Course Title	Description	Delivery	Dates to be delivered		
			Autumn Term	Spring Term	Summer Term
Attention Autism	Training that provides teachers and teaching assistants with highly engaging and motivating sessions of activities for children with Autism and speech and language difficulties. This course is suitable for primary aged children that attend mainstream, a Learner Support Class, or a special school. What is taught? • An overview and video demonstration of the 4 stages of Attention Autism • An opportunity to discuss a variety of activities that can be implemented with small groups of children • How to plan and implement the intervention • Further Attention Autism ideas for stages 2 and 3	Face to Face 2 days	30/09/2026 and 14/10/2026		09/06/2027 and 16/06/2027

Multi-Sensory strategies to develop attention and listening skills in the primary classroom	A full day of training that provides teachers and teaching assistants with multi- sensory strategies to develop attention and listening skills for all learners. This course aims to provide participants with the knowledge and experience of a variety of multi-sensory activities and strategies to promote the development of attention and listening skills in a busy classroom environment. What is taught? • The role of attention and listening in communication. Classroom adaptations to promote attention and listening in the classroom. • The benefits of a multi-sensory approach in education. • Understanding attention levels. • How to engage learners with fleeting attention in sensory play using Intensive Interaction. • An introduction to shoebox tasks. Participants will be given the opportunity to create tasks to bring back to the classroom. • Experience the joy and benefit of sensory stories. • An introduction to story massage. • Strategies to develop listening skills. An exploration of auditory discrimination and memory activities. • Using music to support communication skills- auditory memory and discrimination, use of graphic scores, developing imitation, following a conductor, and the importance of singing in the classroom.	Face to Face Full day		10/03/2027	

Drawing and Talking Therapy	This full-day, face-to-face training provides a comprehensive introduction to *Drawing and Talking*, a structured therapeutic approach that supports children and young people in expressing their thoughts and feelings in a safe, non-intrusive manner. Drawing and Talking utilises drawing as a medium for communication, enabling children to explore and process their inner experiences without the pressure of direct verbal expression. This approach is particularly beneficial for those who may find it challenging to articulate emotions and experiences through language alone. Participants will: • Develop an understanding of the principles underpinning the Drawing and Talking approach • Explore the psychological and emotional benefits of using creative therapeutic techniques • Gain insight into how Drawing and Talking can support children's emotional wellbeing and development • Receive practical guidance on planning, delivering, and structuring Drawing and Talking sessions within an educational setting • Consider best practice for implementing and sustaining the approach within school environments **Additional Component:** The training will also introduce the concept of **sand play**, examining its role as a complementary therapeutic tool. Participants will explore how sensory and symbolic play can enhance emotional expression and support therapeutic interventions. **Outcomes:** By the end of the session, participants will have the knowledge, skills, and confidence to begin implementing Drawing and Talking within their professional practice, supporting the emotional needs of children and young people effectively	Face to Face Full day	07/10/2026		08/06/2027

Implementing Colourful Semantics in the Classroom	This training course is designed to support teachers and educational practitioners in effectively meeting the needs of pupils with Speech, Language and Communication Needs (SLCN), including those with Autism. The session will explore the theoretical foundations of **Colourful Semantics**, followed by a structured overview of practical, evidence-informed strategies to support its implementation within the classroom. Emphasis will be placed on promoting engagement, improving expressive language skills, and facilitating access to the curriculum. **Course Content** Participants will explore the following key areas: • **Introduction to Colourful Semantics** Understanding the principles underpinning the approach and its role in developing sentence structure and language comprehension. • **Getting Started** Practical Approaches to Classroom Implementation of Strategies • **Progression and Application** Exploring how the approach can be developed across different stages to support a range of language abilities. • **Interactive Practice** Strategies for making learning engaging and accessible through interactive and pupil-centred activities. • **Cross-Curricular Integration** Approaches to embedding Colourful Semantics across a range of subjects to support language development throughout the school day. • **Resources and Research** Review of supporting materials and an overview of the evidence base underpinning the approach.	Face to Face Half day	21/10/2026 9:30am to 12:00pm		10/05/2027 9:30am to 12:00pm

