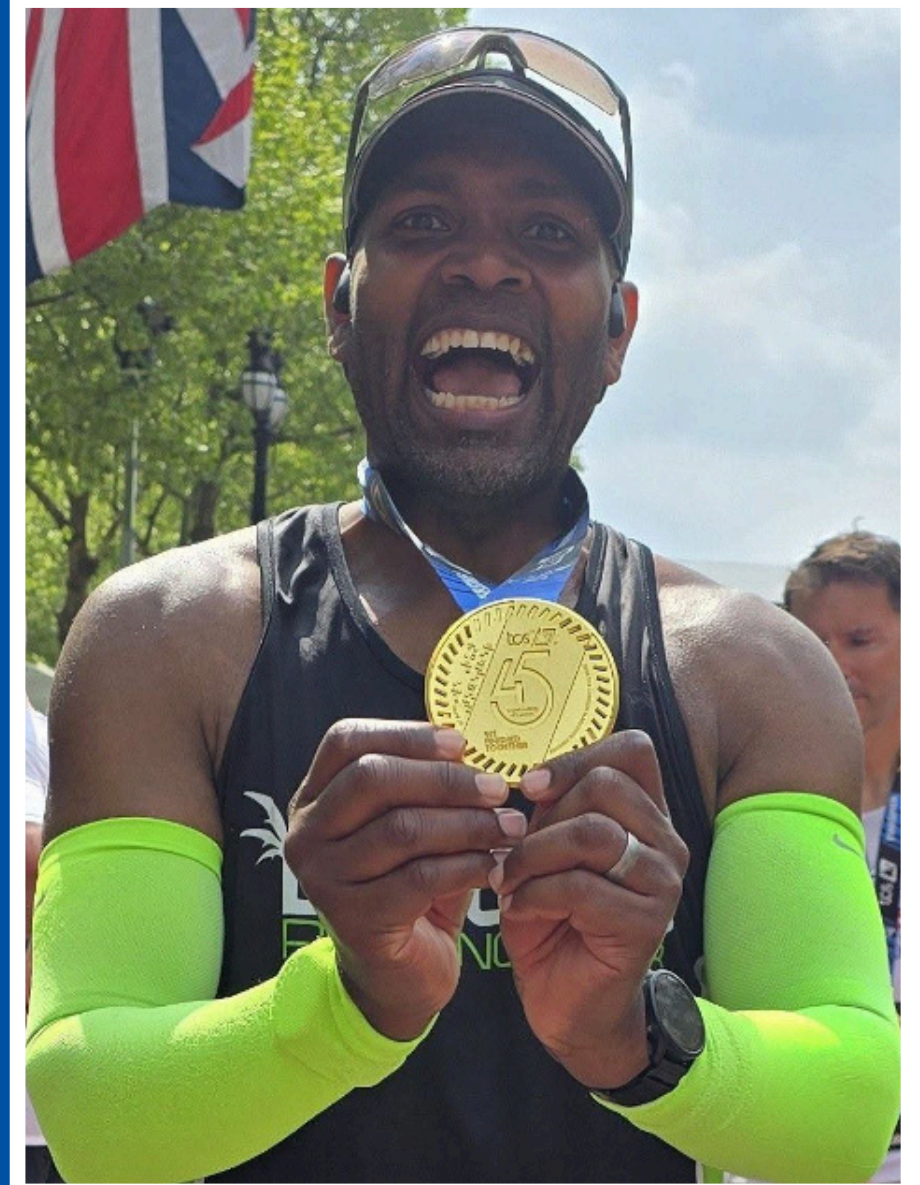


# ANDREW EDWARDS

## DRAGONS RUNNING CLUB

Drew has been volunteering as an expert run leader and coach with Dragons Running Club for many years. He is massively enthusiastic about running and has delivered a number of couch to 5k programmes to get people into running. He goes above and beyond as a volunteer, turning up every week with a big smile on his face. Drew plans the club sessions and running routes for all abilities. His positivity, patience and willingness to help anyone puts all members, and especially newcomers at ease.

Drew's support and encouragement has motivated many members to progress their running, achieving distances that they'd never dreamt of. He supports runners wherever he goes and is everyone's biggest supporter. Drew has a very positive impact on those around him, going above and beyond, not just as a coach but as a friend also. He is loved by everyone at the club!



Chwaraeon RhCT  
Sport RCT

**VOLUNTEER  
OF THE MONTH**  
**JUNE 2025**