

2025

Chwaraeon RhCT
Sport RCT

Join us for a... Summer of Fun

WEEK 1:
21st - 24th July

Monday 21st

10am - 2pm

Ride a Bike Day
Cwm Cycling Cynon
Aberdare

All ages

FREE

11am - 3pm

Girls Football
Camp
Aberdare

GIRLS: 5-11 years

FREE

2pm - 4pm

Family Sports
Session
Tylorstown
2-12 years (+ family)

FREE

Tuesday 22nd

9am - 9:45am

AND

9:45am - 10:30am

Sports Tots
Aberdare
2-5 years

£2

10am - 11am

Football Camp
Pontypridd
4-5 years

FREE

11am - 12pm

Girls Football
Pontypridd
GIRLS: 6-9 years

FREE

10:30am - 12:30pm

Disability
Multi Sports
Aberdare
8-16 years

£3

1pm - 3pm

Multi Sports Camp
Aberdare
6-12 years

£3

4pm - 5pm

Family Racquet
Sports
Abercynon
8-14 years (+ family)

£2

Wednesday 23rd

9am - 9:45am

Sports Tots
Ystrad
2-5 years

£2

10:30am - 12:30pm

Disability
Multi Sports
Ystrad
8-16 years

£3

1pm - 3pm

Multi Sports Camp
Ystrad
6-12 years

£3

4pm - 5pm

Family Racquet
Sports
Ystrad
8-14 years (+ family)

£2

5pm - 5:45pm

Fun, Family
& Fitness
Abercynon
6+

£4.20

6:30pm - 8:30pm

Junior Darts
Tonypandy
8-16 years

FREE

Thursday 24th

9am - 9:45am

Sports Tots
Pontyclun
2-5 years

£2

10:30am - 12:30pm

Disability
Multi Sports
Pontyclun
8-16 years

£3

1pm - 3pm

Multi Sports Camp
Pontyclun
6-12 years

£3

2pm - 4pm

Steve Tottle
Taekwondo Kids
Activity Club
Llanharan
6-11 years

£5

4pm - 5pm

Family Racquet
Sports
Pontyclun
8-14 years (+ family)

£2

BOOKING IS
ESSENTIAL

Scan the QR code



OR for full details visit:

www.rctcbc.gov.uk/
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WEEK 2:
28th - 31st July

Monday 28th

10am - 1pm
Hockey Camp
Hawthorn
6-12 years
FREE

10am - 2pm
Ride a Bike Day
Cwm Cycling Cynon
Aberdare
All ages
FREE

10:30am - 11:30am
**Fun, Family
& Fitness**
Tonyrefail
6+ **£4.20**

2pm - 4pm
**Family Sports
Session**
Mountain Ash
2-12 years (+ family)
FREE

Tuesday 29th

9am - 9:45am
Sports Tots
Aberdare
2-5 years **£2**

9:45am - 10:30am
Sports Tots
Aberdare
2-5 years **£2**

10:30am - 12:30pm
**Disability
Multi Sports**
Aberdare
8-16 years **£3**

1pm - 3pm
**Multi Sports
Camp**
Aberdare
6-12 years **£3**

4pm - 5pm
**Family Racquet
Sports**
Abercynon
8-14 years (+ family)
£2

Wednesday 30th

9am - 9:45am
Sports Tots
Ystrad
2-5 years **£2**

10:30am - 12:30pm
**Disability
Multi Sports**
Ystrad
8-16 years **£3**

1pm - 3pm
**Multi Sports
Camp**
Ystrad
6-12 years **£3**

4pm - 5pm
**Family Racquet
Sports**
Ystrad
8-14 years (+ family) **£2**

5pm - 5:45pm
**Fun, Family
& Fitness**
Abercynon
6+ **£4.20**

Thursday 31st

9am - 9:45am
Sports Tots
Pontyclun
2-5 years **£2**

10:30am - 12:30pm
**Disability
Multi Sports**
Pontyclun
8-16 years **£3**

1pm - 3pm
**Multi Sports
Camp**
Pontyclun
6-12 years **£3**

2pm - 4pm
**Steve Tottle
Taekwondo Kids
Activity Club**
Llanharan
6-11 years **£5**

4pm - 5pm
**Family Racquet
Sports**
Pontyclun
8-14 years (+ family) **£2**

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WEEK 3:
4th - 7th August

Monday 4th

10am - 2pm

Ride a Bike Day
Cwm Cycling Cynon
Aberdare

All ages

FREE

10:30am - 11:30am

**Fun, Family
& Fitness**
Tonyrefail

6+ £4.20

2pm - 4pm

**Family Sports
Session**

Rhydyfelin

2-12 years (+ family)

FREE

Tuesday 5th

9am - 9:45am

Sports Tots
Aberdare

2-5 years £2

9:45am - 10:30am

Sports Tots
Aberdare

2-5 years £2

10:30am - 12:30pm

**Disability
Multi Sports**

Aberdare

8-16 years £3

1pm - 3pm

**Multi Sports
Camp**

Aberdare

6-12 years £3

4pm - 5pm

**Family Racquet
Sports**

Abercynon

8-14 years (+ family)