Talkabout and Social Groups	This training will provide practitioners with a comprehensive understanding of **Talkabout programmes** and **social skills group interventions**, equipping them with both theoretical knowledge and practical strategies to support pupils' social communication development. **Talkabout** • Develop an understanding of the **theory underpinning Talkabout**, including its focus on structured, staged development of social communication skills. • Explore the **reasons for using Talkabout**, including its effectiveness in supporting pupils with social communication needs (e.g. ASD), improving interaction, self-awareness, and emotional regulation. • Gain insight into the **importance of social skills** in supporting learning, relationships, wellbeing, and inclusion within the school environment. • Learn how to use **assessment tools linked to Talkabout**, enabling identification of pupils' current levels and areas of need. • Understand how to **plan, deliver, and review Talkabout sessions**, including differentiation and progression across the strands. • Explore **practical strategies for implementation in the classroom and wider school environment**, ensuring generalisation of skills beyond small group sessions. **Social Groups** • Explore what constitutes an effective **social group intervention**, including key principles such as structure, consistency, and purposeful interaction. • Develop an understanding of the **differences between Talkabout programmes and broader social groups**, including levels of structure, assessment-driven approaches, and targeted skill progression. • Learn how to design and deliver **flexible, responsive social groups** tailored to pupil needs.	Face to Face Full day	04/11/2026	23/02/2027	23/06/2027

	• Gain a range of **practical activities and strategies** to support social interaction, communication, and peer relationships within classroom contexts. • Consider ways to embed social skills development **across the school day**, promoting generalisation and real-life application.				
Understanding and Supporting Behaviour in Learners with Autism	Providing teachers and support staff with an overview on why behaviours occur and considerations on how to support pupils that present with challenging behaviours. What is taught? • Sensory and communication difficulties that pupils find challenging • Why behaviours occur and present themselves • How to plan and implement strategies to support pupils with ASD	Face to Face Half day	23/11/2026 9:30am to 12:00pm	Welsh 17/02/2027 9:30am to 12:00pm	14/05/2027 9:30am to 12:00pm
How the Outdoors can support Language Development in the Early Years- finding opportunities in the everyday environment	An afternoon face to face session aimed at Early Years practitioners who wish to embed language in daily practice whilst incorporating the outdoor environment. A focus on developing practitioners' confidence in utilising their knowledge and executing simple and effective activities with minimal prep time. The training will be led by Welsh Speaking Specialist Teacher, Bethan Fletcher and Early Years Language Project Advisory Teacher, Rebecca Warren. What is taught? • An overview of the benefits of the outdoors and rich language environments • Practical ideas for finding opportunities in day-to-day activities through incidental language, routines, play, song, curiosity and learning • Developing vocabulary and language skills in the outdoors	Face to Face Half day		09/03/2027	

Supporting The Sensory Processing Needs of Children and Young People	The training will provide teachers and support staff with an overview of sensory processing differences and ways to support the sensory needs and challenges people with autism have to overcome on a daily basis. It will be delivered by Lizzie Bufton, Occupational Therapist, Cwm Taf Morgannwg University Health Board. What is taught? • Providing an overview of the sensory systems • Identifying what are sensory processing differences • Practical strategies to support sensory processing differences in CYP • Introduction to sensory circuits and practical activities • Problem solving and group work activities	Face to Face Half day	11/11/2026	17/03/2027	
Planning Activities in the Outdoors for Children with Sensory Differences	A session in a forest school environment aimed at school staff who wish to explore how the outdoors benefits our sensory needs and enhances the curriculum. We will learn about sensory differences and how this might present and be supported in a school setting. We will consider how the curriculum can be incorporated into outdoor activities and further enhance them by giving opportunities to learn whilst in an environment that may help to regulate and engage many of our learners. We will also consider how activities may need to be adapted to suit sensory differences. What is taught? • An overview of the benefits of the outdoors and sensory differences. • Practical ideas of how to incorporate the outdoors into everyday school life through routines, opportunities for outdoors, lessons etc. Resources that may be useful. • How providing purposeful outdoor activities can develop a broad section of skills (social communication, numeracy, literacy, friendships, local knowledge of nature, Welsh language, nature vocabulary, culture, creative, health and wellbeing etc).	Face to Face Half day		09/03/2027	06/05/2027

Overview of Lego based Therapy	Providing teachers and support staff with an overview of Lego based therapy intervention which focuses on developing collaborative play skills. It is used to support children who have Autism or social interaction difficulties. Lego therapy works on key areas of social interaction, such as turn taking, listening, initiation, eye gaze, problem solving and sharing. It also works on language concepts such as size, preposition, and colour. This course is suitable for primary and secondary school staff. What is taught? • What Lego therapy is and how it works • How to facilitate a session for targeted pupils • A practical group activity • Resource list and how to track and assess pupils' progress	Face to Face Half day	12/10/2026		20/04/2027

