



Sport RCT Case Study

Penrhiwceiber Primary

Penrhiwceiber Primary applied to our school fund with the aim of establishing a new after school rugby club. They received £250 in funding, which allowed them to purchase training equipment such as balls and tackle bags. The brand-new equipment made the children feel special and proud to be a part of the club. It was also paramount in helping them to develop the correct tackling technique.

17 children attended the after-school rugby club and loved the sessions. As a result the school were able to create a team and hold joint training sessions and matches with Abercynon Community school. A mix of pupils attended. Some had played rugby outside of school, but many had never played before. The equipment helped build enthusiasm for the sport of rugby and helped accelerate the development of skills so much that many of the pupils who had not played rugby before joined local rugby teams. One girl in particular has developed greatly and is now playing for the Timbers.



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*I wasn't sure about rugby to start,
 now I want to play it all the time!*
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