



TRAINING BROCHURE - ADULTS

April 2026 – March 2027



[Cwm Taf Social Care Workforce Development Service | Rhondda Cynon Taf County Borough Council \(rctcbc.gov.uk\)](https://www.rctcbc.gov.uk)



Socialcaretraining@rctcbc.gov.uk

Welcome Message from Cwm Taf Social Care Workforce Development Service Manager



On behalf of Cwm Taf Social Care Workforce Development service, I am pleased to share this year's Training program. The calendar for 2026/2027 identifies a range of topics required for social care services to support a motivated, engaged, and valued workforce with the capacity, competence, and confidence to meet the needs of the people of Cwm Taf.

Our team of Professional and qualified staff are there to support you through any queries to ensure you access the most suitable training and the delivery model to meet your service needs.

We look forward to learning and working alongside you this year.

A handwritten signature in black ink, appearing to read 'Jill Davies Abbott'.

Jill Davies Abbott

Cwm Taf Social Care Workforce Development Service Manager

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Adverse Childhood Experiences & Trauma Informed Practice



Time: 9:30 a.m. - 4:00 p.m.

Dates and Venue: See below

Trainer Laura Tranter & Jain Boon

Aims and objectives

- To refresh awareness and increase knowledge around ACEs and the impact of trauma
- To examine the research and evidence base around ACEs in relation to those with learning disabilities
- Understand the terminology around trauma informed practice
- To discuss good practice in engaging clients who have experienced childhood trauma
- To increase awareness of stress and trauma in the body and offer a number of practical tools and techniques to support regulation
- To develop our wellness by building the capacity to self-regulate through resourcing and stabilisation tools.
- To help staff understand vicarious trauma and develop self-care by building healthy boundaries
- To update on current work in Wales in developing trauma informed (TrACE) organisations

Target Audience
Cwm Taf Learning Disability Provider Services and Direct Care Services for Older People

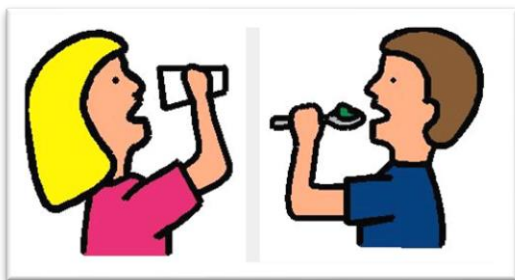
Date	Venue
11/05/2026	Room 1 - Ty Elai
25/09/2026	Room 1 - Ty Elai
28/01/2027	Room 1 - Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Hannah Johnson



Details

Time: 9:30 a.m. – 2:00 p.m.

Dates and Venue: See below

Trainer Lisa Harrison & Nikki Channing

Aims and objectives

To increase participants awareness of the eating, drinking and swallowing process. Difficulties in the process and potential consequences. Safe practice and management strategies.

- The anatomy of the head and neck and the stages of a normal swallow
- What can go wrong with the swallow
- Why intervention is necessary
- Different food textures and drink consistencies and why food and drinks need to be modified
- Practical considerations for safe eating and drinking
- Multi-Disciplinary working and Risk Assessments
- When and how to refer an individual to speech and Language Therapy Services

Target Audience

Cwm Taf LD Services

Date

03/06/2026

30/09/2026

12/01/2027

Venue

Room 1 – Ty Elai

Room 1 – Ty Elai

Room 1 – Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Hannah Johnson

Assisted Eating (Older People's Services)

Helping people with a cognitive impairment to have good nutrition and support.



Details

Time: 09:30 am - 11:15 am

Dates and Venue: See below

Trainer CTMUHB

Aims and objectives

- Identifying the signs and symptoms of swallowing difficulties and the impact on the individual
- Understanding the importance of textures of food and drink.
- Dignity and respect when assisting a person to eat
- Practical tips to support an individual when eating and drinking
- The importance of following recommendations

Target Audience

Older people direct care staff in adult social care settings (*including staff whose job role includes making up medicines, preparing thickening products and food*) who are supporting people with a cognitive impairment to eat and swallow

Date

Venue

24/06/2026	Hawthorn Leisure Centre
21/10/2026	Room 2 - Ty Elai
20/01/2027	Orbit Business Centre
24/03/2027	Room 2 - Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams

Administrator: Emrys Jones



Mental Health Act 1983

Details

Time: 9:30 a.m. – 12:30 p.m.

Dates and Venue: See below

Trainer Debbie Martin

Aims and objectives

Aim:

The aim of the training is to offer an overview of the amendments to the MHA 1983, which will impact autistic people and those with learning disability. The MHA 2025 received Royal Assent on 18 December 2025. We anticipate a phased implementation of amendments over the following 8 – 10 years.

Objectives:

By the end of the course participants should have an understanding of the key changes impacting autistic people and those with learning disability, including:

- An understanding of the revised principles,
- The new definitions of mental disorder, and their implications for use of the Acts provisions,
- Provisions for people with autism or learning disability,
- The revised civil admission criteria,
- The revised detention and Tribunal periods,
- The limits to use of community treatment orders,
- Nominated person and the relevance of capacity,
- Advance choice document provisions, and
- Removal of police stations as a place of safety.

Target Audience

Cwm Taf Adult Social Work
Teams

Date

11/11/2026

Venue

MS TEAMS

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Bereavement and Loss



Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer Hospice of the Valley

Aims and objectives

- Improve or confirm knowledge
- Develop skills
- Reflect on attitude and values, regarding bereavement, loss and grief
- Improve confidence and competence regarding grief and bereavement support

Target Audience

Direct Care Services for Older People **and** Cwm Taf Learning Disability Provider Services

Date	Venue	Training Officer
05/06/2026	Orbit Business Centre	Sarah Williams
09/06/2026	Room 1 – Ty Elai	Ceri Watts
13/11/2026	Hawthorn Leisure Centre	Sarah Williams

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams/Ceri Wats **Administrator:** Hannah Johnson

Bladder and Bowel Health Training



Bladder and Bowel Health Training

Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer CTUHB - Clinical Specialist Team

Aims and objectives

To update the Home care team with current best practice in caring for individuals with bladder & bowel dysfunction alongside the use and care of urinary appliances and devices.

Objectives:

By the end of the session participants will have an understanding of:

- the factors which affect continence
- types & causes of incontinence
- normal bladder function
- aids & appliances
- attitudes to continence & supporting patient dignity
- Recording/documentation of bladder/bowel function

Target Audience

Staff who provide care and support to older people

Date

13/05/2026

Venue

Room 1 - Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams **Administrator:** Emrys Jones

Court of Protection Report Writing



Details

Time: 9:30 a.m. – 4:00 p.m.

Dates and Venue: See below

Trainer Prof Anselm Eldergill - Edge Training Consultancy

Aims and objectives

Aims

- Identify key aspects of mental capacity law with reference to statute and the Code
- Establish frameworks for the accurate recording of essential evidence
- Ensure staff are clear on good and bad recording techniques
- Identify the key law to guide completion of the COP forms.

Learning outcomes

By the end of the course participants will be have:

- Increased knowledge of mental capacity law and practice
- Increased knowledge of the statutory frameworks and rules within which the court operates
- Enhanced skills to deal with report writing and preparing evidence for the Court of Protection.

Target Audience

Cwm Taf Adult Social Work Teams

Date

28/04/2026

Venue

Zoom

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Court Skills for Social Workers



Details
Time: 9:30 a.m. – 4:00 p.m.
Dates and Venue: See below
Trainer Edge Training Consultancy

Aims and objectives

By the end of the course participants will have considered:

- The practical aspects of attending court hearings in the Court of Protection, Mental Health Tribunal and Coroner’s Court
- How to deal with challenging questioning
- The key roles of those attending court
- The key terminology of these court proceedings
- Tips on giving evidence and staying calm under pressure
- Report writing skills- an overview of the key reports in these court processes

Target Audience	Date	Venue
Cwm Taf Adult Social Work Teams	15/09/2026	MS TEAMS

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

COSHH Awareness - BASIC



Details

Time: 09:30 am – 11:00 am

Dates and Venue: See below

Trainer: Manual Handling Team

Aims and objectives

To raise awareness of substance in the workplace that come under COSHH (Control of Substances Hazardous to Health). It will cover legislation, Policies and Safe Practices in the Workplace.

By the end of this module participants will be able to:

- Define the term COSHH.
- Name legislation relating to COSHH 2022.
- Health & Safety at Work Act 1974
- COSHH 2022.
- Management of Health and Safety at Work Regulations 1999.
- Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 1995.

Target Audience

Those who are involved in the handling of such substances in the workplace.

Cleaning Materials: - Bleaches/Furniture Polish/Washing Tabs & Cleaning Sprays.
Corrosives.
Toxics materials.
Substances that will harm the user.

Date

05/05/2026

07/07/2026

22/09/2026

26/11/2026

Venue

Ty Elai

Ty Elai

Ty Elai

Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Catherine Brown **Administrator:** Cheryl Evans

COSHH Awareness - MANAGERS



Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer: Manual Handling Team

Aims and objectives

To raise awareness of substance in the workplace that come under COSHH (Control of Substances Hazardous to Health). It will cover legislation, Policies and Safe Practices in the Workplace and managers will cover Risk Assessment to control of such substances

By the end of this module participants will be able to:

- Define the term COSHH.
- Name legislation relating to COSHH 2002.
- Health & Safety at Work Act 1974
- COSHH 2002.
- Management of Health and Safety at Work Regulations 1999.
- Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 1995.
- .

Target Audience

Managers who are responsible for those using such substances.

Cleaning Materials: - Bleaches/Furniture Polish/Washing Tabs & Cleaning Sprays.
Corrosives.
Toxics materials.
Substances that will harm the user.

