

GEMMA JONES

CYNON VALLEY LADIES NETBALL CLUB

Gemma is head coach of Cynon Valley Ladies Netball Club, who play in the A470 league.

As well as coaching, Gemma plays in the team and umpires for the league.

Gemma also supports the Cynon Valley Juniors and has recently set up Cynon Valley tots. She finds time to coach, and also umpires for the junior leagues, which is a massive support to Cynon Valley Juniors.

Gemma has set up both Cynon Back to Netball in Abercynon and Walking Netball Warriors in Pontypridd. Both groups offer social opportunities to those wanting to begin their netball journeys. When Gemma gets an idea, she runs with it and through her hard work, she has helped to get many local women and girls active and playing netball.



Chwaraeon RhCT
Sport RCT

**VOLUNTEER
OF THE MONTH**
FEBRUARY 2025