



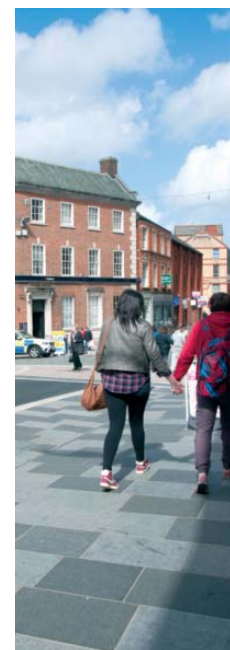
CANLLAW TEITHIAU CYNALIADWY PONTYPRIDD

Canllaw syml sy'n esbonio sut i gyrraedd
canol tref Pontypridd o gymunedau lleol.

PONTYPRIDD SUSTAINABLE TRAVEL GUIDE

Your easy to use guide to reach Pontypridd
town centre from local communities

TACHWEDD 2017
NOVEMBER 2017



GWASANAETH BYSIAU LLEOL

Mae'n haws nag erioed i deithio ar fws i ganol tref Pontypridd gan fod 24 o lwybrau yn cysylltu canol y dref â'r cymunedau lleol a threfi pellach megis Aberhonddu, Y Fenni a Phen-y-bont ar Ogwr. Mae nifer o'r gwasanaethau yma'n gweithredu o leiaf unwaith bob 30 munud ac yn darparu bysiau modern, hygyrch sy'n dda ar gyfer yr amgylchedd.

Mae modd prynu amrywiaeth o docynnau bws ar y bysiau yma, p'un ai eich bod chi'n teithio bob dydd neu o dro i dro. Am ragor o wybodaeth ewch i www.travelinecymru.info neu ffoniwch 0800 464 00 00.

CERDDED A BEICIO

Mae canol tref Pontypridd yn fach ac yn wastad ac yn cynnig cyfleoedd cerdded a beicio. Mae'n lle gwyh i grwydro ar droed neu ar feic. Mae yna nifer o lwybrau heb lawer o draffig, neu heb draffig o gwbl, sy'n cysylltu'r dref â'r ardaloedd preswyl agos. Mae yna nifer o gyfleusterau cyfleus er mwyn storio beiciau yng nghanol y dref.

I ddysgu mwy am y llwybrau cerdded a beicio yma ewch i www.sustrans.org.uk/walesroutes

LOCAL BUS SERVICES

Travelling to Pontypridd town centre by bus has never been easier with 24 routes linking the town centre with both local communities and places as far away as Brecon, Abergavenny and Bridgend. Many services operate every 30 minutes or more frequently during the day and are provided by modern, fully accessible buses that are kind to the environment.

There are a range of bus tickets available on these services, whether you travel everyday or just now and then. To find out more go to www.travelinecymru.info or call 0800 464 00 00.

WALKING AND CYCLING

Compact and with easy gradients, Pontypridd town centre provides excellent opportunities for walking and cycling and is a great place to get around on by foot or by bike. There are a number of mainly traffic free and low traffic routes which connect the town centre with nearby residential areas and the town centre has conveniently located storage facilities for the safe parking of bikes.

To discover these walking and cycling routes go to www.sustrans.org.uk/walesroutes

GWYBODAETH DDEFNYDDIOL

Os ydych chi'n beicio o gwmpas Pontypridd, dilynwch y camau isod i sicrhau eich bod chi'n ddiogel ac yn gallu mwynhau eich taith:

- **Gwnewch yn siwr ei bod yn hawdd eich gweld.**

Gwisgwch ddillad adlewyrchol sydd â gweledd da a gwisgwch helmed. Os yw'r tywydd yn wael, gwnewch yn siwr bod eich goleuadau blaen a chefn yn gweithio.

- **Dilynwch Reolau'r Ffordd Fawr.**

Gwnewch yn siwr eich bod chi'n rhoi arwyddion clir ar bob adeg fel bod defnyddwyr y ffordd yn effro i beth rydych chi'n mynd i wneud.

- **Mae'n bosib na fydd cerddwyr yn ymwylbodol eich bod chi'n beicio tuag atyn nhw...**

...felly byddwch yn gwrtais, arafwch, canwch eich cloch a rhowch ddigon o le iddyn nhw.