Date

07/04/2026

02/06/2026

11/08/2026

20/10/2026

Venue

Ty Elai

Ty Elai

Ty Elai

Ty Elai

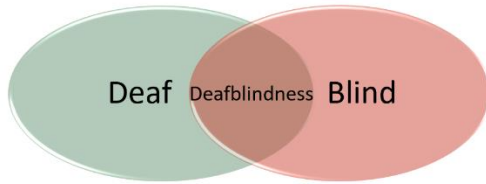
Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Catherine Brown **Administrator:** Cheryl Evans

Understanding Deafblindness



Details
Time: 10:00 am – 4:00 pm
Dates and Venue: See below
Trainer Andrew William Barnes – Deafblind UK

Aims and objectives

Aims
<ul style="list-style-type: none"> raise awareness of Deafblindness and how it can impact on day-to-day living; empower attendees so that they can empower any Deafblind individual that they come across. Create a greater understanding around acquired deafblindness including age related deafblindness
Objectives
<ul style="list-style-type: none"> The term Deafblind and what it means The legal definition and obligations Deafblind identity (inc Cane) Different eye conditions, and how they can impact in diverse ways. Living with a loss of hearing/deafness and how this can impact on the individual CAMs Communication, Access to information and mobility and what this means in terms of Deafblind identity, Legal rights and assessments Different Communication methods, including Clear Speech, visual communications, tactile communication and other communication methods including technology The importance of having Access to Information Mobility and sight guiding with basic principles of guiding someone who has visual impairment or is Deafblind. Lived experience through the use a videos with members, encompassing lived experience and different types of support individuals may using.

Target Audience	Date	Venue
Cwm Taf Learning Disability Provider Services and Direct Care Services for Older People	02/09/2026	Room 1 - Ty Elai
	03/09/2026	Room 1 - Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Hannah Johnson

Deprivation of Liberty Safeguards - an update for Care Home Managers and Team Leaders



Details

Time: 09:30 am – 1:00 pm

Dates and Venue: See below

Trainer Roger Laidlaw/Melanie Evans

Aims and objectives

To inform staff in residential and nursing homes about current practice requirements in relation to the Mental Capacity Act and Deprivation of Liberty Safeguards to enable practice and recording which are compliant with contracting and inspection standards.

Objectives

By the end of the session participants will:

- have been reminded of basic concepts under the Mental Capacity Act, including the assessment of decision making ability, the provision of support and care 'in the person's best interest' and the 'least restrictive principle'
- have had the opportunity to consider the threshold of a deprivation liberty given in the Supreme Court judgment of March 2014 and encouraged to consider 'the acid test' in relation to the support of residents in their own work setting
- have been informed about DoLS forms used by the local partnership and means of access to forms, leaflets and guidance
- have been informed about requirements for keeping track of referrals and Authorisations and local arrangements for reporting homes failing in these requirements to Purchasing and Commissioning and to CIW
- have been given suggestions about demonstrating effective compliance with standards in practical administration and care planning.
- To have been briefed about plans for the replacement of the DoLS scheme by the Liberty Protection Safeguards and about any plans for the implementation for a new Mental Capacity Act Code of Practice.

Target Audience

Registered Care Home Managers, Deputy Managers, Unit Leaders and Senior Carers

Date

02/06/2026

Venue

Room 1 - Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams

Administrator: Emrys Jones

Diabetes Awareness



Details

Time: See below

Dates and Venue: See below

Trainer CTMUHB – Diabetes Team

Aims and objectives

By the end of the session participants will:

- State the differing types of Diabetes.
- To state common difficulties living with Diabetes.
- To state common treatments for Diabetes.
- To state basic dietary requirements for persons with Diabetes

Target Audience	Date	Venue	Times	Training Officer
Direct Care Services for Older Peoples and Cwm Taf Learning Disability Provider Services	14/05/2026	Hawthorn Leisure Centre	9:30 – 12:30	Sarah Williams
	16/06/2026	TEAMS	10:00 – 12:00	Ceri Watts
	16/07/2026	Orbit Business Centre	9:30 – 12:30	Sarah Williams
	15/10/2026	Room 2 - Ty Elai	9:30 – 12:30	Sarah Williams
	17/11/2026	TEAMS	10:00 – 12:00	Ceri Watts
	14/01/2027	Hawthorn Leisure Centre	9:30 – 12:30	Sarah Williams

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams/Ceri Watts

Administrator: Emrys Jones

Epilepsy Awareness (Older Persons)



Time: 13:00 p.m. - 15:30 p.m.

Dates and Venue: See below

Trainer Simon Privett - British Epilepsy Association

Aims and objectives

By the end of the session the learners should be able to:

- Give a definition of epilepsy and a seizure
- Explain what causes a seizure
- Have an understanding of some of the key statistics around epilepsy
- Demonstrate an understanding of the different seizure types and their related symptoms
- Explain how to help someone who is having a seizure
- Understand the social and societal challenges of living with epilepsy
- Be confident in supporting someone living with epilepsy
- Know where to look should they need more specific information

Target Audience

Direct care staff in residential and home care (this course is not suitable for learning disability providers)

Date

08/06/2026

Venue

Room 1 - Ty Elai

08/09/2026

Hawthorn Leisure Centre

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Sarah Williams **Administrator:** Emrys Jones

Executive Functioning & the Mental Capacity Act



Details

Time: 9:30 a.m. – 4:00 p.m.

Dates and Venue: See below

Trainer Helen Kelsall - Edge Training Consultancy

Aims and objectives

The course will include the following key topics:

- What is meant by executive function/dysfunction?
- Why look at executive functioning now?
- Causes and presentations of executive dysfunction.
- Detecting executive dysfunction - presentation and patterns of referral.
- Potential issues arising in assessing capacity with someone experiencing executive functioning difficulties, with a particular focus on using and weighing information.
- Nuances of presentation impacting on decision making.
- Practicable steps in supporting people to make their own decisions.
- Common problems arising in assessments.
- The relationship between executive functioning and fluctuating capacity.
- Processes in assessing, evidencing and recording.
- Key lessons from recent cases.
- How substance misuse can impact on executive functioning and decision making.
- Taking a different approach to identify need and risk in complex cases.
- Getting it wrong - lessons from Safeguarding Adults Reviews.

Target Audience

Cwm Taf Adult Services SW Teams

Date

22/06/2026

Venue

MS TEAMS

13/01/2027

MS TEAMS

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Falls Prevention



Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer Falls Team

Aims and objectives

- Understand what constitutes a fall
- Identify main potential risk factors
- Overview of implications following a fall
- Understand what can be done to prevent / reduce falls risk

Target Audience	Date	Venue
Direct care staff in adult social care settings	12/06/2026	Hawthorn Leisure Centre
	06/11/2026	Hawthorn Leisure Centre

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams **Administrator:** Emrys Jones

First Aid - Emergency First Aid @ Work (EFAW)



Details

Time: 09:30 am – 4:30 pm

Dates and Venue: See below

Trainer: Manual Handling Team

Aims and objectives

To deliver first aid at work training to CWM TAFF Social Care work force. Whilst teaching learners also how to deal with a comprehensive range of different illness and emergencies.

By the end of the course the learner will be able to...

- Explain and demonstrate the correct techniques to administer adult rescue breathing to a casualty who is unconscious and not breathing when alone or with a bystander.
- Explain and demonstrate the correct techniques to administer cardiopulmonary resuscitation CPR to a casualty who is unconscious, not breathing and has no circulation when you are alone or with a bystander.
- Explain and demonstrate the control of bleeding on a casualty who has a wound to a part of the body when you are on your own or with a bystander.
- Be able to deal with other common illnesses and injuries including: **Anaphylaxis, Burns, CPR & Defib, Minor Injuries, Wound Management, Diabetes, Epilepsy & NESS**
- Undertake assessed practical exercises to demonstrate their learning.
- Undertake a basic practical test of knowledge.

On successful completion of the training receive a first aid certificate to confirm competence, on successful completion of the course.

Target Audience

Members of staff that need this qualification for annual registration and those how have been designated as the first aider in a low-risk environment.

Attendees will need to be able to knee on the floor when placing someone into the recovery position and when performing CPR & using a training Defibrillator

Date	Venue
08/04/2026	Ty Elai
28/04/2026	Ty Elai
06/05/2026	Ty Elai
03/06/2026	Ty Elai
24/06/2026	Ty Elai
08/07/2026	Ty Elai
22/07/2026	Ty Elai
05/08/2026	Ty Elai
01/09/2026	Ty Elai
14/09/2026	Ty Elai
30/09/2026	Ty Elai
09/10/2026	Ty Elai
29/10/2026	Ty Elai
04/11/2026	Ty Elai
25/11/2026	Ty Elai
12/01/2027	Ty Elai
04/02/2027	Ty Elai
24/02/2027	Ty Elai
04/03/2027	Ty Elai
24/03/2027	Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Catherine Brown **Administrator:** Cheryl Evans

First Aid – 3 Day First Aid @ Work (FAW)



Details
Time: 09:30 am – 4:30 pm
Dates and Venue: See below
Trainer: Manual Handling Team

Aims and objectives

To deliver first aid at work training to CWM TAF Social Care work force. Whilst teaching learners also how to deal with a comprehensive range of different illness and emergencies.

By the end of the 3 Day course the learner will be able to....

Explain and demonstrate the correct techniques to administer adult rescue breathing to a casualty who is unconscious and not breathing when alone or with a bystander.

Explain and demonstrate the correct techniques to administer cardiopulmonary resuscitation CPR to a casualty who is unconscious, not breathing and has no circulation when you are alone or with a bystander.

Explain and demonstrate the control of bleeding on a casualty who has a wound to a part of the body when you are on your own or with a bystander.

Be able to deal with other common illnesses and injuries including:

Anaphylaxis, Asthma, Burns, CPR & Defib, Minor Injuries, Wound Management, Diabetes, Epilepsy & NESS, Fractures & Dislocations, Head & Neck Injuries, Heart Attack, Hyperventilation, Sprins & Strains, Strokes

Undertake assessed practical exercises to demonstrate their learning.

Undertake a basic practical test of knowledge.

On successful completion of the training receive a first aid certificate to confirm competence, on successful completion of the course.

Target Audience
Members of staff that need this qualification for annual registration and those how have been designated as the first aider in a low-risk environment.
Attendees will need to be able to knee on the floor when placing someone into the recovery position and when preforming CPR & using a training Defibrillator.

Date	Venue
29 th , 30 th April & 1 st May 2026	Ty Elai
27 th 28 th & 29 th May 2026	Ty Elai
1 st , 2 nd & 3 rd July 2026	Ty Elai
2 nd , 3 rd & 4 th September 2026	Ty Elai
5 th , 6 th & 7 th October 2026	Ty Elai
18 th , 19 th & 20 th November 2026	Ty Elai
27 th , 28 th & 29 th January 2027	Ty Elai
29 th , 30 th April & 1 st May 2026	Ty Elai
27 th 28 th & 29 th May 2026	Ty Elai
1 st , 2 nd & 3 rd July 2026	Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officer: Catherine Brown **Administrator:** Cheryl Evans

First Aid - 2 Day Requalification First Aid @ Work Course (RFAW)



Details
Time: 09:30 am – 4:30 pm
Dates and Venue: See below
Trainer: Manual Handling Team

Aims and objectives

To deliver first aid at work training to CWM TAFF Social Care work force. Whilst teaching learners also how to deal with a comprehensive range of different illness and emergencies.