Overview of Tacpac	This training is specifically for younger pupils in mainstream settings who present with significant communication and sensory difficulties. This training is suitable for teachers and teaching assistants to carry out a sensory based session individually with their pupil. Tacpac combines touch and music to provide an early sensory based communication session with their pupil.	MS Teams Bitesize Session 1 hour	10/11/2026 10:30am	17/03/2027 3:30pm	28/06/2027 1:00pm
How to use the 5-Point Scale of emotion and The Anxiety Curve	A one-hour online session. This session is aimed at school staff working with children who may benefit from developing an understanding of emotions and regulation strategies. It will cover how and when to use the scales and other available strategies.	MS Teams Bitesize Session 1 hour	25/09/2026 1:30pm Cymraeg	24/02/2027 1:00pm	

Promoting Independence in School	This one-hour online session aims to support pupils transitioning to secondary school or those who are already in secondary school. This session looks to provide a range of strategies to support pupils with executive functioning skills. (planning, prioritising, organisation, independence etc). The session will include an overview of executive functioning skills, practical day to day tips and resources on how best to support executive functioning skills and ultimately promote independence in school.	MS Teams Bitesize Session 1 hour	25/11/2026 2:00pm	02/03/2027 1:30pm Cymraeg	12/05/2027 9:30am
Structured Teaching	A bitesize one-hour overview for Teachers and LSAs. This training is aimed at school staff working with learners with Autism and communication challenges who are struggling to engage, attend, and work independently in the classroom. It will provide an overview of the purpose, benefit, and key elements of structured teaching. We will explore and develop an understanding of the physical structure of the classroom environment, visual schedules, work systems and visual routines. This will enable staff to have the confidence to create and provide a structured supportive environment for their pupils to learn and thrive in the classroom.	MS Teams Bitesize Session 1 hour	28/09/2026 2:00pm	16/03/2027 10:00am	05/07/2027 3:30pm
Writing Social Stories	A bitesize one-hour session designed to support practitioners, in understanding and creating effective Social Stories™. Social Stories are structured, evidence-informed tools developed to help individuals—particularly those with autism spectrum differences—better understand social situations, expectations, and perspectives in a clear and supportive way.	MS Teams Bitesize Session 1 hour	29/09/2026 9:30am	13/01/2027 1:30pm	12/04/2027 3:30pm
Comic Strip Conversations	A bitesize one-hour session provides an introduction to Comic Strip Conversations, a structured visual tool designed to support understanding of social interactions and communication.	MS Teams Bitesize Session 1 hour	09/10/2026 9:30am	26/02/2027 1:30pm	17/05/2027 3:30pm

Sensory Circuits	A bitesize session aimed at school staff or teachers working with children with sensory differences who need enhanced support around their sensory needs. It is also suitable if you would like to gain a better understanding around the senses and movement and how we can use this knowledge to support regulation for all of our learners and ourselves. It will include a brief overview of the different senses and different ways that sensory circuits can be incorporated into the classroom or interventions.	MS Teams Bitesize Session 1 hour	20/11/2026	12/01/2027 3:15pm Cymraeg	
Blanks levels – how a pupil understands spoken language	A bitesize one-hour session for primary and secondary staff. Attendees will be shown the four graduated stages of blanks levels and how to support pupils with specific language strategies to aid their understanding of language in school. Attendees will be shown how the blanks language level scheme fits into the curriculum, how to support a pupil's behaviour when their language levels drop and how to assess a pupil using available resources.	MS Teams Bitesize Session 1 hour	17/11/2026 1:00pm	27/01/2027 3:30pm	28/06/2027 1:00pm
Revision Strategies for Secondary School Children with Social Communication Differences	A bitesize one-hour session specifically aimed at school staff in secondary settings who wish to support the study skills of children with social communication differences. The training will cover planning strategies, different revision methods and executive functioning strategies.	MS Teams Bitesize Session 1 hour	05/11/2026 2:00pm Cymraeg	19/01/2027 10:00am	10/05/2027 2:00pm
Using communication boards effectively in the primary classroom	A one-hour bitesize overview for teachers and LSAs exploring how to use 'core' communication boards, choice boards, 'I want' boards effectively in a busy classroom. To understand the theory and practical implications. This course will help you to feel confident incorporating these strategies into your classroom practice to support children with speech, language and communication needs.	MS Teams Bitesize Session 1 hour	13/10/2026 10:00am	16/02/2027 3:30pm	27/05/2027 2:00pm