- **Mae yn erbyn y gyfraith i feicio ar droedffordd...**

...oni bai bod y ffordd wedi ei marcio ar gyfer beicwyr.

Er ein bod ni wedi gwneud pob dim er mwyn sicrhau dilysrwydd y canllaw yma, mae'n bosib bydd yna newidiadau yn y dyfodol. Dydy Cyngor Rhondda Cynon Taf ddim yn derbyn unrhyw gyfrifoldeb am gywirdeb yr wybodaeth yma.

USEFUL INFORMATION

If you cycle around Pontypridd, to make your journey safer and more enjoyable please follow these simple tips:

- **Ensure that you can be seen.**

Wear high visibility and reflective clothing and a cycle helmet.
During bad weather and darkness have working front and back lights.

- **Follow the Highway Code.**

Use clear signals at all times so that other road users are in no doubt as to what you intend to do.

- **On shared routes with pedestrians...**

...they may not be aware of your approach so be courteous, slow down, ring your bell and give them plenty of space.

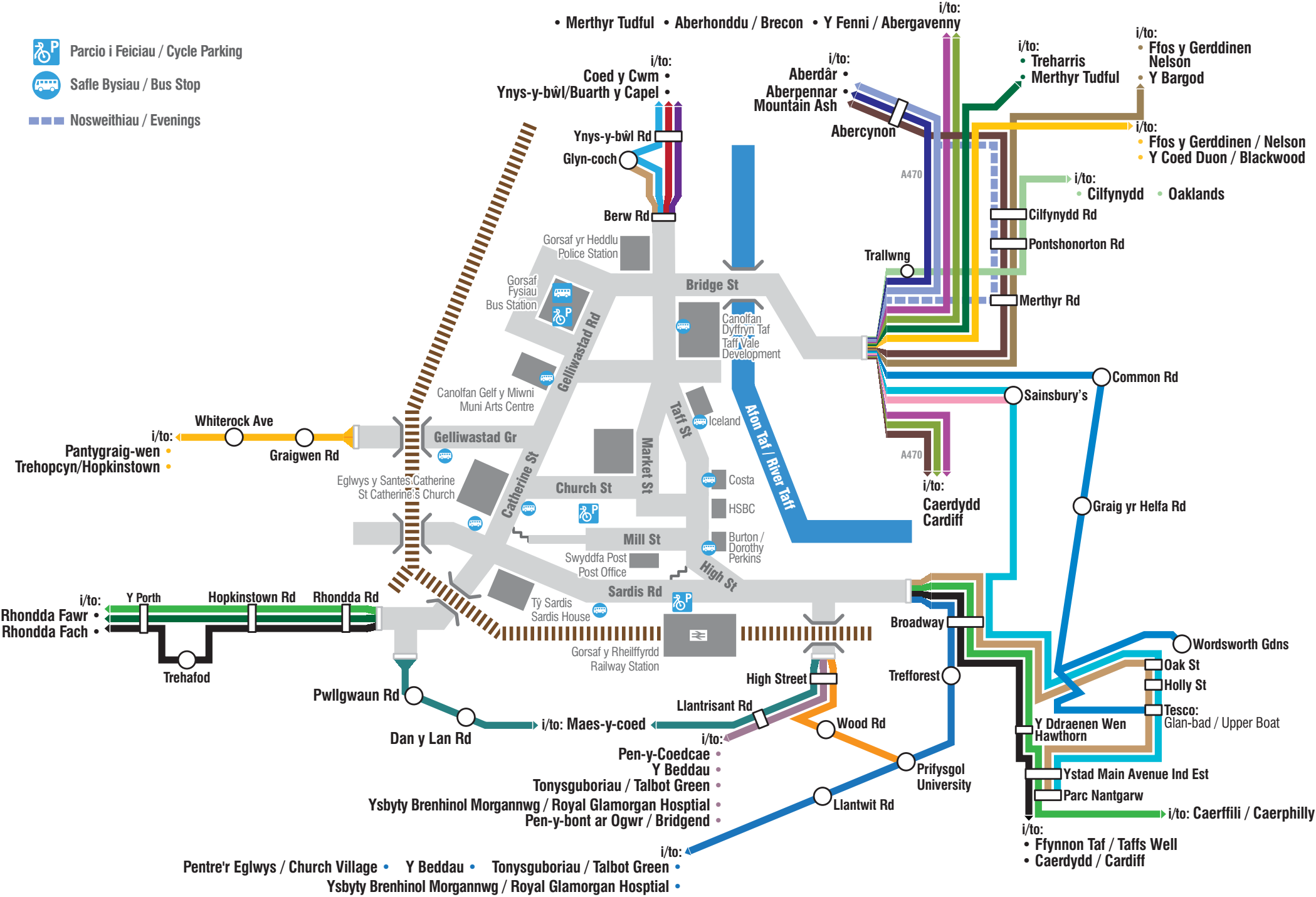
- **It is illegal to cycle on the footway...**

