Chwaraeon RhcT Sport RCT







Play Makers

Play Makers is a Sports Leaders qualification that we deliver in primary schools. The course is a great introduction into leadership for children aged nine and over. Children learn how to organise and deliver games and activities to their peers. The course develops leadership skills such as organisation, communication and teamwork as well as helping to build confidence and self-esteem.

Between April 2019 and March 2020:



30

of schools have received Play Maker training

570 Play Makers have been trained



Cwmaman Primary School

Cwmaman Primary trained 16 children as Play Makers to help make break times more structured. The structure has created a calmer atmosphere and reduced behaviour issues. The Play Makers deliver activities every break time and also deliver warm ups before PE. Break times are now a fun, happy and enjoyable environment for all children. More children are getting active, learning new games and developing new skills.

When asked all 16 Play Makers said that they:

- Feel more confident
- Have improved organisational skills
- Have made new friends
- The Play Leaders project has definitely been a worthwhile project in our school. It supports us with all four core purposes of the new Welsh curriculum. The children who have experienced it have become healthy, confident individuals. All of the children know that they have someone to play with at playtime. It has improved our wellbeing and the children seem much happier in school.
- Have improved communication skills
- Are proud of themselves
- Have improved team work skills
- I like being a Play leader because I like seeing people enjoy themselves on the yard and learning new things.
 Play Maker
- Lenjoy being a Play leader because it has increased my confidence in leading games and I like seeing people happy.

 Play Maker

