

Chwaraeon RhCT
Sport RCT

Congratulations..

SOUTH WALES SAINTS RUGBY LEAGUE



12 Days of Christmas 2023
Winner 8

SOUTH WALES SAINTS RL

A brand-new grass roots rugby league club in the Rhondda has brought together men from all over the area. They train weekly in Tonypandy, with a senior and master' team, and this year, they have had no less than 3 father son combinations playing with an age range of 17 to 45 years!

Three of their players represented East Wales in an "East vs West" Origins game, with one being selected for the Dragon Hearts squad. Two further players were selected to represent East Wales Masters (over 35's).

They are proud to provide a safe space for players to chat, have fun, get fit and play sport. They create a wonderful environment, and they support a men's mental health charity which is massively important to them.