

Your Guide to Person Centred Practice (PCP) Meetings

If you, someone in your family, or someone who works with you at school or outside of school feels you may need extra help in school, a meeting will be held to talk about this.

This meeting will be **Person Centred**, meaning you will be placed at the heart of it and what matters to you is important.





Who will be at the PCP (Person Centred Practice) meeting?

- You. And you will be able to bring someone along with you to help you say what you want to say and make sure you are heard.
- Your parents/carers will be invited.
- School staff who know you well, and other people who may work with you in or out of school/college.



What will happen in the PCP Meeting?

We will be talking about :

- What you like, admire and appreciate about yourself and what we like, admire and appreciate about you.
- What is important to you.
- What is working well for you.
- What could be working better for you.
- What is important for you.

Someone from school/college will be typing what everyone is saying on a screen which you should be able to see.

Decisions will be made about what help you may need in school/college.

If this is a review, we will be talking about how the plans we put in place last meeting have worked to help you, or not worked.



What if I don't want to attend?

Someone can give a copy of your views to the people at the meeting to read or you can make a video, PowerPoint etc for them to look at.

It is important you say what matters to you.

You may prefer to join virtually, or join for part of it and then follow the rest of the meeting virtually



How long will it take?

The meeting can take between 1-2 hours.

You may not want to stay for it all. You may want to join for part of it or join virtually.



What help can I have to answer the questions being talked about?

There are lots of different tools you can look at with school staff to help you think about these before the meeting. Such as what people are important to you, what helps you have a good day, and what your hopes and aspirations are for your future.



What if I am not happy?

A close friend, family member, social worker, teacher or tutor can help you and make sure your views and feelings/thoughts are clear to everyone.



Space to write what I'm thinking...