By the end of the 2 Day course the learner will be able to....

Explain and demonstrate the correct techniques to administer adult rescue breathing to a casualty who is unconscious and not breathing when alone or with a bystander.

Explain and demonstrate the correct techniques to administer cardiopulmonary resuscitation CPR to a casualty who is unconscious, not breathing and has no circulation when you are alone or with a bystander.

Explain and demonstrate the control of bleeding on a casualty who has a wound to a part of the body when you are on your own or with a bystander.

Be able to deal with other common illnesses and injuries including: **Anaphylaxis, Asthma, Burns, CPR & Defib, Minor Injuries, Wound Management, Diabetes, Epilepsy & NESS, Fractures & Dislocations, Head & Neck Injuries, Heart Attack, Hyperventilation, Sprins & Strains, Strokes**

Undertake assessed practical exercises to demonstrate their learning.

Undertake a basic practical test of knowledge.

On successful completion of the training receive a first aid certificate to confirm competence, on successful completion of the course.

The course is for those who hold a current 3 Day FAW course certificate and are within 28 days of the qualification expiring,

If there 3 Day FAW certificate has expired, they will need to complete another 3 Day FAW course to regain the FAW qualification.

Target Audience	Date	Venue
Members of staff that need this qualification for annual registration and those how have been designated as the first aider in a low-risk environment. Attendees will need to be able to knee on the floor when placing someone into the recovery position and when preforming CPR & using a training Defibrillator	4 th – 5 th June 2026	Ty Elai
	1 st – 2 nd Feb 2027	Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officer: Catherine Brown **Administrator:** Cheryl Evans

Hoarding and Self-Neglect: Law and Good Practice



Details

Time: 9:30 a.m. – 4:00 p.m.

Dates and Venue: See below

Trainer Piers McNeil – Edge Training Consultancy

Aims and objectives

By the end of the course participants will have a better understanding of:

- the causes of hoarding behaviour and messages from research;
- how to approach a hoarding case in the light of Article 8 of the ECHR;
- when it is appropriate to use a Mental Health Act admission or guardianship to protect those who hoard and self-neglect;
- the relevance of the Mental Capacity Act 2005 & the Court of Protection;
- Public health law and working effectively with environmental health and other agencies

Target Audience

Cwm Taf Adult Services SW Teams

Date

07/07/2026

Venue

MS TEAMS

09/12/2026

MS TEAMS

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Huntington's Disease



Details

Time: 09:30 am – 11:00 am

Dates and Venue: See below

Trainer: Huntington's Disease Association

Aims and objectives

- To be able to explain what Huntington's disease is
- To be able to describe five key symptoms of Huntington's
- To be able to describe three things that a carer can do to support a person with Huntington's more effectively.

Target Audience

all grades of staff working in social care looking after someone who has Huntington's Disease

Date

22/06/2026

Venue

MS TEAMS

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams

Administrator: Emrys Jones

Inclusive Communication - Foundation



Details

Time: 9:30 a.m. – 3:30 p.m.

Dates and Venue: See below

Trainer Natalie Ballett & Dimitrios Tsinos

Aims and objectives

To provide participants with knowledge of Inclusive Communication and knowledge underpinning the implementation of individual speech and language therapy guidance and person centred approaches

Learning Outcomes

- To have a better understanding of functional, effective and valued communication
- To have a better understanding of the different means, reasons and opportunities for effective communication
- Learn more about different methods to support communication and ways to use them

Target Audience

Cwm Taf LD Services

Date

01/07/2026

Venue

Room 1 – Ty Elai

13/10/2026

Room 1 – Ty Elai

01/02/2027

Room 1 – Ty Elai

Booking Instructions

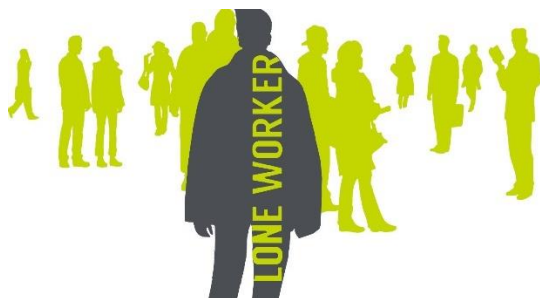
To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Hannah Johnson

Lone Working



Details

Time: 09:30 am – 4:30 pm

Dates and Venue: see below

Trainer: Acute Training

Aims and objectives

- The nature of conflict
- Causes of anger and aggression
- Practical advice on risk assessment, reporting practices, during visits, use of vehicles, use of mobiles/personal alarms
- Warning and danger signs
- Impact factors
- Using safe distance when dealing with conflict
- Understanding the use of “reasonable force”
- Scenarios
- Practical: Breakaway Techniques

Target Audience
Direct Care Workers

Date	Venue
To be advised	To be advised

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams

Administrator: Emrys Jones

Manual Handling - All Wales Passport Modules A & B (Inanimate Load Handling)



Details

Time: 09:30 am – 12:30 pm **and** 1:00 pm – 4:00 p.m.

Dates and Venue: See below

Trainer: Manual Handling Team

Aims and objectives

To raise awareness of current legislation, Policies and Codes of practice. Along with a basic understanding spinal anatomy, good back care and ergonomic risk assessment in relation to safer load handling.

By the end of this module participants will be able to:

- Define the term manual handling.
- Name legislation relating to manual handling i.e.
- Health and Safety at Work etc Act 1974.
- Management of Health and Safety at Work Regulations 1999.
- Workplace (Health, Safety and Welfare) Regulations 1992.
- Provision and Use of Work Equipment Regulations (PUWER) 1998.
- Lifting Operations Lifting Equipment Regulations (LOLER) 1998.
- Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 1995.
- Health and Safety Miscellaneous Amendments Regulations 2002.
- Understand formal and informal risk assessment of inanimate load handling.
- Recognise safer and unsafe postures in relation to load handling.
- Cite the principles of safer load handling (TILE).
- Identify how these principles can be applied to the moving of large/ awkward loads.
- Safely demonstrate the following techniques.
- Pushing and pulling.
- Lifting a load from different levels.
- Team handling

Target Audience

Those who are involved in the handling of inanimate loads Boxes/Table/ Chairs/ Files/ Cooking equipment such as saucepans & baking trays loaded with food)

Also, those who need to attend Passport C.D & F (People Handling) that have not completed Cwm Taf Induction Training.

Attendees will need to be able to bend and lift objects from different levels: - Floor, Knee & Hip height knee

Date

Venue

10/04/2026

Ty Elai

06/11/2026

Ty Elai

08/03/2027

Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Catherine Brown **Administrator:** Cheryl Evans

Manual Handling - All Wales Passport C, D & F



Details

Time: 09:30 am – 4:30 pm

Dates and Venue: See below

Trainer: Manual Handling Team

Aims and objectives

This course is for staff that have not completed C, D & F as part of their induction process. The course will cover the three modules which are: -

Module “C” Sitting and Standing. Assisting an individual who is self-mobile or needs assistances from the carer or uses equipment.

Module “D” Bed Mobility. Assisting an individual on a bed with positioning or getting in and out of bed.

Module “F” Hoisting. Assisting an individual with the use of a hoist (Standing, Passive or Tracked) and correcting fitting a sling to the individual in a sitting and laying down position.

Target Audience

Members of staff that need this qualification to registered or maintain annual registrations and to ensure safe practices in the workplace with people handling.

Attendees will need to be able to kneel down on the floor to fit slings and use other pieces of manual equipment.

Date

14/04/2026

19/05/2026

14/07/2026

24/09/2026

Venue

Ty Elai

Ty Elai

Ty Elai

Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Catherine Brown **Administrator:** Cheryl Evans

Manual Handling - All Wales Passport C, D & F 3 Hour Refresher



Details
Time: See below
Dates and Venue: See below
Trainer: Manual Handling Team

Aims and objectives
<p>This course is for staff that have completed the All-Wales Passport C, D & F and need to refresh skills in the following modules of the passport: -</p> <p>Module “C” Sitting and Standing. Assisting an individual who is self-mobile or needs assistances from the carer or uses equipment.</p> <p>Module “D” Bed Mobility. Assisting an individual on a bed with positioning or getting in and out of bed.</p> <p>Module “F” Hoisting. Assisting an individual with the use of a hoist (Standing, Passive or Tracked) and correcting fitting a sling to the individual in a sitting and laying down position</p>

Target Audience
<p>Members of staff that need this qualification for annual registration and to maintain safe practices in the workplace.</p> <p>Attendees will need to be able to kneel down on the floor to fit slings and use other pieces of manual equipment.</p>

Date	Times	Venue
20/04/2026	9:30 – 12:30	Ty Elai
20/04/2026	1:00 - 4:00	Ty Elai
07/05/2026	9:30 – 12:30	Ty Elai
07/05/2026	1:00 - 4:00	Ty Elai
18/05/2026	9:30 – 12:30	Ty Elai
18/05/2026	1:00 - 4:00	Ty Elai
01/06/2026	9:30 – 12:30	Ty Elai
01/06/2026	1:00 - 4:00	Ty Elai
09/06/2026	9:30 – 12:30	Ty Elai
09/06/2026	1:00 - 4:00	Ty Elai
16/06/2026	9:30 – 12:30	Ty Elai
16/06/2026	1:00 - 4:00	Ty Elai
06/07/2026	9:30 – 12:30	Ty Elai
06/07/2026	1:00 - 4:00	Ty Elai
10/07/2026	9:30 – 12:30	Ty Elai
10/07/2026	1:00 - 4:00	Ty Elai
16/09/2026	9:30 – 12:30	Ty Elai
16/09/2026	1:00 - 4:00	Ty Elai
02/10/2026	9:30 – 12:30	Ty Elai
02/10/2026	1:00 - 4:00	Ty Elai

Booking Instructions
<p>To book – please complete the booking form attached and email to: Socialcaretraining@rctcbc.gov.uk</p>

Training Officer: Catherine Brown **Administrator:** Cheryl Evans

MCA Case Law Update



Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer Debbie Martin

Aims and objectives

Aim:

The aim of the training is to offer an overview of recent cases before the courts that help or understanding of the application of the MCA.

