

KAY TYLER

Kay Tyler is the heart of Rhondda Ladies Hockey Club, having been involved almost since the club began in 1980. Joining shortly after its formation, Kay has dedicated over 40 years as both a player and volunteer, giving countless hours to ensure the club thrives. She currently serves as Club Secretary and Fixture Secretary, organising all umpires, while also coaching and managing the junior teams. Until this year, she was the club's Safeguarding Officer, and over the years she has taken on the role of third team manager whenever needed.

Kay truly is the glue that holds everything together, but she never seeks recognition for her efforts. Still playing in the first team in her sixties, she also represents Wales Masters. Beyond matchdays, Kay delivers hockey camps, school taster sessions, secures funding, and helped the club to launch indoor hockey, Back to Hockey sessions, and a summer mixed league—ensuring the club's future is as strong as its past.



Chwaraeon RhCT
Sport RCT

VOLUNTEER
OF THE MONTH
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