



LIDO CENEDLAETHOL CYMRU | THE NATIONAL LIDO OF WALES

# LIDO PONTY

PARC COFFA YNYSANGHARAD WAR MEMORIAL PARK

0300 004 0000 [www.lidoponty.co.uk](http://www.lidoponty.co.uk)

## AMSERLEN • TMETABLE 2021

### Tymor Ysgol (Dydd Llun - Dydd Gwener) • Term Time (Monday - Friday)

AMSER TIMES	PRIF BWLL Nofio Lôn a Hamddenol MAIN POOL Lane & Casual Swimming	PWLL GWEITHGAREDDAU ACTIVITY POOL	PWLL SBLASH SPLASH POOL
06:30 - 07:45	AR AGOR / OPEN	AR GAU / CLOSED	AR GAU / CLOSED
08:00 - 09:15			

### Bob penwythnos | Gwyliau'r Ysgol | Gwyliau'r Banc Weekends | School Holidays | Bank Holidays

AMSER TIMES	PRIF BWLL Nofio Lôn a Hamddenol MAIN POOL Lane & Casual Swimming	PWLL GWEITHGAREDDAU ACTIVITY POOL	PWLL SBLASH SPLASH POOL
07:30 - 09:00	AR AGOR / OPEN	AR GAU / CLOSED	AR GAU / CLOSED
09:30 - 10:30	AR AGOR / OPEN gan gynnwys Gweithgareddau Including activities	AR AGOR / OPEN gan gynnwys teganau gwynt Including Inflatables	AR AGOR OPEN
11:00 - 12:00			
12:30 - 13:30			
14:00 - 15:00			
15:30 - 16:30			
17:00 - 18:00			
18:30 - 19:30			

**Noder:** Mae sesiynau nofio hamddenol yn cynnwys nofio lôn. Cewch ddefnyddio'r teganau gwynt a manteisio ar y gweithgareddau dim ond os yw'r tywydd yn caniatáu.

Ewch i'n gwefan neu ein dilyn ni ar Facebook/ Twitter/Instagram i gael yr wybodaeth ddiweddaraf.

**Please Note:** Casual swim sessions also include lane swimming. The use of inflatables and activities will be subject to weather conditions.

Please check the website or follow us via Facebook/Twitter/Instagram for up-to-date timetable information.