Objectives:

By the end of the course participants should have an overview of:

- The application of the test for incapacity
- The relevant information to be given when assessing capacity (in respect of different decisions)
- Concepts of fluctuating capacity and executive dysfunction
- In anticipation declarations of incapacity from the Court of Protection
- Recording of capacity assessments
- The scope of prevention of harm to the person
- Covert medication - practice implications
- Eating disorder – capacity and best interests
- Capacity and Covid vaccinations

Subject to change depending on cases before the courts.

Target Audience

Cwm Taf Adult Social Work Teams

Date

08/10/2026

Venue

MS TEAMS

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Mental Capacity Act and Deprivation of Liberty for Care Managers - RCT and Merthyr Tydfil (Basic - information and awareness)



Details
Time: see below
Dates and Venue: See below
Trainer Roger Laidlaw

Aims and objectives

To introduce and consider basic concepts in the Mental Capacity Act (MCA) including mental capacity / decision making ability, best interests and the least restrictive principle

- To introduce the basic concept of a Deprivation of Liberty and explain how this has been affected by developments in case law
- To discuss and demonstrate how the SSWB Act and the associated Code of Practice require care management staff to practice in a manner compliant with the provisions of the MCA
- To introduce possible future changes to the MCA and DoLS: the implementation of the Liberty Protection Safeguards and proposed new Mental Health Act
- To make staff aware of local procedures, including the prioritisation of more pressing DoL applications to help them understand their responsibilities to notify potential concerns and ensure effective compliance by care home staff and in relation to hospital discharges within the scope of care management duties
- To make staff aware of the need for applications to the Court of Protection in complex cases and in relation to placements in non-registered settings
- To make staff aware of good practice in the face of practice and operational challenges during the Covid 19 pandemic

NB Having attended this course, candidates would be prepared to attend the 'intermediate' level MCA course.

Participants must be available to attend both half day sessions of this one day course

Target Audience	Date	Time	Venue
Cwm Taf Adult Social Work Teams	05/06/2026	9.30 am – 4.30 pm	Ty Elai – Training Room 2
	30/06/2026 & 02/07/2026	9.30 am – 12.30 pm	MS Teams
	24/09/2026	9.30 am – 4.30 pm	Ty Elai – Training Room 2

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Mental Capacity Act (MCA) and Deprivation of Liberty for Care Managers (Intermediate - practice, skills and complex cases)



Details

Time: 09:30 am – 4:30 pm

Dates and Venue: See below

Trainer Roger Laidlaw

Aims and objectives

On this intermediate level course participants will:

- Consider applicable skills for the assessment of mental capacity
- Consider Principle Two of the Mental Capacity Act: keeping the focus on the person's wishes and opportunities for supported decision making
- Consider Best Interests and the allocation of scarce resources and defensible practice under the SSWB Act
- Learn about interagency guidance on Best Interests Meetings and the management of complex cases
- Gain insight into applications to the Court of Protection

NB: Participants must have attended a "Basic" level course or be otherwise familiar with the main provisions of the MCA.

Target Audience

Cwm Taf Adult Social Work Teams

Date

19/10/2026

Venue

Ty Elai – Training Room 2

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Mental Capacity Act 2005, neurodiversity and executive functioning



Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer Debbie Martin

Aims and objectives

Aim:

The aim of the training is to offer an understanding of developments in MCA case law, impacting the application of the law for those with neurodiversity, and executive dysfunction.

Objectives:

By the end of the course participants should have an understanding of:

- Sections 1 – 6 of the Mental Capacity Act,
- Case law supporting our understanding of the 'relevant information' in respect of differing decisions,
- The court's interpretation of words and phrases within the Act, and how these support our assessment of incapacity, for example, use, weight and material time,
- An overview of recent case law concerned with fluctuating capacity, single issue and longitudinal decisions and potential implications for practice,
- An overview of recent case law concerned a disconnect between a person's ability to decide in the abstract, versus remembering, retrieving and implementing a decision, later when needed,
- An understanding of the courts role in making in anticipation declarations of incapacity.

Target Audience

Cwm Taf Adult Social Work Teams

Date

01/12/2026

Venue

MS TEAMS

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

The Mental Health Act 1983 (as amended) – Main Provisions



Mental Health Act 1983

Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer Rhys Gambold & Leanne Diamond/Debbie Jones

Aims and objectives

- Mental disorder – who does the Act apply to? (definition, exclusions and learning disability)
- Summary of compulsory admission to hospital including criteria and effect - s 2, s.3, S.4, S.5
- Leave arrangements
- Discharge from hospital and patient safeguards
- S117 aftercare entitlement
- Community compulsory Sections including Guardianship and Community Treatment Orders
- Professional roles responsible clinician, approved mental health professional, nearest relative
- Warrants and police powers (ss135 and 136)
- MHA and criminal proceedings.

Target Audience

Cwm Taf Adult Social Work Teams

Date

13/05/2026

26/11/2026

Venue

Room 2 - Ty Elai

Room 1 - Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Mental Health Act 2025: Legislative changes to the MHA 1983, implications for practice



Mental Health Act 1983

Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer Debbie Martin

Aims and objectives

The aim of the training is to offer an overview of the amendments to the MHA 1983.

The MHA 2025 received Royal Assent on 18 December 2025. We anticipate a phased implementation of amendments over the following 8 – 10 years, except for an amendment to conditional discharge enabling the imposition of conditions amounting to deprivation of liberty.

Objectives:

By the end of the course participants should have an overview of the key changes, including:

- An understanding of the revised principles,
- The new definitions of mental disorder, and their implications for use of the Acts provisions,
- Provisions for people with autism or learning disability,
- The revised civil admission criteria,
- The revised detention and Tribunal periods,
- The inclusion of community clinicians in the community treatment order provisions,
- The appointment, removal and functions of the nominated person,
- Restriction order conditions amounting to deprivation of liberty (February 2025),
- Hospital treatment for prisoner transfer period,
- Treatment and advance choice document provisions,
- Ending of s117 Aftercare, and ordinary residence
- Advocacy provisions, and
- Removal of police stations as a place of safety.

Target Audience

Cwm Taf Adult Social Work Teams

Date

14/07/2026

Venue

MS Teams

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Mental Health Review Tribunal (Wales): Law & Practice



Mental Health Act 1983

Details

Time: 09:30 am – 4:30 pm

Dates and Venue: See below

Trainer Christine Hutchins & Neil Hickman - Edge Training Consultancy

Aims and objectives

By the end of the course participants will have:

- Increased their knowledge of the statutory frameworks and rules within which the Mental Health Review Tribunal for Wales operate;
- Enhanced their skills for giving evidence at Tribunals;
- Clear understanding of what is required of reports for the Tribunal;
- Enhanced their effectiveness in giving oral evidence at a Tribunal.

Target Audience

Cwm Taf Adult Social Work Teams

Date

25/11/2026

Venue

MS TEAMS

Booking Instructions

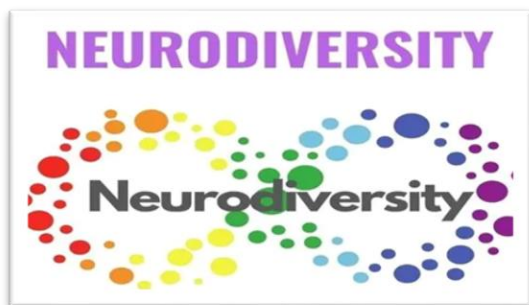
To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Neurodiversity - Introduction to Neurodiversity



Details
Time: 09:30 am – 4:00 pm
Dates and Venue: See below
Trainer Outside Education & Training

Aims and objectives
<ul style="list-style-type: none">• Introduction to autism• Diagnostic criteria explained• Different presentations• Co-occurring conditions• Introduction to ADHD• Impact on daily life• Medication & its impact.

Target Audience	Date	Venue
Cwm Taf Learning Disability Provider Services and Direct Care Services for Older People	08/05/2026	Room 1 - Ty Elai
	08/07/2026	Room 1 - Ty Elai
	09/11/2027	Room 1 - Ty Elai
	01/03/2027	Room 1 - Ty Elai

Booking Instructions
To book – please complete the booking form attached and email to: Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Hannah Johnson

Neurodiversity - Introduction to Neurodiversity and Best Practice



Details

Time: 11:00 a.m. – 3:00 p.m.

Dates and Venue: See below

Trainer Outside Education & Training

Aims and objectives

- Neurodivergence Explained
- Introduction to autism
- Introduction to ADHD
- Co-occurring conditions
- Different presentations
- Contextual Risk Factors
- Tools and Methodology
- Best Practice Strategies

Who is the session for?

- The session is aimed at professionals seeking to gain knowledge and understanding of Neurodivergent conditions specifically autism and ADHD. You will gain understanding of how we can use strategies and tools to gain insight into how to manage behaviour and support individuals using best practice models, that are person centred and neuroaffirming.

Target Audience	Date	Venue
Older Persons Direct Care The session is aimed at professionals seeking to gain knowledge and understanding of Neurodivergent conditions specifically autism and ADHD. You will gain understanding of how we can use strategies and tools to gain insight into how to manage behaviour and support individuals using best practice models, that are person centred and neuroaffirming	To be confirmed	To be confirmed

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Sarah Williams **Administrator:** Emrys Jones

Nutrition



Details

Time: To be advised

Dates and Venue: See below

Trainer Dietetics Team

Aims and objectives

- Basic understanding of a balanced diet for individuals in our care.
- Warning signs of poor nutrition intake and what actions to take.
- Food and Fluid monitoring.

Target Audience

Direct Care Services for Older People
and Cwm Taf Learning Disability
Provider Services

Date

To be advised

Venue

To be advised

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams

Administrator: Emrys Jones

Outcome focused skills practice



Details

Time: To be advised

Dates and Venue: See below

Trainer Mark Anthony

Aims and objectives

Aims:

- To enhance participants' understanding of the Social Services and Well-being (Wales) Act (SSWBA 2014) and its key principles.
- To equip participants with practical skills in using PREMs (Patient-Reported Experience Measures) and PROMS (Patient-Reported Outcome Measures) for outcome-focused practice.
- To develop communication skills using Motivational Interviewing (M.I.) techniques to promote client engagement and behavior change.
- To foster a person-centered approach in practice by integrating theory into workplace situations
- To promote the use of outcome-focused tools that support the ongoing monitoring and evaluation of client progress.

