

Sport RCT Case Study

Gwaunfarren Primary School Student Placement project

Each year we link with the University of South Wales and provide placements for their sport students. We work with students in Year 2 to offer placements in schools, as part of one of their course modules. During the 22/23 academic year we worked with 22 students, who completed 1470 hours, across 10 different primary schools, engaging over 550 children. In partnerships with Active Merthyr, we placed three students in to Gwaunfarren Primary School to complete a sport and physical activity project. They developed a project in partnership with the school which aimed to introduce Fundamental Movement skills (FMS) to Year 1 children. To develop the children's understanding of FMS the students explained and demonstrated key skills and highlighted the correct techniques. They delivered fun multi-sport sessions, using a variety of equipment and activities. Students used storylines to keep the children engaged and as active as possible. The children enjoyed the stories and had fun using their imagination. Throughout the project the students placed emphasis on the health benefits associated with being physically active, and hoped to educate the children and encourage them to be active regularly.

While delivering sessions the students found that some of the younger children were struggling with some of the basic Fundamental Movement skills. This could be due to the COVID-19 pandemic and lockdowns. Knowing the importance of FMS, the students were proud to see the impact that their sessions were having, in developing these key skills. The students plan to make multi-sport activity cards for school staff, which will allow them to continue the sessions long term.

The students also delivered extra-curricular clubs which engaged children from other year groups. This allowed the students to gain extra experience, coaching children with a range of ages and abilities. Their sessions were enjoyed by all of the children and the school were very happy with the success of the placement.

***I enjoy Thursdays
because I get
to do this.***



RHONDDA CYNON TAF