Chwaraeon RhCT
Sport RCT

Case Study

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YGG Castellau – Her Hwyl (Fun Challenge)

Staff and pupils at YGG Castellau developed a project which aimed to improve playtime on the yard. They wanted to encourage boys and girls to play together whilst using the Welsh language. They also wanted to provide more opportunities for children to be active and to try something new and challenging.

The Sports Council wanted to improve the use of the yard and also to reduce the amount of sports equipment getting broken. They developed something called 'Her Hwyl' (Fun Challenge). Each fortnight the sports council worked with teachers to set a new challenge using different equipment. Feedback from children was fantastic! The new and exciting challenges engaged boys and girls of all ages and it created a real buzz in the playground.

To build on the success of this project the school plan to launch a Sports Council after school club next. This will be used to learn new games, which can be used at playtime. This club will be linked with their 'Cewri Castellau' Club to ensure that all games are through the medium of Welsh using correct terms and words, improving and developing the pupils' Welsh vocabulary even further.

Why they did it?

- To keep children entertained and active during playtime
- To promote use of the Welsh language on the yard
- To give children the opportunity to challenge themselves
- To encourage boys and girls to play together

How has it helped?

- The Sports Council have felt more involved and have loved the responsibility
- Less equipment has been broken
- Children are actively participating and trying new things
- The divide between boys and girls is less prominent
- Children are speaking Welsh more on the yard

Children took part
230

10
Members of the Sports Council involved

2
Teachers Involved

RHONDDA CYNON TAF