Objectives:

- Participants will gain a comprehensive understanding of the SSWBA 2014 and its implications for practice, particularly in the context of outcomes-based work.
- Participants will learn how to use PREMs and PROMS effectively to assess, plan, and evaluate client outcomes.
- Participants will develop practical skills in applying Motivational Interviewing (M.I.) techniques to engage clients in meaningful conversations and goal setting.
- Participants will explore the importance of communication in outcome-focused practice, focusing on building rapport and trust with clients.
- Participants will have the opportunity to practice and demonstrate outcome-focused skills in simulated scenarios, allowing for constructive feedback and reflection.
- Participants will reflect on and evaluate their learning, identifying areas for development and improvement in their own practice.

Target Audience

Direct Care Workers

Date

To be advised

Venue

To be advised

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams

Administrator: Emrys Jones

Palliative Care – Principles and practices of Palliative Care



Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer: Hospice of the Valley

Aims and objectives

Palliative Care Session A – covers palliative and end of life care

Principles and practices of Palliative Care

This module aims to:

- Provide a clear understanding of palliative and end-of-life care principles
- Equip learners with the knowledge to identify and manage the dying phase
- Enhance communication skills for sensitive conversations
- Support the needs of families during end-of-life care
- Define professional roles and boundaries in EOLC

Learning Objectives:

By the end of this module, you will be able to

- **Define** key terms related to palliative and end-of-life care.
- **Identify** the signs and symptoms of the dying phase and appropriate management strategies
- **Recognise** the emotional and practical needs of families during end-of-life care.
- **Apply** sensitive communication techniques in palliative care settings
- **Understand** your professional role and boundaries in delivering EOLC

We have split the palliative care course into 2 half day sessions. These are stand alone sessions, but your staff might want to do both, as they cover different learning outcomes (please see next page)

Target Audience

All social care workers caring for someone who is at the end of life

Date

12/05/2026

16/09/2026

Venue

Orbit Business Centre

Hawthorn Leisure Centre

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams

Administrator: Emrys Jones

Palliative Care - Palliative Care – Communication and Future Care Planning



Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer: Hospice of the Valley

Aims and objectives

Palliative Care Session B - covers communication and future care planning

Communication

Learning Aims; This module aims to:

- Develop an understanding of key communication skills
- Identify common barriers to effective communication
- Enhance the ability to handle difficult conversations with confidence

Learning Objectives: By the end of this module, you will be able to:

- **Recognise** essential communication skills for effective interactions
- **Identify** barriers that hinder clear and meaningful communication
- **Apply** effective techniques to manage challenging conversations

Future Care Planning

Learning Aims: This presentation aims to:

- Support patient autonomy and choice in future care planning
- Encourage discussions on personal and spiritual preferences
- Ensure care aligns with patient wishes
- Reduce unnecessary treatments and hospital stays
- Ease decision-making for families
- Improve end-of-life care and bereavement support

Learning Aims: By the end of this presentation, participants will be able to:

- **Understand** the role of future care planning in respecting patient choices
- **Recognise** the importance of discussing personal and spiritual preferences
- **Explain** how planning improves end-of-life care and patient outcomes
- **Identify** ways to reduce unnecessary interventions and hospital stays.
- **Describe** how planning helps families cope with decisions

We have split the palliative care course into 2 half day sessions. These are stand alone sessions, but your staff might want to do both, as they cover different learning outcomes (please see previous page)

Target Audience	Date	Venue
All care workers caring for someone who is at the end of life	20/05/2026	Orbit Business Centre
	14/10/2026	Hawthorn Leisure Centre

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams

Administrator: Emrys Jones

Parkinsons



Details

Time: 09:30 am – 12:30 pm

Dates and Venue: See below

Trainer: Sharon Jones / Gwennan Edwards

Aims and objectives

This course has been designed to give all levels of staff in care settings an improved understanding of Parkinson's.

Objectives:

- To promote and share models of good practice in care
- To discuss the challenges experienced by people with Parkinson's
- To consider approaches to practical challenges (eg mobility, swallowing, communication etc)

Target Audience	Date	Venue
Direct Care Services for Older People and Cwm Taf Learning Disability Provider Services	10/06/2026	Ty Elai
	11/11/2026	Orbit Business Centre

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams **Administrator:** Emrys Jones

Positive approach to Care Pathway – Teepa Snow Model (PAC)



Details

Time: 09:30 am – 3:30 pm

Dates and Venue: See below

Trainer: Manual Handling Team including Cath Brown, William Morris and Neil Jones + Paul Aubrey

Aims and objectives

To ensure that the all Rhondda Cynon Taff and Merthyr social care workforce receive specific training in a positive approach to care core skills pathway. The pathway, is modular system of learning which offers further understanding of brain change and dementia, so we may offer those living with both, an improved lived experience within our services and communities.

The learner on completion of this pathway will achieve insight equivalent to the recognised module of care first certificate.

Module 1

- An introduction to Positive approaches to care (PAC MODEL)
- Understanding of the difference between Typical and Non-Typical Aging.

Module 2 - Brain Change/ Dementia

- To understand more about dementia and how it effects the daily lives of individuals.
- To understand how different parts of the brain control different aspects of our life. To learn about the difference between a healthy brain and a brain of a person with dementia.
- To learn about the difference between a healthy brain and a brain of a person with dementia

Module 3 - Teepa Snow's Gems Model

- Learner will be able to identify Teepa Snow's GEMS and how they categorize different stages of dementia using gemstone metaphors (Sapphire, Diamond, Emerald, Amber, Ruby, and Pearl).
- Learners will be able understand how the "GEMS" represent varying levels of cognitive and functional abilities in individuals with dementia, allowing caregivers to better understand and respond to their needs. Learners understand how the GEMS model emphasizes focusing on remaining skills and abilities, rather than what has been lost, to create a more person-centered approach to care.

Module 4

Visual acuity/ Positive Action Starters / Positive Physical Approaches/ Positive Personal Connectors and the use of Hand under Hand techniques to support individuals.

At the end of this session the learners should be able to.

- To gain practical Tips and knowledge of Positive action starters; Positive physical approaches & positive personal connectors
- How the visual field and acuity change during an individuals dementia journey.
- To gain experience Identify which connectors would be useful with which Gem
- To gain experience practice in pairs positive action starters.
- To gain experience of hand under hand practice in pairs basic skill in pairs. To gain experience practice eating / drinking using Hand under skill in pairs. .
- To gain experience ask pairs of learner to choose a gem out of tub, then each pair using positive action starters, with positive physical approaches and positive personal connector on various gems states.

Target Audience

Date

Venue

Members of staff that need this qualification to registered or maintain annual registrations and to ensure safe practices in the workplace with people handling.

Attendees will need to be able to kneel on the floor to fit slings and use other pieces of manual equipment.

7+8th April 2026	Room 2 – Ty Elai
13+14th May 2026	Room 4 – Ty Elai
23+24th June 2026,	Orbit Business Centre
22nd+23rd July 2026	Room 2 – Ty Elai
5+6th August 2026	Room 2 – Ty Elai
22nd+23rd September 2026	Room 2 – Ty Elai
27+28th October 2026	Room 2 – Ty Elai
10+11th November 2026	Room 4 – Ty Elai
1st+2nd December 2026	Room 2 – Ty Elai
12+13th January 2027	Room 2 – Ty Elai
9+10th February 2027	Room 2 – Ty Elai
2nd+3rd March 2027	Room 2 – Ty Elai

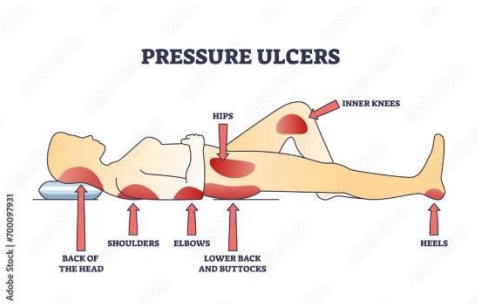
Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Catherine Brown **Administrator:** Emrys Jones

Pressure Ulcer Prevention Training



Details
Time: 09:30 am – 12:30 pm
Dates and Venue: See below
Trainer: Sarah Bradbury

Aims and objectives

Aim of session:
To enable the learner to identify risk factors for developing a pressure ulcer and to understand how to prevent pressure damage in the at-risk client.

Objectives

- To describe the functions of the skin.
- To understand the definition of a pressure ulcer
- To recognise what risk factors contribute to the development of a pressure ulcers
- To identify how pressure damage can be prevented
- To explain the importance of skin inspection and skin care and how it can impact on skin damage and pressure ulceration.
- To be aware of personal limitations if a pressure ulcer develops and how to seek help and guidance.

Target Audience
Direct Care Services for Older People and Cwm Taf Learning Disability Provider Services

Date	Venue
28/04/2026	Hawthorn Leisure Centre
29/09/2026	Orbit Business Centre
27/10/2026	Room 1 - Ty Elai
08/12/2026	Hawthorn Leisure Centre
09/02/2027	Room 2 - Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams **Administrator:** Emrys Jones

Professional Curiosity – Thinking Outside the Box – Adult Services



Details

Time: 09:30 am – 4:00 pm

Dates and Venue: See below

Trainer Martin Vaughan

Aims and objectives

- Understanding 'Professional Curiosity'
- Identifying Disguised Compliance
- Information Sharing
- Planning & Preparation -language and cultural issues
- Questioning Structures
- Engaging Adults and Families
- Respectfully challenging other Professionals
- Review of Adult Practice Reviews & SUS Reviews
- Post Contact Processes - Appropriate supervision and management

Target Audience

Cwm Taf Adult Social Work Teams

Date

09/06/2026

06/10/2026

04/02/2027

Venue

MS TEAMS

MS TEAMS

MS TEAMS

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Respiratory Training



Details

Time: 09:30 am – 11:30 am

Dates and Venue: See below

Trainer: Cwm Taf Morgannwg University Health Board

Aims and objectives

Aim:

To have a basic awareness of how respiratory conditions can impact on a service user's life

Objectives:

- To state differing types of respiratory conditions
- To state common treatments for respiratory conditions
- To consider person centred approaches to respiratory care that promote privacy and dignity

Target Audience	Date	Venue
Direct care staff in adult social care settings	08/04/2026	Hawthorn Leisure Centre
	21/10/2026	Orbit Business Centre

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams **Administrator:** Emrys Jones

Sensory



Details
Time: 09:30 am – 4:30 pm
Dates and Venue: as below
Trainer: Acute Training

Aims and objectives

Skills and knowledge highlighted in this training include:

- Defining sensory impairment
- 5 Senses
- Sight and vision impairment
- Support for an individual
- Hearing impairment
- Support for an individual
- Deaf blindness
- Other sensory impairments
- Person centred care planning

Teaching Methods

This course will be delivered by a variety of teaching methods including: presentations; small group discussion; whole group discussion; individual work; case studies.