£2

Wednesday 6th

9am - 9:45am

Sports Tots
Ystrad

2-5 years £2

10:30am - 12:30pm

**Disability
Multi Sports**

Ystrad

8-16 years £3

1pm - 3pm

**Multi Sports
Camp**

Ystrad

6-12 years £3

4pm - 5pm

**Family Racquet
Sports**

Ystrad

8-14 years (+ family) £2

5pm - 5:45pm

**Fun, Family
& Fitness**

Abercynon

6+ £4.20

Thursday 7th

9am - 9:45am

Sports Tots
Pontyclun

2-5 years £2

10:30am - 12:30pm

**Disability
Multi Sports**

Pontyclun

8-16 years £3

1pm - 3pm

**Multi Sports
Camp**

Pontyclun

6-12 years £3

2pm - 4pm

**Steve Tottle
Taekwondo Kids
Activity Club**

Llanharan

6-11 years £5

4pm - 5pm

**Family Racquet
Sports**

Pontyclun

8-14 years (+ family) £2

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WEEK 4:
11th - 14th August

Monday 11th

10am - 2pm

Ride a Bike Day
Cwm Cycling Cynon
Aberdare

All ages

FREE

10:30am - 11:30am

**Fun, Family
& Fitness**
Tonyrefail

6+ **£4.20**

2pm - 4pm

**Family Sports
Session**
Trebanog
2-12 years (+ family)
FREE

Tuesday 12th

9am - 9:45am

Sports Tots
Aberdare

2-5 years **£2**

9:45am - 10:30am

Sports Tots
Aberdare

2-5 years **£2**

10:30am - 12:30pm

**Disability
Multi Sports**
Aberdare

8-16 years **£3**

1pm - 3pm

**Multi Sports
Camp**
Aberdare

6-12 years **£3**

4pm - 5pm

**Family Racquet
Sports**
Abercynon
8-14 years (+ family)
£2

Wednesday 13th

9am - 9:45am

Sports Tots
Ystrad

2-5 years **£2**

10:30am - 12:30pm

**Disability
Multi Sports**
Ystrad

8-16 years **£3**

1pm - 3pm

**Multi Sports
Camp**
Ystrad

6-12 years **£3**

4pm - 5pm

**Family Racquet
Sports**
Ystrad
8-14 years (+ family) **£2**

5pm - 5:45pm

**Fun, Family
& Fitness**
Abercynon
6+ **£4.20**

Thursday 14th

9am - 9:45am

Sports Tots
Pontyclun

2-5 years **£2**

10:30am - 12:30pm

**Disability
Multi Sports**
Pontyclun

8-16 years **£3**

1pm - 3pm

**Multi Sports
Camp**
Pontyclun

6-12 years **£3**

2pm - 4pm

**Steve Tottle
Taekwondo Kids
Activity Club**
Llanharan
6-11 years **£5**

4pm - 5pm

**Family Racquet
Sports**
Pontyclun
8-14 years (+ family) **£2**

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WEEK 5:
18th - 21st August

Monday 18th

10am - 2pm

Ride a Bike Day
Cwm Cycling Cynon
Aberdare

All ages

FREE

10:30am - 11:30am

**Fun, Family
& Fitness**
Tonyrefail

6+ **£4.20**

2pm - 4pm

**Family Sports
Session**

Penywaun

2-12 years (+ family)

FREE

Tuesday 19th

9am - 9:45am

Sports Tots
Aberdare

2-5 years **£2**

9:45am - 10:30am

Sports Tots
Aberdare

2-5 years **£2**

10:30am - 12:30pm

**Disability
Multi Sports**

Aberdare

8-16 years **£3**

1pm - 3pm

**Multi Sports
Camp**

Aberdare

6-12 years **£3**

4pm - 5pm

**Family Racquet
Sports**

Abercynon

8-14 years (+ family)

£2

Wednesday 20th

9am - 9:45am

Sports Tots
Ystrad

2-5 years **£2**

10:30am - 12:30pm

**Disability
Multi Sports**

Ystrad

8-16 years **£3**

1pm - 3pm

**Multi Sports
Camp**

Ystrad

6-12 years **£3**

4pm - 5pm

**Family Racquet
Sports**

Ystrad

8-14 years (+ family) **£2**

5pm - 5:45pm

**Fun, Family
& Fitness**

Abercynon

6+ **£4.20**

Thursday 21st

9am - 9:45am

Sports Tots
Pontyclun

2-5 years **£2**

10:30am - 12:30pm

**Disability
Multi Sports**

Pontyclun

8-16 years **£3**

1pm - 3pm

**Multi Sports
Camp**

Pontyclun

6-12 years **£3**

2pm - 4pm

**Steve Tottle
Taekwondo Kids
Activity Club**

Llanharan

6-11 years **£5**

4pm - 5pm

**Family Racquet
Sports**

Pontyclun

8-14 years (+ family) **£2**

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