...unless it is specifically marked for cyclists.

Whilst every care has been taken to ensure the accuracy of this travel guide, there may be future changes to the information shown. Rhondda Cynon Taf Council can accept no liability for the accuracy of this information.

www.rctcbc.gov.uk

☎01443 425001



Canllaw ar Amllder y Gwasanaethau
Frequency Guide to Services

Allwedd Map Key	Rhif y bws Service No	Manylion y daith Route Description	Approximat e journey time [mins]	Canllaw ar Amllder / Frequency Guide			Gweithredir gan Operated by
				Dydd Llun i ddydd Sadwrn Monday - Saturday		Dydd Sul Sunday	
				Oriau dydd Daytime	Nosweithiau Evening		
	7	Pontypridd ➡ Treharris ➡ Ystrad Mynach ➡ Y Coed Duon / Blackwood	56	Bob awr / Hourly	-	-	Harris Coaches
	25	Pontypridd ➡ Ynys-y-bwl ➡ Perthcelyn ➡ Aberpennar / Mountain Ash ➡ Fernhill	35	-	2 daith / jnys	-	NAT Group
	60	Pontypridd ➡ Aberpennar / Mountain Ash ➡ Cwmbach ➡ Aberdâr / Aberdare	49	30 mun / mins	-	-	Stagecoach
	60A	Pontypridd ➡ Aberpennar / Mountain Ash ➡ Aberaman ➡ Aberdâr / Aberdare	49	30 mun / mins	3 taith / jnys	-	Stagecoach
	78	Pontypridd ➡ Treharris ➡ Troed-y-rhiw ➡ Merthyr Tudful / Merthyr Tydfil	64	Bob awr / Hourly	-	-	Stagecoach
	90	Pontypridd ➡ Ton-teg ➡ Cae Fardre ➡ Efail Isaf ➡ Gwaunmiskin	38	6 thaith / jnys	-	-	Edwards Coaches
	100	Pontypridd ➡ Y Beddau / Beddau	25	20 mun / mins	4 taith / jnys	9 taith / jnys	Edwards Coaches
	100	Pontypridd ➡ Tonysguboriau / Talbot Green	37	20 mun / mins	4 taith / jnys	7 taith / jnys	Edwards Coaches
	100	Pontypridd ➡ Tonysguboriau / Talbot Green ➡ Ysbyty Brenhinol Morgannwg / Royal Glamorgan Hospital	43	20 mun / mins	2 daith / jnys	7 taith / jnys	Edwards Coaches
	101	Pontypridd ➡ Sainsbury's	9	20 mun / mins	-	-	NAT Group
	102	Pontypridd ➡ Rhydfelen ➡ Glan-bad / Upper Boat, Tesco	21	20 mun / mins	4 taith / jnys	-	NAT Group
	102	Pontypridd ➡ Rhydfelen ➡ Glan-bad / Upper Boat, Tesco ➡ Nantgarw, Coleg Morgannwg	28	20 mun / mins	-	-	NAT Group
	102	Pontypridd ➡ Glyn-coch	9	20 mun / mins	5 taith / jnys	-	NAT Group
	102	Pontypridd ➡ Glyn-coch ➡ Ynys-y-bwl	15	-	1 daith / jnys	-	NAT Group
	103	Pontypridd ➡ Oaklands	17	30 mun / mins	2 daith / jnys	-	NAT Group
	104	Pontypridd ➡ Y Comin / Common ➡ Glantaf ➡ Glan-bad / Upper Boat	28	Bob awr / Hourly	-	-	NAT Group
