

Chwaraeon RhCT
Sport RCT

Active Baby at Home

DELIVERY PARTNERS



Early Years
Wales
Blynyddoedd
Cynnar Cymru

55 TRAINED IN ACTIVE BABY AT HOME

40 TRAINED IN ACTIVE TODDLER AT HOME

104 FAMILIES HAVE ATTENDED THE PROGRAMME

FEEL HAPPIER

100%

FEEL HEALTHIER

91%

FEEL MORE CONFIDENT

87%

MADE NEW FRIENDS

88%

MORE ACTIVE, MORE OFTEN

79%

WOULD LIKE TO CONTINUE TAKING PART

100%



Thank you so much for all of this information and resources. We have started to drip feed the information in our sessions and adapted some of our programmes we already deliver to include the information and activities - Practitioner

I really found the course useful, thought provoking and learnt a great deal about how I can best support families I work with, friends and family with younger children - Practitioner

Fabulous course for parents and babies. Great resources and excellent location. Facilitator is knowledgeable and has an excellent rapport - Parent

Would highly recommend these sessions, very knowledgeable and thank you to Sarah for everything. My baby has learnt to sit up by himself confidently and learning to roll over with our new skills - Parent



EDUCATIONAL
FRIENDS SAFE ACTIVE
ACTIVE BABY ME
SMILES SOCIAL BABY
KNOWLEDGEABLE GREAT