

TRACY DAVIES

For more than 20 years, Tracy Davies has demonstrated unwavering dedication to volunteering in swimming, making a lasting impact. As a driving force behind the creation and growth of the Sharks Masters Adult Swim Club, Tracy has worked tirelessly to build a welcoming and supportive environment for adult swimmers of all abilities. Her leadership has helped the club to secure Swim Wales affiliation, achieve insport Club Ribbon Status for inclusion, and gain Sport RCT accreditation. Her commitment extends far beyond administration. She consistently goes above and beyond by organising events, fundraising, supporting members, and ensuring swimmers feel valued and cared for. Following the club's first open water swim, she personally provided refreshments and foil blankets for participants. Tracy's passion, kindness, and enthusiasm for promoting physical and mental wellbeing have created a thriving, inclusive community. Tracy is truly the heart of the club.



Chwaraeon RhCT
Sport RCT

**VOLUNTEER
OF THE MONTH**
JULY 2026