type: none"><li>• Feedback from the OPC report ‘A place to call home’</li><li>• 5 principles of SSWBA (Wales) 2014 and how these relate to dementia care</li><li>• Understand what the word 'dementia' means</li><li>• Have knowledge of different types of dementia</li><li>• Signposting to develop understanding about symptoms and causes</li><li>• Understand that communication and activity must be tailored to meet individual experience and cognitive ability</li><li>• Take part in an exercise to experience the nature of frustration</li><li>• Appreciate that feelings matter most</li><li>• Acknowledge that all behaviour has meaning</li><li>• Consider ‘distressed reactions’ in dementia care and explore what lies behind them</li><li>• Explore the 5 principles of psychological need as identified by Tom Kitwood</li></ul>		
<b>Date</b> See Induction table	<b>Venue</b> Ty Elai, Dinas Isaf East, Williamstown, Tonypandy CF40 1NY	
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Topic	Trainer	Duration
Human Development	VQ team	9:30am – 1.00pm
Arranged by VQ Team		
<p><b><u>Aim:</u></b></p> <ol style="list-style-type: none"><li>1. To have an introduction to factors that can affect the health and wellbeing of individuals</li><li>2. To have an introduction to Erikson’s Model of Human development (1950) entitled “The Eight Stages of Man”</li><li>3. To have an introduction to Attachment Theory and how it can affect the child and also the adult.</li><li>4. To have an introduction to A.C.E.S (Adverse Childhood Experiences) and how these impact into adulthood</li></ol> <p>This is new to the induction programme and is in response to the new All Wales Induction Framework</p>		
<b>Date</b> See Induction table	<b>Venue</b> Ty Elai, Dinas Isaf East, Williamstown, Tonypany CF40 1NY	
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Topic	Trainer	Duration
Introduction to Legislation and Theories	VQ Team	1:30 p.m. - 4:30pm
Arranged by VQ Team		
<p><b><u>Aim:</u></b></p> <p>To raise participants awareness of the legislation and theories which governs and impacts on Social Care</p> <p><b><u>Objectives:</u></b></p> <ul style="list-style-type: none"><li>• Examples of specific recent legislation: keeping up to date</li><li>• Understanding legally “safe practice”</li><li>• To understand what is a theory or model</li><li>• To understand how to use theory in everyday practice</li></ul>		
<b>Date</b> See Induction table	<b>Venue</b> Ty Elai, Dinas Isaf East, Williamstown, Tonypany CF40 1NY	
<p><b>As advertised above within the Social Induction Programme</b></p> <p><b>NB The sessions cannot be booked individually as they are part of an induction programme</b></p>		

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# Cwm Taf Adult Safeguarding Training

For more information, advice and guidance please visit:  
<http://www.cwmtafsafeguarding.org/adults/cwm-taf-mash/>



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Topic	Trainer	Duration
<b>Group B Adult Safeguarding</b>	VQ Team	9:30 a.m. – 4:30 p.m.  <i>(please arrive at least 15 minutes prior to this time to allow for refreshments and registration)</i>
<b>Target Audience:</b> Direct Care workers who have a responsibility to understand what safeguarding is and how to recognise safeguarding concerns in their place of work. This may also include long serving members of staff who haven't attended safeguarding training since 2016.		
<b>Aim:</b> <ul style="list-style-type: none"> <li>• Know own role in relation to safeguarding adults at risk from harm, abuse and neglect</li> <li>• Understand how individuals are protected from harm, abuse and neglect</li> <li>• Know how to recognise different types of harm, abuse and neglect in the work place</li> </ul>		
Date	Venue	
22/05/2025	Room 1, RCTCBC Offices, Ty Elai, Heol Dinas Isaf, Williamstown Tonypany, CF40 1NY	
02/07/2025	Voluntary Action Merthyr Tydfil	
23/09/2025	Room 1, RCTCBC Offices, Ty Elai, Heol Dinas Isaf, Williamstown Tonypany, CF40 1NY	
20/11/2025	Hawthorn Leisure Centre, Fairfield Lane, Hawthorn, Pontypridd. CF37 5LN	
21/01/2026	Room 1, Ty Elai Heol Dinas Isaf, Williamstown, Tonypany. CF40 1NY	
05/03/2026	Rhondda Fawr Sports Centre, Geligaled Park, Tyntyla Road, Ystrad CF41 7SY	

**Any queries** in relation to the course content please email: [paul.d.aubrey@rctcbc.gov.uk](mailto:paul.d.aubrey@rctcbc.gov.uk) or [dawn.moulden@rctcbc.gov.uk](mailto:dawn.moulden@rctcbc.gov.uk)  
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Topic	Trainer	Duration
Safeguarding Refresher (Group B) – Support Staff	VQ Team	See below <i>(please arrive at least 15 minutes prior to this time to allow for refreshments and registration)</i>

**Target Audience:** Direct care workers who have previously completed Safeguarding Group B training within the last 3-5 years.