Target Audience	Date	Venue
Direct Care Services for Older People and Cwm Taf Learning Disability Provider Services	23/06/2026	Room 2 - Ty Elai
	06/10/2026	Orbit Business Centre

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams **Administrator:** Emrys Jones



Details

Time: 09:30 am – 12:30 pm

Dates and Venue: To be advised

Trainer: Acute Training

Aims and objectives

By the end of this course attendees will be better placed to spot the signs and symptoms of this reaction and will have a knowledge of the best practice procedures following the onset of this condition. This clinical training course covers such topics as:

- Understand the definitions of Sepsis, Severe Sepsis and Septic Shock
- Recognise the signs and symptoms of Sepsis
- Knowledge of the basic pathophysiology of the Sepsis response
- Awareness of the assessment tools for Sepsis, including NEWS2, RESTORE2 and mini, Screening Tools
- Awareness of the treatment guidelines for Sepsis
- The Sepsis Six

Target Audience
Direct Care Workers

Date	Venue
To be advised	To be advised

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams

Administrator: Emrys Jones

Sexual Relations, Restricting Contact with Others, the use of Social Media & the Internet: Article 8 & the Mental Capacity Act



Details
Time: 9:30 a.m. – 4:00 p.m.
Dates and Venue: See below
Trainer Steven Richards - Edge Training Consultancy

Aims and objectives

By the end of the course participants will be able to:

- Understand the application of the MCA in relation to issues of private and family life (Art 8)
- Increase confidence in assessing mental capacity to decisions around sexual relations, contact, the use of social media and the internet
- Consider the case law surrounding these decisions
- Identify how to respond appropriately where a lack of capacity in these areas is confirmed
- Explore the practical application of case law through case studies

Target Audience	Date	Venue
Cwm Taf Adult Social Work teams	08/05/2026	Zoom
	21/10/2026	Zoom

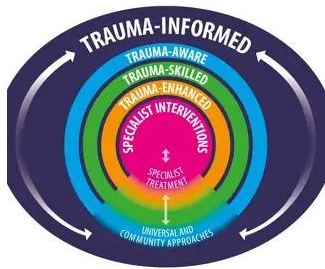
Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis

Somatic Resilience & Trauma Informed Practice



Details
Time: 9:30 a.m. – 4:00 p.m.
Dates and Venue: See below
Trainer Laura Tranter & Jain Boon

Aims and objectives

- To discuss good practice in engaging those in receipt of services who have experienced childhood trauma
- To increase awareness of stress and trauma in the body
- To explore the links between complex PTSD and addictive behaviours
- To practice using tools for supporting relationships with those in receipt of services
- To develop our wellness by building the capacity to self-regulate through resourcing and stabilisation tools.
- To help staff understand symptoms of burn out/ compassion fatigue and vicarious trauma
- To develop self-care by building healthy boundaries
- To update on current work in Wales in developing trauma informed (TrACE) organisations

Target Audience
Cwm Taf Adult Social Work teams

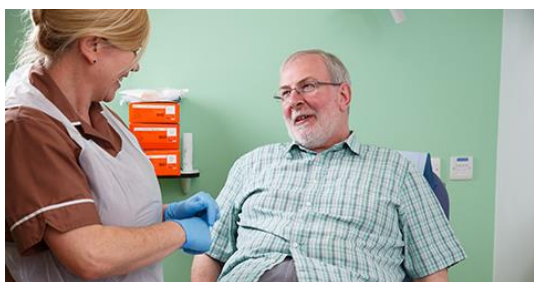
Date	Venue
30/06/2026	Room 1 – Ty Elai
10/11/2026	Room 1 – Ty Elai

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Hannah Johnson



Details

Time: 09:30 am – 11:00 am

Dates and Venue: See below

Trainer: Stoma Nurses

Aims and objectives

By the end of the session, the participant will have explored the following information:

- Types of stoma
- Types of Appliances & Accessories
- Stoma Appliance Management
- Associated complications of having a stoma
- Daily Aspects of Living with a Stoma

If you any further advice please see contacts below

Your contacts for the RCT area are:
 Helen Wilson helen.wilson1@wales.nhs.uk
 Hayley Benjamin Hayley.benjamin@wales.nhs.uk

Your contacts for the MT area are:
 Rebecca Mazur - Rebecca.Mazur@wales.nhs.uk;
 Joanne Jones - Joanne.Jones2@wales.nhs.uk

Target Audience
Anyone caring for an individual who requires stoma care skills

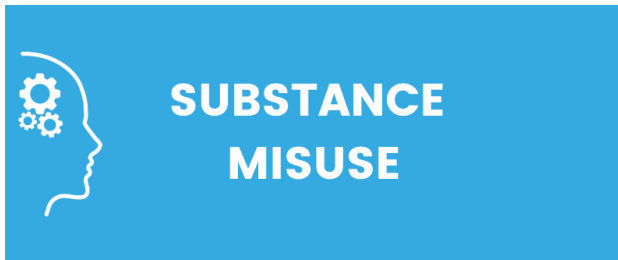
Date	Venue
23/09/2026	Hawthorn Leisure Centre
17/02/2027	Orbit Business Centre

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officer: Sarah Williams **Administrator:** Emrys Jones

Substance Misuse



Details
Time: 09:30 am – 3:30 pm
Dates and Venue:
Trainer: Ceri Watts

Aims and objectives
<ul style="list-style-type: none">• To raise participants awareness of substance use, including more recently available substances and trends.• Describe methods in which drugs can be used• Discuss different levels of drug use• List substances in clinical categories• Discuss a variety of substances• Discuss the legal implications of drug use

Target Audience
Direct Care Services for Older People and Cwm Taf Learning Disability Provider Services

Date	Venue
14/05/2026	Room 2 - Ty Elai
23/02/2027	Room 2 - Ty Elai

Booking Instructions
To book – please complete the booking form attached and email to: Socialcaretraining@rctcbc.gov.uk

Training Officer: Ceri Watts

Administrator: Hannah Johnson

Supervision for Complex Cases



Details
Time: 09:30 am – 4:30 pm
Dates and Venue: See below
Trainer Siobhan Maclean

Aims and objectives

- Explore the importance of the what? why? how? framework in practice and in supervision
- Think about how to use the framework in supervision around complex cases
- Consider the need for reflexivity in working in complex cases
- Consider ways in which supervision can be more reflexive
- Develop ideas around the use of reflective models to promote shared decision making in supervision

Target Audience	Date	Venue
Cwm Taf Adult Social Work Teams	14/05/2026	Zoom

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Ceri Watts

Administrator: Neil Lewis



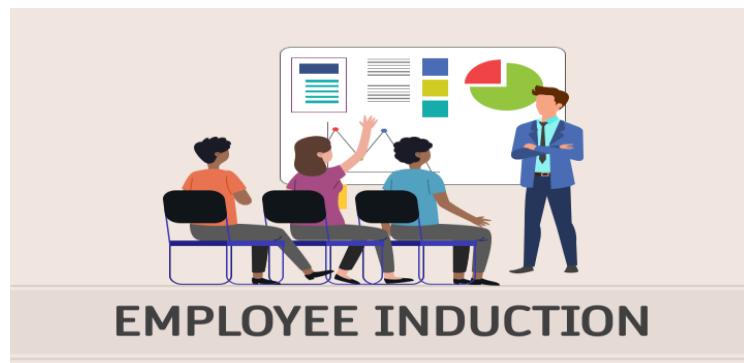
SOCIAL CARE INDUCTION PROGRAMME

The VQ team continue to work with colleagues at Social Care Wales to establish an induction programme for direct care staff who are brand new to working in the social care setting, or staff moving to a new service.

Aim – To equip new workers in social care with the knowledge required for undertaking their duties.

It is expected that most staff will complete every session in the same programme. This is because many of these sessions are mandatory owing to legislative requirements. However, managers should seek guidance from training team staff if there are any topics that don't seem to be relevant to the job role.

The planned training sessions will provide the knowledge necessary to undertake a new role in a social care setting. The sessions will support much of the knowledge requirements for the All Wales Induction Framework, and support staff through the level 2 Core qualification.



Social Care Induction Programme – April 2026



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
16/04/2026	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
17/04/2026	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
20/04/2026	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
21/04/2026	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
22/04/2025	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
23/04/2026	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
	Advocacy	11:00 – 12.30	
	Introduction to Human Development	1.00 – 2.30	
	Legislation and Theory	2:30 – 4.30	
TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:

Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – May 2026



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
14/05/2026	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
15/05/2026	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
18/05/2026	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
19/05/2026	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
20/05/2026	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
21/05/2026	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
	Advocacy	11:00 – 12.30	
	Introduction to Human Development	1.00 – 2.30	
	Legislation and Theory	2:30 – 4.30	
TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – June 2026



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
11/06/2025	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
12/06/2026	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
15/06/2026	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
16/06/2026	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
17/06/2026	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
18/06/2026	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
	Advocacy	11:00 – 12.30	
	Introduction to Human Development	1.00 – 2.30	
	Legislation and Theory	2:30 – 4.30	
TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – July 2026



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
09/07/2026	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
10/07/2026	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
13/07/2026	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
14/07/2026	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
15/07/2026	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
16/07/2026	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
	Advocacy	11:00 – 12.30	
	Introduction to Human Development	1.00 – 2.30	
	Legislation and Theory	2:30 – 4.30	
TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – August 2026



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
13/08/2026	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
14/08/2026	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
17/08/2026	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
18/08/2026	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
19/08/2026	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
20/08/2026	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
	Advocacy	11:00 – 12.30	
	Introduction to Human Development	1.00 – 2.30	
	Legislation and Theory	2:30 – 4.30	
TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – September 2026



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
17/09/2026	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
17/09/2026	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
21/09/2026	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
22/09/2026	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
23/09/2026	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
24/09/2026	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
	Advocacy	11:00 – 12.30	
	Introduction to Human Development	1.00 – 2.30	
	Legislation and Theory	2:30 – 4.30	
TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – October 2026