Using visuals effectively in the primary classroom	A one-hour bitesize overview for teachers and LSAs exploring how to use Objects of Reference, lanyards, now/ next, visual jigs, task sheets and schedules effectively in a busy classroom. To understand the theory and practical implications. This course will help you to feel confident incorporating these strategies into your classroom practice to support children with speech, language and communication needs. With free sample visuals to get you started.	MS Teams Bitesize Session 1 hour	05/10/2026 3:30pm	02/02/2027 10:00am	06/05/2027 2:00pm
Giving Pupils with SLCN a Voice	A one-hour bitesize session aimed at school staff working with pupils with social communication and Speech and language difficulties. This training looks at ways to support children to communicate in a more practical way.	MS Teams Bitesize Session 1 hour	13/11/2026 9:30am	15/03/2027 1:30pm	15/06/2027 3:30pm
Recognising Autism in High Functioning Girls	A one-hour bitesize session providing teachers and support staff with an overview of how to identify and support the needs of able girls with a more subtle profile. To understand how to support relationships, mental health and well-being.	MS Teams Bitesize Session 1 hour	02/12/2026 3:30pm	03/03/2027 2:00pm	30/06/2027 10:00am
Overview of WellComm and WellComm Digital	Learn about the intention behind using WellComm as a tool to identify speech, language and communication needs, and utilise strategies from WellComm and other approaches to support learners' next steps.	MS Teams Bitesize Session 1 hour	24/09/2026 15:15pm 25/09/2026 10:00am	28/01/2027 15:15pm 29/01/2027 10:00am	29/04/2027 15:15pm 30/04/2027 10:00am
WellComm Digital Reporting	Learn how to navigate the WellComm Digital reporting toolkit to evaluate progression and highlight areas of SLC development which require continued support.	MS Teams Bitesize Session 1 hour	05/11/2026 15:15pm 06/11/2026 10:00am	18/02/2027 15:15pm 19/02/2027 10:00am	10/06/2027 15:15am 11/06/2027 10:00am

What is Autism?	Providing teachers and support staff with an overview of how to feel more confident in recognising and understanding autism. What is taught? • Facts, myths and misconceptions • What is autism? • Being aware of neurodiversity • Common coexisting conditions • Case studies • Signposting to useful links, training and websites	On Request			
Supporting Successful Transitions	This course is suitable for all staff including ALNCO's & teachers supporting children with ALN such as Autism, social communication difficulties, or language difficulties. In addition to transition between primary to secondary school, this training focuses upon ways to support day to day transitions as well as supporting transitions between year groups / classes / teachers. What is taught? • The importance of planned transitions • Day to day transitions: Planning for successful transitions: importance of planning transitions, practical ways, and solutions • Planning for moving class / moving to secondary school – who should be involved and when? • Recognising the concerns of parents and how to support them with the transition • How to support the pupil through transition • Practical ideas and strategies	On Request			

Break and Lunchtime Strategies for Pupils with Social Anxiety	This training provides teachers and support staff with practical strategies that will help to improve communication, behaviour and anxiety levels at break and lunchtime. What is taught? • Impact of autism on break and playtimes • Use of visual strategies • Transitions and waiting • Mealtimes • Peer support • Zones	On Request			
Supporting Secondary Schools with Speech language and Communication Needs including Autism	A half day training course exclusively for secondary schools. The training addresses 4 core areas specific to Secondary schools in order to support children and young people with Speech, language, and communication needs. The 4 core areas identified include: Executive Functioning skills, Managing Transitions, Visual Supports in the Secondary School classroom and Sensory Processing Difficulties. What is taught? • Executive functioning skills – what does the term mean? • Ways to support learners with executive functioning difficulties. • Managing Transitions: Supporting day to day transitions • Supporting transition from primary to secondary school to next steps. • Visual supports – the importance of visual supports, • What are the different visual supports that can be used within the secondary school classroom. • Sensory processing difficulties – an overview of sensory difficulties • Practical strategies to support learners within secondary school.	On Request			