**Aim:**

- Know own role in relation to safeguarding adults at risk from harm, abuse and neglect
- Understand how individuals are protected from harm, abuse and neglect
- Know how to recognise different types of harm, abuse and neglect in the work place
- To update knowledge on current trends within Safeguarding

Date	Venue
03/06/2025 1:30 – 4:00	Room 1, RCTCBC Offices, Ty Elai, Heol Dinas Isaf, Williamstown Tonypandy, CF40 1NY
10/09/2025 9:30 – 12:00	Sobell Sports Centre
01/12/2025 1.30pm – 4.00pm	Room 1, Ty Elai, Heol Dinas Isaf, Williamstown, Tonypandy. CF40 1NY
03/03/2026 9.30am-12pm	Rhondda Fach Leisure Centre, East Street, Tylorstown, Ferndale. CF43 3HR

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Topic	Trainer	Duration
Safeguarding Refresher (Group B) - Senior Care Staff and Managers	VQ Team	9:30 – 12:30 <i>(please arrive at least 15 minutes prior to this time to allow for refreshments and registration)</i>
<b>Target Audience:</b> Staff who have management responsibility who have completed Safeguarding Group B before (within last 3 years)		
<b>Aim:</b> <ul style="list-style-type: none"> <li>• Know own role in relation to safeguarding adults at risk from harm, abuse and neglect</li> <li>• Understand how individuals are protected from harm, abuse and neglect</li> <li>• Know how to report and manage allegations of abuse.</li> <li>• Understand your role in dealing with safeguarding issues that do not meet the threshold for significant harm abuse and neglect.</li> </ul>		
Date	Venue	
03/06/2025	Room 1, RCTCBC Offices, Ty Elai, Heol Dinas Isaf, Williamstown Tonypany, CF40 1NY	
01/12/2025	Room 1, RCTCBC Offices, Ty Elai, Heol Dinas Isaf, Williamstown Tonypany, CF40 1NY	

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Topic	Trainer	Duration
Roles & responsibilities for safeguarding adults-Group C	Mel Roach	9:30 a.m. – 4:30 p.m. <i>(please arrive at least 15 minutes prior to this time to allow for refreshments and registration)</i>

**Target Audience:** This should only be attended by those whose job role is similar to those listed below. This level of training is likely to involve: Adult Care Home Managers and Deputy's; Domiciliary Managers and Deputy's; Police officers, Social Workers, Day Care Officers, Ward Managers, Nursing Sisters, Staff Nurses, Community Nurses, Inspection Staff, Middle Managers, Other appropriate staff who are responsible for responding to reported concerns.

**Aims:**

To equip Provider Managers with the knowledge and skills to deliver services which safeguard adults in line with National guidelines and best practice.

**Learning outcomes:**

- Demonstrate an understanding of the role of your organisation in the Safeguarding process
- Demonstrate an understanding of your own role and responsibilities with regards to the Safeguarding process within your organisation:
  - **respond appropriately to a Safeguarding alert**
  - **clarify information**
  - **manage immediate risks**
  - **accurately complete an A1 (or PPN for Police officers)**
- Identify capacity and consent issues relevant to the Safeguarding process
- Demonstrate an understanding of your role in gathering information which will assist the decision making process.
- Identify what to do and what not to do with regard to preserving evidence
- Demonstrate an awareness of the stages of the Safeguarding process and the implications for yourself and / or your agency

**KNOWLEDGE CHECK: Participants must have completed level 2 and have an understanding of the signs symptoms and indicators of abuse**

Date	Venue
24/06/2025	Room 1, RCTCBC Offices, Ty Elai, Heol Dinas Isaf, Williamstown Tonypany, CF40 1NY
04/09/2025	Llantrisant Sports Centre
03/12/2025	Room 1, RCTCBC Offices, Ty Elai, Heol Dinas Isaf, Williamstown Tonypany, CF40 1NY
12/03/2026	Sobell Leisure Centre, The Ynys, Aberdare. CF44 7RP

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Topic	Trainer	Duration
Hate Crime Awareness	Damon Maller/ Ginnie Davies	10.00 a.m. - 12.00 p.m. <i>(please arrive at least 15 minutes prior to this time to allow for refreshments and registration)</i>
<b>Target Audience:</b> All internal / partnership staff who work in direct care services within Merthyr Tydfil / Rhondda Cynon Taff		
<b>Aim:</b> <ul style="list-style-type: none"> <li>• What are Hate Crime / Hate Incidents?</li> <li>• Why does Hate Crime happen?</li> <li>• Identify possible victims of Hate Crime</li> <li>• Different forms of Hate Crime</li> <li>• Reasons to report Hate Crime</li> <li>• The problem of under-reporting Hate Crime</li> <li>• Ways to report Hate Crime</li> <li>• The impact of Hate Crime</li> <li>• Discussion / Questions</li> </ul>		
Date	Venue	
29/05/2025	Room 1, RCTCBC Offices, Ty Elai, Heol Dinas Isaf, Williamstown Tonypany, CF40 1NY	
07/10/2025	Hawthorn Leisure Centre, Fairfield Lane, Hawthorn, Pontypridd. CF37 5LN	
11/02/2026	Room 1, Ty Elai, Heol Dinas Isaf, Williamstown, Tonypany. CF40 1NY	