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
15/10/2026	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
16/10/2026	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
19/10/2026	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
20/10/2026	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
21/10/2026	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
22/10/2026	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
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	Introduction to Human Development	1.00 – 2.30	
	Legislation and Theory	2:30 – 4.30	
TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – November 2026



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
12/11/2026	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
13/11/2026	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
16/11/2026	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
17/11/2026	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
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Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – December 2026



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
03/12/2026	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
04/12/2026	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
07/12/2026	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
08/12/2026	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
09/12/2026	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
10/12/2026	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
	Advocacy	11:00 – 12.30	
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TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – January 2027



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
14/01/2027	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
15/01/2027	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
18/01/2027	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
19/01/2027	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
20/01/2027	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
21/01/2027	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
	Advocacy	11:00 – 12.30	
	Introduction to Human Development	1.00 – 2.30	
	Legislation and Theory	2:30 – 4.30	
TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – February 2027



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
11/02/2027	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
12/02/2027	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
15/02/2027	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
16/02/2027	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
17/02/2027	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
18/02/2027	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
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	Introduction to Human Development	1.00 – 2.30	
	Legislation and Theory	2:30 – 4.30	
TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – March 2027



Details
Times: See Below
Dates and Venue: See Below

Date	Topic	Time	Venue
11/03/2027	General Health and Safety	9:30 – 12:00	Room 1 – Ty Elai
	M&H A&B	12:30 – 3:00	
	Keeping People Safe (on line learning)	3:00 – 4:30	
12/03/2027	Person Centred Practice/ Child Centred Practice	9:30 – 4:30	Room 1 – Ty Elai
15/03/2027	Safeguarding Group B	9:30 – 4:30	Room 1 – Ty Elai
16/03/2027	Introduction to Domestic Abuse	9:30 – 12:30	Room 1 – Ty Elai
	Dementia Awareness	1:00 – 4:30	
17/03/2027	Emergency First Aid	9:30 – 4:30	Room 1 – Ty Elai
18/03/2027	Complaints (via Teams)	9:30 – 10.30	Room 1 – Ty Elai
	Advocacy	11:00 – 12.30	
	Introduction to Human Development	1.00 – 2.30	
	Legislation and Theory	2:30 – 4.30	
TBC	CF&F Moving and Handling	9:30 – 4:30	Room 4 – Ty Elai

Aims and Objectives of all the above courses are advertised following Social Care Induction Programme dates

Booking Instructions

To book – please complete the booking form attached and email to:
Socialcaretraining@rctcbc.gov.uk

Training Officers: Annie Knapton **Administrator:** Lyndsey Foley

Social Care Induction Programme – Aims and Objectives - General Health & Safety



Details


Dates, Times and Venue are advertised above within the Social Care Induction Programme

NB The sessions cannot be booked individually as they are part of an induction programme

Topic	General Health & Safety
<p>Aims and Objectives</p>	<p><u>Aim:</u> To raise the level of awareness, understanding and importance of health and safety in the workplace.</p> <p><u>Objectives:</u> To provide participants with basic knowledge of:</p> <ul style="list-style-type: none"> • The divisions and their own health and safety responsibilities. • The hazards associated with their workplace and work activities. • The procedures to be adopted in controlling those hazards and minimising the risk. <p><u>A&B</u></p> <p><u>Aim:</u> To ensure that candidates are aware of risks involved in the manual handling of inanimate loads.</p> <p>To advise candidates on the correct methods and techniques to reduce the risks arising from manual handling operations.</p> <p><u>Objectives:</u> By the end of the course candidates will be able to:-</p> <ul style="list-style-type: none"> • Identify key pieces of legislation relevant to manual handling and its application. • Give a basic definition describing • “What is meant by the term manual handling” • Acknowledge the physical cost of poor load management. • Describe the basic structure of the spine and its function and be able to apply this knowledge during lifting of inanimate loads. • Identify specific manual handling tasks that require a TILE assessment and record/report. • Explain the basic process of a Risk Assessment and how to apply it.

Social Care Induction Programme – Aims and Objectives – Safeguarding Group B




 <p>Gofal Cymdeithasol Cymru Social Care Wales</p>	Details
	<p>Dates, Times and Venue are advertised above within the Social Care Induction Programme</p>

Topic	Safeguarding Group B
Aims and Objectives	<p><u>Learning Outcomes:</u></p> <ul style="list-style-type: none"> • Know own role in relation to safeguarding <u>adults at risk</u> and children/young people from harm, abuse and neglect • Understand how individuals are protected from harm, abuse and neglect • Know how to recognise different types of harm, abuse and neglect • Know the barriers to referrals

Social Care Induction Programme – Aims and Objectives – Person Centred Practice



 <p>Gofal Cymdeithasol Cymru Social Care Wales</p>	Details
	<p>Dates, Times and Venue are advertised above within the Social Care Induction Programme</p> <p>NB The sessions cannot be booked individually as they are part of an induction programme</p>

Topic	Person Centred Practice
Aims and Objectives	<p><u>Learning Outcomes:</u></p> <ul style="list-style-type: none"> • Understand the application of person centred practice • Understand the principles of Adult health and social care • Understand the context of wellbeing for individuals <p><i>This session is for both Adult workers and Childrens workers</i></p>

Social Care Induction Programme – Aims and Objectives – Emergency First Aid



Details
Dates, Times and Venue are advertised above within the Social Care Induction Programme
NB The sessions cannot be booked individually as they are part of an induction programme

Topic	Emergency First Aid
Aims and Objectives	<p><u>Aim:</u></p> <p>To ensure that the Cwm Taff social care workforce receive specific training covering a comprehensive range of first aid skills for various different emergencies.</p> <p><u>Objectives:</u></p> <p>Explain and demonstrate the correct techniques to identify and monitor a breathing but unconscious casualty, by placing said casualty into a recovery position when alone or with a bystander.</p> <p>Explain and demonstrate the correct techniques to administer adult rescue breathing to a casualty who is unconscious and not breathing when alone or with a bystander.</p> <p>Explain and demonstrate the correct techniques to administer cardio pulmonary resuscitation CPR to a casualty who is unconscious, not breathing and has no circulation when you are alone or with a bystander.</p> <p>Demonstrate and practice safe use of AED in a community setting</p> <p>Explain and demonstrate the control of bleeding on a casualty who has a wound to a part of the body when you are on your own or with a bystander.</p> <p>Be able to deal with other common illnesses and injuries including:</p> <ul style="list-style-type: none"> • Angina • Asthma/Hyperventilation • Diabetes • Epilepsy • Lacerations/Fractures <p>All candidates must attend the full six hours of contact training and be physically able to participate in the practical elements of the course</p> <p>On successful completion of the training receive a basic first aid certificate to confirm competence, on successful completion of the course. This Certificate will be valid for 3 years. However, the Health and Safety Executive highly recommend that all attendees complete a yearly basic skills update. (BSU)</p> <p>RCT policy states that all staff with EFAW, FAW qualification must attend a BSU.</p>

Social Care Induction Programme – Aims and Objectives – CD&F



Details

Dates, Times and Venue are advertised above within the Social Care Induction Programme

NB The sessions cannot be booked individually as they are part of an induction programme

Topic	CD&F
Aims and Objectives	<p><u>Aims:</u></p> <p>To make candidates aware of the risks involved in the manual Handling of clients and advise on safe methods and techniques that can be used to reduce those risks arising from such manual handling operations.</p> <p><u>Objectives:</u></p> <ul style="list-style-type: none"> • Legislation and regulations involved in Moving and Handling • Theory of Risk assessments and their use in Moving Handling • Principles involved in Moving & Handling of inanimate loads and clients • Principles involved in mobility and transfers of clients • Practical techniques in Manual Handling of clients • Practical techniques in the use of handling equipment including ancillary manual handling equipment Passive Hoists, Active Hoists & Bath Hoists

Social Care Induction Programme – Aims and Objectives – Dementia Awareness



Details

Dates, Times and Venue are advertised above within the Social Care Induction Programme

NB The sessions cannot be booked individually as they are part of an induction programme

Topic	Dementia Awareness
Aims and Objectives	<p><u>Aim:</u></p> <p>To provide an overview of wellbeing in dementia care. To explore themes from the Older Person’s Commissioner’s report and her subsequent requirements for action. To consider the practical steps that staff teams will need to take in order to comply with the Social Services and Wellbeing (Wales) Act 2014.</p> <p>By the end of the workshop attendees will have explored the following topics:</p> <ul style="list-style-type: none"> • Feedback from the OPC report ‘A place to call home’ • 5 principles of SSWBA (Wales) 2014 and how these relate to dementia care • Understand what the word 'dementia' means • Have knowledge of different types of dementia • Signposting to develop understanding about symptoms and causes • Understand that communication and activity must be tailored to meet individual experience and cognitive ability • Take part in an exercise to experience the nature of frustration • Appreciate that feelings matter most • Acknowledge that all behaviour has meaning • Consider ‘distressed reactions’ in dementia care and explore what lies behind them • Explore the 5 principles of psychological need as identified by Tom Kitwood

Social Care Induction Programme – Aims and Objectives – Human Development



Details
<p>Dates, Times and Venue are advertised above within the Social Care Induction Programme</p> <p>NB The sessions cannot be booked individually as they are part of an induction programme</p>

Topic	Human Development
Aims and Objectives	<p><u>Aim:</u></p> <ul style="list-style-type: none"> To have an introduction to factors that can affect the health and wellbeing of individuals To have an introduction to Erikson's Model of Human development (1950) entitled "The Eight Stages of Man" To have an introduction to Attachment Theory and how it can affect the child and also the adult. To have an introduction to A.C.E.S (Adverse Childhood Experiences) and how these impact into adulthood <p>This is new to the induction programme and is in response to the new All Wales Induction Framework</p>

Social Care Induction Programme – Aims and Objectives – Introduction to Legislation and Theories



Details
<p>Dates, Times and Venue are advertised above within the Social Care Induction Programme</p> <p>NB The sessions cannot be booked individually as they are part of an induction programme</p>

Topic	Introduction to Legislation and Theories
Aims and Objectives	<p><u>Aim:</u></p> <p>To raise participants awareness of the legislation and theories which governs and impacts on Social Care</p> <p><u>Objectives:</u></p> <ul style="list-style-type: none"> Examples of specific recent legislation: keeping up to date Understanding legally "safe practice" To understand what is a theory or model To understand how to use theory in everyday practice

Introduction to Domestic Abuse



Details
<p>Dates, Times and Venue are advertised above within the Social Care Induction Programme</p>

Topic	Introduction to Legislation and Theories
Aims and Objectives	<p>Aims & Objectives</p> <p>To have a better understanding o domestic abuse and the need for multi-agency working.</p> <ul style="list-style-type: none"> • To understand domestic abuse and the different behaviour • To be able to identify domestic abuse, abuse behaviours within relationships • To be able to identify warning signs of domestic abuse in relationships • To understand the impact of domestic abuse • To understand who has the responsibility to complete MARAC, and have the ability to do so. • To be aware of the support that can be provided for those affected by domestic abuse within the geographical area.



