MATT FREE

Matt Free is the driving force behind Rhondda Paddlers, dedicating 25 years of voluntary service to the club and its members. He currently serves as Treasurer and Fixture Secretary, while also organising events and competitions such as the Welsh 4's and Junior Leagues. Alongside these responsibilities, Matt leads on sourcing and maintaining equipment and securing vital grant funding to support the club's continued growth.

Matt has played a pivotal role in developing canoe polo within the club, helping to transform participation from just six members to around 50 regular players today. Thanks to his commitment and enthusiasm, Rhondda Paddlers now boasts thriving women's, senior and youth canoe polo sections, with junior teams regularly training and competing across the country.

The impact of Matt's volunteering extends far beyond the club itself. Players developed through Rhondda Paddlers have progressed to represent Wales at international tournaments, with some earning selection for Great Britain. Through his dedication, leadership and passion for the sport, Matt has helped shape generations of paddlers and created opportunities that continue to inspire and support people of all ages.



Chwaraeon RhCT
Sport RCT

VOLUNTEER OF THE MONTH

NOVEMBER 2026