

LUKE IRONS

DARE VALLEY NETBALL CLUB

When Luke, a parent of one of the club's players, offered to help out with coaching sessions he didn't have any knowledge of netball. He spent his free time learning about netball and attending coaching courses and started devising drills and fitness training sessions. Luke has shown so much dedication and commitment to his role, that he now heads up the club's coaching team. He doesn't miss a training session, game or committee meeting. He works so hard in every training session, and he talks passionately about his role as a coach, the players and the club as a whole.

The players absolutely adore Luke, and he is a true asset to the club. Despite Luke's daughter taking timeout from club, Luke is there each week, and his commitment has not faltered. His passion and enthusiasm are infectious and he truly has developed a love for the game of netball.



Chwaraeon RhCT
Sport RCT

**VOLUNTEER
OF THE MONTH**
NOVEMBER 2025