Health and Social Care Qualifications



Health and Social Care Qualifications



Core Qualification; Level 2

This is a knowledge qualification and is designed for individuals who work, or who want to work, in the health and social care sector. This qualification covers the fundamental knowledge of the understanding of the All-Wales Induction framework (AWIF)

The contents cover:

- The principles and values of health and social care
- Health and well being
- Professional Practice as a health and social care worker
- Safeguarding individuals
- Health and safety in health and social care.

The learner will be expected to attend and induction and 5 teaching sessions based on the topics above and then complete 1 Online Externally assessed Multiple choice test, to meet all the requirements of the Core Qualification.

Health and Social care Practice Qualification Adults or Children and Young people pathways.

Level 2 & 3

- This Qualification is practice based and assesses learners knowledge and practice.
- It is designed for learners in work based learning. The qualification will assess candidates' knowledge and practice through their work.
- This Qualification is required for candidates to work in specific job roles within health and Social care sector, as set out in the Social Care Wales Qualification framework for social care and child Care.
- The learner will be internally assessed through a series of assessment activities e.g. structured tasks, portfolio of evidence, (includes observation of practice) discussions and learning log/journal.
- The ultimate goal of assessment is to provide a valid tool for confirming that a candidate is competent to practice and contribute to enhancing the personal well-being outcomes of individuals and their families/carers.

Level 4 Preparing for Leadership and Management.

This qualification is knowledge-based and designed for candidates who are aspiring managers but are not yet in a leadership and management role within the Health and Social Care sector. It is suitable for the following:

- Candidates who have successfully completed a Level 2 Health and Social Care, or a recognised equivalent

- Candidates who have successfully completed Level 3 Health and Social Care: Practice (Adults), or a recognised equivalent
- Candidates who have successfully completed Level 3 Health and Social Care: Practice (Children and Young People), or a recognised equivalent

Learning Outcomes

- Understand a range of leadership and management concepts, theories and techniques.
- Understand different leadership and management styles and how these influence practice within services
- Understand how to lead person/child-centred approaches in practice.
- Work as effective and independent learners, and as critical and reflective thinkers to make informed judgements which includes using and interpreting data.
- Have an awareness of how to lead, manage and improve service within health and social care.

Leadership and management of Health and Social Care-Practice level 5

This qualification is practice-based for those with experience in a leadership or management role within the Health and Social Care sector, who meet additional regulatory requirements which apply to some work settings.

Candidates will need to hold the Step up to Management program or the Level 4 Preparing for leadership and management in Health and Social care.

Any queries in relation to the qualification content please email: Dawn Moulden/Paul Aubrey Dawn.moulden@rctcbc.gov.uk Paul.d.aubrey@rctcbc.gov.uk

Elearning

Topic	Cost	Digital link	Extra information
Type 2 Diabetes (by Pocket Medic)	Free	https://medic.video/w-type2	These resources are primarily designed for people who are coping with their own diagnosed health conditions to further their knowledge. These films can be used as additional information to advice provided by UHB colleagues - Contact Ceri Jones if you need assistance in respect of particular individuals: ceri.jones9@wales.nhs.uk
Infection Control (by Social Care Institute of Excellence (SCIE))	Free	Infection prevention and control Social Care Wales	This H&S course should not be completed in isolation from a care setting's infection control policy, managerial risk assessment and staff observance of identified control measures. Please note SCIE covers England – Some of the information regarding regulatory bodies & law may be different (Eg CQC in England, but CIW in Wales, Care Act 2014 in England, SSWBA (Wales 2014 in Wales). However, broad guidance in respect of infection control work practices such as handwashing will be the same. Please follow your organisation's risk assessment about current expected infection control practices re PPE. These may be subject to change, pending WG guidance. Your manager can advise about current expectations.
Lymphoedema (by Pocket Medic)	Free	https://pocketmedic.uk/lymph/	These resources are primarily designed for people who are coping with their own diagnosed health conditions to further their knowledge. These films can be used as additional information to advice provided by UHB colleagues. Contact Michelle Fishbourne if you need assistance in respect of particular individuals - <Michelle.Fishbourne@wales.nhs.uk>
Medication administration – devised by HEIW	Free	https://ytydysqu.heiw.wales	This H&S course should not be completed in isolation from a care setting's medication policy, effective shadowing arrangements, competency sign off and supervision. There are 3 HEIW managerial documents attached to this e-learning package that need action, in addition to the e-learning.
Motor Neurone Disease (by Melanie Andrews, MNDA)	Free	OLCreate: MNDA CWM MND Association's Care Worker's Module (open.edu)	
How to introduce one page profiles into care homes (by Helen Sanderson Associates)	Free	How to introduce one-page profiles in care homes - HSA Online Learning	You can access this learning via the Helen Sanderson Associates website. The learning is presented via a youtube film.
Urinary Tract Infection (bv Darrin Powell, CTMUHB Bladder and Bowel Health)	Free	https://rise.articulate.com/share/0UxY6MWK24YIMBOQRe82SOjsC2GaCT71	

Wellbeing and mental health (by Pocket Medic)	Free	https://pocketmedic.uk/wellbeing-health/	These resources are primarily designed for people who are coping with their own diagnosed health conditions to further their knowledge. If you need assistance with your mental health, contact your GP or ask your employer about any support that is available in your workplace.
Wound Care (Pressure Ulcer) (by Kirsty Mahoney, WWIC)	Free	Wound Care Education for the Health and Care Workforce - elearning for healthcare (e-lfh.org.uk)	You will need to register for an account to take part in this learning.

Information about participation and engagement on all training courses



In order to ensure that everyone has an enjoyable and worthwhile time whilst on our training courses, the Cwm Taf Social Care Workforce Development Partnership has developed a learning agreement which underpins SCW code of conduct for employees.

We'd find it really helpful if managers could let staff know about these expectations before they are sent on our courses.

Participants on SCWDP funded courses agree to:

Stay for the duration of the session – The length of the course is agreed prior to advert.

Good Punctuality – please arrive in good time before the start of the course, arriving back from breaks at the agreed time.

Confidentiality – All information that is shared in the session stays inside the training room. This is particularly important if individuals are mentioned. However, it is also important if training participants share personal information about themselves.

To ensure that we are acting in accordance with Safeguarding procedures, if a participant shares information of a grave or serious nature, they must understand that it is the trainer's responsibility to pass this information on.

Respectful conduct – It is part of the social care worker's code of conduct to treat other people with respect and dignity, including other participants on training. When differences of opinion arise, it is important to be respectful of other people's points of view. Respectful behaviour includes:

- Speaking one at a time
- Ensuring that quieter members of the group have an equal chance to participate
- Using language that conveys tolerance and respect.
- Ensuring that mobile phones are switched off and text messages are not sent or received (subject to negotiation in exceptional circumstances)

This list is not exhaustive and may be added to throughout the day. Participants are encouraged to add to this list.

Additional information for colleagues attending training via a virtual platform (e.g. Teams)

- Any MS Teams meeting / training that has been organised by Cwm Taf Social Care Workforce Development Service is intended for authorised participants only. In order to comply with the Council's Teams policy, external participants must not record the meeting or take screenshots by any means, or use transcription tools, screen readers, or other apps that automatically capture meeting content. If you require accessibility support, please contact the organiser in advance so appropriate arrangements can be made.
- You may have been sent pre-course materials, please read these documents to prepare for the session.
- Please join from a functioning electronic device such as laptop or PC and familiarise yourself with the training platform prior to the event.
- Please join the training 15 minutes prior to the start of the course so that any technical challenges can be resolved.
- Please join using the link sent via email by the course administrator.
- Take account of confidentiality issues – if you are accessing from a care setting blur your background so that individuals and their private details are not visible.
- When you join the training, please put your name, role and care setting in the chat. The name entered should match any SCW registration. If more than one person is accessing from a shared device, we need this information for all participants attending.
- Please be aware that all details about who has accessed, duration of call and chat participation are logged automatically by the teams app. We use this information to inform our attendance records. It is really important that you advise us at the start of the session if more than one person is sharing a device.
- Make sure that your camera is on throughout the session and place your microphone on mute, unless requested otherwise (such as during group sessions). This ensures there are fewer distracting background noises for all participants.
- The trainer will outline any other general housekeeping rules around virtual etiquette, at the beginning of the session.
- The trainer will explain how introductions will be made either verbally or via the 'chat' facility.
- Please 'join in', active participation is vital to a successful learning experience.
- Use the chat or Raise Hand function to pose any questions to the trainer.

Gwasanaeth Datblygu Gweithlu Gofal Cymdeithasol Cwm Taf

Ffurflen Gofrestru am Gwrs Hyfforddiant

Cwm Taf Social Care Workforce Development Service

Training Course Registration Form

Teitl y cwrs / Course Title:		Dyddiad / Date:	
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Enw / Name	Teitl y swydd / Job Title	E-bost / E-mail:	Rheolwr Llinell / Line Manager

Awdurdodwyd gan / Authorised by:			
Enw / Name:		Teitl y swydd / Job Title	Cyflogwr / Employer:
E-bost / E-mail:		Rhif ffôn / Telephone No:	

Anfonwch yn ôl i / Please return to
<p>Gwasanaeth Datblygu'r Gweithlu Gofal Cymdeithasol Cwm Taf, Tŷ Elai, Dwyrain Dinas Isaf, Trewiliam, Tonypandy, CF40 1NY Cwm Taf Social Care Workforce Development Service Ty Elai, Dinas Isaf East, Williamstown, Tonypandy CF40 1NY</p> <p>Ffon / Tel: 01443 281444 E-bost / E-mail: SocialCareTraining@rctcbc.gov.uk</p>