	105	Pontypridd ➡ Maes-y-coed ➡ Dan-y-lan	14	Bob awr / Hourly	-	-	NAT Group
	106	Pontypridd ➡ Ynys-y-bwl	17	Bob awr / Hourly	-	-	NAT Group
	106	Pontypridd ➡ Buarth y Capel	20	2 bob awr / hourly	-	-	NAT Group
	107	Pontypridd ➡ Trefforest	16	Bob awr / Hourly	-	-	NAT Group
	109	Pontypridd ➡ Graig-wen ➡ Penygraig-wen ➡ Pantygraig-wen ➡ Trehopcyn / Hopkinstown	20	Bob awr / Hourly	-	-	NAT Group
	112	Pontypridd ➡ Glyn-coch ➡ Ynys-y-bwl	26	-	-	12 taith / jnys	NAT Group
	112	Pontypridd ➡ Sainsbury's ➡ Rhydfelen ➡ Glan-bad / Upper Boat ➡ Parc Nantgarw	29	-	-	12 taith / jnys	NAT Group
	120	Pontypridd ➡ Rhydfelen ➡ Ystad Trefforest Estate ➡ Nantgarw Showcase ➡ Caerffili	34	20 mun / mins	3 taith / jnys	-	Stagecoach
	120	Pontypridd ➡ Y Porth ➡ Trealaw ➡ Tonypandy ➡ Treorci ➡ Blaen-cwm	77	20 mun / mins	3 taith / jnys	-	Stagecoach
	130	Pontypridd ➡ Y Porth ➡ Pen-y-graig ➡ Tonypandy ➡ Treorci ➡ Blaenrhondda	77	20 mun / mins	-	1 daith / jnys	Stagecoach
	132	Pontypridd ➡ Rhydfelen ➡ Ystad Trefforest Estate ➡ Caerdydd / Cardiff	57	12 mun / mins	4 taith / jnys	17 taith / jnys	Stagecoach
	132	Pontypridd ➡ Y Porth ➡ Tylorstown ➡ Glynrhedynog / Ferndale ➡ Y Maerdy	44	12 mun / mins	5 taith / jnys	20 taith / jnys	Stagecoach
	404	Pontypridd ➡ Y Beddau ➡ Ysbyty Brenhinol Morgannwg / Royal Glamorgan Hospital ➡ Pen-y-Bont ar Ogwr / Bridgend	85	Bob awr / Hourly	-	-	NAT Group
	600	Pontypridd ➡ Abercynon ➡ Aberpennar / Mountain Ash ➡ Aberdâr / Aberdare	36	-	-	6 thaith / jnys	NAT Group
	600	Pontypridd ➡ Caerdydd / Cardiff	27	-	-	2 daith / jnys	NAT Group
	T4	Pontypridd ➡ Caerdydd / Cardiff	37	30 mun / mins	-	-	Stagecoach
	T4	Pontypridd ➡ Merthyr Tudful / Merthyr Tydfil	25	30 mun / mins	-	-	Stagecoach
	T4	Pontypridd ➡ Merthyr Tudful / Merthyr Tydfil ➡ Aberhonddu / Brecon ➡ Y Drenewydd / Newtown	200	2 bob awr / hourly	-	-	Stagecoach
	X4	Pontypridd ➡ Merthyr Tudful / Merthyr Tydfil	25	30 mun / mins	4 taith / jnys	Bob awr / Hourly	Stagecoach
	X4	Pontypridd ➡ Caerdydd / Cardiff	37	30 mun / mins	4 taith / jnys	Bob awr / Hourly	Stagecoach
	X4	Pontypridd ➡ Merthyr Tudful / Merthyr Tydfil ➡ Glynebwy / Ebbw Vale ➡ Brynmawr ➡ Y Fenni / Abergavenny	126	Bob awr / Hourly	7 taith / jnys	-	Stagecoach
	X38	Pontypridd ➡ Cilfynydd ➡ Ffos y Gerddinen / Nelson ➡ Gelli-gaer - Y Bargod / Bargoed	39	Bob awr / Hourly	-	-	NAT Group