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Topic	Trainer	Duration
Undertaking Non Criminal Investigations	Kevin Jones	9:30 a.m. – 4:30 p.m. <i>(please arrive at least 15 minutes prior to this time to allow for refreshments and registration)</i>
<b>Target Audience:</b> All internal / partnership leaders and managers who work in direct care services within Merthyr Tydfil / Rhondda Cynon Taf including Designated Safeguarding Lead Managers; Adult Care Home Managers and Deputies; Domiciliary Managers and Deputies; Social Workers, Ward Managers, Nursing Sisters, Staff Nurses, Community Nurses, Inspection Staff, Middle Managers, Purchasing and Commissioning Officers; Other appropriate staff who are responsible for undertaking non criminal investigation		
<b>Aims:</b> To provide practitioners who may be tasked with carrying a formal Safeguarding investigation under the Wales Safeguarding Procedures with the skills required to gather and evaluate evidence, prepare reports and provide recommendations which inform the multi agency Safeguarding decision making process		
<b>Learning outcomes:</b> <ul style="list-style-type: none"> <li>Understand the scope and purpose of early clarification and confirmation of information</li> <li>Understand the scope and purpose of initial enquiries as outlined in the Social Services and Wellbeing Act 2014</li> <li>Understand what information is required to complete Initial/ threshold enquiries</li> <li>Understand the scope and purpose of a Non- Criminal Investigation as outlined in the Wales Safeguarding Procedures</li> <li>How to plan and conduct a Non-Criminal Investigation</li> <li>The importance of gathering, preserving and non-contaminating evidence</li> <li>Appropriate interview and recording skills</li> <li>How to evaluate evidence and prepare report on findings</li> <li>Understand the purpose of a final Strategy Meeting / Case Conference and what needs to be achieved as outlined in the Wales Safeguarding Procedures.</li> </ul>		
Date	Venue	
21+22/10/2025	Room 1, RCTCBC Offices, Ty Elai, Heol Dinas Isaf, Williamstown Tonypany, CF40 1NY	
25+26/02/2026	Sobell Leisure Centre, The Ynys, Aberdare. CF44 7RP	

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# Health and Social Care Qualifications:

## Core Qualification; Level 2

This is a knowledge qualification and is designed for individuals who work, or who want to work, in the health and social care sector. This qualification covers the fundamental knowledge of the understanding of the All-Wales Induction framework (AWIF)

The contents cover:

- The principles and values of health and social care
- Health and well being
- Professional Practice as a health and social care worker
- Safeguarding individuals
- Health and safety in health and social care.

The learner will complete 1 Externally assessed Multiple choice test, to meet all the requirements of the Core Qualification.

Health and Social care Practice Qualification Adults and children and young people pathways.

## Level 2&3

- ☐ This Qualification is practice based and assesses learners knowledge and practice.
- ☐ It is designed for learners in work based learning. The qualification will assess candidates' knowledge and practice through their work.
- ☐ This Qualification is required for candidates to work in specific job roles within health and Social care sector, as set out in the Social Care Wales Qualification framework for social care and child Care.
- ☐ The learner will be internally assessed through a series of assessment activities e.g. structured tasks, portfolio of evidence, (includes observation of practice) discussions and learning log/journal.
- ☐ The ultimate goal of assessment is to provide a valid tool for confirming that a candidate is competent to practice and contribute to enhancing the personal well-being outcomes of individuals and their families/carers.

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## **Level 4 Preparing for Leadership and Management.**

This qualification is knowledge-based and designed for candidates who are aspiring managers but are not yet in a leadership and management role within the Health and Social Care sector. It is suitable for the following:

- Candidates who have successfully completed a Level 2 Health and Social Care, or a recognised equivalent
- Candidates who have successfully completed Level 3 Health and Social Care: Practice (Adults), or a recognised equivalent
- Candidates who have successfully completed Level 3 Health and Social Care: Practice (Children and Young People), or a recognised equivalent
- learners who have successfully completed Advanced GCE in Health and Social Care, and Childcare

### **Learning Outcomes**

- Understand a range of leadership and management concepts, theories and techniques.
- Understand different leadership and management styles and how these influence practice within services
- Understand how to lead person/child-centred approaches in practice.
- Work as effective and independent learners, and as critical and reflective thinkers to make informed judgements which includes using and interpreting data.
- Have an awareness of how to lead, manage and improve service within health and social care.

### **Leadership and management of Health and Social Care-Practice level 5**

This qualification is practice-based for those with experience in a leadership or management role within the Health and Social Care sector, who meet additional regulatory requirements which apply to some work settings.

Candidates will need to hold the Step up to Management program or the Level 4 Preparing for leadership and management in Health and Social care.

***Any queries in relation to the qualification content please email: Centre Manager***

***[Jillian.Davies@rctcbc.gov.uk](mailto:Jillian.Davies@rctcbc.gov.uk)***

*This document is also available in Welsh - If you require handouts/information in the medium of Welsh, please contact the relevant training officer two weeks in advance of your chosen date. If you require training delivered in the medium of Welsh, please contact the relevant training officer. Training identified in this calendar may be delivered in the medium of English & Welsh with a minimum of 6 delegates.*